



RAM News

16516 10th Avenue NE * Shoreline, WA 98155 * 206-393-4272 * Dr. Sue McPeak, Principal

**Welcome to the 2017-2018
School Year**



1

ABSENCES, LATE ARRIVALS, AND EARLY RELEASES

Thank you to the families that are contacting the attendance office if their student will be absent or late. It is extremely helpful to receive this information in advance. Please send an email (and cc your student's teacher to be sure they know) to: rc.attendance@shorelineschools.org or call 206.393.1493. If we are unable to answer, please leave a message. Absences that are not excused within three days are permanently unexcused on your student's record.

2

BREAKFAST

Elementary breakfast is only \$1.75; if your student qualifies for free or reduced price meals, breakfast is absolutely free! You are welcome to join your child at breakfast for \$2.75. Take one thing off your morning to-do list and have your child join us for a nutritious breakfast at school.

3

SAFETY REMINDER

For the safety of all Ridgecrest students, staff, and visitors we ask that you stop in the office to sign in and get a visitor's sticker even if you are only going to be in the school "for a minute." Then, please sign out when you leave. This helps us keep track of who's in the building in the event of an emergency. Thank you for your cooperation!

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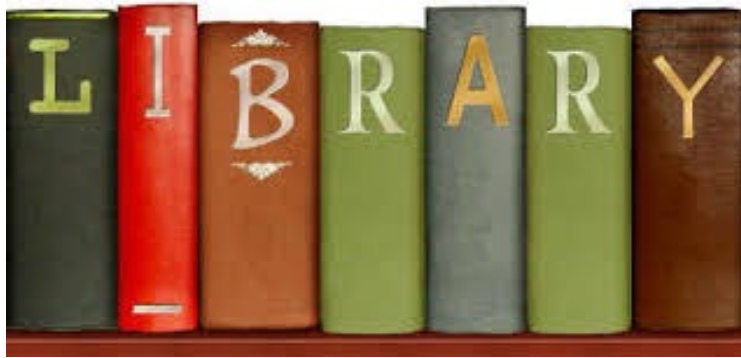
Bicycle Info

In order to ride a bike to and from school, students need to submit a completed Bicycle Use Form to the office.

Safety is VERY important and we will go over the rules with your student when they submit their paperwork. Forms are available in the front office.



News from the RC



Library Frequently Asked Questions

Students may have out up to five books (1st-3rd grade) or ten books (4th-6th grade) at any time. If they have less than their limit, overdue or not, they can still check out up to the limit. (Example: If a 2nd grader has two books out, they can still check out three). Having an overdue book does not keep students from checking out. Books are checked out for two weeks and can be renewed.

We don't charge overdue fines, but there is a replacement charge if the book is completely lost or destroyed (dog ate it, little brother colored in it, etc.). Most books are found eventually, so we really prefer that families don't pay for a book immediately unless it's been ruined. If this occurs, we accept payment or a replacement book.

We want students to love books and the library, and we want students to check out books. We don't want overdue or temporarily lost books to be stressful for students or families. We all misplace books. We would much rather have the original book back a few weeks late than have a family worry about their child not being able to check out.

If you would like to discuss a lost or damaged book with me, please email the library.

Joanna and Liz
joanna.freeman@shorelineschools.org



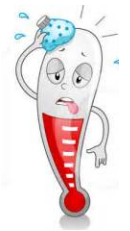
Nurse Notes



Hello Ridgecrest Families,

In the health office, we have been seeing students experiencing gastrointestinal issues with and without fever, sore throats, flu-like symptoms, and coughs. These are good reminders to control coughs by coughing into elbows

and tissues and **washing hands** and **washing hands again**. If you have thought about getting flu shots for yourself and children, now would be the time.



FEVER

If your child has a fever (100 F and over), please keep them home for recovery. It is recommended that your child be fever-free for 24 hours, without the use of fever reducing medications, before returning to school. If you have any questions, please contact the health office by calling 206.393.4276

We have seen some lice issues, so please check your child's hair weekly. If you need guidance on how to assess for lice, please call the RC nurses. 206.393.4276



SHOES FOR PE ARE IMPORTANT!

Please be sure our child wears shoes on days when they are scheduled for PE. Sandals and other types of shoes are not recommended as they do not

offer correct support nor do they protect toes and prevent slipping.

JACKETS AND COATS

As the weather begins to turn colder and wetter, please be sure your child wears a jacket/coat to school. Students go out to recess even in the rain. Also, please be sure to label your student's coats and other items to make it easier to return in the event they lose them.



District Information

Community Flu Shot Clinics to be held at Shorecrest and Shorewood

Shoreline Public Schools is committed to helping keep our students, parents and our community healthy throughout the entire flu season. That's why we have partnered with the Seattle Visiting Nurse Association to provide flu shot clinics for our district. Get more details and information [HERE](#).

Clinic Locations:

- Shorewood High School Commons - Monday, Oct. 23 from 3 to 7 p.m.
- Shorecrest High School Commons- Wednesday, Oct. 25 from 3 to 7 p.m.

