



District Activities Review 2022-2023

JUNE 15, 2023



Park High School

Phil Kuemmel

Assistant Principal - Activities





DEPARTMENT

The mission of the Park High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their school, activities and community.

Purpose



INDIVIDUAL

I lead with integrity, commitment, and compassion to provide growth opportunities to caring adults so that students can have a positive experience and learn life lessons in educationally based activities.





Participation Numbers



MSHSL Activities (Unduplicated)	2021-22	2022-23
Male	556	525
Female	502	474
Total	1,058	999

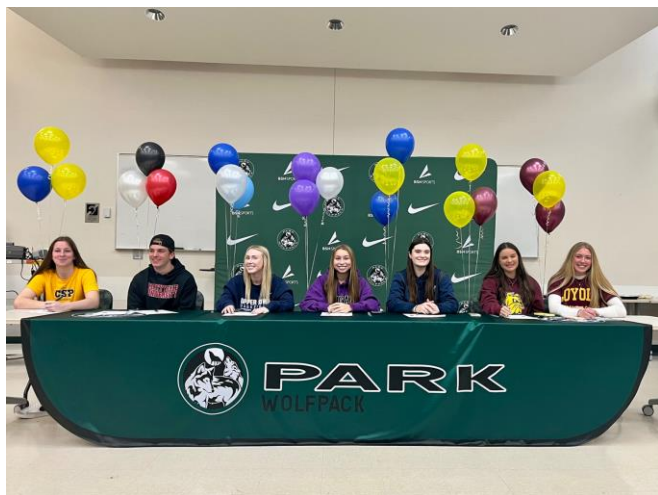


More than 60 clubs and organizations

New Clubs:

- Anime
- Cooking
- Chess
- Newspaper
- Remote Control Cars





Fall Highlights



- **Academic Team Award** – Girls Soccer (Gold)
- **Girls Soccer Coaches Association Academic Awards** – Kennedy Courteau, Haley Gravelle, Olivia Opichka, Megan Korth, Tori Stepka, Josie Leonard
- **Maroon South Sub-District Offensive Lineman of the Year** – Braden Karnitz, FB
- **NLI Signing Ceremony** – 7 students
- **Fall Play** – “Peter/Wendy”

Winter Highlights



- **Academic Team Award** – Girls Basketball, Wrestling (Silver)
- **Academic All State** – Emma Ambroz, Bryleigh Dana, Finley Leick, Morgan Leick, Lauren Strom (GBB)
- **Wrestling** – Section 3AAA Runner Up
- **Gymnastics** – Section 3AA Runner Up
- **Gymnastics** State Meet Participant – Emily Dahlstrom (all around) 11th place on the beam, Ashley Davis (bars)
- **Boys Swimming** State Meet Participants – Mitchell LeMay 50 free, 100 fly, Mason Darling 100 breaststroke
- **School Records** – Mitchell LeMay (50, 100 free, 100 fly)
- **Wrestling** State Meet Participant – Zach Carr 120 , Kyler Jubinal 126, Gunnar Mullen 145, Sam Lankow 170
- **All-State** – Zach Carr (4th place at state)
- **NLI Signing Ceremony** – 3 students





Spring Highlights



- **Academic Team Award** - Girls Lacrosse, Softball (Gold), Boys Golf (Silver)
- **Academic All State** - Camden Forys (B GOLF), Josie Leonard, Emery Lettner, Hollen Thompson (G LAC), Bryleigh Dana, Noelle Krumrie (SB)
- **CI Softball Thunderbolts** - State Tournament Participant
- **Girls Lacrosse** - SEC Co-Champions
- **Boys Golf** Conference Scoring Champion - Tyler Bonin
- **Track and Field** State Meet Participants - OT Omot (HJ, 2nd TJ), David Ola-Kazem (LJ)
- **All-State** - OT Omot (2nd place at state TJ), Emma Ambroz (SB)
- **Senior All-Star Game** - Brady Drkula (BB), Emma Ambroz, Bryleigh Dana, Noelle Krumrie (SB)
- **NLI Signing Ceremony** - 2 students
- **25th Annual Athletic Awards Ceremony** - Guest Speaker Casey O'Brien



