

Falcon Flyer

sponsored by the
College Park High School PTSA

Tuesday, March 9, 2021



Welcome to the *Falcon Flyer*, your source of news and information from College Park High School, a California Distinguished School.
Forward this email, update your information or remove yourself from the list using the links at the bottom.

PTSA Meeting: Guest Speaker, Linda Middlesworth TONIGHT: 7:00 PM, Zoom

Power Plate Nutrition:

Helping Teens Achieve a Lifetime of Good Health

CPHS PTSA Presentation: March 9th @ 7pm via ZOOM!



**WE ARE
ONE**

With Linda Middlesworth, a Food for Life instructor at the Physicians Committee for Responsible Medicine.

Visit the College Park Website

Upcoming Events

[3/9 7 PM Zoom: PTSA Meeting: Guest Speaker Linda Middlesworth](#)

[3/10 10:25-11:45 AM: Rotating Schedule - Period 2](#)

[3/10 11 AM-9 PM: Last Day of Mountain Mike's XC Fundraiser](#)

[3/11: Deadline to Order Yearbooks from the Webstore](#)

[3/12 8:30 AM: Tea with Honey](#)

[3/12: All Course Cards Submitted](#)

[3/13 6 PM Zoom: Bella Notte Dinner](#)

[3/14: Daylight Savings Time Begins-SET CLOCKS AHEAD 1 HOUR](#)

[3/14: Deadline to Submit Yearbook Sports Ad](#)

[3/17: Last Day to Donate to Gift Baskets for Foster & Homeless Seniors](#)

[3/17 10:25-11:45 AM: Rotating Schedule - Period 3](#)

[3/17 7 PM Zoom: Value Priced Colleges Presentation](#)

[3/19: End of Third Quarter](#)

[3/19 2:15-5 PM CP Parking Lot: Seniors Driving Into Final Stretch](#)

[3/24 10:25-11:45 AM: Rotating Schedule - Period 4](#)

[3/29: Periods 1, 2, 5](#)

[3/30: Periods 3, 4, 6](#)

[3/31: Periods 1, 2, 5](#)

[4/1: Periods 3, 4, 6](#)

[4/2: Cesar Chavez Day - NO SCHOOL](#)

Falcon Flyer Submissions

The *Falcon Flyer* is distributed every Tuesday and Friday. All submissions must be received by **noon on Monday and noon on Thursday** for the next day's publication. If the deadline falls on a holiday, then submissions are due the prior business day: **noon on Friday and noon on Wednesday** for the next publication.

[Click here](#) for additional information or [send an email to submit an item](#).

In this issue:

College Park Return to

4/5-4/9: Spring Break - NO SCHOOL

4/14 10:25-11:45 AM: Rotating Schedule - Period 5

College Park Return to School Preparation

As we prepare College Park for the safe return of students, we have made several modifications around campus. We have made several site changes, designed to improve safety for students and staff. A big thanks to our Campus Supervisors, Ms. Gillette, and our admin team for working so diligently on school safety.



View the site changes.

PTSA Meeting Guest Speaker, Linda Middlesworth

Date: Tuesday, March 9

Time: 7:00 PM

Place: [Zoom](#)

Meeting ID: 891 5941 4459

Passcode: 375904

One tap mobile:

+16699006833,,89159414459#,,,375904#

Dial by your location: +1 669 900 6833

Join us at the next General PTSA meeting for the special speaker series presentation by Linda Middlesworth. Learn how to help teens achieve better eating habits, nutrition and a lifetime of good health. Linda is a "Food for Life" instructor, a vegan coach/mentor...and more!

[Download the flyer.](#)

[Join Zoom meeting.](#)

[Learn more about Linda Middlesworth.](#)



Download the flyer.

Bella Notte Dinner

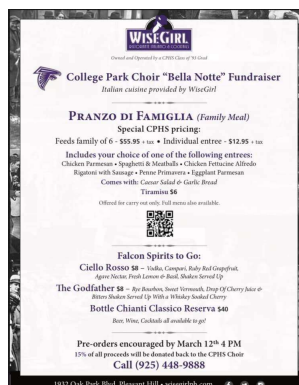
Date: Saturday, March 13

Time: 6:00 PM

Place: Zoom - link to come!

Mark your calendars to support College Park High School's Choirs. Any take-out orders from Wise Girl for March 13 will be part of this incredible fundraiser. The restaurant is giving 15% back to CP Choirs that night! Pre-orders for this special on the Flyer suggested.

Enjoy an Italian meal at home, while being serenaded with the best of Italian music, performed by local students.



Download the flyer.

