

SHAC Meeting Minutes

2/14/2023

Members present: Dixie Knight, Peyton Bolz, Dana Craddock, Jill Breathitt, Stephanie Hadsall, Charleen Sprayberry, Sally Bridges

Agenda:

- Guest speaker Peyton Bolz, Krum High School teacher: Mental Health First Aid Implementation at Krum ISD. MHMR received a grant to teach teen mental health in public schools. Ms. Bolz contacted MHMR and now Mental Health First Aid is being taught at Krum for 10-12th grade students. It is a 6-week course that helps students see what mental health looks like but also to know that it is okay to talk about it, how to get help or help a friend or family member. There are two trained professionals from MHMR that teach the sessions and there are several staff members at the high school that went through the trainings and are available to students as needed.
- Standing order for Naloxone-this is a medication that will reverse the effects of a drug overdose. Possibility of keeping the medication in stock at the high school. More discussion at the next meeting.

Next meeting will be April 11, 2023.