Fine Arts

- **One-Act Play** “Blue Stockings” - Section Finals
- **Speech** hosted Section 3AA tournament
- **Musical** “Mamma Mia” - sold out all 6 shows, numerous Hennepin Theatre Spotlight awards →



2022-2023 HONORS ANNOUNCEMENT

Park High School
For their production of
Mamma Mia!

Achievement in Musical Theatre
Honorable Mention

Overall Performance
Outstanding

Ensemble Performance
Outstanding

Acting Performance
Outstanding

Vocal Performance
Honorable Mention

Dance Performance
Outstanding

Costume Crew
Honorable Mention

Overall Technical Team
Outstanding

Sound Crew
Outstanding

Individual Honors

Outstanding Performance
In a Leading Role
Sadie Jones as Donna
Anna Blazy as Rosie

Honorable Mention
In a Leading Role
Jemy Randrup as Sophie
Kylie Jones as Tanya

Honorable Mention
In a Supporting Role
Fingen Barnett as Sam
Sam Storm as Harry

Outstanding
in Technical Leadership
Gabby Becker as Assistant/Student Director
Lily Smith as Sound Designer
Moriah Miller as Conductor

Evaluator Shout-Out
Emma Reinhardt
Orchestra

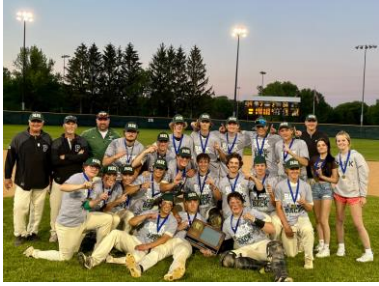
**Shout-Outs give recognition to those students who caught the attention of the evaluators. It is not an honor that results in a performance at *Spotlight Showcase* but we want to recognize all performers that are doing standout work. This is one more way we can spread the well-deserved encouragement but still keep the honors consistent and of value.

Award Winners



- **ExCEL:** Becky Etten, Taran Blasy
- **Triple A:** Haley Gravelle
- **Athena:** Sydnee Nelson
- **Apollo:** OT Omot
- **3 Sport Letter Winners:**
32 total (15 seniors)





Favorite Moments

1. Spring of 2022 – state tournament run for baseball (consolation champs)
2. Together We Make a Difference
3. GBB Coaches vs. Cancer & Teddy's Heart Fundraisers



East Ridge High School



Sara Palodichuk

Assistant Principal – Activities



RAPTORS



Purpose



DEPARTMENT

INDIVIDUAL

The mission of East Ridge High School Activities department is to provide multiple opportunities to our students that help develop character, community, and a sense of belonging.

I choose to lead students to be people of empathy who serve others while developing skills as a student, teammate and person of character.

Student Spotlight

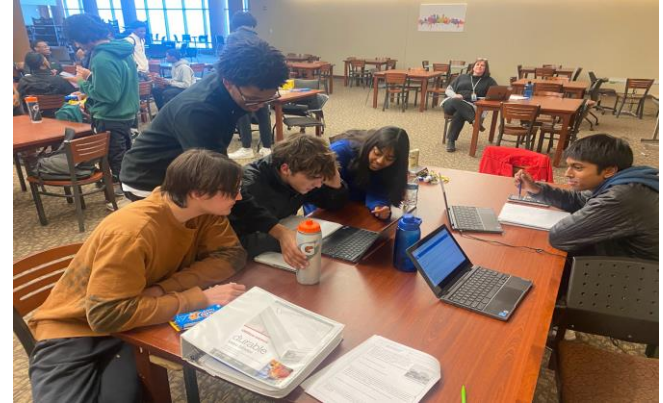
ERHS clubs are created, organized and lead by students. They generate the ideas, develop the vision and work with teachers advisors to promote their clubs and support ERHS students/community.

