



RELATIONSHIPS & SEXUAL HEALTH

OUR PROGRAMS
MEET HUMAN
SEXUALITY TEKS
REQUIREMENTS

Let's be honest...hormones play a major role when it comes to a student's physical, mental, and emotional development.

Our Wellness Education programs are research-based, putting K-12th grade students on a path toward optimal health. More specifically, our relationships & sexual health programs encourage students to stay focused on their dreams and goals by providing them information and inspiration that will help them achieve more healthy and successful futures. Each program covers a variety of topics according to age-appropriateness and are given by grade level for content relevance: 6th grade; 7th-8th grades; and 9th-12th grades.

Available Sexual Health Programs



Aim For Success

"Sexual Health and
Equipping Students to
Make Healthy Choices"

Topics Covered:

Dreams and Goals; Teen Pregnancy;
Contraception; Sexual Abuse; STDs;
Emotional Hurts; Sexting; Setting Boundaries



Determined to Succeed

"Exceeding the
Pressures of Life"

Topics Covered:

Dreams and Goals; Teen Pregnancy &
STDs; Pressures & Influences;
Hormones & Biology; Peer
Pressure/Media; Sexual Abuse; Sexting;
Addiction; Drugs & Alcohol



Freedom to Succeed

"Awareness and
Understanding of the Laws"

Topics Covered:

Dreams and Goals; Criminal Law; Teen
Pregnancy & Child Support; Sexual
Abuse/Teen Dating Violence; How
Does the Law Define Sex?;
Sexting/Porn; The Best Protection



Next Up

Puberty and Adolescent Development (For 5th Grade Students Only)

Topics Covered:

Dreams and Goals; Growing Up, Puberty, Adolescence;
Anatomy; Sex; Healthy Relationships



(972) 422-2322



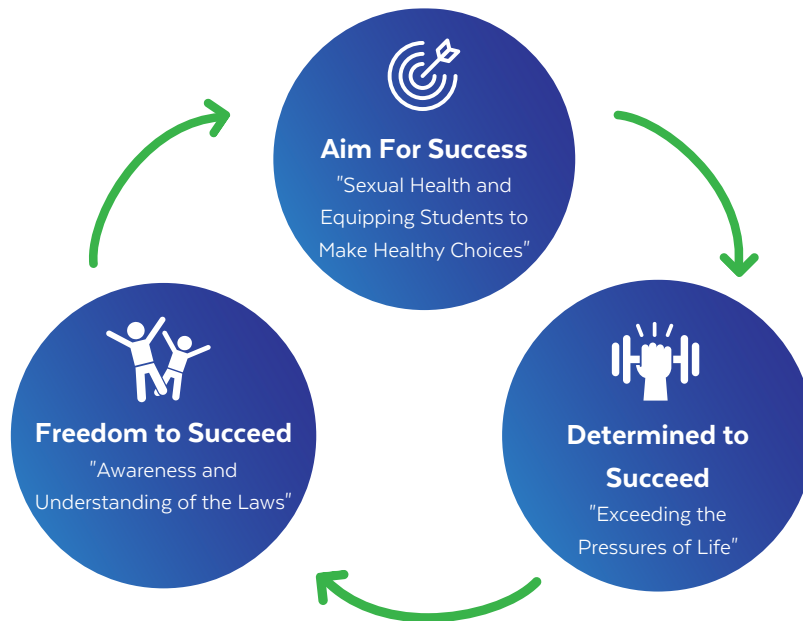
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justsayyes.org/wellness-education

3 YEAR ROTATION

to ensure content is fresh for every grade through middle and high school.



A connected student is a protected student.®

Through our researched-based programs, our highly trained speakers share the truths of sexual health in an interactive and relational presentation.

Your district can plan for the future with a reliable, designed program that meets Human Sexuality TEKS requirements for your students.

Joshua ISD Plan:

We have also presented our Focus on Success (Technology Risks and Rewards) in Joshua ISD.

2018 - Focus on Success

2019 - Aim for Success

2020 - Freedom to Succeed

2021 - Determined to Succeed

2022 - Focus on Success or Aim for Success

Districts Near You That Implement These Programs

Midlothian ISD, Keene ISD, Godley ISD, Aledo ISD

CONTACT INFO:

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