

# Falcon Flyer

sponsored by the  
College Park High School PTSA

Tuesday, March 22, 2022



Welcome to the **Falcon Flyer**, your source of news and information from College Park High School, a California Distinguished School.

Forward this email, update your information or remove yourself from the list using the [links at the bottom](#).

## Donations for Ukrainian Refugees *See below for details*



[Visit the College Park Website](#)

Visit the MDUSD COVID  
Page

### Upcoming Events

[3/22 3:25 PM Library: Peer Tutoring](#)  
[3/22 3:30-6 PM College Park: COVID Testing](#)  
[3/24: Deadline to Apply for Outdoor Education Cabin Leader](#)  
[3/24 3:25 PM Library: Peer Tutoring](#)  
[3/25: Deadline to Order Egg My Yard - Stunt Fundraiser](#)  
[3/25: Deadline to Order Class of 2022 Yard Signs](#)  
3/25: Math Field Day  
[3/26 12-6 PM Macy's Sunvalley: Own Your Prom Event](#)

### Falcon Flyer Submissions

The Falcon Flyer is distributed every Tuesday and Friday. All submissions must be received by noon on Monday and noon on Thursday for the next day's

3/26: Junior Prom  
[3/28 2:30-6 PM College Park: COVID Testing](#)  
[3/29 3:25 PM Library: Peer Tutoring](#)  
[3/29 3:30-6 PM College Park: COVID Testing](#)  
[3/31 3:25 PM Library: Peer Tutoring](#)  
4/1: Cesar Chavez Day *NO SCHOOL*  
[4/1: Deadline to Apply for PTA Scholarship](#)  
4/4-4/8: Spring Break *NO SCHOOL*  
[4/11 2:30-6 PM College Park: COVID Testing](#)  
[4/12 3:25 PM Library: Peer Tutoring](#)  
[4/12 3:30-6 PM College Park: COVID Testing](#)  
[4/14 3:25 PM Library: Peer Tutoring](#)  
[4/18 2:30-6 PM College Park: COVID Testing](#)  
4/19: Deadline to Order Senior Ball Tickets  
[4/19 3:25 PM Library: Peer Tutoring](#)  
[4/19 3:30-6 PM College Park: COVID Testing](#)  
[4/20 8:30 AM-2:11 PM: Early Out Wednesday](#)  
4/20 6:30 PM Oak Park Round Table: Athletic Boosters Meeting  
[4/21 3:25 PM Library: Peer Tutoring](#)

publication. If the deadline falls on a holiday, then submissions are due the prior business day: noon on Friday and noon on Wednesday for the next publication.

[Visit the Falcon Flyer webpage](#) for additional information or [send an email to submit an item](#).

[Join Our Mailing List!](#)

---

### Donations for Ukrainian Refugees

Interact Club is working with White Pony Express to collect donations for Ukraine. Donations needed include non-perishable food, medical items, toiletries, etc. The entire list of needed items can be viewed in the link below. White Pony Express is shipping these items to trusted organizations serving over one million refugees that have fled Ukraine. Donations can be dropped off in the box in Student Services North.

[Download the flyer.](#)



---

### Own Your Prom Event

**Date:** Saturday, March 26

**Time:** 12:00-6:00 PM

**Place:** Macy's Sunvalley Mall

Lower-Level Dress Department

Macy's Concord Sunvalley Mall invites you to our *Own Your Prom* event! Enjoy 25% off on all prom dresses and receive beauty tips and tricks from our talented beauty advisors. There will be cool giveaways and a ton of fun, so be sure to stop by! In order to receive the 25%, you must present the digital flyer or email [Megan Cook](#) to receive a paper copy of the flyer.  
[Download the flyer.](#)



---

### Senior Panoramic Photo

Attention seniors: the senior panoramic photo is here! If you purchased one in advance you can pick it up at the treasurer's window during brunch or lunch. If you haven't purchased one yet, you can order one on the webstore or at the treasurer's window; they will be available while supplies last.



---

### Cabin Leaders Needed for Outdoor Education

**Deadline:** Thursday, March 24

Strandwood Elementary is currently looking for applicants for outdoor education cabin leaders during their session May 9-13, 2022. Juniors and seniors are encouraged to apply.

