



Kindness in Motion 8.0

2022-23

“One act of kindness, how far can it go?” ~ Chris Rosati

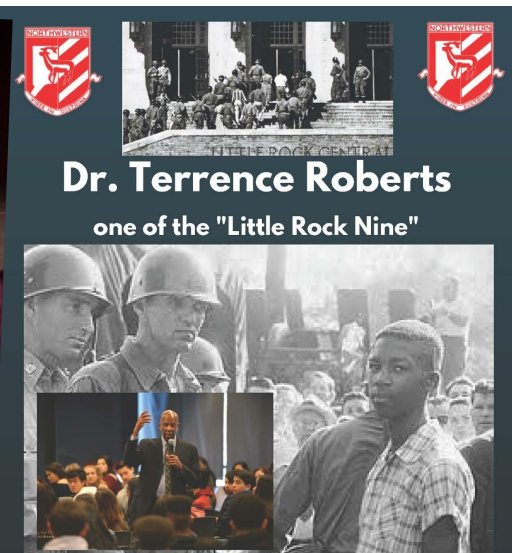
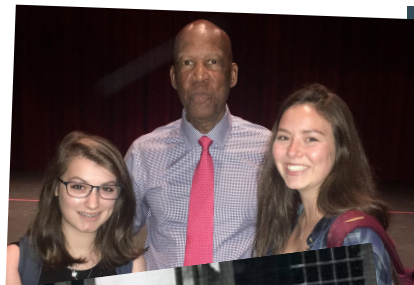
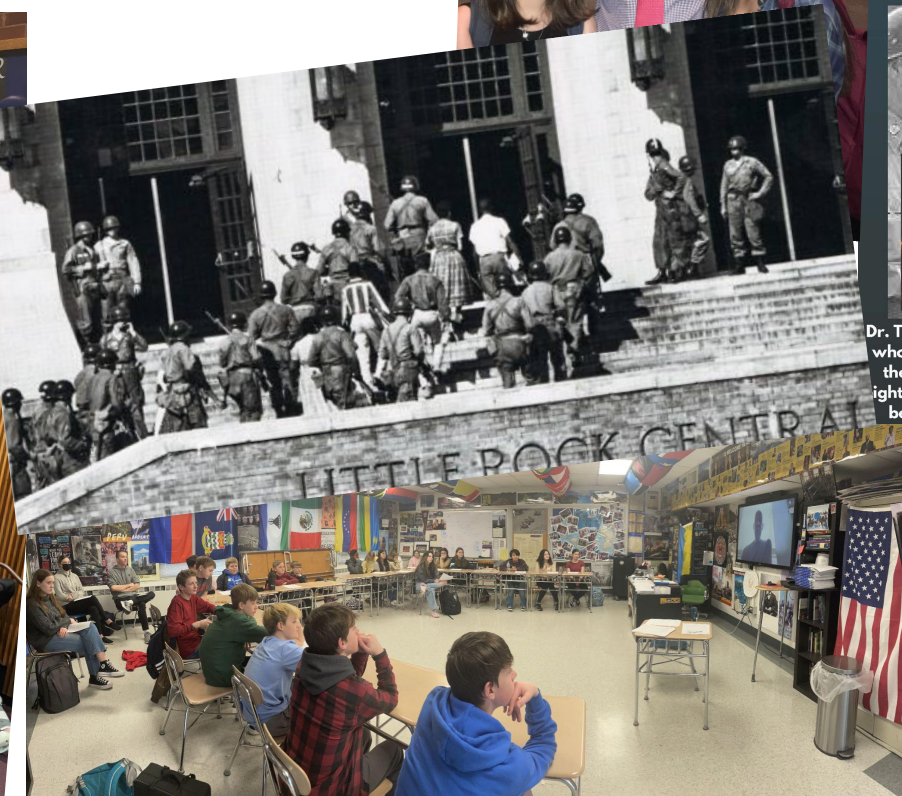
Civil Rights & Kindness Deacon Art Miller

Civil Rights Stories



Dr. Terrence Roberts

Little Rock Nine 2024



Dr. Terrence Roberts
one of the "Little Rock Nine"

Dr. Terrence Roberts, is one of the nine African American students who made history as one of the "Little Rock Nine." Throughout the 1957-58 school year, 15 year old Terrence Roberts and his eight classmates were subjected to constant conflict, struggles and beatings. "The Little Rock Nine" became national symbols of struggle for racial integration.

On the evening of June 14, 2017, we gathered to honor him as he shares his story with us. We are proud to have him as a member of our community.



Operation Christmas Child

For the past 4 years, the AIM Program has participated in Operation Christmas Child through Samaritan's Purse. We collected items such as toys, personal care items and school supplies to fill over 40 shoeboxes, doubling last year's donation! Without the help of our school community and the Kindness in Motion grant this would not have been possible! The filled shoeboxes are distributed all over the world to children in remote areas. We look forward to continuing this project in the years ahead, bringing Christmas to children who would otherwise go without!

