

## K-12 COLLEGE & CAREER READINESS and GEAR UP NEWSLETTER

SENIORS, are you prepared for the Monday after graduation?

Now is the time to decide if you want to ENROLL in college, become EMPLOYED with a viable career, or ENLIST in the military!

Don't wait until the last minute to make your FUTURE PLAN!



Shenita V. Bolton, Ed.S.

Director of K-12 College and Career Readiness

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#### February 2023 Issue:

A Message from the Director of K-12 College and Career Readiness

Page 1

FAFSA Completion
Assistance
Page 2

<u>21st Century Scholars</u> Page 3

High Ability, Dual Credit, Advanced Placement & Internships

Pages 4-7

<u>FWCS Mentorship</u> <u>Program</u>

Page 8

<u>b Instrumental</u> <u>Program</u>

Page 9-10

Study Connection
Page 11

Parent Trailblazer
Program
Pages 12-13

FWCS College and Career Readiness Workshops Pages 14-17

<u>Upcoming Visits</u> Pages 18-19

Follow us on Social Media Pages 20-21

GEAR UP Tutoring Page 22

> Contact Us Page 23









WE CAN HELP!



Join us for one of our monthly FAFSA Completion Days at the Wendy Y. Robinson Family and Community Engagement Center located at 230 East Douglas Avenue from Noon - 7 p.m.

Wednesday, March 8, 2023 Wednesday, April 12, 2023

Questions? Call or email, Martin Murphy at (260) 467-2655 or martin.murphy@fwcs.k12.in.us





# 2IST CENTURY SCHOLARS

**FULL ACCOUNT SET-UP REMINDER!** 



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GRADE	REQUIRED ACTIVITIES						
09	Create a Graduation Plan <sup>1</sup>	Participate in an Extracurricular or Service Activity	Watch "Paying for College 101"				
10	Take a Career Interests Assessment	Get Workplace Experience <sup>2</sup>	Estimate the Costs of College				
11	Visit a College Campus	Take a College Entrance Exam (ACT/SAT)	Search for Scholarships <sup>3</sup>				
12	Submit Your College Application	Watch "College Success 101"	File Your FAFSA				



ScholarTrack is the one-stop shop for Hoosiers' state financial aid needs. ScholarTrack guides students and families through the process of planning for, applying to and maintaining their financial aid – beginning as early as middle school and continuing through college completion. ScholarTrack is also used by high school and college students to track the completion of the Scholar Success Program.

## **More Information:**

- (260) 467-2655
- 230 E Douglas Ave, Fort Wayne, IN 46802
- martin.murphy@fwcs.k12.in.us





# HIGH ABILITY, DUAL CREDIT, ADVANCED PLACEMENT & INTERNSHIPS

## **Helpful Reads**

## Letting Go of Perfect: Overcoming Perfectionism in Kids Jill L. Adelson and Hope E. Wilson

An in-depth analysis of each of the perfectionistic profiles, with practical suggestions for parents and teachers to help children overcome perfectionism and develop healthy skills.



#### Penelope Perfect: A Tale of Perfectionism Gone Wild Shannon Anderson

The story of a young girl who works to maintain control of her world through perfectionistic tendencies. Includes developmentally appropriate language, colorful pictures, and a set of activities and conversation starters.



#### The Perfectionism Workbook for Teens: Activities to Help You Reduce Anxiety and Get Things Done Ann Marie Dobosz

This workbook provides reflective activities for adolescents to consider their own thought processes in relation to perfectionism. Based upon Cognitive Behavioral Therapy, it provides a structure and insights into changing perfectionistic tendencies.



#### The Perfect Percival Priggs

Julie-Anne Graham

This book details the story of Percival Priggs, who focuses on external motivations and rewards. It can help students move from a product-orientation to a process-based motivation. The target age for this book is early elementary, but could be used with older children as a starting point for conversations.



#### How to Be an Imperfectionist: The New Way to Self-Acceptance, Fearless Living, and Freedom from Perfectionism By Stephen Guise

Rather than focusing on problems, this book provides young adults and adults with practical solutions for overcoming perfectionism. Written in a conversational tone, it conveys solid strategies in an engaging format.



