

Jobs for Kids BY AGE

2-3 Years Old

WIPE DOWN KITCHEN CHAIRS AND STOOLS WITH A DAMP SPONGE
CARRY IN THE NEWSPAPER OR MAIL
PICK UP TOYS AND CLOTHES
WASH TABLES AND COUNTERS WITH A DAMP SPONGE
TAKE CLOTHES TO HAMPER
FOLD WASHCLOTHS
WASH VEGETABLES, TEAR LETTUCE, STIR
HELP SET THE TABLE – NAPKINS, SILVERWARE, UNBREAKABLE PLATES
FEED THE PETS AND REFILL WATER (BE SURE TO PROVIDE TRAINING!)
HELP CLEAN OWN PLACE AT THE TABLE
HELP PUT GROCERIES AWAY AT KID FRIENDLY LEVEL
STACK BOOKS & MAGAZINES
UNLOAD SPOONS AND FORKS FROM DISHWASHER



4-5 Years Old

SAME AS PREVIOUS LIST PLUS...

MAKE OWN BED – USE A SIMPLE COMFORTER
HELP FOLD TOWELS

CLEAN OWN BATHROOM SINK WITH WIPES
WATER PLANTS (PROVIDE TRAINING ON HOW MUCH WATER)
PREPARE SIMPLE BREAKFAST/LUNCH AND CLEAN UP

POLISH SILVER (WEARING GLOVES)
EMPTY SMALL TRASHCANS AROUND THE HOUSE
SORT WHITE CLOTHES FROM DARK CLOTHES FOR LAUNDRY

HELP WITH VACUUMING, SWEEPING AND DUSTING
TRANSFER CLOTHES FROM THE WASHER TO THE DRYER
"SWIFFER" THE FLOOR

YARD WORK: PICK UP STICKS, PULL WEEDS
USE HANDHELD VACUUM FOR SPILLS MESSSES



6-8 Years Old

SAME AS PREVIOUS LISTS PLUS...

WASH DISHES; LOAD AND UNLOAD DISHWASHER
SIMPLE MEAL PREPARATION – SALADS, DESSERTS
HELP CHANGE BED SHEETS & PUT DIRTY SHEETS IN LAUNDRY
PACK LUNCH FOR SCHOOL
IRON CLOTH NAPKINS
FOLD SIMPLE LAUNDRY ITEMS AND PUT THEM AWAY
DUST BASEBOARDS
VACUUM & DUST FURNITURE
WALK PETS DAILY
MOP THE FLOOR AFTER INITIAL TRAINING
GET HIMSELF UP IN THE MORNING WITH AN ALARM CLOCK
RAKE LEAVES
PUT GROCERIES AWAY



QUESTIONS? INFO@POSITIVEPARENTINGSOLUTIONS.COM

POSITIVE PARENTING SOLUTIONS PROVIDES A COMPREHENSIVE ONLINE PARENTING COURSE AND UNPARALLELED PROBLEM SOLVING SUPPORT FOR PARENTS OF TODDLERS TO TEENS.

Get Kids to Listen without Nagging Reminding Or Yelling

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Jobs for Kids BY AGE

9-11 Years Old

SAME AS PREVIOUS LIST PLUS...

IRONING OWN CLOTHES
HOUSEHOLD MAINTENANCE – CHANGE LIGHT BULBS, BATTERIES
FOLD ALL OF OWN LAUNDRY AND PUT IT AWAY
MORE DETAILED HOUSEHOLD CLEANING – REFRIGERATOR, TOILETS
WASH CAR & VACUUM INSIDE OF CAR
PLANT FLOWERS / GARDEN ITEMS AT CHANGE OF SEASON
ASSIST YOUNGER SIBLINGS WITH HOMEWORK / READING
BATHE AND GROOM PETS
WEEKLY TRASH DUTIES – GATHER TRASH & TAKE DUMPSTER OUT
ORGANIZE CLOSETS AND DRAWERS
COMPARISON SHOP FOR GROCERIES



12-14 Years Old

SAME AS PREVIOUS LIST PLUS...

CHANGE BED SHEETS INDEPENDENTLY
LAUNDRY START TO FINISH
WASH INDOOR WINDOWS AND LOWER OUTDOOR WINDOWS
MOW LAWN, RAKE LEAVES, SPREAD MULCH
ADMINISTRATIVE TASKS IN PARENTS' BUSINESS
PREPARE FAMILY MEAL 1 DAY/WEEK – SIMPLE MENU'S
MANAGE FAMILY RECYCLING EFFORTS
BABYSIT SIBLINGS FOR SHORT PERIODS
HAVE TOTAL RESPONSIBILITY FOR FAMILY PETS
PLAN ROUTE FOR FAMILY OUTINGS IN CONSULTATION W/DRIVER
CLEAN SHOWER, TUB AND TOILET



15+ Years Old

SAME AS PREVIOUS LISTS PLUS...

BABYSIT SIBLINGS FOR LONGER PERIODS
FAMILY ERRANDS
MOP FLOORS
BALANCE PERSONAL CHECKBOOK
MAINTAIN THE FAMILY CARS
HELP WITH FAMILY BUDGETS



*ADAPTED FROM KATHRYN J. KVOLS,
"REDIRECTING CHILDREN'S BEHAVIOR"

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