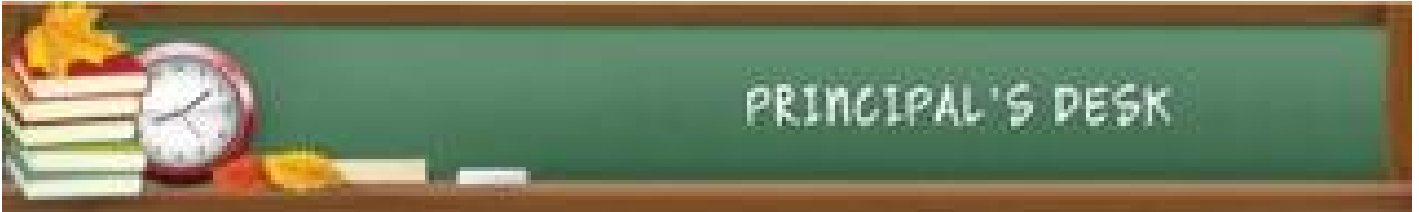


RAM News

Ridgecrest Elementary * 16516 10th Ave NE, Shoreline, WA 98155 * 206.393.4272 * Principal: Elizabeth Nunes

2021 ISSUE 5

January 5, 2021



Welcome Back, Reflecting, and Looking Forward

Happy Official 2021, Ridgecrest Families! It feels so good to type and see that new year in print. While we typically focus on the new year and resolutions and goals, it is also good to look back and remember what we learned and what mattered.

I hope you take a moment to consider how much we learned in 2020—most of it out of necessity, but still good points to remember. For me personally, I learned that it is really okay to just be home and enjoy the people around me. I tend to go-go-go and don't often pause to rest or relax. The pandemic taught me how sweet that can be.

I also learned some new skills regarding technology. To me, this is one of the best outcomes of 2020 for all of us: school leaders, teachers, students, and families. I challenged myself to learn how to meet and communicate in creative ways and it worked! We have all benefited from remote learning in this way.

Finally, I re-learned just how precious our students are! I always knew this, but I missed them terribly when I saw them on the screen from a distance. Today, I visited five different classrooms and seeing our students back—engaged, listening, and learning—made me smile. Students give our lives purpose and we cherish each of them.

On to 2021. While we wait to hear the next steps for learning, some important plans and events continue. On Monday, January 18 we celebrate Martin Luther King, Jr. Day, honoring his work on civil rights for Blacks. And, we will again participate in Black Lives Matter Week here at Ridgecrest, February 1-5. Our students will have grade level- and development level-specific lessons and activities to highlight Blacks, their history, and their contributions to our world.

But we do not simply touch on this briefly on January 18 or the first week of February. This year is called a "Year of Purpose" in which we acknowledge Black lives and seek ways to respect and better meet the needs of those who have been furthest from educational justice.

Here's to a new year with all the excitement and anticipation that can bring. At Ridgecrest, we are refreshed, we are renewed, and we are ready to serve you and your children in the best and most meaningful ways possible. Thank you for your partnership.

Elizabeth Nunes, Principal

elizabeth.nunes@shorelineschools.org

(206) 393-4274



Calendar of Events

JANUARY

- 6 Early Release Wednesday -- Dismissal at 1:45
- 11 School Board Meeting -- 7pm
- 13 Early Release Wednesday -- Dismissal at 1:45
- 18 NO SCHOOL -- **Dr. Martin Luther King, Jr. Day**
- 20 NO EARLY RELEASE TODAY!!!
- 25 School Board Meeting -- 7pm
- 27 NO EARLY RELEASE TODAY!!!
- 28 End of First Semester
- 29 NO SCHOOL -- **Staff Work Day**



FEBRUARY

- 1 - 5 Black Voices Week; Black Lives Matter at School Week
- 3 Early Release Wednesday -- Dismissal at 1:45
- 8 School Board Meeting -- 7pm
- 10 Early Release Wednesday -- Dismissal at 1:45
- 15 NO SCHOOL -- **President's Day**
- 16-19 NO SCHOOL -- **Mid-Winter Break**
- 24 Early Release Wednesday -- Dismissal at 1:45



Family Conversations About Race

As we move toward our goal of having more conversations about race, we have some resources to share from **Black Voices: Family Room Conversations About Race**. Please click on the link to find resources to access video, book recommendations, and articles to assist in these important conversations: [Resource Packet](#)

Nurse Notes

Happy New Year Ridgecrest Families!

