

# Falcon Flyer

sponsored by the  
College Park High School PTSA

Tuesday, February 2, 2021



Welcome to the *Falcon Flyer*, your source of news and information from College Park High School, a California Distinguished School.  
Forward this email, update your information or remove yourself from the list using the links at the bottom.

## NCS Season Breakdown



### NORTH COAST SECTION, CIF

5 CROW CANYON COURT, STE. 209, SAN RAMON, CA 94583

#### 2020-21 NCS SPORT BREAKDOWN & CALENDAR

RELEASED: JANUARY 14, 2021

EDITED: JANUARY 18, 2021 & JANUARY 29, 2021

#### 2020-21 NCS SEASON OF SPORT BREAKDOWN PER CDPH GUIDANCE

| PURPLE            | RED             | ORANGE         | YELLOW                   |
|-------------------|-----------------|----------------|--------------------------|
| CROSS COUNTRY     | BASEBALL        | BADMINTON      | BASKETBALL               |
| GOLF              | FIELD HOCKEY    | FOOTBALL       | COMPETITIVE CHEERLEADING |
| SWIMMING & DIVING | GIRLS' LACROSSE | GYMNASTICS     | WRESTLING                |
| TENNIS            | SOFTBALL        | BOYS' LACROSSE |                          |
| TRACK & FIELD     |                 | SOCCER         |                          |
|                   |                 | VOLLEYBALL     |                          |
|                   |                 | WATER POLO     |                          |

#### 2020-21 NCS CALENDAR

| ALL SPORTS  |   |
|---|---|
| FIRST DATE OF PRACTICE (if/when allowed by County/District/Board) | FEB. 1, 2021  |
| SOP DATE  | 50% of the season   |
| FINAL DATE OF FOOTBALL COMPETITION                                | APR. 17, 2021   |
| FINAL DATE OF COMPETITION FOR ALL SPORTS (OTHER THAN FB)          | JUNE 12, 2021   |
| LENGTH OF SEASON  | Determined by league, but recommended 7-10 weeks  |
| MAXIMUM # OF CONTESTS   | Recommended prorated # of contests per sport, in accordance with and not to exceed NCS 101H (see chart below) |
| NCS/CIF CHAMPIONSHIPS   | None  |

#### 2020-21 NCS MAXIMUM NUMBER OF CONTESTS CHART

| SPORTS                    | EXISTING MAX. # OF CONTESTS (NCS 101H) | RECMD. MAX. # OF CONTESTS - 7 WEEKS | RECMD. MAX. # OF CONTESTS - 8 WEEKS | RECMD. MAX. # OF CONTESTS - 9 WEEKS | RECMD. MAX. # OF CONTESTS - 10 WEEKS |
|---------------------------|--|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------------------|
| BADMINTON                 | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| BASEBALL                  | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| BASKETBALL                | 26                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| COMP. SPORT CHEER (STUNT) | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| CROSS COUNTRY             | 14                                     | 7                                   | 8                                   | 9                                   | 10                                   |
| FIELD HOCKEY              | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| FOOTBALL                  | 10                                     | 7                                   | 8                                   | 9                                   | 10                                   |
| GOLF                      | 22                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| GYMNASTICS                | 15                                     | 7                                   | 8                                   | 9                                   | 10                                   |
| LACROSSE                  | 20                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| SOCCER                    | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| SOFTBALL                  | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| SWIMMING & DIVING         | 14                                     | 7                                   | 8                                   | 9                                   | 10                                   |
| TENNIS                    | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| TRACK & FIELD             | 14                                     | 7                                   | 8                                   | 9                                   | 10                                   |
| VOLLEYBALL                | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| WATER POLO                | 24                                     | 14                                  | 16                                  | 18                                  | 20                                   |
| WRESTLING                 | 40                                     | 21                                  | 24                                  | 27                                  | 30                                   |

Visit the College Park Website

### Upcoming Events

2/3 10:25-11:25 AM: Rotating Schedule - Period 5

2/3: DVC's 10th Annual DREAMers Conference

2/4: DVC's 10th Annual DREAMers Conference

2/4 6:30-7:30 PM Zoom: AP Info Night

2/5: DVC's 10th Annual DREAMers Conference

2/8: Periods 1, 2, 5

### Falcon Flyer Submissions

The *Falcon Flyer* is distributed every Tuesday and Friday. All submissions must be received by **noon on Monday and noon on**

