

MAINE CENTRAL INSTITUTE

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FOUNDED IN 1866, MAINE CENTRAL INSTITUTE
ENGAGES A MULTICULTURAL STUDENT BODY WITH
DIVERSE ABILITIES AND INTERESTS IN A RIGOROUS AND
COMPREHENSIVE COLLEGE AND CAREER PREPARATORY

EXPERIENCE. MCI PROUDLY WELCOMES DAY AND BOARDING STUDENTS WHO COME TO MAINE FOR THE INDEPENDENT SCHOOL EXPERIENCE FOR GRADES 9-12. MAINE CENTRAL INSTITUTE



# MAINE CENTRAL INSTITUTE IS DEDICATED TO FOSTERING STUDENTS WHO ARE THOUGHTFUL GLOBAL CITIZENS AND LIFELONG LEARNERS.



MAINE CENTRAL INSTITUTE PROVIDES a nurturing and challenging community that encourages students to explore their current interests and future potential. MCI helps students determine their needs and prepares them for whatever road they decide to take.

### THE MCI GOAL IS TO PREPARE YOU FOR YOUR BEST FUTURE.



MAINE CENTRAL INSTITUTE

### SINCE 1866, MCI HAS GRADUATED THOUSANDS OF STUDENTS WHO HAVE DEVELOPED LIFELONG FRIENDSHIPS AND LASTING CONNECTIONS WITH OUR SCHOOL.



### **ORIGINALLY ESTABLISHED** as a preparatory school for Bates College, MCI has modified its curriculum over the years to fulfill the academic needs of students pursuing post-secondary studies or vocational training.

**BOARDING AND DAY STUDENTS** engage with one another and strengthen our diverse and global community. Students will learn about different perspectives and cultures while continuing to develop their worldviews.

welcome and are an essential part of our community here at MCI. Parents of day or boarding students are encouraged to visit our campus, stop by our dining hall for a nice meal, or attend any of our various events throughout the school year. You are all part of our MCI family.

### YOUR ADVISORY GROUP

Every MCI student is part of a small advisory group led by a faculty or staff member. Students are assigned to an advisory group as soon as they set foot on campus and meet every morning. This supportive setting provides a place for students to gather, socialize, problem-solve, and further their educational development with their fellow students and advisor.

### MAINE CENTRAL INSTITUTE ALUMNI

become lifelong friends and allies. From the first day of school to the first reunion and beyond, friendship among previous students is one of the essential building blocks of our institution.

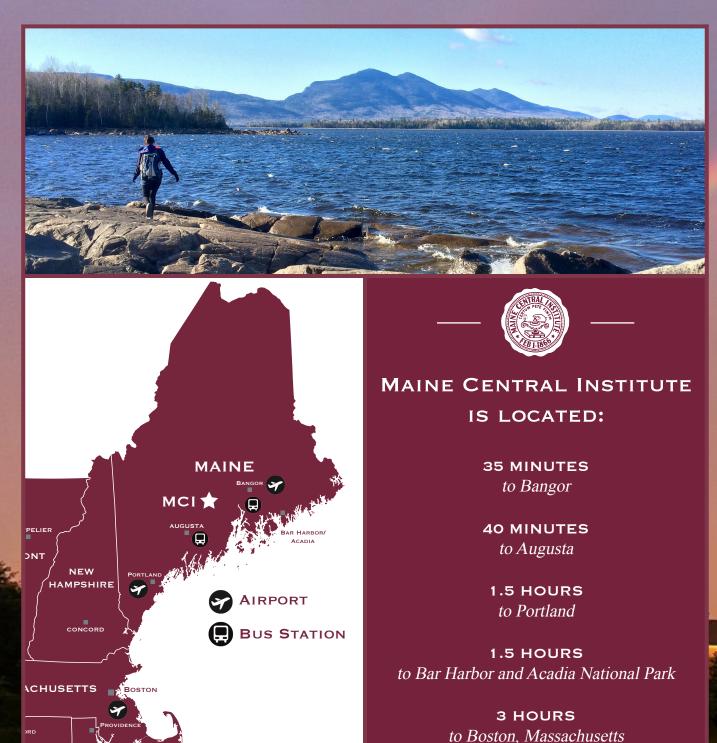
**MAINE CENTRAL INSTITUTE** offers the intimacy of a small New England boarding school, while also nurturing a large global community of lifelong learners.



