VANGUARD UNIVERSITY

# JEFF & KENDRA MOTSKE FITNESS CENTER

## RULES

- Tanks/t-shirts/fitness tops must fully cover the chest, back, and torso; and should be waist length.
- Shorts must reach mid-thigh or below, no exceptions.
- Jeans, or other clothing items that could potentially harm you or the equipment are not permitted.
- Athletic shoes are required at all times. No bare feet, boots or open-toe shoes allowed.
- VU REC Staff reserves the right to determine if attire is appropriate.
- Posting of pictures or videos of an individual or group without their consent is prohibited.
- Improper use of equipment is prohibited. VU REC Staff reserves the right to determine if participants are utilizing equipment properly.
- Immediately report any Fitness Center related injury or facility/equipment irregularity to staff on duty.
- Rerack all weights and wipe down equipment after use.

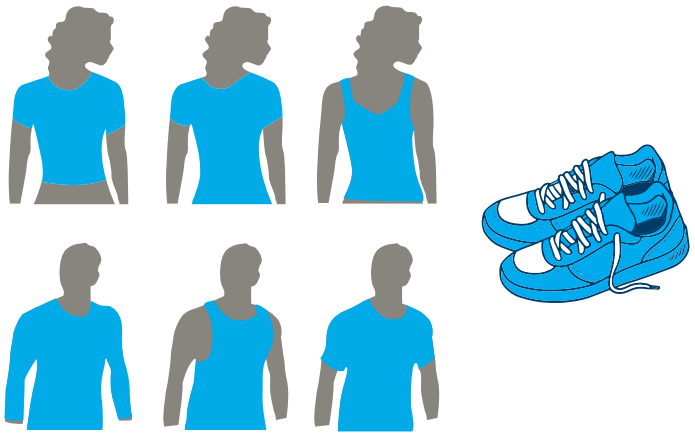
VU REC

VANGUARD UNIVERSITY

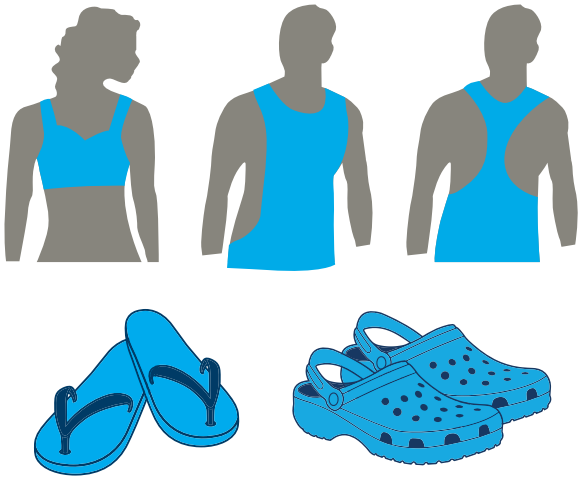
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# DRESS CODE

## WHAT TO WEAR



## WHAT NOT TO WEAR



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