School Preparation

[PTSA Meeting](#)

[Bella Notte Dinner](#)

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Tea with Honey



March 12, 8:30 AM

Quick Links

[College Park PTSA](#)

[Join the PTSA on Facebook!](#)

[Join the PTSA](#)

[DONATE to the PTSA](#)

[CPHS Webstore](#)

[College & Career Center](#)

[CP Grad Nite](#)

[CP Athletic Booster Club](#)

[CP Choir](#)

[CP Drama](#)

[CP Instrumental Music](#)

[CP Visual Arts](#)

[CP Spiritwear](#)

[FPHE \(Foundation for Pleasant Hill Education\)](#)

[MDEDF](#)

[MDUSD](#)

[eScrip](#)

[CA State PTA](#)

Go Fund Me Fundraiser for the Class of 2021

The Senior Class of 2021 has made history, but not in the way we expected. They will miss out on many traditions they have been looking forward to since they were freshmen. The loss is real and we want to do something to ensure the kids are celebrated and know they have not been forgotten. We have put together this fundraiser as a means to raise money for several ideas and events that we would like to pull together before graduation. Exactly what we do depends on how much we raise and of course, in some cases, will depend on what is allowed based on the tier guidelines.



- Drive Through Graduation Event on March 19th
- Graduation Yard Signs
- Yearbook Signing Gathering (Ice Cream Social, Picnic etc.)
- Miscellaneous Graduation Event Costs (not covered by the school)

We are not asking for a set donation and would sincerely appreciate any amount you are able to contribute. Inclusion in these events is in no way tied to donating. All seniors will be celebrated.

Please help us raise these funds to celebrate the amazing Class of 2021!

Contact [Kathleen Nagel](#) with any questions.

[Amazon Smile](#)

[Join Our Mailing List!](#)

March-April Schedule Changes

We have adjusted the March-April calendars according to the schedule at right to accommodate the Cesar Chavez Day holiday on Friday, April 2.

MARCH 2021													
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31									
		Periods 1 & 2	Periods 3 & 4	Periods 1 & 2									

APRIL 2021													
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
							1	2	3	4	5	6	7
8	9	10	11	12	13	14	15	16	17	18	19	20	21
22	23	24	25	26	27	28	29	30	1	2	3	4	5
6	7	8	9	10	11	12	13	14	15	16	17	18	19
20	21	22	23	24	25	26	27	28	29	30	1	2	3

[Download the schedule.](#)

CP Seniors Driving into the Final Stretch

Date: Friday, March 19

Time: 2:15-5:00 PM

Place: CP Parking Lot

Masks are required and social distancing will be enforced.

- Raffles

- Games
- Prizes
- Food
- Fun

"CP Seniors Driving into the Final Stretch"

Friday, March 19th, 2021
College Park High School Student Parking Lot
2:15pm-5:00pm
Socially Distanced ★ Masks Required

Be sure to sign up on Signup Genius for your drive time by 2/12/21

Kilgus Kreme Doughnuts Photo Station March Madness Mini Shoot



Attend for your chance to win gift cards from:
Chick-fil-A, Chipotle, Cold Stone Creamery, Ian's
Yogurt, In-n-Out, Kinders, Starbucks, Target
Raffles ★ Games ★ Prizes ★ Food ★ Fun

Download the flyer.

Mountain Mike's Pizza Cross Country Fundraiser Last Day is March 10

Dates: February 15-March 10

Time: 11:00 AM - 9:00 PM

Place: Mountain Mike's Pizza
30 Golf Club Road - next to DVC

Please join us for a Dine and
Donate at Mountain Mike's Pizza.



Download the flyer.

College Park Cross Country will
receive 30% of the proceeds - Just mention College Park Cross
Country or show the flyer.

Order a \$20.00 Mt. Mike's discount pizza card and receive a
discount throughout the year at the Mountain Mike's on Golf
Club Road near College Park. The card will expire at the end
of 2021.

Contact [Imelda Lamoureux](#) or [Annie Reed](#) to order your card.

Purchase Yearbooks Deadline is March 11

We'd hate for your student to not
to get a book on yearbook delivery
day. Please go to the CP webstore
to purchase your copy. This copy
will be like no other, so you don't
want to miss out on it!

Yearbook Instagram:

yearbook2021cp

2020-2021

Follow our Instagram, *yearbook2021cp* to submit your photos and
quotes to the yearbook!



Visit the Webstore.

2021-22 Course Selection Course Cards Due March 12

Please visit our [2021-22
Scheduling.page](#) for all relevant

web links regarding the course selection process.

[Download the course selection schedule.](#)

[Download the 2021-22 Course Catalog.](#)

[Visit the Academic Planning page.](#)



Visit the Scheduling page.

Submit your Sports Ad Here Deadline is March 14

Since yearbook is on a strict deadline, some sports will not be able to be fully included in the yearbook. Please submit a Sports Ad for your student. This is a great way to make sure your student is included and their sport! Instructions are listed in the flyer.



Download the flyer.