#### Happiness Doesn't Come From Headstands

In this charming tale for early elementary students, Leela tries unsuccessfully to master a headstand in her yoga practice. This book weaves together a narrative that happiness does not depend upon the success of the attempts, but through the celebration of hard work.



#### Ish

#### Peter H. Reynolds

This book shows how a child responds to negative criticism about his artwork, and then is able to use his "mistakes" in creative ways. It demonstrates how creativity can be used to combat perfectionistic tendencies.



# For any additional information contact:



Amelia A. Pflieger
High Ability, Dual Credit,
Advanced Placement &
Internship Manager
amelia.pflieger@fwcs.kl2.in.us
(260) 467-2121





# Internships

Did you know that Fort Wayne Community Schools has numerous internship opportunities both internally and externally?

# Here are some of the companies we partner with:

- Arts United of Greater Fort Wayne
- Brooks Construction
- Cyclone Social
- Fort Wayne Community Schools
- GiGi's Playhouse
- Indiana Stamp
- Jack Laurie Group
- Parkview Health
- Steppin' Up Physical Therapy
- Vera Bradley



Contact Amelia Pflieger at (260) 467-2121 or via email at amelia.pflieger@fwcs.k12.in.us







# Internal Internship Spotlight

Meet Maggie







Maggie Jordan, a North Side High School senior, is a current Dance Instructor Intern with teacher Kara Carter. Maggie is excited and eager to learn more about this field and encourages others to take advantage of internship opportunities. Maggie shared that "throughout this internship, I've been able to learn not just what it takes to run, teach, and create dances and shows, but also all the work that is put in behind the scenes." She believes that this experience has given her a great outlook on teaching all different types of students and that this experience will help her not just when she goes to college, but when she becomes a teacher. When asked how Maggie feels about her internship and if she would want to intern again, her response was, "I loved and am still loving my internship experience. It has not just made my school day more interesting, but has given me opportunities I never would've dreamed of. I would love to intern again because the environment I'm surrounded with everyday radiates positivity and I am so grateful I was offered this position." Maggie plans to attend Indiana University in the fall of 2023 to pursue a special education and dance degree. Her final words of encouragement for students are, "If you want to do something, find connections and do it. Even if you have one thing that is stopping you, you'll regret not doing it in the future."







#### **COLLEGE & CAREER READINESS**

## MIDDLE SCHOOL HIGH ABILIT' NIGHT PARENT INFORMATION SESSION

WHAT DOES "HIGH ABILITY" MEAN? HOW CAN I SUPPORT MY HIGH ABILITY STUDENT? WHAT OPPORTUNITIES DOES MY STUDENT HAVE?

**WENDY Y. ROBINSON** FAMILY AND COMMUNITY ENGAGEMENT CENTER (F.A.C.E)

> 230 E DOUGLAS AVE. FORT WAYNE, IN 46802

WEDNESDAY, MARCH 22, 2023 | 6:00 - 7:30 PM



#### FOR MORE INFORMATION

#### AMELIA PFLIEGER

High Ability, Dual Credit, Advanced Placement & Internship Manager

Phone: (260) 467-2121

Email: amelia.pflieger@fwcs.k12.in.us













# FWCS MENTOR Monthly Updates



## FEBRUARY 2023

#### PRESIDENTS' DAY FUN FACTS

- Did You know that President John Quincy Adams had a pet alligator?
- Did you know that President Franklin D. Roosevelt served HOT DOGS to the King of England?
- The teddy bear is named for President Theodore Roosevelt.
- Franklin D. Roosevelt was the only president elected to FOUR terms in office.
- President George Washington was a spelunker (someone that likes to search inside caves).
- President Ronald Reagan had jelly beans on his desk in the oval office.
- President William Henry Harrison was only president for 31 DAYS!
- President Bill Clinton likes to play the Saxophone.
- President George Washington is the only president who did not live in the White House. (It was not built yet)
- President Gerald Ford is the only president who was not "elected" by the people of the United States. When President Richard Nixon resigned, as Vice President, he became president.
- President Barack Obama likes to eat chili.
- President Ulysses S. Grant got a speeding ticket for driving his horse drawn buggy too fast down a street in Washington, D.C. He was charged \$20.
- President Martin Van Buren is crediting with first using the word, "OK".