Wishing you joy, health, and fun in 2021!

Vaccines help prevent suffering and infections

How do they work?

In 2020 the world scientific community united to create vaccinations to help prevent COVID-19 infections. With the COVID-19 virus causing global physical, emotional, educational, economic, and social suffering a tool to combat its spread is truly an amazing triumph. But how will this vaccination work? Generally vaccinations work by stimulating our body's immune system to produce antibodies, which recognize specific germs or "invaders" and neutralize their ability to harm us.

The two approved COVID-19 vaccinations produced by Pfizer/BioNTech and Moderna "contain material from the virus that causes COVID-19 that gives our cells instructions for how to make a harmless protein that is unique to the virus. After our cells make copies of the protein, they destroy the genetic material from the vaccine. Our bodies recognize that the protein should not be there and build T-lymphocytes and B-lymphocytes that will remember how to fight the virus that causes COVID-19 if we are infected in the future."

(www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/how-they-work.html)

Other COVID-19 vaccines in development use older technology to produce immune fighting responses by introducing a weakened virus or virus particles. This treated virus or viral parts cannot cause sickness, but do stimulate our bodies to create a protective immune response.

Since the COVID-19 virus and vaccine are new to us, we don't know how long this immunity will last, but it is needed now to prevent sickness, further transmission, and deaths.



Links to COVID-19 vaccination information:

<https://kingcounty.gov/depts/health/covid-19/vaccine.aspx>

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/how-they-work.html>

<https://www.fredhutch.org/en/research/diseases/coronavirus/covid-19-vaccine.html>

Nurse Joan and Nurse Stacey

joan.forbush@shorelineschools.org and stacey.chesnut@shorelineschools.org

206-393-4276



RIDGECREST LIFE SKILLS

The Life Skill for January is:

Problem Solving

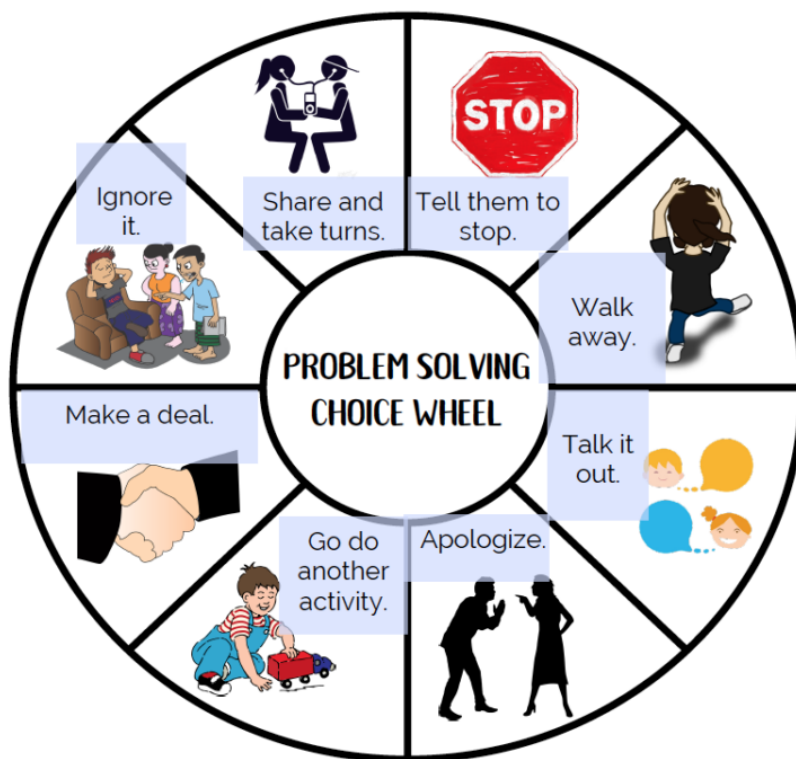
Effective Communication and Critical Thinking



**Problems Are Nothing
But Wake-Up Calls
For Creativity**

WHAT CAN I DO?

