

Swim Class Syllabus Addendum

RUBRIC

We will utilize the below rubric to determine which of the following swim levels they fall in, from beginners, to intermediate or advanced.

Cannot Swim	Beginners	Intermediate	Advance
0 Points	1 Points	2 Point	3 Point
Cannot swim, cannot kick on top of the water, cannot raise arms above the water in a freestyle stroke.	Could barely swim. Some doggie paddle, some treading in the water, walks on the bottom. Cannot swim in the 25 yard pool. Is Not water safe!	Swims with their arms in a freestyle stoke and kicks above the water. Can swim 1 lap in the 25 yard pool. Student is water safe.	Swims in the 25 yard pool. Knows all 4 strokes of freestyle, backstroke, breaststroke, and butterfly.
Needs to be in swim class to be water safe.	Needs to be in swim class to become water safe.	This student is water safe. Teacher recommends swimming to become a stronger swimmer but not mandatory.	This student is recommended to join swim team.

Swim Class consists of 10 days a month

2 days are track days

2 days=students can use dry land days if not feeling well or are on their monthly period.

2 days are Friday Free play in the water

4 days of swim instruction.

*Extra Credit is provided by your swim teacher. You **MUST** see your teacher for details.