#### CONNECTION CORNER





#### **UPCOMING EVENTS**

- 02/25/23
  - K-8th College & Career Readiness
     Workshops call (260) 467-7290
     for registration

#### **REMINDERS**

#### **No School Dates:**

- 02/3/2023
- 02/20/2023 (Presidents Day)

\*Make sure to fill out your google form





## Careers in Music

Do you realize that there are a minimum of 85 careers that you can get by studying music in high school and college?

Accompanist

Actor/Actress

**Architectural Acoustic Monitor** 

**Armed Forces Band Member** 

Arranger

Artist & Repertoire (A&R)

Arts Administrator/Manager

Audio Recording Engineer

**Broadcast Engineer** 

**Choir Director** 

Choreographer

**Church Music Director** 

Clinician

Community Development

Composer/Arranger

Conductor

Copyright Specialist

**Cruise Director** 

Digital Audio Editor

Disc Jockey

Editor

Ethnomusicologist

**Event Manager** 

Film Music Editor

**Fundraising Director** 

**Instrument Service Specialist** 

Instrumental Performer

Journalist

Licensing Representative

Lyricist

Manufacturer's Representative

**Multimedia Artist** 

Multimedia Sound Worker

Music Agent

Music Artist Manager

Music Attorney

Music Business Accountant

Music Copyist

Music Critic

Music Director

Music Journalist

Music Librarian

Music Producer

Music Publishing Specialist

Music Reporter

**Music Scout** 

Music Software Programmer

Music Store Manager

Music Stringer

Music Teacher

**Music Therapist** 

Music Video Director

Music Video Editor

Musician

Musicologist

**News Anchor** 

Orchestra Librarian

Piano Tuner-Technician

Podcaster

Producer

Professor

Promoter

**Public Relations Specialist** 

**Publicist** 

Radio and TV Announcer

Radio and TV Program Director

Radio Producer

**Recording Technician** 

Recreation Director

Recreational Therapist

**Royalties Broadcast Monitor** 

Sales Representative

Singer

Songwriter

Studio Musician

Sound Technician

Synthesizer Specialist

**Technical Writer** 

Tour Manager

**Union Contractor** 

Venue Owner/Manager

**Vocal Performer** 

Voice Actor/Actress

What music careers would you like to do?





instrumental







## Why Should I Study Instrumental or Vocal Music In Middle and High School?



## Friendship/Social

- YOU will make new friends of all ages!
- YOU are a part of a large extended musical family! YOU belong here!
- YOU are surrounded by other students who will help and support you!
- YOU will remember your music classes, performances and friends for the rest of your life!
- YOU will get to participate in fun trips and performances!

### **Academics**

- Learning to play or sing pieces of music can be a challenging and achievable goal. When you master even the smallest goal in music, you will be able to feel proud of your achievement.
- Music students work together to make sure all students are successful.
- Music classes help teach work ethic, teamwork, and character.
- Music classes are FUN and will give you a break from the daily academic classes. YOU want to come to school to be with your music friends and family!

## **Athletics/Other Activities**

- In most cases, YOU can do other activities, athletics and music at the same time.
- The coaches and the music directors work together to eliminate and address schedule conflicts so you can do both.







# Community Programs Study\*

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https://fortwayneschools.org/studyconnection

To date, FWCS Study Connection has served 204 elementary students from across the district. Study Connection has engaged 250 volunteers from 25 partner organizations and businesses from around the community.

One of our long-time partners, Bethany United Methodist Church, hosts students from Shambaugh Elementary. Every Tuesday after school, Julie Mikolay from Shambaugh Elementary walks the students over to Bethany UMC. Students spend an hour with their tutors, and then Julie comes back to the church and walks the students back to school for pick-up. Attached are a couple of pictures from Shambaugh Elementary at Bethany United Methodist Church.

Thank you to Julie and to everyone including school case managers, principals, teachers and all of our volunteers for your hard work already this school year. The second semester of Study Connection began on January 10. We are excited to welcome Do It Best Corp back to in-person tutoring at their new headquarters at Electric Works! Students from Study Elementary will be working with volunteer tutors from Do It Best every Thursday through the end of the spring semester. If you would like more information about Study Connection, please contact FWCS Community Programs at 260-467-8810.