Felipe Patino, Aman Lulseged, Teddy Yimer, Rahnon Chowdhury, & Santiago Palma:

Created the club called Close the Gap

CTG stands for Close the Gap. Our mission is to close the gap in academic performance in marginalized communities and minorities.

Our goal is to give every high school student in our community a chance to collaborate and succeed, and with CTG, students can build off of each other's knowledge and strive for success.





Participation Numbers

	2021-22	2022-23
Male	629	585
Female	566	501
Total	1,195	1086



Over 50 Clubs

(a few of our new clubs this year)

AVID Connections

Better Tomorrow

Food Fluent

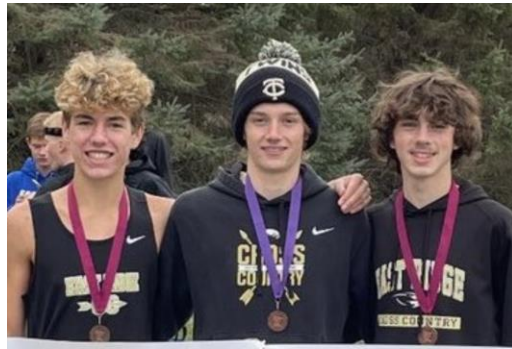
Minority Minds Matter

ERRORS Society of Women

Engineers Club



Fall Highlights



- **Volleyball** State Tournament 3rd place
- **Football** - State Tournament Participants
- **Cross Country State Participants**
 - Nate Schultz
 - Tyler Mestery
 - Aaron Devine
- **All State Soccer**
 - Boys - Parker Wellmann, AJ Johnston
 - Girls - Elle Wildman, Maggie McGown, Maddie Schillings
- **Girls Swim/Dive** - State Participants
 - Emma Wood 200 Free, 500 Free
 - Lily Van Der Sman 50 Free
 - Mallory Paine 100 Free
 - 200 Free Relay: Melanie Witikko, Lily, Mallory, Emma
 - 400 Free Relay: Melanie Witikko, Lily, Mallory, Emma
- **11 students** signing their NLI to play D I or II sports



Winter Highlights



- **Boys Basketball** – SEC Champions and Section 4AAAAA runner up, Alex Mattes 1000 pts
- **Girls Basketball** – SEC Champions and Section 4AAAAA runner up
- **Boys Swim/Dive** – SEC Champions & State Participants
 - 400 Free Relay 2nd Place – Morgan Gillard, Neil Abrahamson, Aidynnn, Havermann, Nathan Langstraat
 - 200 Free Relay 7th Place – Neil, Nathan, Vincent Xiong, Morgan
 - 100 Fly & 50 Free 8th Place – Neil
- **Gymnastics** – Section Champs & State Tournament 5th
 - Individuals – Lauren Rodriguez & Laney Schwellenbach 6th All Around, Bars 3rd, Floor 4th
- **Debate** – Kenneth Chen 4th Place, Satyam Bhushan, Mathan Liu, Juhae Song, Lily spaulding



Spring Highlights



- **Boys Tennis** - Individual Qualifier Kaushik Bukkuri
- **Track and Field Sections** - Section Champions: Megan Clark, Long jump, Diarra Chatham 100M Dash, Lydia Franson 3200 & 1600, Nate Schultz 3200
- **T & F State Participants** - Diarra 100m dash, Lydia 3200 & 1600, Nate Schultz 3200, Jaelen Harper Long & Triple Jump, Megan Long Jump, Girls 4x200 Diarra, Jada Otto, Megan, Folasade Sennowo
- **Girls Golf** - Conference & Section Champions, State Participants
- **Baseball** - Section Champions, State Participants
- **Girls Lacrosse** - Section Champions, State Participants
- **Boys Volleyball** - 1st competitive season
- **Speech State Participants**
 - Hunter Fizel in Humorous Interpretation
 - Jared Engh in Humorous Interpretation
 - Zoe Sellner-Kerr in Storytelling
 - Kaushik Bukkuri in Discussion
- **College Athlete Celebration** - 15 spring student athletes