"THE REASON WHY I CHOSE MCI is because I wanted to enhance my knowledge and experience a new environment... I have many friends from all over the world, and I'm very glad that I chose MCI for my high school experience because I never feel alone." – Hien Van Nguyen '23

### MAINE IS ONE OF THE SAFEST STATES IN THE COUNTRY, RANKING FIRST IN THE NATION FOR PUBLIC SAFETY.

Source: US News & World Report



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### THE MAINE CENTRAL INSTITUTE CAMPUS IS 23 ACRES OF BEAUTIFUL SCENERY AND HISTORIC BUILDINGS DEDICATED TO ACADEMIC AND RESIDENTIAL SUCCESS.

**OUR 13 BUILDINGS ACROSS CAMPUS** provide vast resources for students in a unique college-style setting. Our classrooms feature state-of-the-art technology and equipment dedicated to providing exceptional learning opportunities.

**OUR VISUAL AND PERFORMING ARTS CENTER** stimulates our accomplished music and visual art programs, while our newly renovated ballet studio continues the tradition of excellence in Bossov Ballet Theatre at MCI.

**OUR TWO GYMNASIUMS** and weight rooms provide opportunities for strength and fitness training, as well as hardwood courts for recreational and competitive sports.

**OUR DORMITORIES, STUDENT UNION, AND GAME ROOM** provide our boarding students with a social and inviting environment they can call home.

**LOCATED IN THE HEART OF MAINE**, our grounds are filled with the prominent colors and nature of New England.







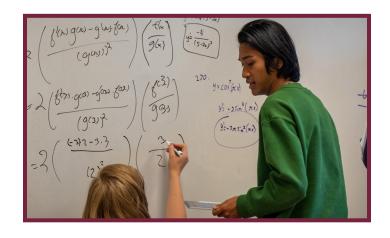


### MAINE CENTRAL INSTITUTE IS RECOGNIZED FOR ITS ACADEMIC EXCELLENCE AND OFFERS COURSES AND CURRICULUM TO PREPARE STUDENTS FOR A CHANGING WORLD.

students and faculty. Our academic programs and schedule allow students to access the best courses and offerings for their own unique journey. Whether it is a rigorous selection of honors and AP courses or classes with additional guidance and support, our academic team will help students determine the best fit to achieve their goals.

**CURRICULUM** covers the major fields of study and a wide array of electives. Our course load provides one major goal for our students: to create effective communicators, critical thinkers, and compassionate learners.

ENGLISH AS A SECOND LANGUAGE
(ESL) PROGRAM more than two decades ago with the aim of offering international students a supportive and inclusive learning environment. The program focuses on Academic English and college preparedness, providing students with the language they need to succeed in MCI's challenging academic programs and become active members of our vibrant campus community. Taught by dedicated and experienced ESL instructors, students receive personalized support to develop their language skills and achieve their academic goals.



### OVER 20 ADVANCED PLACEMENT COURSES

A highlight of our academics offerings is the variety of Advanced Placement (AP) courses. MCI students have access to numerous AP courses such as Calculus, English Language, U.S. Government and Politics, Computer Science, and Statistics. Additional AP courses, such as Psychology, Music Theory, and Macroeconomics, are available through our partnership with the University of Maine system.

AN MCI EDUCATION is a comprehensive education that combines the best aspects of a traditional classroom setting while providing the opportunity for skill-based learning environments.



"I'VE NEVER SEEN ANY SCHOOLS WITH CLASSES like the ones here... rather than making students memorize stuff, I feel like they actually teach you what the concepts are and how to apply them to real world situations" – *Hein Nanda Kyaw '24* 

### **ACADEMICS**



### FINDING YOUR BEST COLLEGE FIT

**MCI GRADUATES** have been accepted to a number of prestigious colleges and universities across the country, such as University of California Davis, Cornell University, New York University, and the Savannah College of Art and Design.

**HOWEVER**, **OUR GOAL** is not just for students to be accepted to competitive institutions: our goal is for students to *excel* at competitive institutions and in whatever post-graduate studies they pursue.