## Join the Parent/Guardian Trailblazer Program

Are you interested in gaining knowledge, skills and abilities to support your children both academically and emotionally? To join the Parent/Guardian Trailblazer Program, contact Christine Williams, the Family Engagement Coordinator at (260) 467-7297 or email christine.williams@fwcs.kl2.in.us.











# ATTERIOR ENGAGING ATTENTIVE LOVING ENGAGING ATTENTIVE LOVING ENGAGING ATTENTIVE LOVING

# FWCS FATHERS & FATHER-FIGURES

FWCS and FWU are partnering to bring a R.E.A.L Dad workshop for fathers and father figures of FWCS students.

Gregory Smith-Causey, Programs
Manager of Fort Wayne United will
facilitate this workshop and provide
fathers and father figures with
resources to better support their
student(s).







#### DATE:

Wednesday, March 29, 2023

#### TIME:

6:00 p.m. - 8:00 p.m.

#### WHERE:

Wendy Y Robinson Family and Community Engagement Center 230 East Douglas Avenue, Fort Wayne, IN 46802

### BENEFITS:

Powerful and engaging conversations, activities and opportunities to connect with FWCS father figures

SCAN ME

REGISTER AT HTTPS://FORMS.GLE/7LSMTOCBFEU9WU259 OR SCAN THE QR CODE

CONTACT CHRISTINE WILLIAMS AT (260) 467-7297 OR-EMAIL CHRISTINE.WILLIAMS@FWCS.K12.IN.US







## THE IMPORTANCE OF FAIRNESS

# DEVELOPING CHARACTER FOR COLLEGE OR CAREER K-2ND GRADE WORKSHOP

#### **Benefits:**

- Improves collaboration skills and patience
- Leads to enhanced self-confidence
- Encourages teamwork
- Builds relationships
- Lays the foundation for developing empathy and sensitivity towards others

With:





8:30 a.m. - 10:00 a.m.



February 25, 2023



Wendy Y. Robinson Family and Community Engagement Center 230 E Douglas Ave Fort Wayne, IN 46802

#### **TO REGISTER**

Pick up a permission form in the Main Office . You may also contact Allen Coultas, K-12 College and Career Readiness Manager to register at (260) 467-7290. A certificate will be awarded at the conclusion of camp!







# THE IMPORTANCE OF COOPERATION AND TEAMWORK

# DEVELOPING CHARACTER FOR COLLEGE OR CAREER 3RD-5TH GRADE WORKSHOP

#### **Benefits:**

- Improves collaboration skills
- Improves communication skills
- Builds leadership
- · Allows for creative problem-solving
- · Builds relationships
- Creates social engagement
- Fosters idea exchange







Wendy Y. Robinson Family and Community Engagement Center 230 E Douglas Ave Fort Wayne, IN 46802

#### **TO REGISTER**

Pick up a permission form in the Main Office . You may also contact Allen Coultas, K-12 College and Career Readiness Manager to register at (260) 467-7290. A certificate will be awarded at the conclusion of camp!







# **GOAL-SETTING**

# DEVELOPING LIFE-SKILLS FOR COLLEGE OR CAREER 6TH-8TH GRADE WORKSHOP

### **Benefits:**

- Improves decision making
- Improves communication techniques
- Understanding reality from wishful thinking
- · Encouraging prioritization
- Building responsibility for one's self
- Provides direction, self-knowledge and focus

With: College & Career READINESS

- (L) 1:00 p.m. 3.00 p.m.
- February 25, 2023 and March 4, 2023
- Wendy Y. Robinson Family and Community Engagement Center 230 E Douglas Ave Fort Wayne, IN 46802

TO REGISTER

Pick up a permission form in the Guidance Office or see Middle School Advisor. You may also contact Allen Coultas, K-12 College and Career Readiness Manager to register at (260) 467-7290. A certificate will be awarded at the conclusion of camp!







# THE GAME

# OF

Join us for a morning of fun and games! Imagine yourself in your dream career, and make decisions about how your life will play out!