Do you have a small or medium problem?
Try 2-3 of the following solutions.



Do you have a **BIG** problem?
Go tell an adult.

Tech Help and Device Care

Keeping your child's district iPad or district Chrombook in good shape is very important. Please remind your child that there should be no beverages or food near their device and that they are responsible for neglectful damage. We recently had a computer returned that had glue on the cover and keyboard. Thank you in advance for your support.

- Damage or loss should be reported immediately
- Below are fees associated with such:
 - Accidental damage fee- \$50 per incident
 - Neglect damage fee- \$100 per incident (eating or drinking damage)
 - Loss due to reported theft fee- \$100 per incident (police report required)
 - Neglect loss fee- \$200 per incident

Remember the school district has a Home Tech Help Page where you can find Zoom and Chrome book troubleshooting tips. You can also find a home tech support request form. We encourage you to submit any tech support needs there. Our amazing IT technicians are closely monitoring tech tickets and will respond quickly.

Home Tech Support Request Form: <https://www.shorelineschools.org/hometechhelp>

Meal Box Orders



Don't forget to pre-order your meal box. **The order form opens on Monday and closes at midnight on Wednesday. Meal box pre-orders are for pick-up the following Wednesday.** Pre-orders ensure enough food is prepared each week.

To place an electronic order, click [HERE](#).

For more information about the meal box service, please review the information on [this page](#).

For assistance in filling out the order form or if you do not have internet access, call the **Meal Order Hotline** at **206.393.4103**. **Calls will be responded to on Wednesdays between 7:30am-3:30pm.**

If you are experiencing barriers that prevent you from utilizing the meal box pick-up program, please call us at 206.393.4103 or contact the [Family Advocate](#) at your student's school for assistance.

PICK-UP NOTE: to help our staff maintain social distancing and minimize risk, we are asking that you please do the following when picking-up your order:

- Write your order on a piece of paper (or on this [printable sheet](#)) and hold it up.
- Allow staff to load meal boxes into your trunk or back seats whenever possible.

Food and Nutrition Services
Shoreline School District
206.393.4209 or nutrition.services@shorelineschools.org

It's more than a meal application.

We strongly encourage all parents/guardians to submit a Meal Application. Completing an application takes less than 10 minutes, and parents only need to complete one Meal Application.

Meal Applications may be downloaded from our website. Additionally, families may complete meal applications online. Once you submit an application, you will receive a notice in the mail as to whether your child/children can receive free or reduced-price meals.

EVERY ELIGIBLE FORM COUNTS!

Every eligible form that is not submitted means lost resources for our schools.

Filling out the School Meal Application may help provide:



This organization is an equal opportunity provider.



Ridgecrest Library

Curbside Checkout

Request books using the Google Form Wednesday-Sunday
Pick up on Tuesday before or after school.

Bring your books back next Tuesday



From the Family Advocate



The WORKS Clothing Room

The WORKS clothing room provides high quality, clean, gently used children's and teen clothing to Shoreline School District families experiencing economic hardship. The WORKS is open on Wednesdays from 6:30pm - 8:00pm. Due to social distancing requirements, families must make a reservation to shop in advance at tinyurl.com/works2020

TO SHOP AT THE WORKS:

- Families must have a Shoreline School District address or have a child who attends a Shoreline School District school.
- Each qualifying family may sign up in advance for only one (1) 30 minute time slot. No walk-ins allowed.
- Please leave children at home. Up to two adults from the same household may enter The WORKS. Masks and gloves are required and will be provided, if needed. For urgent needs, please email theworks@shorelinepta.org or leave a message at 206-393-4916

Free Internet Access for Qualifying Families

Washington's K-12 Internet Access Program is now offering FREE internet service to families who qualify. Families that show they are low-income and eligible for free or reduced-price meals and did not have internet connectivity in their home prior to August 2020 qualify for this free service. You can learn more about this program and how to sign up by contacting our Family Advocate, Evangelina Vederoff (Mrs V) If you have questions, please email evangelina.vederoff@shorelineschools.org or call 206-393-1495.



