

FREE FOOD IN HAYWARD

COMIDA GRATIS EN HAYWARD



Provider Proveedor	Details Detalles	Address Dirección	Contact Information Información de Contacto
Alameda Community Food Bank	Emergency food hotline. Will provide information on food resources nearest to you. They also have options to find food that can be delivered to you. <i>Línea de emergencia para encontrar comida cerca de ti. También tienen pueden ayudar a buscar recursos que entregan a domicilio.</i>	Across Alameda County Através del condado de Alameda	(510)635-3663 foodnow.net
4Cs of Alameda County	Provide a food pantry the first Thursday of every month from 1-4PM or until food runs out. <i>Proveen despensa de comida el primer jueves de cada mes de 1 a 4 pm o hasta que se termine la comida.</i>	Hayward Office Garage 22351 City Center Dr., Hayward, CA 94541	(510)736-2804 https://4calameda.org/events-trainings/
Tiburcio Vasquez Health Center	Provide a food pantry the second Wednesday of every month from 1-4:30PM or until food runs out. <i>Proveen despensa de comida el segundo miércoles de cada mes de 1 a 4:30 pm o hasta que se termine la comida.</i>	TVHC Firehouse Clinic 28300 Huntwood Ave., Hayward, CA 94544	(510)471-5880 https://tvhc.org/community-outreach-and-advocacy/
South Hayward Parish	Provide a food distribution Monday, Tuesday, Thursday, and Friday from 2-4PM or until food runs out. <i>Proveen despensa de comida lunes, martes, jueves, y viernes de 2 a 4 pm o hasta que se termine la comida.</i>	27287 Patrick Avenue, Hayward, CA 94544	(510)785-3663 http://southhaywardparish.org/food-pantry/
Eden United Church of Christ – Comida para Cherryland	Provide a food and resource distribution on the 2nd and 4th Wednesday of the month. They have diapers available, as well. <i>Provén una despensa de comida cada 2do y 4to miércoles de mes. También tienen pañales.</i>	21455 Birch St, Hayward, CA 94541	(510)582-9533 https://www.edenucc.com/comida-para-cherryland
Hillside Helping Hands	Provide a food distribution every 4th Saturday of the month, 10AM-12PM. <i>Provén despensa de alimentos cada 4to sábado del mes, de 10am a 12pm.</i>	944 Central Blvd., Hayward, CA 94542	(510)889-1501 http://hillsidealliancechurchhayward.org/
Feed My Sheep	Provide weekly hot dinners. Tuesday from 5-6:00PM. <i>Provén cenas calientes, cada martes de 5pm a 6pm.</i>	22110 Montgomery St. Hayward, CA 94541	(510)305-5386 http://fmshayward.org/
Templo de la Cruz	Provide a food distribution on Wednesdays when capacity permits. Call to confirm the next distribution, <i>Provén despensa de alimentos los miércoles cuando tienen capacidad. Llaman para verificar la próxima despensa.</i>	24362 Thomas Ave, Hayward, CA 94544	(510)885-1614 https://www.tdlc.org/
Hope for the Heart	Provide a food pantry on Tuesdays and Thursdays, at 1:30PM and the 3rd Saturdays of each month at 7:30AM. Photo ID and a bill with current address needed for the Saturday distributions. Birth certificate needed for children under the age of 3 to receive diapers. <i>Provén una despensa de alimentos los martes y jueves a las 1:30pm y cada 3er sábado del mes a las 7:30am. Se requieren identificación con foto, y un recibo de cuenta para comprobar su dirección en las despensas los sábados. Para pañales para niños menores de 3 años, se requiere acta de nacimiento.</i>	22035 Meekland Ave. Hayward, CA 94544	(510)581-4673 https://www.hope4theheart.org/find-food/
SOS Meals on Wheels	Deliver nutritious, balanced meals and friendly safety checks to homebound seniors M-F. <i>Entregan comida nutritiva y balanceada a domicilio de lunes a viernes a ancianos que deben mantenerse en casa.</i>	Oakland, Piedmont, Hayward, Castro Valley, San Lorenzo, Cherryland, Ashland, & San Leandro	Deborah Kuehner, (510)582-1263 x.114 https://www.sosmow.org/meals

Updated on June 23, 2022 | Actualizado el 23 de junio del 2022

2022



EDEN GREENWAY PARK

CORNER OF HARDER RD. AND CYPRESS AVE.

EN LA ESQUINA DE LAS CALLES HARDER RD. Y CYPRESS AVE.

FOR MORE INFORMATION CONTACT:
PARA MÁS INFORMACIÓN CONTACTE A:

JANEVETTE COLE

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MARK SALINAS

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JULY 18 | 1:30PM - 3:30PM
AUGUST 15 | 1:30PM - 3:30PM
SEPTEMBER 19 | 1:30PM - 3:30PM
OCTOBER 17 | 1:30PM - 3:30PM
NOVEMBER 21 | 1:30PM - 3:30PM
DECEMBER 19 | 1:30PM - 3:30PM

NEED FOOD TODAY?
¿NECESITA COMIDA HOY?
(800) 870-FOOD (3663)
(510) 635-3663