

**Portions listed are appropriate for children 3-5 years old
Menus and Meals prepared by Fieler, Iddings and Miller**

	Monday May 15	Tuesday May 16	Wednesday May 17	Thursday May 18	Friday May 19
B R E A K F A S T	CN WG Maple Waffle 2 oz grain equivalent Applesauce ½ cup Low fat Milk- 8oz	CN WG Confetti Pancakes 2 oz grain equivalent Mixed Fruit Cup ½ cup Low fat Milk- 8oz	CN WG Breakfast sandwich* 1 oz meat/meat alternative 1 oz grain equivalent Apples Slices ½ cup Low fat Milk- 8oz	CN WG Blueberry Muffin 1 oz grain equivalent Peaches ½ cup Low Fat Milk – 8oz	NO SCHOOL
L U N C H	CN Chicken Patty w/bun 2 oz meat/meat alternative 3 oz grain equivalent HM Baked Beans ¼ cup Pears ¼ cup Mayo Packet Low Fat Milk-8oz	CN Yogurt Lunchable 1.5 meat/meat alternative 1 oz grain equivalent Orange Medley Juice ½ cup Peaches ¼ cup Low Fat Milk-8oz	CN Chicken Drumstick 2 oz m/ma .75 oz grain equivalent Mac'n Cheese .33 oz grain equivalent Green Beans ¼ cup Jello w/fruit ¼ cup Low Fat Milk-8oz	HM Pasta Bowl 2 oz meat/meat alternative 1.5 oz grain equivalent Broccoli ¼ cup Frozen Fruit Cup ½ cup Low fat Milk- 8oz	NO SCHOOL
S N A C K	WG CN Vanilla Bear Grahams 1oz grain equivalent 100% Orange Juice- 4 oz	WG CN Chat Snax Vanilla 1 oz grain equivalent Applesauce cup ½ cup	WG CN Rainbow Goldfish 1oz grain equivalent 100% Apple Juice ½ cup	WG CN Tiger Bites 1 oz grain equivalent 100% Orange Juice ½ cup	NO SCHOOL

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***Items made with turkey or chicken.**

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	Monday May 1	Tuesday May 2	Wednesday May 3	Thursday May 4	Friday May 5
B R E A K F A S T	CN WG Maple Waffles 2 oz grain equivalent Applesauce ½ cup Low fat Milk- 8oz	E-LEARNING	CN WG Breakfast sandwich* 1 oz m/ma 1 oz grain equivalent Apples Slices ½ cup Low fat Milk- 8oz	CN WG Blueberry Muffin 1 oz grain equivalent Peaches ½ cup Low Fat Milk – 8oz	CN WG Marshmallow Matey’s Go-Gurt 1 oz grain equivalent 1/2 oz meat/meat alternative Banana 1 each ½ cup Low Fat Milk-8oz
L U N C H	CN Chicken Nuggets 2oz meat/meat alternative 1 oz grain equivalent Goldfish Cracker 1 oz grain equivalent Baked Beans ¼ cup Pears ¼ cup Low Fat Milk – 8 oz BBQ Sauce Cup	E-LEARNING	CN Orange Chicken 2 meat/meat alternative .5 oz grain equivalent Brown Rice ¼ cup .5 grain equivalent Corn ¼ cup Jello w/ fruit ¼ cup Low Fat Milk 8oz	HM Lasagna 2 meat/meat alternative .75 grain equivalent Broccoli ¼ cup Frozen fruit cup ½ cup Low Fat Milk-8oz	CN Four Cheese Pizza 1.5 meat/meat alternative 1.6 oz grain equivalent Peas ¼ cup HM Cinnamon Apples ¼ cup Low fat Milk- 8oz
S N A C K	WG CN Vanilla Bear Grahams 1oz grain equivalent 100% Orange Juice- 4 oz	E-LEARNING	WG CN Rainbow Goldfish 1oz grain equivalent 100% Apple Juice ½ cup	WG CN Tiger Bites 1 oz grain equivalent 100% Orange Juice ½ cup	WG CN Cheez-its 1 oz grain equivalent 100% Apple Juice ½ cup

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	Monday May 8	Tuesday May 9	Wednesday May 10	Thursday May 11	Friday May 12
B R E A K F A S T	CN WG Maple Waffles 2 oz grain equivalent Applesauce ½ cup Low fat Milk- 8oz	CN WG Confetti Pancakes 2 oz grain equivalent Mixed Fruit Cup ½ cup Low fat Milk- 8oz	CN WG Breakfast sandwich* 1 oz m/ma 1 oz grain equivalent Apple slices ½ cup Low fat Milk- 8oz	CN WG Blueberry Muffin 1 oz grain equivalent Peaches ½ cup Low Fat Milk – 8oz	CN WG Marshmallow Matey’s Go-Gurt 1 oz grain equivalent 1/2 oz meat/meat alternative Banana 1 each ½ cup Low Fat Milk-8oz
L U N C H	CN Hamburger w/ bun 2 meat/meat alternative 2 oz grain equivalent Baked Beans ¼ cup Pears ¼ cup Low Fat Milk – 8 8 oz Ketchup Packet Mustard Packet American Cheese Slice Pickle Slices	CN Taco w/lettuce/cheese 2 meat/meat alternative 1 oz grain equivalent Potato Smiles ½ cup Peaches ¼ cup Low Fat Milk -8oz Ketchup Packet	CN Matey’s Bowl* 1.5 meat/meat alternative .75 oz grain equivalent Mashed Potatoes ¼ cup Corn ¼ cup Jello w/ fruit ¼ cup Low Fat Milk 8oz	CN Mostaccioli 2 meat/meat alternative 2 oz grain equivalent Broccoli ¼ cup Frozen fruit cup ½ cup Low Fat Milk--8 oz	CN Four Cheese Pizza 1.5 meat/meat alternative 1.6 oz grain equivalent Peas ¼ cup Apple Sauce ¼ cup Low fat Milk- 8oz
S N A C K	WG CN All Sport Bites 1 oz grain equivalent 100% Orange Juice ½ cup	WG CN Vanilla Bear Grahams 1 oz grain equivalent Applesauce cup ½ cup	WG CN Mickey Mouse Goldfish 1oz grain equivalent 100% Apple Juice ½ cup	WG CN Bug Bite 1 oz grain equivalent 100% Orange Juice ½ cup	WG CN Cheez-its 1 oz grain equivalent 100% Apple Juice ½ cup

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