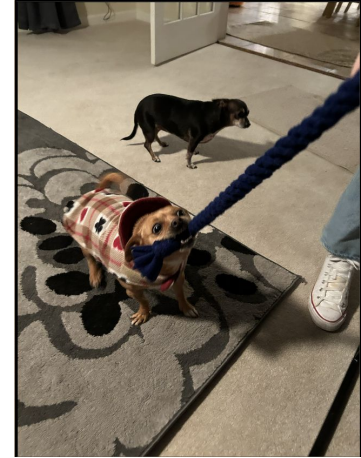
Mrs. Sullivan, Mr. Reese, and students



Tug Toys for Pets

I decided to apply for a Kindness in Motion Grant for my capstone project, Tug Toys for Dogs. I used the grant to buy felt blankets at Walmart, and with the help of my friends we cut the blankets into strips and tied them into a specific pattern to create a long chain. From there, I sold these toys at an art fair and made \$153 which I then donated to the animal shelter, The Little Guild.

Emily Romanowski



Wake Up Wednesdays / Friends and Food Fridays

This year we decided to bring back “Wake Up Wednesdays” and started serving breakfast on select Wednesdays and Fridays. Students programmed through LINKS prepare some of the food and create the invites for peers that show support and kindness. LINKS staff continues cooking throughout the event so students can mingle with each other.

We have had 3 breakfasts so far this semester, with one more tomorrow! Our last breakfast we had 34 students join us!

LINKS Program



Wake Up Wednesdays / Friends and Food Fridays

We hope to continue offering this for the 23-24 school year as it helps all members of the LINKS program know other students and it brings together students in a positive, non-academic way!

LINKS Program



Kindness Crafts

LINKS Program

Over the past 3 years, students in the LINKS program have learned valuable life and vocational skills creating crafts for various groups. All of the items created are geared towards spreading kindness and joy to the recipient, and as well as the students involved. Through these activities and projects, we practice fine motor skills, social skills and other tasks to support our skill development for the future. We have previously completed quilts (2022 Kindness in Motion).



Kindness Crafts

LINKS Program

This new grant will support us in starting new projects including greeting cards and sunshine baskets. This grant allows us to continue our work, with a focus on producing items for sale to help build an ongoing kindness circle!

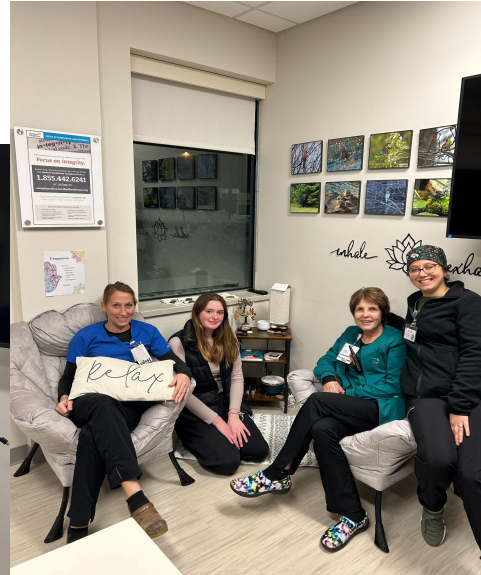
*Coming 2023-2024
School Year!*



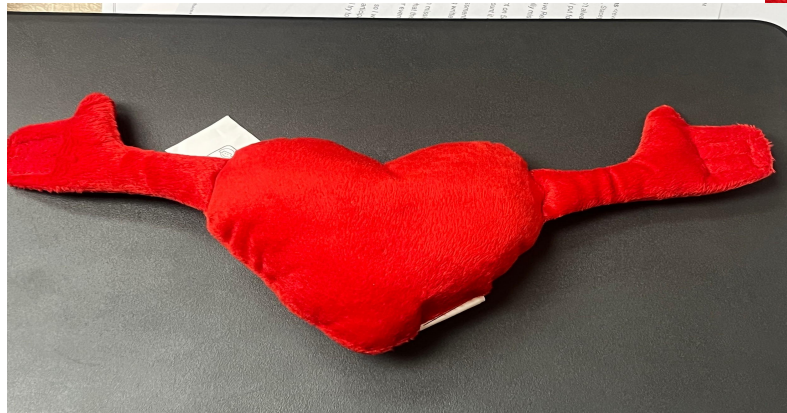
Nurse Break Room Zen Corner

Karly Robotham

Here are some of the picture from my capstone project. I was kindly given the Kindness and Motion grant to give back to the nurses that help us the most.



Have a Heart



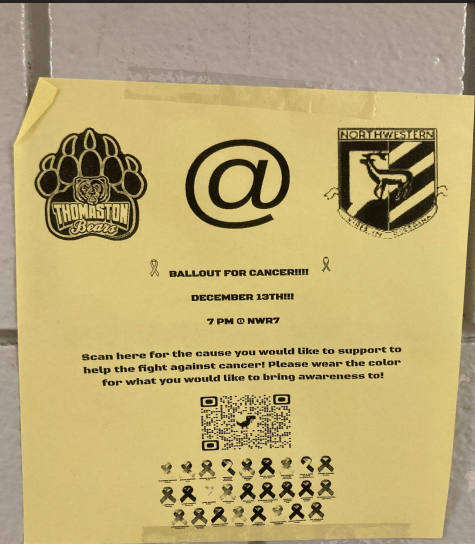
Mrs. Evans



Ball-Out for Cancer

Jack Whitlock

I was given an opportunity through a very generous grant given to me by Dr. Palmer, to put on a basketball game dedicated to spreading awareness for cancer. Everyone who came to the game showed great enthusiasm in ending the fight for cancer.



