



Dear Parents,

We hope your child is healthy and excited about a new school year! We are asking for your help in keeping all our students healthy this school year. Due to food safety issues, allergies and other medical conditions that some students may be dealing with, we ask that any food brought into your child's classroom that is to be shared with the whole class needs to be purchased in a store and needs to contain a nutrition facts panel such as the one pictured below. These need to include ingredients and grams of nutrients in the product. Exceptions include fresh fruits and vegetables. These may be brought in without a nutrition facts label and are encouraged as a healthy snack alternative.



Foods purchased in a bakery section of a store sometimes do not contain nutrition and ingredient information and this makes it difficult for the school staff to care for some of our students. Foods that do not contain a nutrition facts panel will not be distributed to the class.

Thank you for your cooperation in this matter.

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Signature