2022-23 MEAD HIGH SCHOOL ATHLETICS RECAP

With just a week to go for our seniors and a little more than two weeks for the rest of us, it’s time to review our successes for the 2022-23 school year and then take a look at some important dates for summer and fall athletics.

After winning 8 Greater Spokane League Titles, Mead High School has won the GSL All Sports Trophy for the 3rd year in a row and the 31st time since 1980. At last count, Mead was 4th in the WIAA 3A Scholastic Cup Standings. If we remain in the top-5, it will be the 18th top-5 finish in the Cup Standings – more than any other school in the state of Washington. [WIAA Scholastic Cup Standings Link]

The Panthers won 3 State Championships: Wrestling & Cheer in the winter and Boys Golf this spring. Six Mead Coaches were recognized as GSL Coaches of the Year.

7 Mead Panthers were recognized as Most Valuable Players in their respective sports . . . . . .

Johnny Talarico – Football All Purpose
Teryn Gardner – Basketball MVP
Dominick Corley – Track Sprinter of the Year

2023 MVPs – All League
Liz Terrill – Soccer Defensive MVP
Kye Welch – Soccer Defensive MVP
Benjamin Mulder – Golfer of the Year
Brooke Bloom – Golfer of the Year

Coaches of the Year
Casey Curtis – Girls Soccer
Quantae Anderson – Girls Basketball
Tyler McLean – Asst. Wrestling
Paul Peters – Boys Golf
Dori Whitford – Girls Track
Bryce Borland – Boys Tennis

. . . and we had plenty of representation on the 2023 SPRING SPORTS ALL LEAGUE TEAMS that were finalized last week. For a look at every Spring All League Team – Click HERE.

Olivia Ferraro and Chris Grosse were named Mead’s Greater Spokane League Scholar Athletes for 2022-2023.

NECA-IBEW - Lizzie Hardy (Tennis) & Mitchell Holliday (Baseball) are Mead’s National Electrical Contractors Association – International Brotherhood of Electrical Workers Scholar Athletes of the Spring Season. Holliday, Hardy, Rylee Lupton (Tennis), Cassie Moeller (Track) and Ben Jones (Golf) were recognized last week as our Blue & Gold Athletes of the Spring. Jacob Gatlin was named the ‘Dave Vaughn – Ultimate Panther’ Award Winner.

SENIOR AWARDS – Friday, the following were recognized by Mead Coaches in the following categories:

Volunteer Coaches of the Year – Jim Jones (Football) & Matt Melka (Cheer)
Manager of the Year – Jaycee Ellefsen
Female Athlete of the Year – Cassie Moeller
Male Athlete of the Year – Colby Danielson & Johnny Talarico
Female Team of the Year – Cheer
Male Team of the Year – Wrestling
Coach of the Year – Phil McLean
Panther Pride Award – Jacob Gatlin & Rachael Dinwiddie

The Panthers will also be well represented at the 2023 Youth Sports Awards. This year’s event is June 20th at the Martin Woldson Theater at the Fox. Red Carpet Arrivals begin at 5:00pm and the Show begins at 6:00pm. For more information and tickets click the Spokane Sports Logo.

2023 Nominees:
Metro Coach of the Year – Hanna Bjerkestrand & Phil McLean
Metro Boys Team of the Year – Mead Wrestling
Metro Girls Athlete of the Year – Teryn Gardner
Metro Girls Team of the Year – Mead Girls Basketball & Mead Cheer
Metro Boys Athlete of the Year – Chris Grosse

SUMMER – Camp registration is open! For a Complete list of Camps, Dates, Times & Costs, go to our Mead Athletics webpage and click on the ‘Summer Camps’ link.

FALL
Sports Physicals will once again be offered at Mead High School on Monday, August 14th from 6:00pm – 7:30pm. Football starts on Wednesday, August 16th. Volleyball, Girls Soccer, Boys & Girls Cross Country and Slow Pitch Softball all begin on Monday, August 21st.

SPORTS REGISTRATION FOR THE 2023-24 SCHOOL YEAR IS OPEN!