

SHAC Committee

2020-2021

*from Dana
9-30-2020*

Parents:

Courtney Chutz

Danean Byram

Danielle Andrus

Jessica Hunt

Jill Breathitt *Co-Chair*

Kristy Langford

Lisa Yeager

Stacey Cook

Stephanie Hadsall *Chair*

Tracy Raye

Staff:

Ashley Doyal

Brooke Cates

Charleen Sprabary

Dixie Knight

Erin Quy

Katherine McDonald

Sally Bridges

Dana Craddock

Taylor Poston

Terry Rahn

SCHOOL HEALTH ADVISORY COMMITTEE MEETING

ADENDA 9/29/2020

- Introduction of new members: Election of Chair and Co-chair
- Opioid Crisis
- New Products Coming (water bottle dispensers)
- Covid-19 and KISD

SHAC Meeting

9/29/2020

Members present: S. Cook, E. Quy, D. Craddock, D. Knight, D. Byram, S. Hadsall, K. McDonald, K. Langford, J. Breathitt

Agenda:

- Election for Chair and Co-Chair

Chair-S. Hadsall

Co-Chair- J. Breathitt

- Opioid crisis

Across the nation there is an ongoing opioid crisis. Opioids are prescription pain medications (Morphine, codeine, Vicodin, etc.) but can also be used in illegal drugs such as heroin. In the event of a known or suspected drug overdose of opioids Narcan nasal spray is available at the middle and high school campus for the nurse or emergency personnel to administer. Narcan, an opioid antagonist, temporarily reverses the effects of opioids. If Narcan is administered to an individual, 911 must be called and he/she will be transported to the hospital via ambulance. For detailed information on Narcan nasal spray visit www.narcan.com

Discussed having a local Drug Take Back day. National Drug Take Back day is October 24, 2020. Will contact S&J Pharmacy and Krum PD for possible participation.

- Student safety concerns to be addressed at next meeting
- New product review

Each campus will be getting a water bottle filling station. These fit over the existing water fountains and provides a no touch method to filling water bottles. This will decrease the amount of plastic bottles used and is a sanitary way for students and staff to refill water bottles.

Next meeting will be Tuesday, October 20th at 4pm in the KHS Library.

SHAC Meeting

10/20/2020

Members present: D. Byram, S. Cook, C. Sprabary, J. Breathitt, S. Hadsall, D. Knight, D. Craddock

Agenda:

- Opioid crisis follow-up

At the meeting in September discussed having a local drug take back day. The local pharmacy does not take back expired or unused medications and Krum Police Dept. is not listed as a participant of the take back program. Denton PD is a participant and will be at Medical City of Denton on National Drug Takeback Day on Saturday, October 24, 2020 from 10am-2pm.

There are three year round collection sites in Denton-Allen Pharmacy, CVS, and Walgreens (on University). This information is posted on the Krum ISD website.

- Sexual Health education

All students in 9th, 10th, and 11th will receive sexual health education (through Science class) in May after state testing is completed. The information presented is based on medical facts and promotes abstinence.

- Civics class-will look into adding/incorporating Civics at the high school.

Next meeting will be January 19, 2021

SHAC Meeting

January 19, 2021

Members present: D. Knight, E. Quay, S. Cook, J. Breathitt, D. Craddock, S. Hadsall, D. Byram

Agenda:

Completed 2021 TEA School Health Survey

Report on water bottle fill stations: Being installed and soon each campus will have two stations. Students and staff enjoy seeing how many bottles have been saved on the digital counter!

Next meeting: April 20, 2021

SHAC Agenda April 20, 2021

- Updates on KISD Waterfill Stations
- School Resource Officer Presentation on Social Media Accountability for Students (dangers of sexting, etc..)

Questions/Concerns

Update on Water Fill Stations

Water fill stations (2 per campus) were installed at Dodd, Dyer, KMS, and KHS in December 2020.

Purpose: to make water easily accessible to students and staff

Benefits: Health/wellness-The stations are motion activated so that means hands free and less germs. Your water bottle/cup never touches the spout or any other part of the station. These stations make water easily accessible which encourages students to drink more water and stay hydrated.

Recycling/reducing trash- The digital counter displays the number of water bottles being saved which in turn reduces the amount of trash.

of water bottles saved:

Dodd-5,099

Dyer- 10,436

KMS-5,300

KHS-1,244

Total for the district- 22,079

SHAC Meeting

April 20, 2021

- School Resource Officers-Officer Chandler came and talked about some of the duties/programs they do in our schools:

-teach CPR and Stop the Bleed to students and staff

-Kops for Kids, See Something Say Something

It was suggested the SRO's present to students (next year) info on social media accountability/consequences of misuse, sexting, bullying via texting or social media, etc.

- Update on KISD Waterfill Stations-see attached