

# Menu



Mayfield Girls School

Week 2	Monday 12/06	Tuesday 13/06	Wednesday 14/06	Thursday 15/06	Friday 16/06	Saturday 17/06	Sunday 18/06
<b>Cooked Breakfast</b>	Fried egg, hash brown, plum tomatoes & baked beans	Smoked salmon, scrambled egg spinach & bagel	Sausage, beans & herby diced potatoes	Bacon, poached eggs & mushrooms	French toast with berries and yoghurt	Bacon, mushrooms, scrambled egg & baked beans	Waffles in houses
<b>Lunch Main Meal</b>	Margarita flatbread pizza	Gnocchi ragu with mozzarella	Chorizo & prawn paella	Chicken shawarma with garlic and chilli sauce	Creamy smoked salmon and 'ROCKET' spaghetti	BBQ chicken drumsticks	Pork & leek sausages
<b>Lunch Vegetarian</b>	Peri peri cauliflower tacos	Spaghetti with sun dried tomato & rocket	vegetable paella	Honey & sesame coated halloumi, tabbouleh & yoghurt dressing	'SUN' blushed tomato and artichoke risotto	BBQ vegetable skewers	Vegetable Cumberland sausages
<b>Lunch Side Dishes</b>	Garlic green beans & broccoli	focaccia & peas	Brocolini salad with Tomato & oregano bread	Herby bulgar wheat, pitta bread, roast carrot and courgette	Galaxy of vegetables	Corn on the cob & potato wedges	Mashed potatoes, steamed carrots & savoy
<b>Salad Bar Specials</b>	Cucumber and radish salad with dill yoghurt	Sesame Chicken Avocado Salad	Moroccan lentil carrot salad	Vegan BBQ Chickpea Salad	Fattoush Salad	Salad of the day	
Second daily salad will be a sustainable salad							
<b>Jacket Potato &amp; Topping</b>	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & Sweetcorn		Prawn Marie rose			
<b>Lunch Dessert</b>	Blueberry pudding with cream	Fresh fruit salad	Baneche pie	Vanilla pannacotta with summer berry compote	Raspberry and pineapple 'ROCKET' lollies	Dessert of the Day	Dessert of the Day
<b>Supper Main Meal</b>	Breaded chicken goujons	Pulled pork enchiladas	Bolognese pasta bake	Turkey tikka masala	Vegetable lasagne	Sticky soy, honey & ginger pork strips	Lemon pepper Chicken wings
<b>Supper Vegetarian</b>	Quinoa nuggets	Jackfruit enchiladas	Roasted vegetable ravioli	Thai yellow vegetable curry		Sticky soy, honey & ginger tofu	Spinach falafel burger
<b>Supper Side Dishes</b>	Homemade potato wedges & sweetcorn	Grilled corn & patatas bravas	Garlic bread & kale	Steamed rice & mixed greens	Focaccia & sweetcorn	Egg fried rice & stir fried greens	Curly fries and coleslaw
<b>Salad Bar</b>	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
<b>Jacket Potatoes</b>	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
<b>Dessert</b>	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
<b>Dietary Requirements</b>	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						