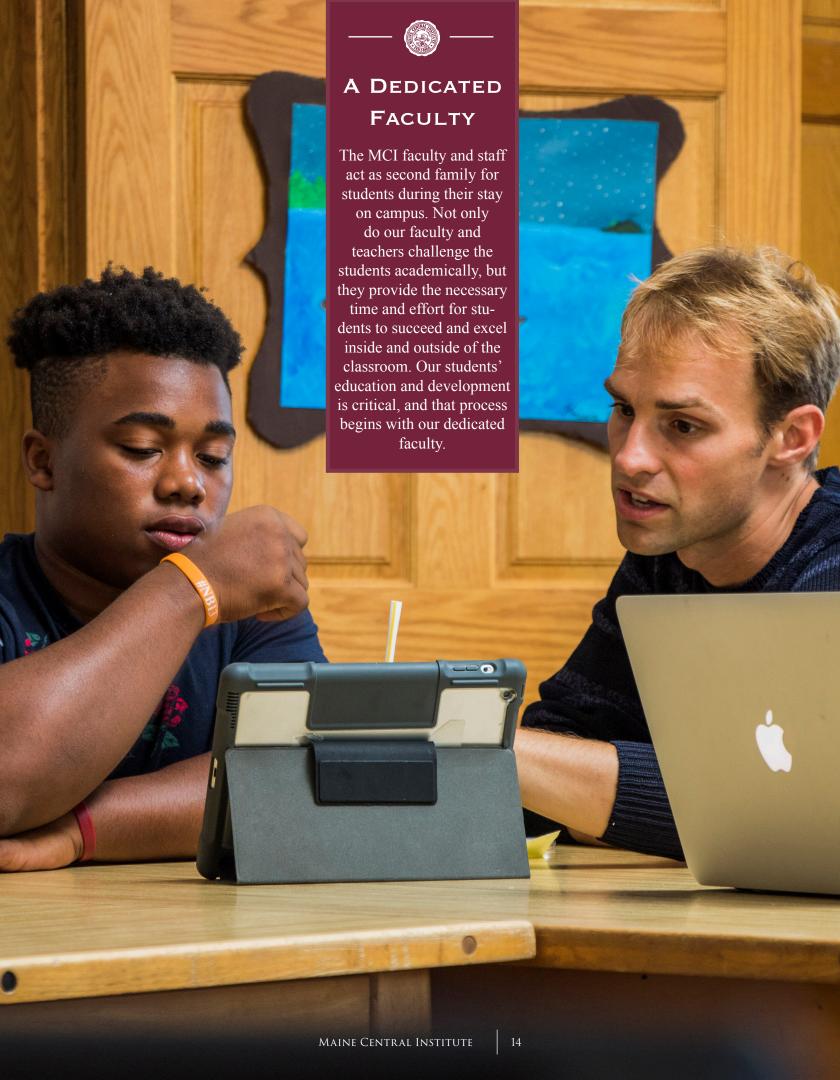
### **OUR COLLEGE AND CAREER PLANNING**

**OFFICE** is every student's resource for planning his/her future academic career. Our college counselors assist students during their college search and college application processes, and can help them explore and work toward their future career goals and life-long plans. Our counselors will aid students in whatever future pursuits they may have, such as preparing students for interviews with college representatives, planning for college fairs, and assisting with all other students' needs.

A RICH SET OF COLLEGE PREP EVENTS help our students prepare for college in new and exciting ways. College and Career Access Sessions guide our seniors through the entire college application process. The annual MCI College and Career Fair welcomes over 65 colleges onto our campus. Lastly, our partnership with the International University Alliance ensures that our boarding students get the best chance to apply and enroll in to the most prestigious colleges across the country.







### MAINE CENTRAL INSTITUTE'S EXPERIENCED AND CARING FACULTY SUPPORT AND ENCOURAGE EACH STUDENT TO ACHIEVE THEIR FULL POTENTIAL.

MANY OF OUR FACULTY have chosen to not only teach in the classroom, but to call MCI their home. Our dorm parents provide students with the necessary stability and nurturing environment in both the dorms and in the classroom.