Help for Turkey

Ella Gannon

In total I collected 611 hygiene products and over 20 blankets! Again, thank you to everyone who donated and thank you Dr. Palmer for your kind and generous donation to my cause.



Help for Turkey

Pictured here are all of the donations I received from the school hygiene and blanket drive!

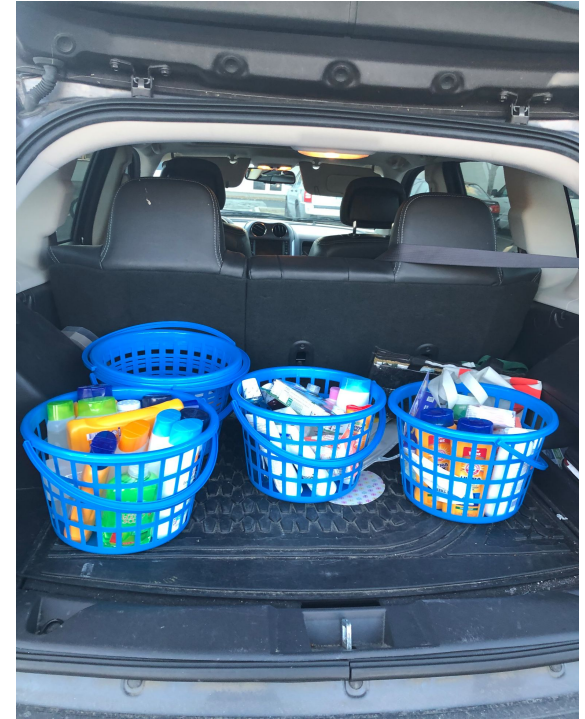


All of the total donations I collected!



Ella Gannon

Donations I purchased with the KIM grant.



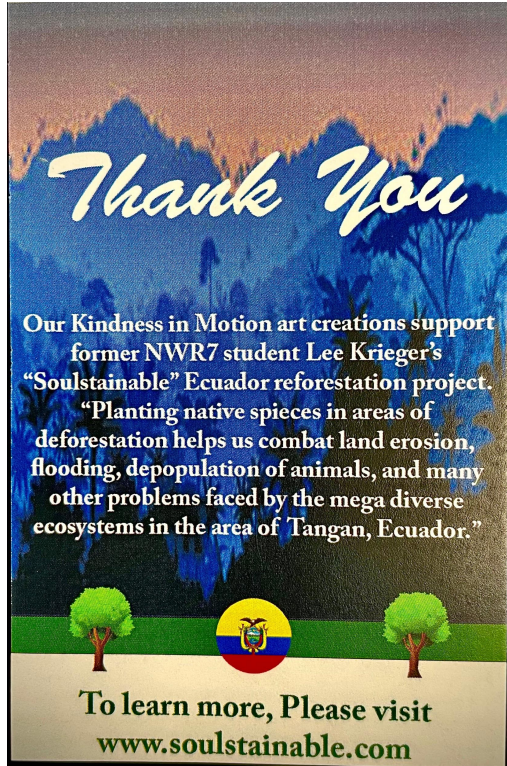
Help for Turkey

Ella Gannon



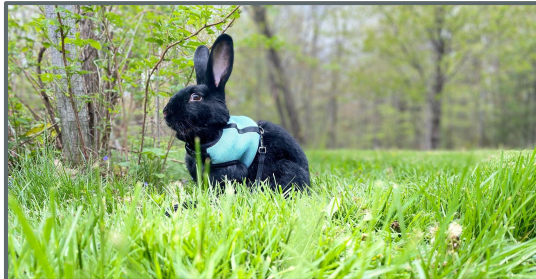
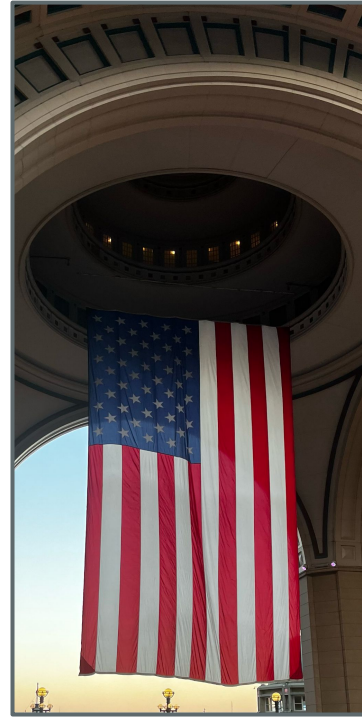
Reforestation in Ecuador Soulstainable

Ms. Cady and Collaborators



Cards of Kindness MS Photojournalism Club

The middle school photojournalism team is selling greeting cards featuring their own fabulous photographs to support **WATER.ORG** and **WORLDVISION.ORG**.



