



**TEXAS ESSENTIAL KNOWLEDGE AND SKILLS FOR HEALTH EDUCATION
High School Checklist**

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
§115.37 High School							
(3) Mental health and wellness--social and emotional health						✓	
(4) Mental health and wellness--risk and protective factors						✓	
(11) Injury and violence prevention and safety--digital citizenship and media							
11A				✓			
(14) Alcohol, tobacco, and other drugs--short- and long-term impacts				✓			✓
(16) Alcohol, tobacco, and other drugs--risk and protective factors							
16A					✓		
(17) Alcohol, tobacco, and other drugs--prevention					✓		
17B				✓	✓		
(18) Reproductive and sexual health--healthy relationships							
18B	✓	✓	✓				
(19) Reproductive and sexual health--personal safety, limits, and boundaries							
19B,C,D,E,F,G,H	✓	✓	✓				
(20) Reproductive and sexual health--anatomy, puberty, reproduction, and pregnancy	✓	✓	✓				
(23) Reproductive and sexual health--sexual risk							
23A,B,C,D,E,F,G,H,I	✓	✓	✓				
§115.38 Health 1							
(2) Mental health and wellness--social and emotional health							
2A						✓	
(3) Mental health and wellness--developing a healthy self-concept						✓	
(4) Mental health and wellness--risk and protective factors						✓	
(5) Mental health and wellness--identifying and managing mental health and wellness concerns							
5A						✓	
(11) Injury and violence prevention and safety--digital citizenship and media							
11A,B				✓			
(12) Injury and violence prevention and safety--interpersonal violence							
12C							✓
(13) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects							
13C					✓		
(14) Alcohol, tobacco, and other drugs--short- and long-term impacts					✓		
(16) Alcohol, tobacco, and other drugs--risk and protective factors							
16A					✓		
(17) Alcohol, tobacco, and other drugs--prevention							
17A					✓		
(18) Reproductive and sexual health--healthy relationships							
18A,B	✓	✓	✓				
(19) Reproductive and sexual health--personal safety, limits, and boundaries							
19B,C,D,E,F,G,H	✓	✓	✓				
(20) Reproductive and sexual health--anatomy, puberty, reproduction, and pregnancy	✓	✓	✓				
(21) Reproductive and sexual health--sexual risk							
21A,B,C,D,E,F,G,H,I,J	✓	✓	✓				
§115.39 Health 2							
(2) Mental health and wellness--social and emotional health							
2A,B						✓	
(3) Mental health and wellness--developing a healthy self-concept						✓	
(4) Mental health and wellness--risk and protective factors						✓	
(5) Mental health and wellness--identifying and managing mental health and wellness concerns							
5A,B						✓	
(12) Injury and violence prevention and safety--digital citizenship and media							
12A,B				✓			✓
(13) Injury and violence prevention and safety--interpersonal violence							
13A,B							✓
(15) Alcohol, tobacco, and other drugs--short- and long-term impacts					✓		
(18) Alcohol, tobacco, and other drugs--prevention					✓		
(19) Reproductive and sexual health--healthy relationships							
19B	✓	✓	✓				
(20) Reproductive and sexual health--personal safety, limits, and boundaries							
20B,C,D,E	✓	✓	✓				
(21) Reproductive and sexual health--anatomy, puberty, reproduction, and pregnancy							
21A	✓	✓	✓				
(22) Reproductive and sexual health--sexual risk							
22B,D,E,F,G,H,I	✓	✓	✓				
Program Options							
AFS - Aim for Success	DTS - Determined to Succeed	FTS - Freedom to Succeed	FOS - Focus on Success	PTS - Power to Succeed	NAV - Navigate	RAD - Radical	TNC - The Next Chapter

A connected student is a protected student.®

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