"THE THING I LOVE MOST about being a dorm parent is watching everyone come together from different places and learn about different cultures. Assisting students as they mature and grow is very rewarding, and it is my belief that many of these friendships will last a lifetime." – *Tracey Antoniello*, *Dorm Parent* 

of the same MCI community. That shared connection allows our faculty to advise students in deeper and more meaningful ways. Students know they can always go to our faculty with any questions they have; whether they need help on the latest assignment, advice on a college application, or simply just to talk.



**IT IS MORE THAN TEACHING** for our faculty here at MCI. With a 9:1 student to faculty ratio, our small class sizes allow teachers to form strong and meaningful bonds with individual students.

THE EXPERTISE AND MASTERY of our faculty provides students with essential experience and knowledge. In fact, 70% of faculty hold advanced degrees and professional certifications.

"TEACHERS AT MCI have the freedom and support to develop courses that are 'outside the box' and meet student interests and needs. The faculty is encouraged to bring their personal interests, experiences, and expertise to the curriculum." – *Jessica Verrill, Science Teacher* 



"MAINE CENTRAL INSTITUTE IS JUST SUCH A GREAT SCHOOL. The teachers really care and do so well. They have so many clubs and offerings, it's just a great group of students and teachers. We have so much that we get to do."

- Tyson Thompson '26



### **CURRICULUM**





### A COMPREHENSIVE CURRICULUM

THE MCI CURRICULUM is designed for each student to find his/her own path to success. The foundation of this curriculum is a wide array of courses, which gives students the freedom to pursue a number of different topics and studies of varying levels of rigor and difficulty. However, a curriculum cannot be based solely on classes and a heavy course load. The MCI curriculum is supported by a diverse set of distinct opportunities for growth and learning.

academic development are a highlight of our curriculum. Juniors are required to complete the Manson Essay, a thesis-driven research project culminating in a sophisticated paper and a speech in front of their peers and MCI community. Every senior completes a capstone Senior Project which allows them to showcase their skills, knowledge, and passion in any subject or career field of their choice. Spanning over 50 hours, this student-driven project involves research, critical thinking, problem-solving, and creativity.





"MCI'S DIVERSE AND MULTICULTURAL ENVIRONMENT allows my son the opportunity to learn so much about the world around him ... The teachers are knowledgeable, caring, and approachable. As a parent, I couldn't ask for a better group of people supporting my child's education." – *Meg Thompson*, *MCI Parent* 



### EMBRACING TECHNOLOGY

In an ever changing world, it is essential to embrace technology to the fullest. MCI strives to provide students with the best technological resources available. Through our partnership with the Maine Learning Technology Initiative, MCI provides an iPad to every student to support and supplement his/her learning. An iPad is an invaluable tool for young learners which offers a space for faculty and students to connect and collaborate through a comprehensive digital space. Extensive use of iPads reflects the MCI's commitment to integrating technology in education.





### **VOCATIONAL TRACK OPTION**

Through our partnership with Somerset Career and Technical Center (SCTC), MCI students have the opportunity to pursue modern, hands-on training in a variety of technical trades. Students travel to the nearby SCTC campus where they are able to take courses such as Automotive Technology, Culinary Arts, Pre-Engineering, Digital Graphics, Residential Construction, Emergency Medical Technician, and Welding. By learning these important technical skills, students are more prepared for whatever career path they decide to pursue. Vocational training provides students with lifelong skills regardless of career path.



### BOARDING LIFE AT MAINE CENTRAL INSTITUTE

The MCI boarding experience is built upon three pillars of excellence: self-esteem, academic integrity, and social responsibility. Our priority is that students feel safe, both on campus and with whom they are. Academic excellence is always at the forefront of our education, and creating socially responsible adults of the future is one of the main objectives of our boarding program.

### MAINE CENTRAL INSTITUTE'S BOARDING PROGRAM TEACHES LIFE SKILLS IN A CARING, INVITING, AND FAMILIAL ATMOSPHERE.





THE MCI BOARDING PROGRAM provides students with a familial atmosphere where they can learn essential life skills. Lifelong friendships from all over the world are formed at MCI.

**DORM PARENTS** have a strong positive influence on our entire boarding population, giving each individual student a role model they can turn to for any of their needs. Dorm parents consistently meet with and build dependable relationships with boarding students.