2022-23 SPIRIT OF KINDNESS AWARD

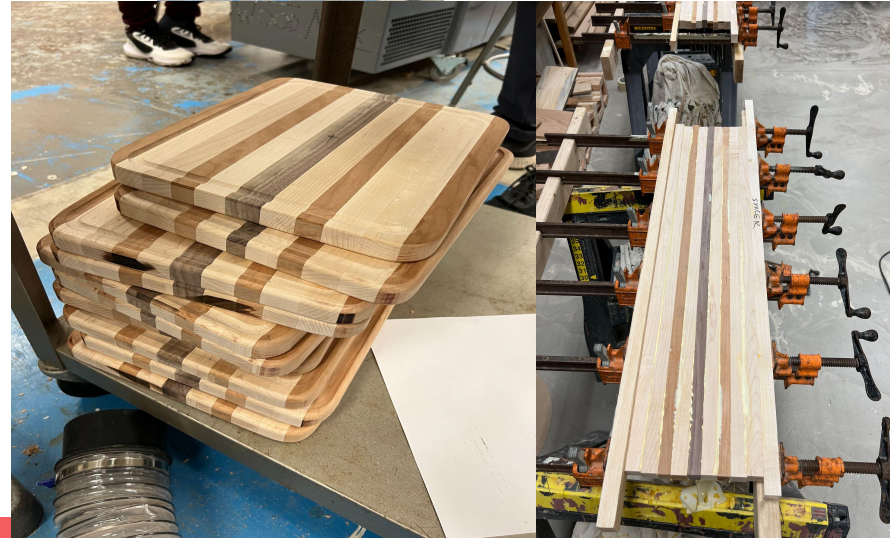
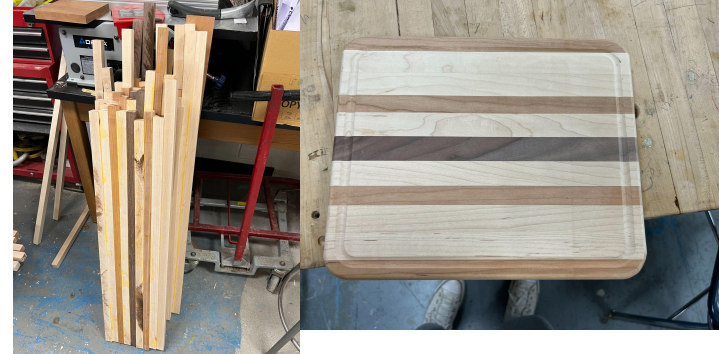


Jennifer Hurley Coughlin

Cutting Boards for the Hungry

Elizabeth Gosselin

This year I decided to utilize my construction skills after taking the class for 4 years. I decided to make cutting boards. I used social media to sell these items and raise money for the Winsted Soup Kitchen and donated a few of the boards to them as well. I couldn't have done this without the help of Mr. Winegar and periods 1 and 4 constructions classes.



Mrs. DeGrave



My family and I were able help feed 60 people lunch and dinner!
We made 60 PB & Jelly Sandwiches and 2 huge trays of baked ziti!



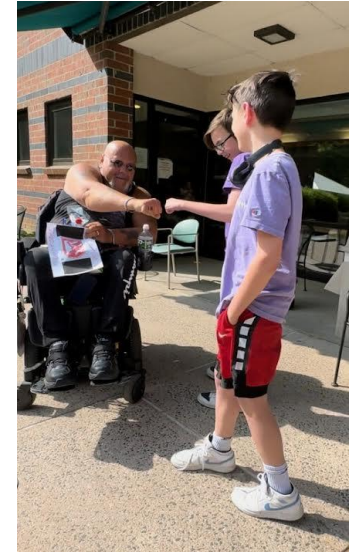
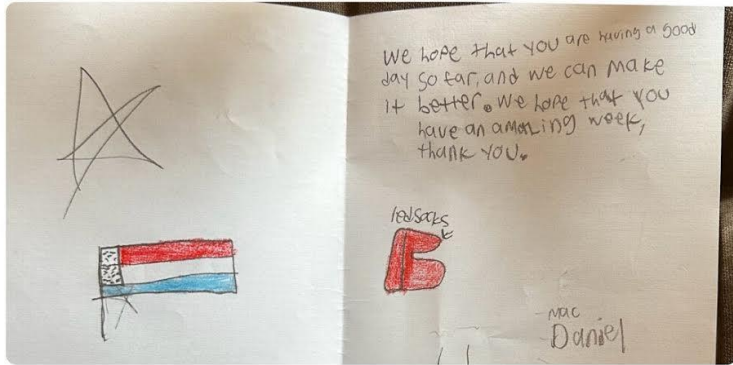
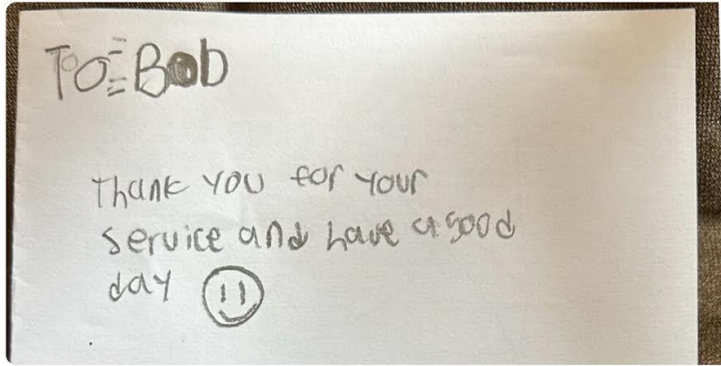
Learn more about the center by copying this link: <https://BriansAngels.org/how-you-can-help>