Shorecrest Boosters to Host 3rd Annual Band Mattress Fundraiser on Oct. 1

In need of a new mattress? Want to support the Shorecrest Band? Well then, we've got the perfect fundraiser for you! The Shorecrest Booster Club is hosting their 3rd Annual Shorecrest Band Mattress Fundraiser on October 1 from 10am-5pm at Shorecrest High School. [See the flyer for more details...](#)

Visit our e-Flyers webpage

Looking for educational and recreational opportunities and events in our area? Visit our [e-Flyers webpage](#) for a listing of electronic flyers submitted by local non-profit groups regarding upcoming events, activities or services.



School Attendance Awareness

This year, Shoreline Public Schools is making a special effort to ensure that all students fully benefit from their education by attending school regularly. Attending school regularly helps children feel better about school—and themselves. Your student can start building this habit that going to school on time, every day is important. Consistent attendance will help children do well in high school, college, and at work. [Learn more about why attendance matters and how you can help your child be successful in school through regular and on-time attendance.](#)

Lunch Balances

Would you like an email reminder **BEFORE** your student's meal account balance is negative? Set up a Low Balance Notification by logging into your Family Access account and following these instructions:

1. In the upper right corner of the page, select "My Account".
2. On the very bottom of the page, select "Receive Emails when Food Service Balance is under \$5.50".
3. Select "Save" on the upper right corner.

If at any point you wish to no longer receive these notices, follow these same instructions to deselect this option. If you do not have your Family Access login information, contact the office at your student's school by calling 206.393.1493.

Life Skill of the Month

Each month, we work on and encourage a different life skill. The Life Skill for October is: **Cooperation**

Throughout the month of October we will teach and learn about different way we can cooperate with one another in our daily lives.

New Attendance Procedures

The Shoreline School District has changed the attendance recording practice. In recent years, Washington State has requested accurate data on chronic absenteeism. In the past, we have only reported absences and tardies (late arrivals, regardless of the time of arrival). The school day is not broken into two parts – period 1 and period 2. Student arriving before 10:15am will be tardy; students arriving at 10:16 or later will be considered absent for period 1. If a student has an early dismissal that occurs before 1:25, they will be considered absent for period 2; students leaving at 1:26 or later will be considered an early dismissal (reports similarly to a tardy). If you have any questions, please contact Janina in the attendance office by calling 206.393.1493.

Preview Sexual Health Curriculum

Parents and guardians are invited to learn about the goals of the sexual health education program and preview the instructional materials during the following public review:

October 17 from 6:30-7:30 in the Shoreline Room at the Shoreline Center.

PTA Sponsored Luncheons

Each month, the PTA sponsors a luncheon for the Ridgecrest Staff. Here is a list of each month's theme and classrooms that will be assigned:

- | | | |
|--------|-----------------------------|---|
| Oct 16 | Cold Cuts
or Casseroles | Currier, Miller, Laviola |
| Nov 13 | Soups & Salads | Lee, Peterson, Clyde |
| Dec 18 | Cookie Exchange | EVERYONE brings 1 dozen cookies
PTA volunteers bag different
cookies into each bag and sends
them home with EVERY Ridgecrest
Staff Member! Please remember:
we have Gluten Free and Vegan
staffers. HAPPY HOLIDAYS! |
| Jan 16 | Asian Food | Steadman, Boone, Christian, Skoog |
| Feb 12 | Chili Cook-Off
Challenge | Everyone makes a pot of chili, a side
dish, or dessert. Staffers will judge
food in each category and prizes
will be handed out! |
| Mar 12 | Italian Food | Gravett, Tombelaine, Della, Whitney |
| May | TBA Mexican Food | Witzel, Cleary, Ramfar |
| Jun 11 | BBQ | Cox, Bender, Rae, Carlson |

The month your student's class is assigned there will be a link to Perfect Potluck coming home in the Boomerang. Please remember that we have a few staff members that are gluten free, vegetarian, and vegan. Please mark food if there are nuts, soy, or dairy.

Thank you!!



Calendar

OCTOBER

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|----|---|
| 10 | PTA Board Meeting 7-8pm |
| 11 | 11:15 Early Release for Conferences |
| 12 | 11:15 Early Release for Staff Evaluation |
| 13 | Non-Student Staff Work Day |
| 16 | Staff Appreciation Luncheon provided by families in: Currier, Miller, Laviola |
| 20 | Reflections Ceremony 6-8pm |
| 27 | Harvest Carnival 6-9pm |

NOVEMBER

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|----|---|
| 3 | Photo Retake Day |
| 14 | Skate Night 6-8pm
at Lynnwood Bowl & Skate |
| 21 | PTA Parent Meeting 7-8pm |

Friday Family Story Time

DID YOU KNOW?

Ridgecrest has a weekly story time for future Rams and their caregivers!

Friday Family Story

Time is every Friday 8:40-9:00 in the library.

Join us with your child who is not yet in kindergarten.

We are enjoying stories, and connecting families to each other and school.

COME JOIN US!



Providing musical instruments to students in need

We accept lovingly used instruments and donations to repair them.

Music4Life

www.Music4Life.org • (206) 409-3275

