

TEXAS ESSENTIAL KNOWLEDGE AND SKILLS FOR HEALTH EDUCATION

Middle School Checklist

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
§115.26 6th grade							
(3) Mental health and wellness-social and emotional health							
3A, B, C, E, F						✓	
(4) Mental health and wellness--developing a healthy self-concept.							
4A, 4C						✓	
(5) Mental health and wellness--risk and protective factors							
5A, 5B						✓	
(6) Mental health and wellness--identifying and managing mental health and wellness concerns							
6A, B, C, D, E,						✓	
(13) Injury and violence prevention and safety--digital citizenship and media							
13A, B, C, F	✓	✓	✓	✓			
(14) Injury and violence prevention and safety--interpersonal violence							
14B, C, D				✓			✓
(15) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects							
15A, D					✓		
(16) Alcohol, tobacco, and other drugs--short- and long-term impacts							
16A, B					✓		
(18) Alcohol, tobacco, and other drugs--risk and protective factors							
18A, C, D					✓		
(20) Reproductive and sexual health--healthy relationships							
20A, C, D, E, F	✓	✓	✓				
(21) Reproductive and sexual health--personal safety, limits, and boundaries							
21A, B, C, D, E, F, G	✓	✓	✓				
(23) Reproductive and sexual health--sexual risk							
23A, B, C, D, E, F, G, H, I	✓	✓	✓				

Program Options

AFS - Aim for Success 6th-12th grade

DTS - Determined to Succeed 6th-12th grade

FTS - Freedom to Succeed 6th-12th grade

FOS - Focus on Success 6th-12th grade

PTS - Power to Succeed 5th-12th grade

NAV - Navigate 6th-12th grade

RAD - Radical 6th-12th grade

TNC - The Next Chapter 6th-12th grade

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
§115.27 7th-8th grade							
(3) Mental health and wellness--developing a healthy self-concept							
3A, B, C, D, E, F						✓	
(4) Mental health and wellness--risk and protective factors							
4A, B, C						✓	
(5) Mental health and wellness--identifying and managing mental health and wellness concerns							
5A, C						✓	
(6) Healthy eating and physical activity--food and beverage daily recommendations							
6B, C, D, E, F, G						✓	
(13) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects							
13A, B, C				✓			
(14) Alcohol, tobacco, and other drugs--short- and long-term impacts							
14A, B, C							✓
(15) Alcohol, tobacco, and other drugs--treatment							
15A, B, D					✓		
(16) Alcohol, tobacco, and other drugs--risk and protective factors							
16C						✓	
(18) Reproductive and sexual health--healthy relationships							
18A, B, C						✓	
(20) Reproductive and sexual health--anatomy, puberty, reproduction, and pregnancy							
20C, E, G	✓	✓	✓				
(21) Reproductive and sexual health--personal safety, limits, and boundaries							
21A, B, C, D, E, F, G, H	✓	✓	✓				
(23) Reproductive and sexual health--sexual risk							
23A, B, D, D, E, F, G, H, I, J, K, L, M, N, O, P, Q	✓	✓	✓				