The three of us were able to work with a nonprofit organization called ParCo and gather 52 backpacks and school supplies to give to children in Mozambique, Africa whose families are unable to afford these items. We are glad to have this opportunity and be able to help children at about 10 different schools.



Yard Goats Game

Dan Burke, Mac Ciminno

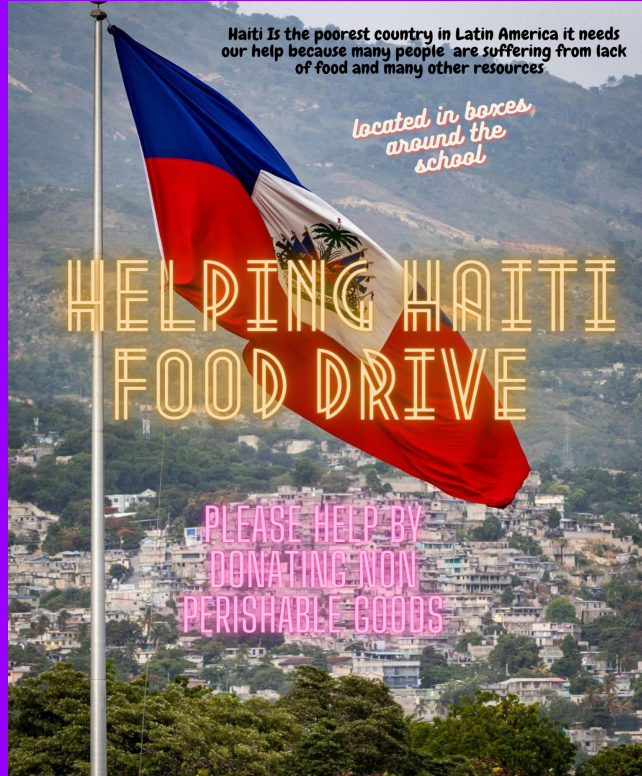


For our Kindness in Motion project, Mac and I planned to bring a person with disabilities to a Hartford Yard Goats baseball game. However, we encountered a issue with transportation. We changed our plan and provided the man with gifts. We gave him chocolate from Six Spoons Confectioners, a Boston Red Sox t-shirt and various gift cards.

★
Ruby Alexander



★
Helping Haiti Project



My project is a food drive to help people in Haiti. Currently people in Haiti are suffering from the lack of food and comfort because of the country's insufficient funds and have been in poverty for almost 200 years. I decided I would help since we have so many people in this school. Thanks to everyone who got food!!

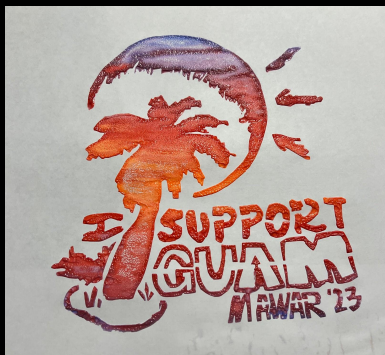
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Mawar Recovery Support

Alison Keplinger



Buy T-Shirts and
Canvas Tote Bags
Donate
or just get FREE stickers



SUPPORT GUAM

Scan for more
information



Help Guam recuperate from
Typhoon Mawar that has left
families homeless, shattered
infrastructure, and plunged
communities into a state of
urgent need.