### **OUR NEWLY RENOVATED**

spaces for students to create their own social circles and communities. Students have access to lounges with large-screen TV's, onsite laundry, kitchens, and a student center with ping pong tables and a pool table.

### MCI TRADITIONS

There are a number of Maine Central Institute traditions that students have enjoyed for decades. Our Homecoming celebration in the Fall pulls together athletic and class competition, and our annual Winter Carnival in March is the most fun our students have all year. From competitions like Snow Sculptures and Sled Racing to our annual Sno Ball dance, these MCI traditions carry on a long history of school spirit and enthusiasm on our campus.

THE WELLNESS CENTER provides necessary care for our boarding students so they are as healthy and happy as possible. Our school nurses and counselors provide medical assistance and care for our students' physical and emotional well-being. From minor to more serious health concerns, our highly trained and compassionate medical professionals will be there to support our students every step of the way.



"I WAS SCARED OF LIVING ALONE on my own for the first time, but the first day here I was already having fun with the other international students and creating strong friendships. The dorm parents do a great job of making you feel comfortable and secure." – *Andre Valente De Souza '25* 



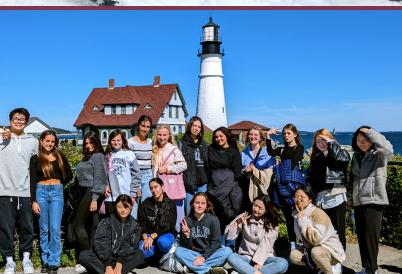
### AN ACCLAIMED AND DELICIOUS DINING EXPERIENCE

**OUR PARTNERSHIP WITH DINING SERVICE PROVIDER CULINART** has provided a new and exciting dining experience here at Maine Central Institute. CulinArt has come to our campus with a reputation of high quality food service, including a diverse menu of meals, offerings, and special dining experiences like our Guest Chef series, Wellness Wednesdays, Noodle Bowls, and much more.

**THE MEAL SCHEDULE** is simple and designed to fuel our boarding students through their busy school days and weekends. Breakfast is served 6:45-7:45 AM Monday through Friday, with lunch occurring with the rest of the day students from 10:50 AM to 12:50 PM. Dinner is served 5-6:30 PM every week night and 5-6 PM on weekends. Brunch is served on weekends from 10-11 AM.

**OUR RESIDENTIAL COMMUNITY GATHERS** regularly during the school year for family-style meals. at our sit-down dinners. Some dinners are themed and relaxed, while others are formal; all of them are designed to enjoy the company of fellow community members and celebrate students.







### A FULL LINEUP OF WEEKEND ACTIVITIES

**EVERY WEEKEND**, boarding students are offered a number of fun activities and trips. Students may choose to participate, or they may simply relax and study on campus. Common activities include:

**OUTDOOR ADVENTURES**: hiking, kayaking, canoeing, or skiing

**CULTURAL EXCURSIONS**: visits to museums, historical landmarks, art galleries, or concerts

**SPORTING EVENTS**: attending or participating in local games, tournaments, or matches in sports like hockey and basketball