When: Saturday, March 4

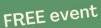
Where: Wendy Y. Robinson Family and Community Engagement Center (FACE)- 230 E.

Who: Students in grades 9-11 and their parents

Douglas Ave.

<u>Time</u>: 9:00 a.m-11:30 a.m.

**Parents** STRONGLY encouraged to Prizes included





For a permision slip & further information, please see your guidance counselor ÓR your GEAR UP Advisor





Life Planning

# Upcoming Spring 2023 GEAR UP College Visits & Tour Schedule

**2** -- Trine University

MARCH 9 -- Indiana University- Bloomington

**22 --** Michigan State University

29 -- Indiana State University

18 -- Notre Dame: Student & Parent Visit

21 -- University of Saint Francis: Student & Parent Visit

25 -- Ivy Tech Community College

**26 -- Ball State University** 

## 2-7: Spring Break College Tour Southern Colleges & Universities

Wilberforce University, Central State University, Simmons College of Kentucky, University of Louisville, University of Alabama Huntsville, Alabama A & M, Fisk University, Tennessee State University, Vanderbilt University

3-7: Latinos Count College Tour Indiana College Tour

Trine University, Goshen College, IUPUI, Butler University, University of Indianapolis, Manchester University

**Weekend College Tour 28-30:** Indiana Colleges & Univesities

Franklin College, IUPUI, Marion University, Butler University, University of Indianapolis

For detailed information:

Call Angela Benge (260) 467-7296 angeliki.benge@fwcs.k12.in.us



**APRIL** 

**April** 

**Tours** 





# Spring 2023 Career Visits

#### March 30

Aegis Sales and Engineering, Ivy Tech Machining and Engineering, and Fort Wayne Metals

for interested juniors and seniors

### April 25

Ivy Tech's Technical Programs- Gear Up and Go to College

## May 2

Hagerman Group and Brooks Construction

## May 3

Ivy Tech's Technical Programs- Gear Up and Go to College

## May 9

The Bradley and One Eleven Design

### **May 16**

Water Out and Jack Laurie Group

## **May TBD**

Kelley Automotive and Don Ayers Honda





See your guidance counselor or GEAR UP Student Advisor for a permission slip. For additional questions, contact Breanna Mullins at breanna.mullins@fwcs.k12.in.us OR 260-467-7278





# Follow us on social media!























College & Career

READINESS





Follow us on social media!











## GEAR UP Math Tutoring

Beginning the week of March 6, 2023

North Side High School Monday & Wednesday 4:30 to 5:00 PM PL Room or Media Center Northrop High School Tuesday & Thursday 4:30 to 5:00 PM Media Center

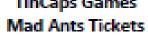
Snider High School Tuesday & Thursday 4:30 to 5:00 PM Media Center South Side High School Tuesday & Thursday 4:30 to 5:00 PM Media Center

Wayne High School Monday & Wednesday 4:30 to 5:00 PM Location TBD

Snacks will be provided.

Students earn participation points to be used for: Movie Tickets

Bowling Laser Tag TinCaps Games











## **MARK YOUR CALENDARS**



#### 2022 - 2023 ACT & SAT DATES



ACT			SAT:			
Test Date	Deadline	Late Deadline	Test Date	Deadline	Late Deadline	
September 10,2022	August 5, 2022	August 19, 2022	August 27, 2022	July 29, 2022	August 16, 2022	
October 22, 2022	September 16, 2021	September 30, 2022	October 1, 2022	September 2, 2022	September 20, 2022	
December 10, 2022	November 4, 2022	November 11, 2022	November 5, 2022	October 7, 2022	October 25, 2022	
February 11, 2023	January 6, 2023	January 20, 2023	December 3, 2022	November 3, 2022	November 22, 2022	
April 15, 2023	March 10, 2023	March 24, 2023	March 11, 2023	February 10, 2023	February 28, 2023	
June 10, 2023	May 5, 2023	May 19, 2023	May 6, 2023	April 7, 2023	April 25, 2023	
July 15, 2023	June 16, 2023	June 23, 2023	June 3, 2023	May 4, 2023	May 23, 2023	

#### Contact Us!



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