

Birmingham Community Charter High School
17000 Haynes Street
Balboa, CA 91406
(818) 758-5200

Mr. Ari Bennett
CEO/ Principal

ADVANCED PHYSICAL EDUCATION

<https://www.birminghamcharter.com/academics/academic-departments/physical-education-department>

Dear Parents and Guardians:

The physical education department welcomes you and your child(ren) to Birmingham Community Charter High School (BCCHS). Please read the syllabus below and discuss with your child the importance of following the policies and regulations listed below. **The state requirement calls for students to pass two years (4 semesters) of Physical education to graduate. Physical Fitness testing will also be taking place throughout the year for ALL ninth graders as well as others that have not passed.**

COURSE DESCRIPTION: This course is designed to teach students the effective social and motor skills necessary to perform a variety of physical activities. Students will participate in physical activities that will enable them to become physically fit and maintain a physically active, healthy lifestyle. Students will learn the health-related benefits of regular physical activity and develop an understanding of how physical activities provide lifelong opportunities for enjoyment, challenge, self-confidence, and social interaction.

CLASS EXPECTATIONS:

- Locker room doors and PE area gates close immediately following the tardy bell for each period. If students arrive to the PE area after the tardy bell, they will be considered a non-suit for the day, and be marked tardy
- Students must be appropriately dressed in BCCHS PE clothes, or plain gray shirt with plain blue shorts/sweats
- Students must wear athletic shoes and socks at all times.
- Students must be seated on their roll call numbers/ role call area before their teacher arrives to class.
- Students must **actively** participate in all class activities including warm-up, cardiovascular fitness, skills, games, and fitness testing.
- Students must listen while instructions are being given and follow rules from ALL teachers.
- Students must use appropriate language.
- Students must stay with the class in the designated PE area and not leave without teacher permission and/or pass.
- Phones, Ipods, MP3 players, skateboards, instruments, hats, etc. are NOT PERMITTED during class-time OR in the locker rooms. Items will be confiscated and retained by an administrator.

LOCKS AND LOCKERS:

- All students are given a locker inside the locker room to ensure the safety of their personal items and clothes while in class, **however, it is a privilege to have a locker and is NOT required.**
- **The school and its personnel are not responsible for lost or stolen items.**
- Lockers are ONLY to be used during your child's PE class period (not to store books or bags, except during PE)
- Students are not to share their lockers or give their combinations out to others. Sharing of lockers can result in the loss of the privilege.

STUDENT EVALUATION – Students will be given participation points as well as Work Habit and Citizenship grades.

Loss of points can occur for the below reasons:

Non-participation in assigned class activities
Non-suit
Tardiness
Absences

Work Habit/Citizenship grades can be affected for the below reasons:

Poor attitude
Lack of team work
Lack of respect for others
Class disruptions
Inappropriate language

GRADING SCALE: Academic letter grades are assigned as follows:

A 100%-90% D 69%-60%
B 89%-80% F 59% and below
C 79%-70%

NONSUITS: A non-suit is characterized as not being appropriately dressed for PE. Students must have Birmingham HS PE clothes (or a plain gray shirt and plain blue shorts or sweatpants), athletic shoes, and NO jewelry. Shoes must have laces or velcro (no sandals, UGGS, open toed shoes, slip on shoes (i.e.Crocs)).

EXTRA CREDIT OPPORTUNITIES: Students can makeup loss of points. Please see your teacher for their specific extra credit opportunities.

-----Please read, sign, and return the tear-off to your teacher-----

Student Name: _____ Date _____ Period _____

Parent Name _____ Parent Signature _____