SCAN ME

Earning for ECAD Caitlyn Varley, Kailey Dileo, Daniella Tretyak

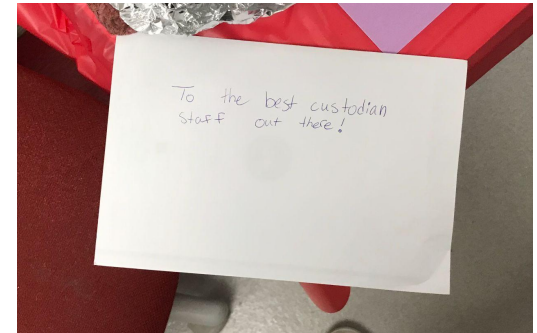
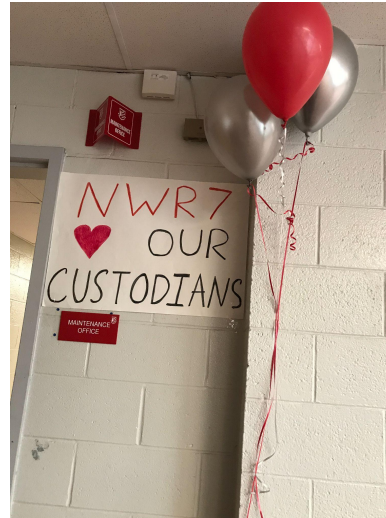
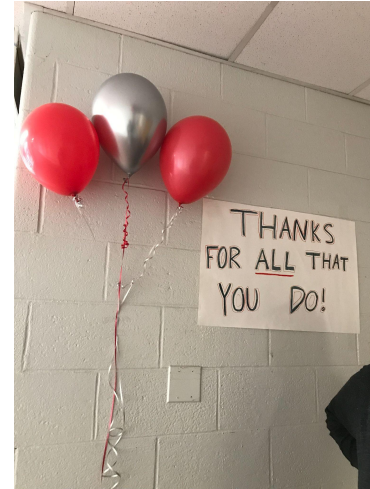
We decided to earn money for ECAD dogs for our kindness and motion project. We hosted a Blooket game for people to Come and play and buy snacks for \$5. We chose this because we all love animals and wanted to raise money to help them out.



Custodian Appreciation



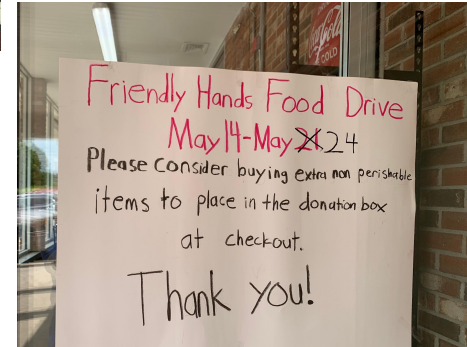
Morgan Plitt



Lend a Hand Food Drive

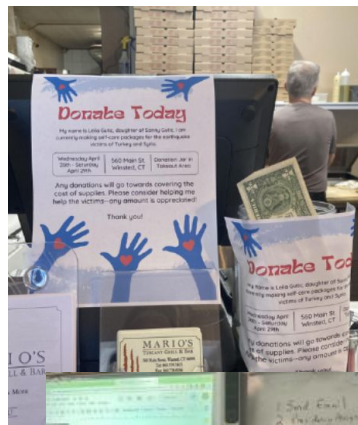


Alex Borelli



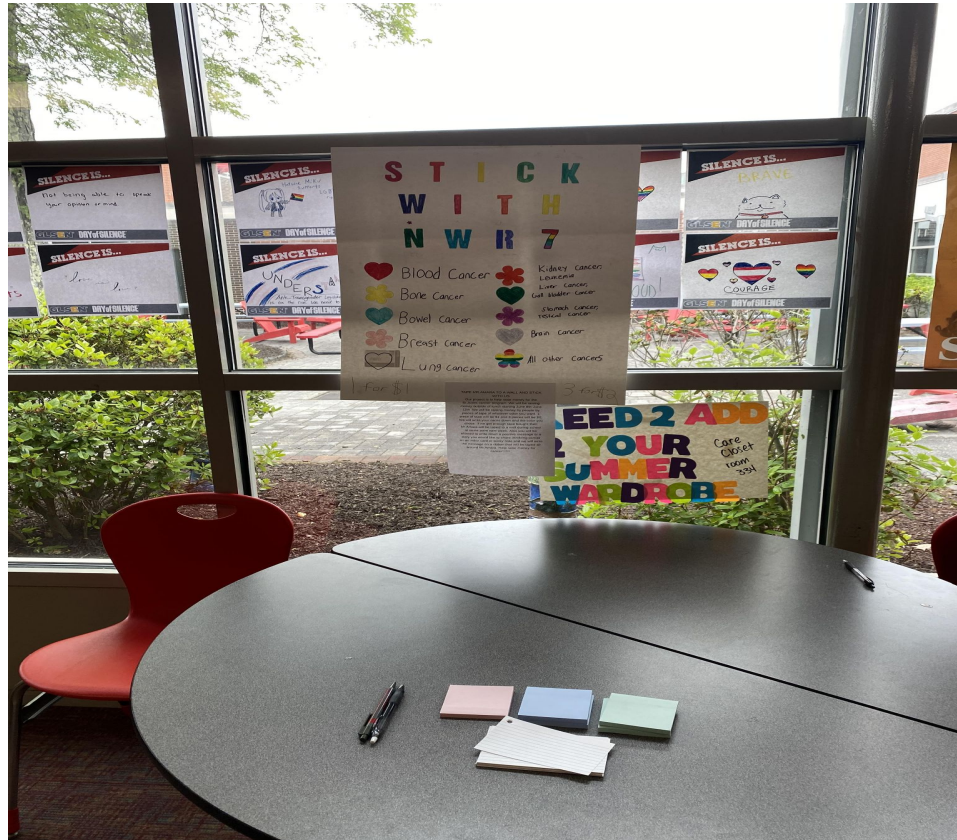
Self Care Packages for Earthquake Victims