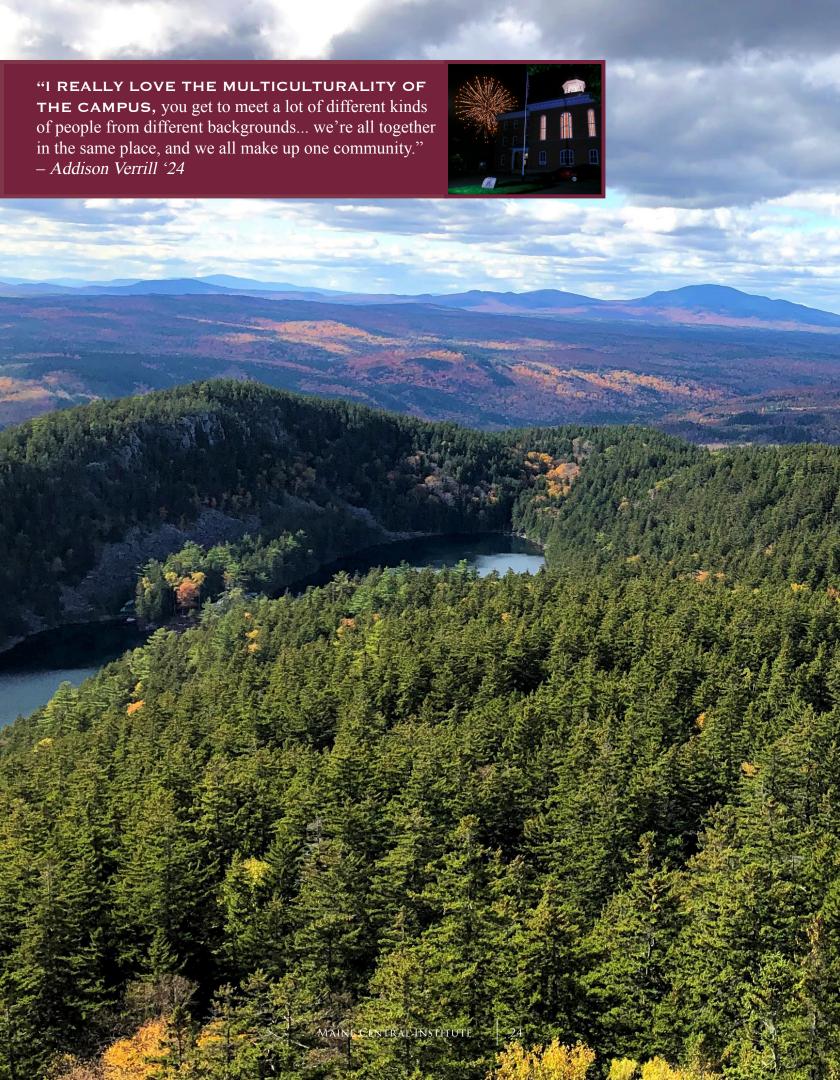
**EDUCATIONAL TRIPS**: visiting universities, science centers, or research facilities

**MOVIE NIGHTS**: watching films in the dorm or common room with friends

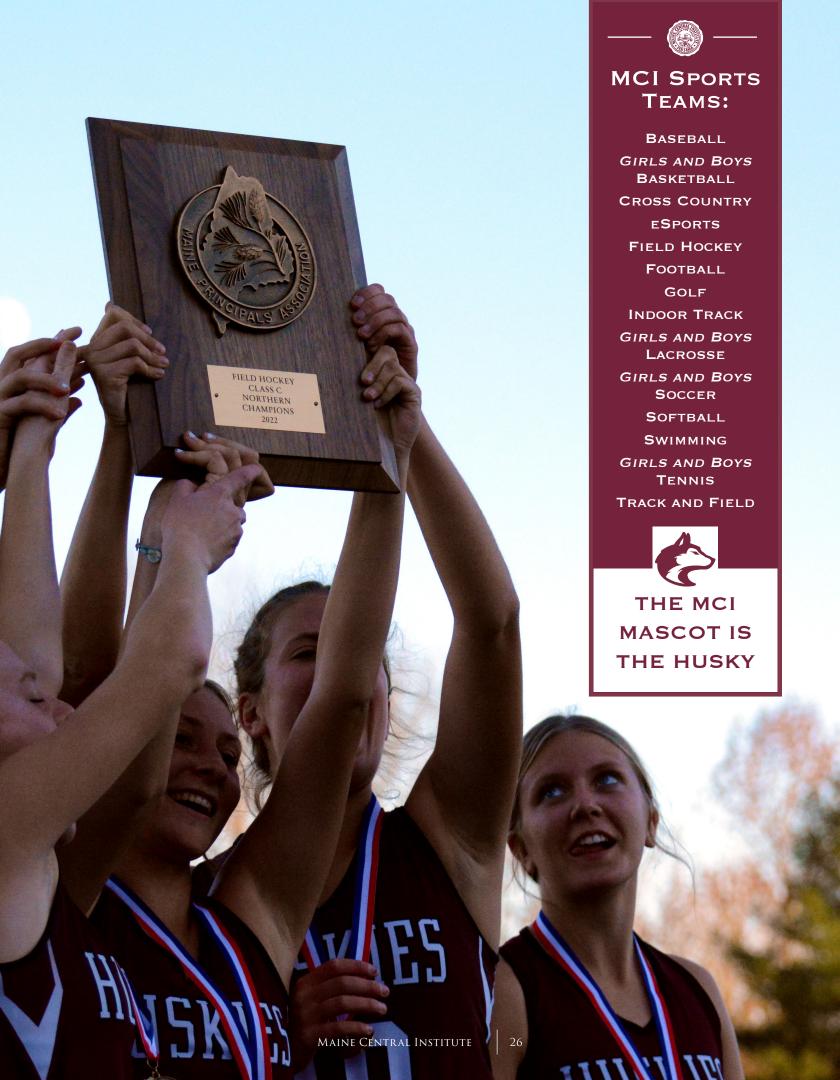
ARTS AND CRAFTS: creating art or craft projects, painting, drawing, or sculpture GAME NIGHTS: playing board games, card games, or video games