Plaza Comunitaria-Tutorías para adultos/Tutoring for Adults

https://bit.ly/KCLS_Plaza

Mondays, 10am-1pm

Wednesdays, 5:30pm-8:30pm

Saturdays, 10am-1pm

Description: Mientras las bibliotecas están cerradas, llámenos para ver si podemos ayudarlo a comenzar sus estudios en línea.

Comunicate con Teresa, 425.369.3443, tlcid@kcls.org.

Clases gratuitas en español para adultos. Consigue tu certificado de primaria y secundaria de la SEP (Secretaría de Educación Pública de México). Programa individual para personas de cualquier nacionalidad.

Free drop-in tutoring for Spanish-speaking adults seeking to obtain their elementary and/or middle school official diploma from the SEP (Mexican Secretary of Public Education). This is an individualized program for people of all nationalities.

English as a Second Language (ESL) Class

<https://kcls.bibliocommons.com/events/search/q=ESL>

Mondays and Wednesdays, 6-7:30pm

Description: For adults. Learn English grammar, reading, writing and conversation skills with an experienced instructor.

Classes are free via Zoom.

Assessment and registration required. Please call Cascadia Community College at 425.352.8158.

EVENTS/PROGRAMS

King County Library System Online Programs

Great online programs and book groups available. See attached document for full list of online programs.

[Civil Lawsuits without Tears: The Basics of Representing Yourself in Court](#)

Wed. Jan. 6, 6:00pm-7:30pm

First session of 4-part series presented by the King County Law Library. Learn the basics of civil litigation with a focus on court rules, court procedures, forms, scheduling, and deadlines. Attendees will receive blank copies of most used civil litigation forms. Register by 6pm on Jan. 5th to receive zoom link.

[Seattle Goodwill 8 Week Job Training](#)

Free online and in-person job training classes start Jan 11-March 4. Classes include vocational ESL, computer training, and high school completion (see attached flyer) Registration is now open. Please call 206-329-1000 to set up an appoint to register.

Race & Equity Training: How to BE Anti-Racist! (2 dates offered)

[Mon. Jan. 11, 7pm-8:30pm](#) or [Mon. Feb. 1, 7pm-8:30pm](#)

Select date and register online (\$40) to receive zoom link.

Ranice Innocent, educator and trainer with [Let's Do Work](#), is offering training to learn ways to build awareness around racial injustice and inequities to become anti-racist. Will review "cultural competency" pillars; identify cultural filters, stereotypes and biases; discuss intent vs. impact, implicit bias; and "why" in walking with racial equity & an anti-racist lens. Contact Ranice at ranicei@yahoo.com with any questions.

[Supporting Black-Owned Businesses Panel Discussion](#)

Wed. Jan. 13, 11:30am-1:pm

[Register Online](#) for Zoom Link

Shoreline Chamber of Commerce will host a panel facilitated by Shoreline resident Kevin Henry with Black-owned business owners DarNesha and Erwin Weary of Black Coffee Northwest; Eben Pobee, co-founder of [JHP Legacy](#); and Tewachew Felate, Owner of [Afro Barber Shop](#). Che Wong, business development specialist of [Craft3](#) will also share about resources available.

[Shoreline School District Black Voices: Tell Us Our Stories – Discussing Ethnic Studies](#)

Thurs. Jan. 14, 4pm-6pm

[Register online](#) for Zoom link

Discuss ethnic studies with OSPI Teacher of the Year Brooke Brown. Ms. Brown has taught Ethnic Studies at Washington High School for 14 years and is a powerful voice for equity. She worked to bring Ethnic Studies to her school and district and serves on the OSPI Ethnic Studies Advisory Committee which will create the framework the state will adopt for Ethnic Studies implementation statewide.

[The Grit Radio 91.3](#) KBCS Weekdays 7-8am, features progressive news and diverse music. Often features Shoreline resident and racial equity leader Kevin Henry. Listen to recent story of the history of Seattle's Central District. The 60-minute Shelf Life Podcast captures the historical essence of the community and features interviews with key figures in the civil rights movement and resistance, which includes the Black Panther Party and other forms of leadership. Click on the Dec. 29 show button to listen.

