



Made in
Hayward

care solace

Calming the Chaos of Mental Health Care.



Care Solace

(Non-School Based Services)

Care Solace: A Wellness Resource for Families:

HUSD is partnering with Care Solace, a new resource that makes it easier for families to connect with mental health and wellness resources and providers in the community for **non-school based** services (*outside of school*). Services can be for parents/guardians or other family members.

For services for your students, reach out to your school's COST Specialist or your school's Family Engagement Specialist.

Personal Concierge Assistance with:

- Accessing vetted mental health providers
- Discovering virtual therapy options
- Assessing provider availability
- Reducing wait times into care
- Navigating Insurance or no insurance
- Scheduling an appointment(s) by phone, email, video chat
- Response time is typically within 15-minutes or less

Talk to us:

1-888-515-0595

www.caresolace.com/husd

Care Solace provides a Concierge Service, where Care Solace staff do the work of finding and connecting you to mental health and wellness providers that speak your language, are specific for the kind of care you are looking for, and can accept the kind of insurance you have (Kaiser, MediCAL, Bluecross, Alameda Alliance, etc.). **They are able to make connections even when you don't have insurance.**

The Concierge Service team is available 24/7 and supports families through the entire process of getting connected. They only refer to trusted, ethical providers. The Concierge Service team speaks English, Spanish, Mandarin, Cantonese and Vietnamese.

Using Care Solace is CONFIDENTIAL. Access to the Concierge Service team is FREE OF CHARGE.

**** Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 1-800-273- 8255. If you are interested in seeking counseling-related services at this time, please consider visiting www.caresolace.com/husd**