COOKING CLASSES: learning how to cook and bake new recipes

**BEACH TRIPS**: spending the day at the beach, swimming, sunbathing, or playing beach games **ROAD TRIPS**: exploring nearby towns, cities, or countryside







## ATHLETIC PROGRAMS AT MAINE CENTRAL INSTITUTE PROVIDE STUDENTS WITH IMPORTANT LIFE SKILLS, MEMORABLE EXPERIENCES, AND DEVELOP THEIR HEALTH AND WELL-BEING.





maine central institute offers a comprehensive athletic program for student-athletes of varying levels of ability. Many of our teams have won state and conference championships and our players have won recognition for sportsmanship, team spirit, and personal excellence.

**OUR 20 ATHLETIC TEAMS** provide opportunities for students to participate in several sports throughout the academic year. We offer three athletic seasons. Those seasons are filled with a variety of different individual and team sports.

### SPORTSMANSHIP

Individual and team sportsmanship is paramount to our athletic programs. Our six sportsmanship banners in the last ten years attest to how our school is viewed in the greater community.

TO ENCOURAGE student-athlete success, MCI has two on-campus gymnasiums – Parks Gym and Wright Gym – with weight rooms and daily access for all students to practice with teams or exercise on their own. MCI also has an outdoor track and athletic fields for soccer, field hockey, and football.

**OUR GOAL** is to supplement academics with athletics to create well-rounded student-athletes

### "I REALLY ENJOY THE SPORTS

ATMOSPHERE HERE AT MCI, I think it's a welcoming and inclusive community. The variety of sports and just being able to be an athlete... Being an athlete means you take pride in working hard and being a good teammate."

- Hannah Robinson '23



IN THE PAST DECADE,

MCI TEAMS HAVE

ACHIEVED:

UNDEFEATED SEASONS

40 CONFERENCE TITLES

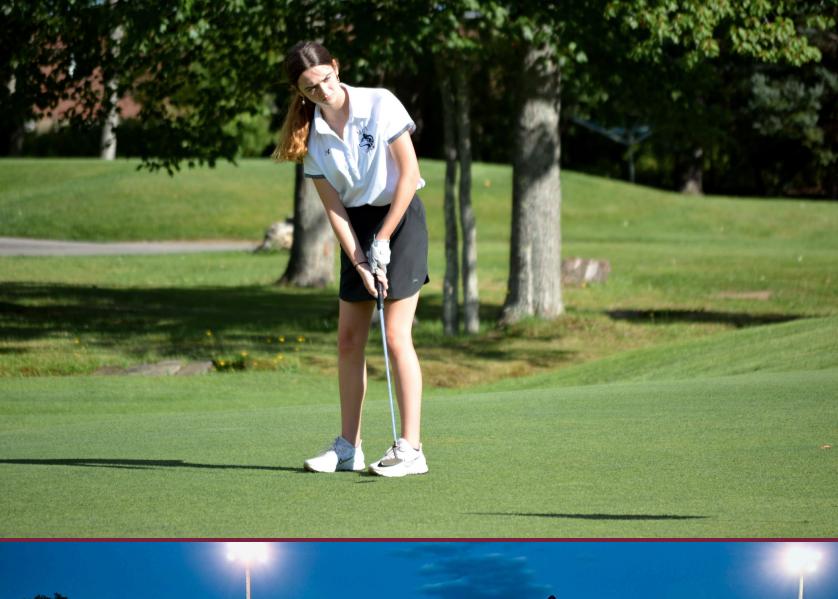
**20 REGIONAL TITLES** 

19 STATE
CHAMPIONSHIPS

1 NEW ENGLAND CHAMPIONSHIP

6 SPORTSMANSHIP
BANNERS









### MCI'S AWARD-WINNING ARTS AND BALLET PROGRAMS OFFER PERFORMANCE AND CREATIVE OPPORTUNITIES FOR STUDENTS OF ALL SKILL LEVELS.