Gift Baskets for Foster & Homeless Seniors Last Day to Donate is March 17

Dear CPHS parents,
We would like to do something nice to recognize some of our most vulnerable seniors, which include homeless and foster youth. We are reaching out to ask if you can help us fill 13 baskets with goodies - for 10 senior boys and 3 senior girls.



Items can be dropped off at College Park in the main office at Student Services North. Cheri Cheng, Office Manager, can assist if you need help.

Items that we will need are:

- Gift cards (Target, Kohls, Starbuck's, Peet's, etc.)
- Senior/CPHS swag and items for baskets
- Candies, chocolates, nuts
- Canned/packaged/boxed items like teas, treats, etc. to fit into baskets
- Hand written cards, notes of encouragement
- Anything you can think of that will make them feel appreciated!

Let's include these wonderful students in our senior celebrations and bring a smile to their faces! Thank you for your help, and please reach out to the following individuals if you need to make alternate arrangements:

[Anne Winterich](#)

[Laima Haider](#)

Value Priced Colleges Presentation

Date: Wednesday, March 17

Time: 7:00 PM

Place: [Zoom](#)

Meeting ID: 879 9627 9290

Passcode: 677626

Contact: [David Walters](#)

Presenter: Tim Lenahan, the

"[College Finance Guy](#)" is an

independent College Financial

Counselor, C.P.A., M.S., and has

a Certificate in College Admissions & Career Planning from UC Berkeley.

Limited to: 100 participants

Topic: Value-Priced Colleges

The cost of college is now the second largest purchase a family makes. Families need to make sure they receive a good value for what they pay. How do you determine the economic value of a college degree and what your family is willing to pay for it? What are the best value colleges in state and out of state? What do you need to do now? Find out how many amazing options there are for colleges that offer merit aid and other reduced tuition fees, regardless of your income or assets.

[Visit the College Finance Guy site.](#)

[Join Zoom meeting.](#)

[Download the flyer.](#)



Join Zoom meeting.

Senior Portraits & Graduation Packages

If you have not scheduled your Senior Portrait sitting time, please contact **Creative Imaging:**

(925) 485-6025.

If you have not ordered your cap/gown, be sure to [email](#)

[Jostens](#) or call **(925) 838-1835** to place your order.



Download the order form.

ParentSquare

As we announced back in December, we are very excited to be adopting ParentSquare as a new form of communication for College Park and in the MDUSD. Parent Square is designed to keep parents informed and facilitate participation at school. It



View the parent videos.

provides a safe way for the school principal, teachers, staff, and parents to:

- Send and receive school and class information
- Share pictures and files
- See calendar items
- Sign up to volunteer
- and much more . . . all in one centralized place!

Recording of Classroom Lessons by Students, Parents or Teachers

There have been many questions regarding recordings of online sessions, so I want to share the guidelines we are following at College Park.



- Video recordings of classroom instruction qualify as "education records" under the Family Educational Rights Privacy Act, and as such are protected by state and Federal privacy laws. The following rules apply:
- Recordings by teachers of classroom instruction for distribution to students for educational purposes are permitted by FERPA. When used for an educational purpose, recordings of a classroom by a teacher are not considered an "educational record."
- Recordings by students of lessons for educational purposes are permitted but only if expressly authorized by the teacher. Under California Education Code Section 51512 it is illegal for any person - including the student - to record what is happening in the classroom without the consent of the teacher.
- Recordings by parents of lessons for widespread distribution, or for virtually any use, are not permitted by the California Education Code. Again, it is illegal for a parent to record classroom instruction without the expressed and written consent of the teacher, and such recording may not be distributed to third parties (such as in social media) under FERPA. See Ed. Code Section 51512.

Please email [Mr. Honey](#) if you have any questions.

Attendance Procedures in Distance Learning

Email attendance clearances, excuses, issues, concerns and updates to the [Attendance Secretary](#).

Teachers are recording each student's attendance through the codes provided by



Visit the Attendance page.

CA State to represent their highest level of participation for that day:

- P = Present: Online synchronous instruction, 1:1 office hours
- 4 = Online Activity: Completed a test, turning in assignments, etc.
- 3 = Communication w/ Certificated Staff: 2-way communication with student and/or parent online or by email
- A = Absent (none of the above engagement)

Support Staff Code:

- 6 = Support Service Access: Speech Therapy, OT, PT, Counseling

Distance Learning Student Expectations & Protocols for Online Meetings

- Students must login using their MUDSD.Net email account
- Log-on to Zoom/Google Meet five minutes prior to class starting
- Have First and Last name correctly spelled on your Zoom/Google Meet window
- Keep cameras on (if possible) and Microphones on Mute unless speaking to teacher or as directed by teacher.
- Students should be in appropriate school attire during online meetings
- Use the Chat appropriately (To ask questions, connect to teacher)

