

# Restraint, Isolation and Other Uses of Reasonable Force

It is the policy of the Ephrata Board of Directors that the district maintains a safe learning environment while treating all students with dignity and respect. All students in the district, including those who have an individualized education program (IEP) or plan developed under Section 504 of the Rehabilitation Act of 1973, will remain free from unreasonable restraint, restraint devices, isolation, and other uses of physical force. Under no circumstances will these techniques be used as a form of discipline or punishment.

This policy is intended to address district students. It is not intended to prevent or limit the use of restraint or other reasonable force as necessary with adults or other youth from outside the district as allowed by law.

Restraint and other uses of physical force, as defined in the procedure accompanying this policy, may be used when necessary to prevent or minimize imminent bodily injury to self or others. Restraint and other uses of physical force may be used to protect district property if de-escalation interventions have failed or are inappropriate.

Use of restraint, isolation, and other forms of reasonable force may be used on any student when reasonably necessary to control spontaneous behavior that poses an "imminent likelihood of serious harm" as defined by RCW 71.05.020 and Chapter 392-172A WAC and explained in the procedure accompanying this policy. Serious harm includes physical harm to self, another, or district property. Staff will closely monitor such actions to prevent harm to the student and will use the minimum amount of restraint and isolation appropriate to protect the safety of students and staff. The restraint, isolation, and other forms of reasonable force will be discontinued when the likelihood of serious harm has dissipated.

The superintendent or a designee will develop procedures to implement this policy, including review, reporting and parent/guardian notification of incidents involving restraint or isolation as required by law. Additionally, the superintendent will annually report to the board on incidents involving the use of force.

Cross References: 2161 - Special Education and Related Services for Eligible Students  
2162 - Education of Students with Disabilities Under Section 504 of the Rehabilitation Act of 1973

Legal References: RCW 9A.16.020 Use of force — When lawful  
RCW 9A.16.100 Use of force on children — Policy — Actions presumed unreasonable  
RCW 28A.150.300 Corporal Punishment Prohibited - Adoption of policy  
RCW 28A.155.210 - Use of restraint or isolation - Requirements for procedures to notify parent or guardian  
RCW 28A.600.485 - [as amended by SHB 1240]  
RCW 70.96B.010 Definitions  
WAC 392-400-235 Discipline — Conditions and limitations

Management Resources: 2015 – July Policy Alert  
2013 - December Issue  
2013 - July Issue  
Policy News, December 2008 Use of Reasonable Force Policy