<https://www.kbcs.fm/programs/the-grit/>

COVID & OTHER RESOURCES

[WA Health Insurance Open Enrollment](#) is now Nov. 1st – Jan. 15, 2021. King County residents can choose from seven insurance carriers offering multiple plan options on Washington Healthplanfinder. You may be eligible for a Special Enrollment Period if you lost health coverage through work, permanently moved to Washington state, got married, or had a baby. Help with enrollment is available in-person, on the phone or online. Call King County 800-756-5437 hotline for health access and insurance questions. Phone: Washington Healthplanfinder: 855-923-4633 or email: Chap@Kingcounty.gov.

[COVID TESTING](#) - Early testing is important to help prevent COVID-19 from spreading to friends, family, and the community. If you have a [sign/symptom of COVID-19](#) or were exposed to someone with COVID-19, please get tested. King County [testing sites](#) are available to anyone who cannot access a COVID-19 test through their regular healthcare provider, regardless of immigration status.

[Window Masks 101 Virtual Workshop Recording](#)

1-hour recording of King County training on how to make [window masks](#) ("smile masks") which are reusable cloth masks with a clear plastic panel. These help people communicate with those who are deaf or hard of hearing, in speech therapy, learning to read, or learning a language. Includes info. on different styles and materials for window masks; how to make these at home with your own sewing machine; and tips on washing; avoiding fogging of the clear plastic panel; and safe distribution, even during lockdown conditions.

VOLUNTEER & JOB OPPORTUNITIES

[King County Equity Cabinet](#) - King County is looking for members to join their [Equity Cabinet](#). Application deadline has been extended to Jan. 29th. Black, Indigenous, and people of color are highly encouraged to apply. Please go to the [webpage](#) for more info. on how to apply (see attached form). Please send all questions and inquiries to equitycabinet@kingcounty.gov. Two online info. sessions will be provided to answer questions about the application process:

- Session 1 – Jan. 14, 10am-11am. Connect via [this zoom link](#) or paste this address <https://kingcounty.zoom.us/j/97973594714> into your browser.
- Session 2 – Jan. 19, 12-1pm. Connect via [this zoom link](#) or paste this address <https://kingcounty.zoom.us/j/99558154661> into your browser.

City of Shoreline is hiring an [Engineer III – Lead Project Manager](#) (closes 1/5), [Remote Learning Camp Instructor](#), and other positions. Visit the [City of Shoreline's Jobs page](#) for more info.

Little Free Pantries

Shoreline, Lake Forest Park area

A neighborhood food-share program. Take what you need, share what you can.

1. Briarcrest: 14511 25th Ave. NE, in front of Shoreline United Methodist Church
2. Briarcrest: Prince of Peace Lutheran Church, 14514 20th Ave NE
3. Parkwood: Rainbow Little Free Pantry, 2133 N 147th St.
4. Stay SAFE Pet Pantry: 14717 Aurora Ave. N in front of Seattle Area Feline Rescue (supplies for pets)
5. The Triangle Little Free Shed: 14544 Evanston Ave. N.
6. Parkwood: St. Barnabas Anglican Church, 2340 N. 155th St.
7. Ridgecrest: 15815 11th Ave NE
8. Meridian Park: 16173 Midvale Ave N.
9. Meridian Park: 17916 1st Ave. NE
10. Meridian Park: 18312 Corliss Ave N.
11. Echo Lake: Shoreline Covenant Church, N 185th and Ashworth Ave N
12. Richmond Beach, First Lutheran Church: 18354 8th Ave NW
13. Richmond Beach: 1422 NW 195th St.
14. Echo Lake/Northridge: 20008 6th Ave NE (park on 200th side)
15. Ballinger: 1230 NE 198th St.
16. North City Little Free Pantry: 18910 8th Ave. NE - food, clothes, & household items
17. North City: 1674 NE 185th
18. Lake Forest Park: 25th Ave NE and NE 184th St
19. Lake Forest Park: 18492 Ballinger Way NE
20. Lake Forest Park: 19706 30th Ave NE
21. Mountlake Terrace: 23222 56th Ave W., between Calvary Fellowship Church & Espresso Break

If you have updates to this list, please email Susie.moore@shorelineschools.org.