Complete and return the attached form to Strandwood Elementary or email 5th grade teacher [Amber McCaffrey](#).

If you had previously applied earlier this year for Hidden Valley, your application is on file with Mrs. McCaffrey.

[Download the application.](#)

---



---

### Volunteers Needed for Math Field Day

**Date:** Friday, March 25

**Time:** 8:30 AM-3:15 PM

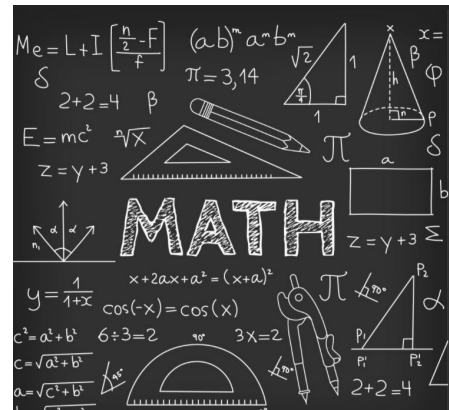
**The Math Department needs volunteers for our annual Math Field Day.**

The math teachers have developed stations at which students will calculate area, circumference, slope, estimate volume and calculate geometric probability. We have new stations this year along with some old favorites. AP Calculus and AP Statistics students will be on hand to assist with the math. Students will be attending only during their math classes as directed by their own math teachers.

We need parent volunteers to help with the stations, coordinate the desserts (students must find volume before consuming) and more. (Math/science background is not required for volunteers.)

[Sign up to volunteer.](#)

---



---

### Stunt Fundraiser - Egg My Yard

**Deadline:** Friday, March 25

**Delivery:** Saturday, April 16 (evening)

**Cost:** 25 Eggs - \$25, 50 Eggs - \$45

How would you like to wake to find your yard filled with candy and toy stuffed eggs from the "Easter Bunny"? Save some



**EGG MY YARD**  
FUNDRAISER SUPPORTING  
COLLEGE PARK STUNT CHEER PROGRAM

time and let our Lady Falcons do the work. This year we will only be decorating yards in Pleasant Hill and Martinez.  
Email [College Park Cheer](#) with questions.  
[Download the flyer.](#)

---

### ***Deadline Extended!***

#### **Order Class of 2022 Yard Signs in Time to Enjoy for Graduation!**

**Cost:** \$25 each (includes the sign and yard stakes)

***Deadline Extended:*** Friday, March 25<sup>th</sup>

Order in time for your Senior to feel celebrated, proud and enjoy the recognition before Graduation. [View the new and unique design for our 2022 CPHS Grads.](#)

Spread the word to family and friends that want to celebrate your CPHS Senior as well.

Visit the [Grad Nite site](#) to order.

[Download the design.](#)



---

### **Senior Ball**

**Date:** Saturday, May 14

**Place:** Exploratorium

**Cost:** \$155 with ASB, \$160 without ASB

**Ticket Sales:** April 10-19

#### **Eligibility Rules**

- Must have at least a 2.0 for 3rd quarter grades (3rd quarter ends March 18th, 2022)
- No more than 9 truancies for the year (please check your attendance, X's, U's, and B's are truancies)
- No unserved detentions or Saturday schools
- Discipline incidents after Spring Break may jeopardize your eligibility to attend

#### **COVID Guidelines**

- Masks are required for all students attending the event.
- For Vaccinated Students: Students must upload a copy of their vaccination card when they purchase their ticket online.
- For Unvaccinated Students: Students must either have a negative PCR test within 48 hours of the event or a same day @Home test that was negative prior to boarding the bus.
- Students that have initially tested positive for COVID in the prior five days will not be eligible to attend. (Full refunds will be given).
- Students that have initially tested positive for COVID in the prior ten days will be eligible if they are symptom free and have a negative test after five days.
- Students that have COVID like symptoms (fever, cough, loss of smell etc.) will not be allowed to attend the event.

***The COVID guidelines are subject to change.***

If you need to sign up for Saturday School, please see Ms. Thompson in Student Services North for assistance. Mr. Honey will be sending out more information in his weekly Community Newsletter.





