



Shady Side Academy Middle School

June 2023 Camp Ren Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19	20	21	22	23
	Italian Hoagie or Mini Waffles Yogurt Peaches Teddy Grahams	Pastrami & Swiss on Rye Potato Chips or Pasta Marinara w/Bread Fresh Fruit Tossed Salad w/ Ranch	Roast Beef Sandwich w/ Horseradish Mayo Apple Slices or General Tso's Chicken Steamed Rice Snap Peas Pudding Cup	Turkey & Cheddar on White or Hamburger Nutri-Grain Bar Potato Chips Fresh Fruit
26	27	28	29	30
Egg Salad Croissant or Chicken Tenders Macaroni & Cheese Peas Banana	Turkey Bacon & Swiss or Cheese Ravioli Cheesy Bread Sticks Pretzels Tossed Salad Apple Slices	Pepperoni Salami & Provolone Sub or Cheese Quesadilla Mandarin Oranges Corn Chips Baby Carrots	Tuna Salad on Wheat or Chicken Sandwich Baked Ruffles Celery w/ Ranch Jello-Cups	Summer Strawberry Wrap or Corn Dogs Cheetos Fresh Fruit Oreo Cookies



Cindy Lee Wise, General Manager 412.968.3111
 Darrell Dombroski, Chef 412.968.3105

Cheese, Turkey, or Jelly Sandwich is
 Available upon request

Menus are subject to change.

Gluten Free options are available upon request.

We feature locally sourced
 vegetables daily. Some are grown
 right here on the SSA Farm!