Leila Gutic



Stick with NWR7

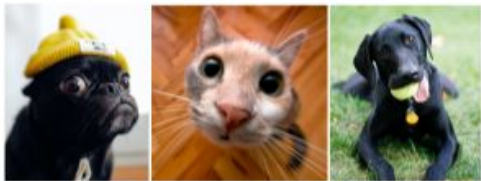
Madison Covill, Ava Wood



Contest for a Cure Sandra Carfiro, Matty Young

THINK YOUR PET IS DESERVING OF A PRIZE?

Donate a minimum of \$2 to enter a photo of your pet and have a chance to win a prize of treats and goodies for your pet!



Enter into 1 or multiple categories:

1. Cutest Dog
2. Cutest Cat
3. Funniest Pet
4. Most Talented Pet

**ALL PROCEEDS GO TO THE NATIONAL CANINE CANCER FOUNDATION
SUPPORTING A NWR7 KINDNESS IN MOTION FUNDRAISER!**

Submit all photos to mattyyoung149@gmail.com or smcarfiro1209@gmail.com by June 16th

Payments can be made through venmo @Beth-Brady-Shayne-Young or @Hope-Carfiro



venmo



venmo

Still time to submit!

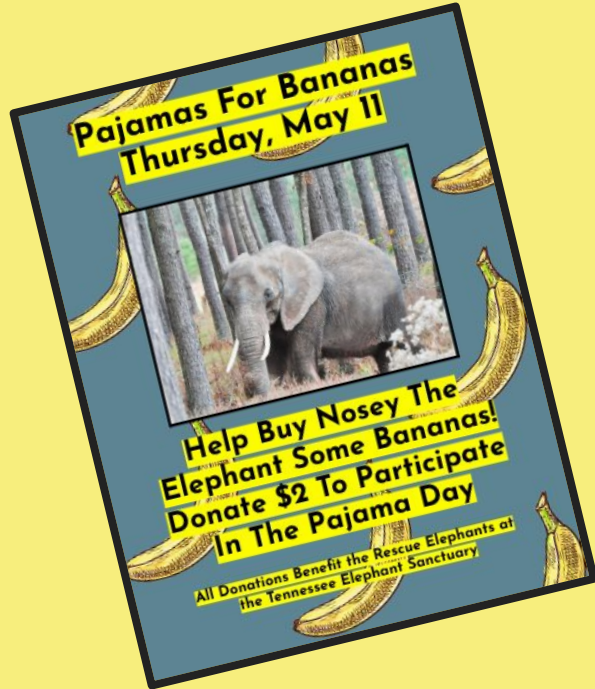


NATIONAL CANINE CANCER FOUNDATION



Nosey Needs Bananas Callum Young

I raised a total of \$421 which will buy approximately 668 pounds of bananas- about 2,004 individual bananas!





Create Now

- Helped 50,000 youth 3-24
- Mission to help youth access arts from varied disciplines to help them heal and thrive



Active Minds

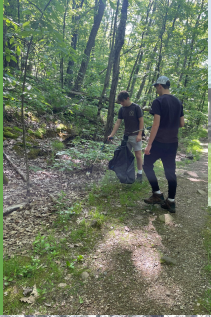
Julia Parent, Leigha Dillard

We are working on our fundraising for the organization, Active Minds! The organization supports mental health awareness and suicide prevention among young adults. Our plan is to hold a series of fund raising activities to raise money for their cause!

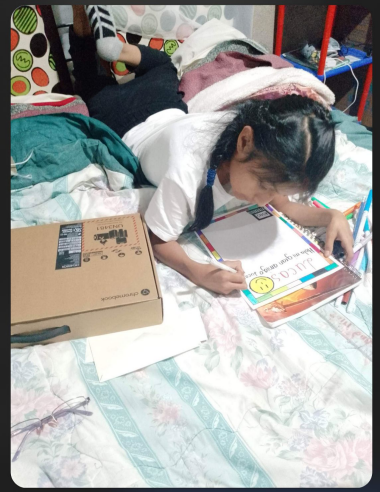
Working towards these fundraisers has helped open our minds to how impactful even the smallest amount of advocacy can be.