[2/8: 11th Grade Course Selection Visits during English 3](#)  
 2/8 2-3:30 PM E Hall: Living Earth Textbook Exchange  
[2/9: Periods 3, 4, 6](#)  
[2/9: 11th Grade Course Selection Visits during English 3](#)  
 2/9 2-3:30 PM E Hall: Living Earth Textbook Exchange  
 2/9: 3rd Quarter Progress Reports Submitted  
[2/10: Periods 1, 2, 5](#)  
[2/10: 10th Grade Course Selection Visits during English 2](#)  
 2/10 2-3:30 PM E Hall: Living Earth Textbook Exchange  
[2/11: Periods 3, 4, 6](#)  
[2/11: 10th Grade Course Selection Visits during English 2](#)  
 2/11 2-3:30 PM E Hall: Living Earth Textbook Exchange  
[2/12: President's Day Weekend - NO SCHOOL](#)  
[2/15: President's Day Weekend - NO SCHOOL](#)  
[2/15: Deadline to Submit Your Own Yearbook Portrait Photo](#)  
[2/16: Periods 1, 2, 5](#)  
[2/17: Periods 3, 4, 6](#)  
 2/17: 8th Grade Matriculation Day  
[2/18: Periods 1, 2, 5](#)  
[2/18: 9th Grade Course Selection Visits during English 1](#)  
 2/18 6:30 PM Zoom: 8th Grade Parent Night  
[2/19: Periods 3, 4, 6](#)  
[2/19: 9th Grade Course Selection Visits during English 1](#)  
 2/24 10:25-11:25 AM: Rotating Schedule - Period 6  
[2/26 3 PM: Deadline to Submit CSF Application](#)

### Submit Your Own Yearbook Portrait Photo

If your student did not have their portrait photo taken on campus, they can still send in their own photo to be used in the yearbook. Please follow the instructions in the below flyer. Deadline is **February 15**.



Download the flyer.

### CSF Applications Accepted February 1-26

Email applications to [Ms. Haider](#) by the end of the day (3:00 PM) Friday, February 26, 2021. Students should be attending CSF meetings on the first and third Wednesday of the month. Students should also join the remind (fa4dkf6) for Zoom links and updates.  
[Download the application.](#)  
[Visit the CPHS Webstore.](#)



Visit the CSF page.

### DVC's 10th Annual DREAMers Conference

**Thursday** for the next day's publication. If the deadline falls on a holiday, then submissions are due the prior business day: **noon on Friday and noon on Wednesday** for the next publication.  
[Click here](#) for additional information or [send an email to submit an item](#).

### In this issue:

[Submit Your Own Yearbook Portrait](#)  
[CSF Applications](#)  
[DREAMers Conference](#)  
[AP Info Night](#)  
[NCS Season Breakdown](#)  
[ParentSquare](#)  
[PH Schools Anti-Racism](#)  
[Anti-Bias Assistance](#)  
[MDEDF - Give 10 Campaign](#)  
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[Attendance Procedures in Distance Learning](#)  
[Distance Learning Student Expectations](#)

### Tea with Honey



Check back for upcoming dates.

### Quick Links

[College Park PTSA](#)  
[Join the PTSA on Facebook!](#)  
[Join the PTSA](#)  
[DONATE to the PTSA](#)  
[CPHS Webstore](#)



- Share pictures and files
- See calendar items
- Sign up to volunteer
- and much more . . . all in one centralized place!

### PH Schools Anti-Racism Anti-Bias Assistance

Pleasant Hill's Education Commission has launched a new initiative to assist with supporting Pleasant Hill schools with diversity, inclusion, equity, and anti-racism/anti-bias.

[Visit the Facebook page.](#)



Download the flyer.

### MDUSD Education Foundation Give 10 Campaign

Dear MDUSD families, the MDUSD Education Foundation (MDEDF) is launching our "Give 10" annual giving campaign in February. We will be raising money to fund STEAM programs for our students throughout



Download the flyer.

