

Drop-In Groups: LGBTQ Youth

Operation Q.....925.692.0090

Rainbow Community Center's youth program offers support groups, activities, mentoring, discussion groups, forum and peer support for LGBTQ youth in their Concord Center

The Alphabet Group.....510-374-3401

RYSE Youth Center provides a safe and welcoming space for youth, ages 14-21, to receive services, engage in programming or to simply hang-out in their Richmond Center

Empowerment Group.....925-753-1004 x105

Center for Human Development provides youth drop-in programming in Antioch, East County

Skittles Group.....510-524-8252

James Morehouse Project at El Cerrito High provides supportive services for students in West County focusing on El Cerrito students

Homeless/Runaway LGBTQ Youth

Calli House Shelter & Day Center

.....1-800-610-9400

24-hour shelter for runaway and homeless youth ages 14-21; Day Center offers outreach, family and/or individual counseling, case management, life skills training and educational opportunities

Fred Finch Youth Center.....510-439-3130

Provides intensive support services and housing referrals for transition age young adults ages 16-25 with significant mental health issues and are homeless or at imminent risk of homelessness

Northern California Family Center

.....925-370-1990

Provides intensive clinical, shelter, and referral services for runaway, homeless, neglected and abused youth in Contra Costa County

Information & Referral

211 Contra Costa211

Provides information on health and social services in Contra Costa County

Gender Spectrum.....510-567-3977

Provides information and direct services to help families understand gender identity in children

LGBTQ Resources.....www.eastbaypride.com

Extensive online list of LGBTQ resources with special focus on the Bay Area

Mental Health/Support Groups

Contra Costa Crisis Center.....1-800-833-2900

Provides telephone crisis counseling and suicide prevention 24/7

Familias Unidas

Brentwood.....925-240-2120

Richmond.....510-412-5930

Provides mental health services for residents experiencing emotional distress and crisis or conflict within the family

Mental Health Consumer

Concerns.....925-521-1230

Provides LGBTQ support groups for mental health consumers

Rainbow Community Center..925-692-2056

Provides LGBTQ counseling and case management services for LGBTQ adults, LGBTQ youth & their families

Rainbow Community Center..925.692.0090

Provides a wide variety of support groups; visit www.rainbowcc.org for current listings

Online Resources

Advocates for Youth

.....www.advocatesforyouth.org

Ally Action.....www.allyaction.org

Ambiente Joven (Spanish)

.....www.ambientejoven.org

American Civil Liberties Union - Northern

California Gay and Lesbian Rights Chapter

.....www.aclunc.org

Amplify Your Voice - Youth Resource

.....www.amplifyyourvoice.org/youthresource

California Safe Schools Coalition

.....www.csafeschools.org

COLAGE (Children of Lesbians & Gays

Everywhere).....www.colage.org

Community United Against Violence

.....www.cuav.org

East Bay Pride.com.....www.eastbaypride.org

Family Acceptance Project

.....www.familyproject.sfsu.edu

GAYLESTA.....www.gaylesta.org

Gay-Straight Alliance (GSA) Network

.....www.gsanetwork.org

Gender Advocacy.....www.gender.org

Gender Spectrum.....www.genderspectrum.org

Gay Lesbian & Straight Education Network

.....www.glsen.org

GLBT near Me.....www.glbtnearme.org

Our Family Coalition.....www.ourfamily.org

Positive Images.....www.posimages.org

RYSE Youth Portal.....www.ryse.lifeportal.com

Safe Schools Coalition

.....www.safeschoolscoalition.org

Transgender Law Center

.....www.transgenderlawcenter.org

TransYouth Family Advocates....www.imatyfa.org

Trevor Project.....www.thetrevorproject.org

Parent/Family Support

Family Acceptance Project

.....www.familyproject.sfsu.edu

Gender Spectrum.....510-567-3977

Provides information and direct services to help families understand gender identity in children

Our Family Coalition415-981-1960

Provides resources for lesbian, gay, bisexual, transgender and queer families with children

Parents, Family & Friends of Lesbians & Gays (PFLAG)

Danville/San Ramon Valley.....925-831-8172

Promotes the health and well-being of LGBTQ persons, their families and friends through support, education and advocacy

Rainbow Community Center....925.692.0090

Provides support and social group activities for parents and caregivers of LGBTQ youth

Somos Familia.....510-725-7764

Provides education to create family acceptance for Latino families with LGBTQ children

Phone/Internet Support

Contra Costa Crisis Center.....1-800-833-2900

GLBT National Youth Hotline.....1-888-843-4564

GLBT Online Peer-Support Chat

.....www.volunteerlogin.org/chat/index.htm

LYRIC Youth Talkline1-800-246-PRIDE

Suicide Hotlines

Contra Costa Crisis Center.....1-800-833-2900

National Suicide Hotlines.....1-800-273-TALK

Trevor Chat

.....www.thetrevorproject.org/lifelinechat

Trevor Hotline.....1-866-488-7368