We really hope all of you will be able to attend and enjoy one of your last activities as a College Park senior. So, please check in with your administrator or Ms. Mahmood if you have any questions or are unsure of your eligibility status. *Do not wait until the last minute.*

---

### Grad Nite 2022 - Save the Date and Purchase Tickets Now!

**Deadline to Order Tickets:** Monday, April 25

**Date:** Thursday, May 26

**Time:** Following Graduation, until 4:00 AM

**Place:** [Dave & Busters](#)

On May 26, 2022, Grads will be bussed from the Concord Pavilion immediately following commencement. You will be dropped off at Dave and Busters in Concord. This is where you will enjoy an all-inclusive, all-night affair in a safe and sober environment. Dave and Busters will be closed to the public so College Park Graduates can enjoy food, sodas, unlimited video games, music, dancing, prizes and more. We will wrap up the party with a hypnotist and a grand prize drawing. You must be present to win.

Seniors...this is a fun night filled with exciting activities. We want you to know that your safety is our priority and understand that you might want to leave before the festivities end. There are no in and out privileges. However, in the event you want to leave, reach out to one of the chaperones and have them contact your parent or guardian.

Diana Fetterman will be reaching out to you or your parents to make sure waivers accompany ticket purchases. The waiver will enter you into the drawing for the senior ball ticket. Waivers must be completed for you to be admitted into Grad Nite. We are so looking forward to celebrating you...so light up the night on May 26!

The 2022 Grad Nite Committee.

Email the [Grad Nite committee](#) with any questions.

[Complete the online waiver and order tickets.](#)

---



### Clayton Valley Swim Meet Results

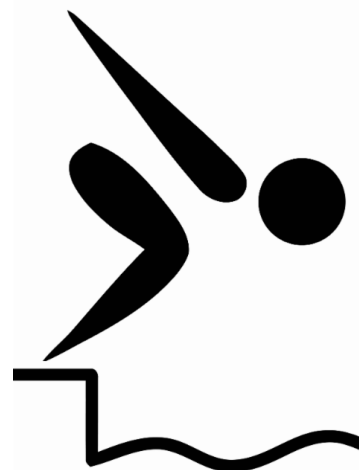
College Park Swimmers proved to be tough competition against Clayton Valley and Berean last Friday at the Bucannon Pool in Pittsburg winning against Berean and slightly being edged out by Clayton Valley, CP were tough competitors.

High Scoring swimmers and taking firsts were:

Devin Purewal, 100 FLY 54.37 NCS, Anna Gorniytzki, 200 FREE 2:04.28, 100 FREE 57.08, Soren Stanton, 100 BREAST 1:03.92, Jackson Barnacal, 50 FREE 23.05, Colin So, 500 free 5:19.42.

Taking 2<sup>nd</sup> place scoring for the Falcons were: Logan Gandrup, 200 FREE 1:56.28, Zac Gartner, 50 FREE 23.40, Abby Kalogirou, 6:29.66, Jackson Barnacal, 100 FREE 51.75

Taking 3<sup>rd</sup> place and scoring for the Falcons were: Corinne Katz, Corinne BACK 1:11.25, Gross, McKenna 100 BREAST 1:15.08, Madison Branse, Madison 100 FLY 1:08.62 and Eva Gorniytzki, 100 FREE 59.62



Outstanding relay performances and NCS consideration:

200 Medley Relay Girls: 2:02.33 Audrey Audrey, McKenna Gross Madison Branse, Amara Martinez.

200 Medley Relay Boys 1:46.43 Jackson Barnacal, Soren Stanton, Devin Purewal, Nate Wendling,

200 Free Relay Girls: 1:47.23 Anna Gornyitzki, Eva Gornyitzki, Lucy Galbraith, Amara Martinez

400 Free Relay Boys: 3:27.10 Jackson Barnacal, James Mariolle, Soren Stanton, Devin Purewal

---

## PTA Scholarships

**Deadline:** April 1, 2022

Thirty-Second District PTA awards up to six \$500.00 scholarships to high school seniors graduating from Contra Costa County high schools that participate in an active PTSA.

These scholarships focus on the categories of school volunteering, community service, personal challenge, and exemplification of PTA values.