Thunderbolts Adapted Sports

Soccer
Floor Hockey
Softball - State Participants
Bowling



Performing/Fine Arts

Fall Musical – Legally Blond

One Act Play – A Doll's House

Spring Play – The Play That Goes Wrong

Fine Arts Festival

SEC Music Festival



so
wash
co
SCHOOLS



Fine Art Showcase

Celebrate artists
within our
community

- Live Performances
- Pottery Throwing
- Guided Life Drawing
- Face Painting
- Silent Auction
- Student-Made Art for Sale

See and
support
East Ridge
artists' work

NATIONAL
A&T
HONOR SOCIETY

Tri-M Music
HONOR SOCIETY

East Ridge High School

April 13th 5-7 p.m.

ExCEL – Leadership

- Anjali Nambudiri & Tanner Zolnosky



Triple A – Arts, Academics, Athletics

- Marit Lyle & Justin Luan

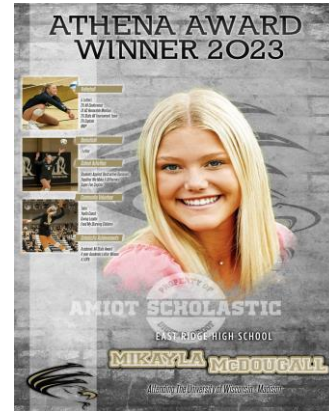


Award Winners



Athena: Outstanding Female Athlete

- Mikayla McDougall



Favorite Moments



Captains Council



Senior Sunrise/Sunset



Student Engagement



Unified Prom



The Arts

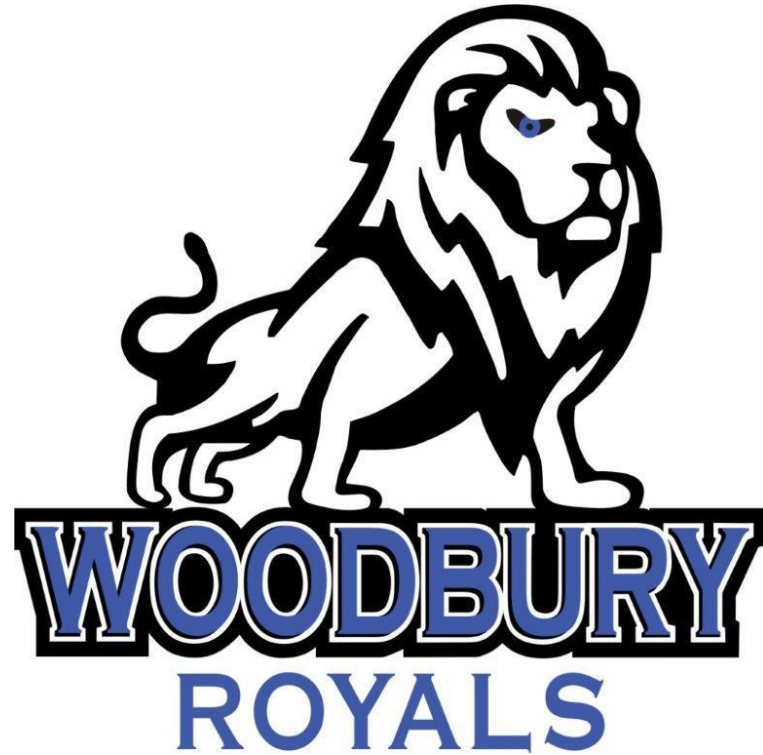


Student Leadership

Woodbury High School

Jodi Loeblein-Lecker

Assistant Principal – Activities





DEPARTMENT

The mission of the Woodbury High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their activities, school, and community

Purpose



INDIVIDUAL

I lead to develop competitive and inclusive leaders that teach successful teamwork and life skills through activities.





