



Valley High School Sports Medicine

Daniel Paz-Rudolph, ATC,LAT,CKTT

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Mission Statement

“The mission of Valley High School Sports Medicine is to provide professional optimal healthcare to student-athletes by way of prevention, immediate care, and rehabilitation of athletic injuries. The student athletes of Valley High School should feel that their overall health and well-being is the number one priority of the sports medicine program”

Dear parents or guardians of Valley High School,

My name is Daniel Paz-Rudolph. I am the new Head Athletic Trainer at Valley High School. I am currently in my 10th year as an Athletic Trainer working for Albuquerque Public Schools. I hold a bachelor's degree in Athletic Training from The University of New Mexico and I am currently pursuing a Master's degree in Applied Exercise Science through Concordia University Chicago. I am currently a licensed Athletic Trainer in the state of New Mexico. I also hold certifications in CPR, First Aid, and the use of an AED, and as a Certified Kinesio Taping Technician. As a certified and licensed Athletic Trainer, I am qualified to evaluate athletic injuries including concussions, apply preventative materials such as tapes, braces, and splints, provide counseling for athletes on nutrition and conditioning, and under a physician's guidance rehabilitate any athletic injuries. As the head Athletic Trainer, it is important for me to provide quality preventative care, treatment, and rehabilitation to our student athletes to ensure they have a positive experience.

The Athletic Training Room, located in the Gym, is available for athletes that need to see the Athletic Trainer, receive treatment, or for rehabilitation. Every athlete is highly encouraged to seek an evaluation for injury they might have sustained so that the proper plan of care can be made to get the athlete healthy and back on the playing field/court.

Communication between the Athletic Trainer, Athletes, Coaches, and Parents is key to the success of the Sports Medicine Program here at Valley High School. It is also important to note that the Athletic Trainer may not always be on campus for practice coverages due to coverage of off-site locations. If you have any questions or concerns, please get a hold of me by phone: Office: 505-345-9021 ext 54255, Cell: 505-363-3378 or by email: daniel.paz-rudolph@aps.edu. I will be glad to speak with you.

Thank you for the support and go Vikings!

Sincerely,

Daniel Paz, ATC, LAT, CKTT
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