



# GIMME FIVE!! +

WHITMAN ATHLETICS NEWSLETTER



Gimme Five!! provides five (or more) quick updates from Whitman Athletics. Each newsletter will be formatted to provide links to relevant information. It will also be shared via Whitman Athletics Twitter & Whitman Athletics Facebook pages.

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## Sectional Champion!!!

Congratulations to our Track & Field Sectional Champion!!



**Aurora Woodworth**  
Sectional Champion in 2000m Steeplechase

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## Spring End of Season Honors

We have reached the conclusion of our Spring Sports season and are excited for the honors and recognition awarded to many of our Whitman student-athletes.

**Girls Lacrosse:**  
Lily Morse - 2nd Team

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## **Boys Lacrosse:**

**Connor Gorton - 1st Team**  
**Blake Dunton - Goalie of the Year**  
**Connor Tomion - 3rd Team**  
**Rylan Weissinger - 2nd Team**  
**Brody Royston - 2nd Team**  
**Myles Prendergast - 2nd Team**  
**Melkamu Blueye - 3rd Team**  
**Harry Kestler - Honorable Mention**  
**Tariku Blueye - Honorable Mention**

## **Track & Field**

**Aurora Woodworth - 2nd Team All-Star Steeplechase**  
**Brendan Laity: 2nd Team All-Star Steeplechase**  
**Daniel Nemitz: 3rd Team All-Star Pole Vault**  
**Fletcher Dickmann: 3rd Team All-Star 3200m**

**Aurora Woodworth, Lily Carroll, Taylor Bond, Olivia Hill**  
**3rd Team - 4x800 Relay**

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## **Spring Scholar Athlete Teams**

To be recognized as a Scholar Athlete Team, a varsity squad must have three-quarters of the entire team achieve a 90% GPA or higher. For the spring season we had two varsity teams achieve this status:

**Boys Track & Field and Boys Tennis.**

**Congratulations to each team and each individual for their focus and success in the classroom while managing the demands of their spring sport.**



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# Continuing in College

Following a fine career at Marcus Whitman, ten Whitman student-athletes plan to continue to compete in their sport in college. Congratulations to the following students:

(Pictured Below: back row, L-->R)

Carl Parsons - Nazareth for Swimming

Zoey Dean - MCC for Swimming

Lily Morse - Nazareth to play Lacrosse

Blake Dunton - SUNY Morrisville to play Lacrosse

Connor Gorton - Utica to play Lacrosse

Jacob Hammer - Alfred University to play Football

Carson Miller - St. John Fisher to play Soccer

(Front Row, L-->R)

Katie Bootes - MCC for Lacrosse

Zoelle Payne - Alfred University to play Soccer

Kennedy Smith - Roberts Wesleyan for Bowling



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# End of Year Athletic Awards

Congratulations to those receiving the end of year Athletic Awards.

Sportsmanship Award

Katie Bootes and Austin King

Iron Cat Award

Female: Zoelle Payne; Male: Austin King,

Blane Smith Wildcat Perseverance Award

Carl Parsons

Jim Tuck Award

Aurora Woodworth

Tom Jones Award

Katie Bootes and Brody Royston

Dan Harris Award

Natalie Cotroneo

Ally Galens Award

Payton Valastro

12 Sport Award

Aurora Woodworth

Katie Bootes

Fletcher Dickmann

Senior Most Outstanding Athlete

Female: Aurora Woodworth

Male: Connor Gorton



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# Wellness Opportunities

## Whitman Wellness Center Hours

The Whitman Wellness Center will be open this summer for  
Community use.

Weekly Community Hours will be:  
Monday thru Thursday - 4:30pm-8:30pm  
&  
Saturday - 9am-12pm

The Wellness Center will be closed the week of June 26th for  
maintenance and cleaning.  
We will re-open on July 5th for summer hours.

Follow the Whitman Wellness Center on Facebook!!

Look forward to seeing you there to get #StrongerBetterTogether

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## Pickleball!!!

Quite possibly the fastest growing sport is Pickleball!!

All 6 of our Whitman tennis courts are now lined for pickleball.

Come join us on **Saturday, July 15th from 9am-noon** for instruction  
on how to play Pickleball and also take part in games.

The courts will be open all summer for those wanting to play.



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## Fall Sports Registration

Mark your calendar because it will be here before you know it...

Registration for Fall Sports will open on July 19th in Family ID.

In the fall, Whitman offers the following sports:

Varsity & Modified Football  
Varsity & Modified Cheerleading  
Varsity & Modified Girls Tennis  
Varsity & Modified Girls Swimming  
Varsity & Modified Boys Soccer  
Varsity, JV & Modified Girls Soccer  
Varsity Cross Country

In addition to completing registration, every student-athlete will need to have a current physical on file. It is recommended that you schedule a physical ASAP so you are prepared for the start of fall sports. From past history, it is often difficult to get a physical scheduled at the last minute in the summer which may lead to your child not being permitted to start practice on the first day.

Varsity Football begins on Saturday, August 19th  
All other Varsity Fall Sports begin on Monday, August 21st  
Modified Football begins August 24th  
Modified Fall Sports begin on August 28th.

Please note: Some Modified teams may adjust and start practices on the first day of school. That will be communicated later in the summer.

Families of students in grades 7 through 12 will receive a Parent Square call from me, Paul Lahue, in mid-July to remind you of the opening of registration.

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Follow the Wildcats on Social Media



**GO WILDCATS!!!**

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