

Lehigh Area High School

LAHS will be hosting Scott Day in the morning on Friday, December 16, 2022, while there will be a community presentation at Jim Thorpe High School on December 15, 2022 at 6:00 p.m.. Scott Day, Director of Operations at Sean's House and a member of the board of directors of the SL24: Unlocke The Light Foundation will be our speaker. This foundation supports Mental Health Awareness & Suicide Prevention. Sean Locke was a student and captain of the men's basketball team at the University of Delaware. He was an intelligent, kind, successful individual with a bright future. Unfortunately, Sean's life was lost to suicide after he graduated college. In response, his father, Chris Locke, created the SL24: Unlocke the Light Foundation. This foundation originally started by offering scholarships and financial aid to those who had trouble affording college and/or mental health care. As SL24 got bigger, Mr. Locke bought the house that Sean lived in while he was a college student and turned it into a mental health safe haven, known as Sean's House. They offer around-the-clock mental health support and foster positive relationships with students of all ages so that these students have a place to turn to in case their mental health takes a tailspin. They do incredible work in their community and beyond by hosting events, creating support groups, offering services such as paws for people and yoga instruction, etc., all at no cost to their patrons. Their focus is to end stigmas related to mental healthcare and promote healthy ways to handle stress and mental illness. www.unlockethelight.com/