### MCI'S VISUAL AND PERFORMING ARTS

education is taught by highly qualified teachers who partner with community professionals to bring robust instruction and hands-on experience to students. With a history of awards and achievement across all groups and programs, MCI is known locally and nationally as a premier destination for artistic expression and studies.

### A HIGHLIGHT OF OUR PROGRAMS is

Bossov Ballet Theatre, a pre-professional performing company that is world-renowned for its quality and excellence. All BBT students train after school with professional dancers. The experience of performing on stage as part of a large cast is an invaluable opportunity for aspiring dancers.

### **INSTRUMENTAL AND CHORAL MUSIC is**

a staple of our performing arts curriculum, with over 11 courses dedicated to Concert and Jazz Band, Concert and Jazz Choir, Piano, Music Production, Guitar, and more. Students may select their own instrument, voice, or form of musical expression to effectively communicate their talents on stages big and small.

### **OUR VISUAL ARTS DEPARTMENT** believes that anyone can create images, express themselves, and analyze their own art work as well as the work of others. Students also have the chance to prepare an art portfolio for college or freelance work opportunities.





### DRAMA AND THEATRE

MCI offers a wide range of opportunities for students to explore and develop their passion for performing arts. Our theatre program is defined by its instructor, Debra Susi, who was named Maine County Teacher of the Year. Our Drama Club and Festival Theatre Ensemble perform on and off campus to strengthen the community and student involvement in the theatre arts and activities. Whether it is improvising a skit or being part of a large ensemble production.



### WITH OVER 30 DIFFERENT CLUBS AND ACTIVITIES, MAINE CENTRAL INSTITUTE'S EXTRACURRICULAR OFFERINGS HELP OUR STUDENTS FIND THEIR PASSIONS.



MCI'S EXPANSIVE LIST OF CLUBS covers a multitude of interests. From academic activities such as Math Team or Robotics, to outdoor activities such as Outdoor Adventure Club and Ski Club, there is a club for everybody. Leadership opportunities such as Student Council or Model United Nations allow students to explore global awareness, global citizenship, and diplomacy. Students are required to participate in a club, activity, or sport during the academic school year.



EACH YEAR, MCI CONDUCTS A FAIR to showcase the various clubs and activities available and encourage student participation.



### MCI OFFERS EXTRACURRICULAR

**ACTIVITIES** seldom found at the secondary level. The aviation program introduces students to flight instruction and helps them earn a private pilot license. The fencing club prepares students of all skill levels to compete at local and state competitions.

"THE TRIPS ON THE WEEKENDS allow us students to interact with each other and grow closer as a community. MCI is now my new home, and it's because I feel so welcome and the community and staff make you feel like you're at home." – Maxine Pallante '24

### APPLY TO MCI

"AS A DIVERSE COMMUNITY that welcomes students from around the world, country, state, and local community, there is an additional responsibility to take care of our students to help make them a cohesive community." – *Johnny Buys, Humanities Teacher* 

FOR MORE INFORMATION ABOUT MAINE CENTRAL INSTITUTE,

visit www.mci-school.org

TO SCHEDULE YOUR PERSONAL TOUR OF OUR CAMPUS, please call +1.207.487.2282



### **FINANCIAL AID:**

We are proud to offer an exceptional school experience that is affordable for students and their families. Every year, MCI offers generous financial aid to qualified students, and we are committed to working with you so that you can join the MCI community.

### **ACCREDITATIONS AND MEMBERSHIPS:**

- The Association of Boarding Schools
- The New England Association of Schools and Colleges
- The Association of Independent Schools in New England
- The National Association of Independent Schools
- The Enrollment Management Association (Standard Online Application)

















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