Scholarships are distributed among these areas of focus, with two awards given to students at each of these three education paths:

- career or technical school
- community college
- four-year college

High school seniors will qualify for these scholarships if they:

- are members of their high school PTSA
- are students in good standing with a minimum grade point average of 2.0
- plan to attend an accredited career or technical school, community college, or four-year college

Scholarship funds are for educational expenses such as tuition, books and supplies, fees, or special needs services.

For more information or questions, please, email [PTA Scholarships](#).

[Visit the PTA site to apply.](#)

---



---

## Announcing the FIRST Pride Prom in Contra Costa County!

**Date:** April 23, 2022

**Time:** 8:00-11:00 PM

**Place:** Concord High School

Get ready for a night to remember!

Pride Prom is for juniors and seniors attending any Mt. Diablo Unified School District high school.

Parent volunteers are needed for the following tasks:

- Decorate in the afternoon
- Check vaccination/testing
- Take tickets
- Clean up

Email [Kathleen Krentz](#) with questions.

[Order tickets.](#)

---



## Senior Pictures

Seniors, it's not too late to take your senior portraits! Creative Imaging is scheduling appointments at their Pleasanton location. Click on the link below for more information and to schedule your appointment.

[Order pictures.](#)



---

## Duce Construction Deck & Fence - Fundraiser

Mention College Park during an estimate, sign a contract, and we will donate 5% of the contract - up to \$500 - to any department/sport/boosters/music/choir/library, etc. of your choosing.

Email [Susan Duce](#) or call (925) 595-1020 with questions or to request an appointment.

[Visit the Duce Construction website.](#)



---

See below for the **2021-22 Bell Schedule.**

### College Park High School 2021-2022 Bell Schedule

#### Monday, Tuesday, Friday

0°	7:40 - 8:25
1°	8:30 - 9:25
2°	9:33 - 10:28
Brunch	10:28 - 10:38
3°	10:46 - 11:41
4°	11:49 - 12:44
Lunch	12:44 - 1:14
5°	1:22 - 2:17
6°	2:25 - 3:20

#### Wednesday

0°	7:40 - 8:25
1°	8:30 - 10:05
Brunch	10:05 - 10:15
2°	10:23 - 11:58
RTI	12:06 - 1:03
Lunch	1:03 - 1:33
5°	1:41 - 3:16

#### Thursday

0°	7:40 - 8:25
3°	8:30 - 10:05
Brunch	10:05 - 10:15
4°	10:23 - 11:58
RTI	12:06 - 1:03
Lunch	1:03 - 1:33
6°	1:41 - 3:16

#### Early Out Wednesday

0°	7:40 - 8:25
1°	8:30 - 10:05
Brunch	10:05 - 10:15
2°	10:23 - 11:58
Lunch	11:58 - 12:28
5°	12:36 - 2:11

#### Early Out Wed Dates

9/15/2021	10/13/2021
11/10/2021	12/8/2021
1/19/2022	2/9/2022
3/9/2022	4/20/2022
5/11/2022	

[Download the bell schedule.](#)

---

## Cafeteria Menu



## Quick Links

[College Park PTSA](#)  
[Join the PTSA on Facebook!](#)  
[Visit the CPHS Instagram Page](#)  
[Join the PTSA](#)  
[DONATE to the PTSA](#)  
[CPHS Webstore](#)  
[College & Career Center](#)  
[CP Grad Nite](#)  
[CP Athletic Booster Club](#)  
[CP Choir](#)  
[CP Drama](#)  
[CP Instrumental Music](#)  
[CP Visual Arts](#)  
[CP Spiritwear](#)  
[FPHE \(Foundation for Pleasant Hill Education\)](#)  
[MDEDF](#)  
[MDUSD](#)  
[eScrip](#)  
[CA State PTA](#)  
[Amazon Smile](#)

## Tea with Honey



Check back for future dates.

**Join Zoom meeting.**

Meeting ID: 478 701 9656

Passcode: Falcons

College Park HS e-Newsletter Options | 201 Viking Drive, Pleasant Hill, CA 94523

[Unsubscribe newsletter@cpathleticboosterclub.com](mailto:unsubscribe@cpathleticboosterclub.com)

[Update Profile](#) | [About Constant Contact](#)

Sent by [cpfalconflyer@gmail.com](mailto:cpfalconflyer@gmail.com) in collaboration  
with



Try email marketing for free today!