Participation Numbers			
	2020-21	2021-22	2022-23
Male	501	525	601
Female	424	445	491
Total	925	970	1092

Three Sport Senior Athletes

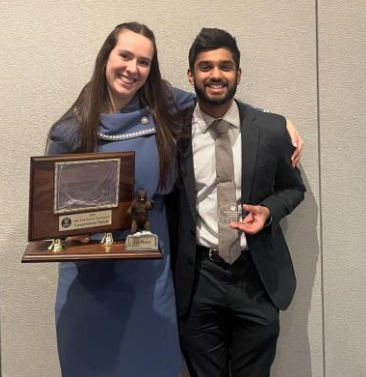
Males - 6

Females - 5

Fall Highlights



- **Diving** Section & 2 time State Champion Gabby Mauder
- **G. Swim/Dive** - Section Runner Up & State Participants Gabby Mauder, Halle Linn, Ava Reich, Ava Hacker, Chloe Carlson, Maya Tellez, Addison Forshee
- **Football** Conference Champions of Maroon Division, Assistant Coach Charlie Reed Recognized as Assistant COY
- **G. Cross Country** - Section Champion & Team State Participant
- **B. Cross Country** Section Runner Up & Team State Participant
- **Girls Tennis** - State Participant- Brittany & Ashley Nguyen x 2
- **Boys Soccer** - Section Champions & State Runner Up
- **Debate** - Izzy Park (3rd) and Arif Ansari (7th) State All State
- **NLI** - 3 individuals signed national letters of intent



Winter Highlights



- **Speech** - 3AA Section Runner Up - 7 advance to state Mia Olson, Izzy Parker, Kate Westlake, Arif Ansari, Anna Adamson, Kirby Schoonover, Lola Sudderth
- **Wrestling** Section & State Individuals - Alex Braun Section Champion-1st at State, Brad Little Section Champion and 5th at State
- **G. Alpine** - Eleanor Robb Individual 13th at state
- **B. Alpine** - Bennett LeVander individual 14th at state
- Boys Hockey - Head Coach Wes Bolin recognized AA Coach of the Year
- **One Act Play** - Section Runner Up
- **Mock Trial** - State Participant
- **Science Olympiad** - State Participant



Spring Highlights



Boys Section Track and Field State Qualifiers

**4 x 800, 4 x 100, 4 x 200, 4 x 400, 100 M Dash, 800 M Dash,
Shot Put, Discus, Triple Jump & Long Jump**

Girls Section Track and Field State Qualifiers

4 x 800, 4 x 200, 4 x 200, 1600 M Dash, 800 M Dash

B. Golf Carter Spaulding - 4th state appearance

G. Golf Waverly Yang - 2nd State Appearance



Fine Arts



- Musical - *Anything Goes*
- One Act Play - *Kaleidoscope* - 3AA
Section Runner Up
- Spring Play - *Wayside Stories*
- SEC Musical Festival
- District Marching Band
- Orchestra Carnival
- Masterworks Choir Concert



Arts, Academics & Athletics

Paige Leinhard & Benjamin Zupfer



Award Winners

Activities, Service & Leadership

Sara Rundquist

Andrew Amoah



Athena Award Winner

Chloe Carlson



Guest Student Videos

Gabby Mauder - Girls Swim and Dive



Favorite Moments



The background is decorated with several circles of various colors and sizes: a large yellow circle at the top center, a large cyan circle on the left, a large red circle at the bottom right, a medium green circle on the right, a small red circle above the text, a small blue circle below the text, a small yellow circle to the left of the text, a small blue circle to the right of the text, and a small green circle at the bottom left.

**Thank you for all
of your support!**