February. We are asking families to please donate a minimum of \$10 per student. If you cannot contribute \$10, we hope you will donate 10 minutes of your time to like, share and follow us on social media. Some of the wonderful STEAM programs we have already helped fund to benefit MDUSD high school students include:

- Project Lead the Way 3D printer and supplies for science and engineering classes
- Bay Area Urban Debate League (BAUDL)
- Gizmos science
- Remote learning tools

In addition to programs, the foundation funded 100 Chromebooks for virtual instruction.

Together, we can do so much more! Please share our messages and follow us on Facebook @MDEDF, Twitter @MtDiabloEF, Instagram @MtDiabloEF, LinkedIn Give 10, STEAM 4 Students

[MDUSD Education Foundation](#)

### Living Earth Textbook Exchange

Living Earth textbooks will be exchanged in **E Hall**, on the following dates and times:



**Monday, 2/8, 2-3:30 PM:** students whose last name starts with A, B, C, or D

**Tuesday, 2/9, 2-3:30 PM:** students whose last name starts with E, F, G, H, I, J, or K

**Wednesday, 2/10, 2-3:30 PM:** students whose last name starts with L, M, N, O, P, or Q

**Thursday, 2/11, 2-3:30 PM:** students whose last name starts with R, S, T, U, V, W, X, Y, or Z

### Senior Portraits & Graduation Packages

If you have not scheduled your Senior Portrait sitting time, please contact **Creative Imaging:** (925) 485-6025.

If you have not placed your cap/gown and graduation order, please [email Jostens](#) your graduation order, or call **Jostens:** (925) 838-1835



### Deadline to Purchase Yearbooks Approaching

The deadline to order a yearbook is approaching. We'd hate for your student to not get a book on yearbook delivery day. Please go to the CP webstore to purchase your copy. This copy will be like no other, so you don't want to miss out on it!

Yearbook Instagram:  
yearbook2021cp  
2020-2021

Follow our Instagram, *yearbook2021cp* to submit your photos and quotes to the yearbook!



Visit the Webstore.

### Stossel in the Classroom Student Contest

\$2,500 First Place Prize

March 8, 2021 entry deadline

Please contact [Mrs. Shumate](#) with any questions.

View the [Student Essay or Video Contest Information](#).

View the [SpaceX Does What Government Won't](#) Video.



Visit the Stossel site.

### Recording of Classroom Lessons by Students, Parents or Teachers

There have been many questions regarding recordings of online sessions, so I want to share the guidelines we are following at College Park.



- Video recordings of classroom instruction qualify as "education records" under the Family Educational Rights Privacy Act, and as such are protected by state and Federal privacy laws. The following rules apply:



- Recordings by teachers of classroom instruction for distribution to students for educational purposes are permitted by FERPA. When used for an educational purpose, recordings of a classroom by a teacher are not considered an "educational record."
- Recordings by students of lessons for educational purposes are permitted but only if expressly authorized by the teacher. Under California Education Code Section 51512 it is illegal for any person - including the student - to record what is happening in the classroom without the consent of the teacher.
- Recordings by parents of lessons for widespread distribution, or for virtually any use, are not permitted by the California Education Code. Again, it is illegal for a parent to record classroom instruction without the expressed and written consent of the teacher, and such recording may not be distributed to third parties (such as in social media) under FERPA. See Ed. Code Section 51512.

Please email [Mr. Honey](#) if you have any questions.

### Attendance Procedures in Distance Learning

Email attendance clearances, excuses, issues, concerns and updates to the [Attendance Secretary](#).

Teachers are recording each student's attendance through the codes provided by CA State to represent their highest level of participation for that day:



Visit the Attendance page.

- P = Present: Online synchronous instruction, 1:1 office hours
- 4 = Online Activity: Completed a test, turning in assignments, etc.
- 3 = Communication w/ Certificated Staff: 2-way communication with student and/or parent online or by email
- A = Absent (none of the above engagement)

Support Staff Code:

- 6 = Support Service Access: Speech Therapy, OT, PT, Counseling

## Distance Learning Student Expectations & Protocols for Online Meetings

- Students must login using their MUDSD.Net email account
- Log-on to Zoom/Google Meet five minutes prior to class starting
- Have First and Last name correctly spelled on your Zoom/Google Meet window
- Keep cameras on (if possible) and Microphones on Mute unless speaking to teacher or as directed by teacher.
- Students should be in appropriate school attire during online meetings
- Use the Chat appropriately (To ask questions, connect to teacher)