State Park Cleanup

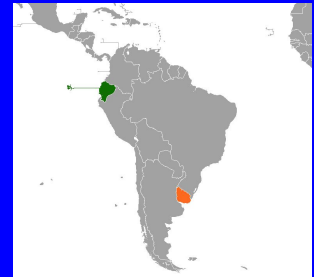
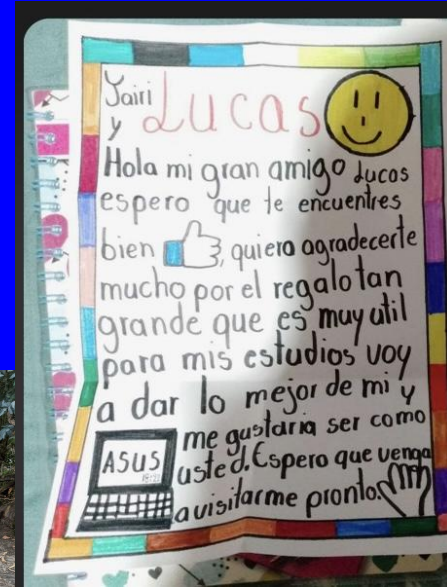
Ben Crone, Nicole Dynak, Dylan Farr, Makayla Ensminger



Computer for Jayri



Lucas Oles



Art Supplies for ARC

Thanks to the Kindness in Motion grant, we were able to purchase greeting cards to sell in an ongoing fundraiser, Art Supplies for ARC. "Community," the painting for these greeting cards, was created by students in The After School Art Club at The Autism Resource Center of Litchfield County in partnership with DJ Stenson Art. Proceeds from the sales of these cards will continue to provide The After School Art Club with much needed art supplies, so we may continue to foster social skills, listening, communication, building peer relationships and friendships through creating art. We've already raised enough money for one art project!

Mrs. Stenson




The Arc
Litchfield County

"Community"

Acrylic painting on 36"x48" canvas

Backpacks for Hands on Hartford

Sophia Carroll, Social Justice Club

The Social Justice Club sold drinks and snacks at 2 track meets to raise money for **Hands on Hartford's Backpack Nutrition Program**. We distributed 18 backpacks full of healthy snacks and drinks for elementary students.



Lotto for Love Tessa McKelvey and Emma Roy

We decided to take our grant and buy scratch off lottery tickets. We then held a raffle to raise money for a family in New Hartford who recently found out their daughter has cancer. We wanted to support this family in any way we could.



FISH-ing for Hope Elise Gajewski, Ruby Dasgupta



Blood Drive

On May 2nd 2023 I ran a blood drive with the help of the American Red Cross. My mom is a nurse so I knew I wanted to do something that would benefit her so, I asked her what the best thing I could do was and she said a blood drive. Right now there is a big shortage of blood and every pint counts. We had 17 pints of blood donated!!!!

Madison Benoit



**American
Red Cross**

1 pint of blood can save upto 3 lives!!!

- Golf tournament for the Stand Up and Play and ALS Foundations.
- Last year's event raised over \$30,000!
- This year's event will be held at Tunxis Country Club Friday August 4th.
- Please email bfritch@nwr7.org for any registration questions.

Stand Up and Play for ALS Brendan Fritch



2023 Kindness in Motion Scholarships

Awarded to five outstanding students who have completed multiple projects over the course of their time at Northwestern Middle and High Schools.

This year we honor:

Alex Borelli for three-years of work addressing food insecurity by supporting Friendly Hands Food Bank

Carly Budge for her projects supporting Cystic Fibrosis, Special Olympics, Bike Helmets for Safety, goodie bags for teacher, staff, and senior citizens

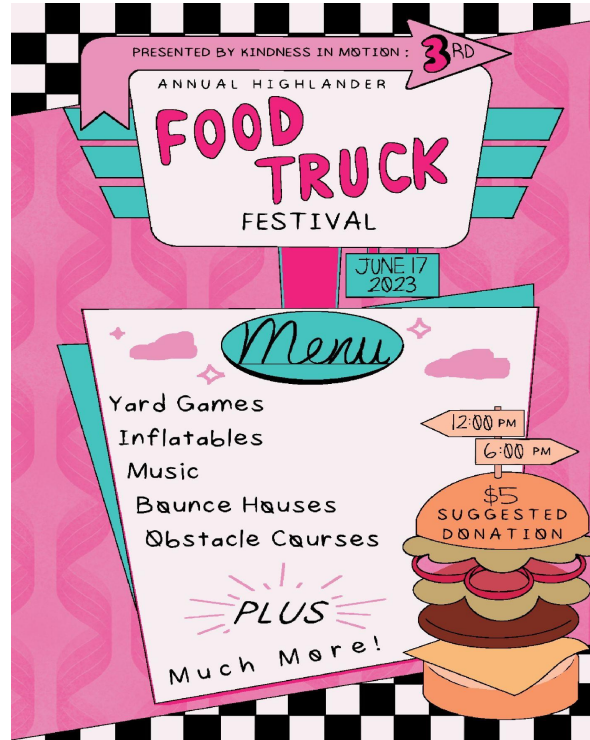
Meghan North for her projects Care Packages for Foster Children and Mental Health Book Cart

Lucas Oles for Supplies for Ecuador, Chilcapamba Water Project, Computer for Jayri

Morgan Plitt for Making cards for Senior Citizens, Custodial Staff Appreciation

3rd Annual Kindness in Motion Food Truck Festival

June 17, 2023



A Special Thanks to Our Contributors

The Northwest Community Bank Foundation

Mr. Joseph Barbieri and RJB Construction

Colebrook Associates

Ms. Deb Bell, Regional School District No. 7