

# Falcon Flyer

sponsored by the  
College Park High School PTSA

Tuesday, March 8, 2022



Welcome to the **Falcon Flyer**, your source of news and information from College Park High School, a California Distinguished School.

Forward this email, update your information or remove yourself from the list using the [links at the bottom](#).

## PTSA Meeting TONIGHT, 7 PM, Zoom



[Visit the College Park Website](#)

**Visit the MDUSD COVID  
Page**

### Upcoming Events

[3/8 3:25 PM Library: Peer Tutoring](#)

[3/8 3:30-6 PM College Park: COVID Testing](#)

[3/8 6-7:30 PM Online: TUPE Family & Community Workshop \(English\)](#)

[3/8 7-8 PM: PTSA Meeting](#)

[3/9 8:30 AM-2:11 PM: Early Out Wednesday](#)

[3/10: El Tapatio Fundraiser](#)

[3/10 6-7:30 PM Online: TUPE Family & Community Workshop \(Spanish\)](#)

[3/11: Freshman Course Cards Due](#)

[3/11 2:15 PM Buchanan Pool: Swim Meet - See below for details](#)

[3/13: Deadline to Order Bella Notte! Tickets](#)

[3/14 2:30-6 PM College Park: COVID Testing](#)

[3/15: Deadline to Order Class of 2022 Yard Signs](#)

[3/15 3:25 PM Library: Peer Tutoring](#)

[3/15 3:30-6 PM College Park: COVID Testing](#)

[3/16 6:30-7:30 PM Oak Park Round Table: Athletic Boosters Meeting](#)

[3/17 3:25 PM Library: Peer Tutoring](#)

### Falcon Flyer Submissions

The Falcon Flyer is distributed every Tuesday and Friday. All submissions must be received by noon on Monday and noon on Thursday for the next day's publication. If the deadline falls on a holiday, then submissions are due the prior business day: noon on Friday and noon on Wednesday for the next publication.

[Visit the Falcon Flyer](#)

3/18: End of Third Quarter

[3/19 5:30 PM St. Andrew's Presbyterian Church: \*Bella Notte!\*](#)

[3/20: Deadline to Order Grad Nite Tickets - Early Bird Pricing](#)

[3/20: Deadline to Order Spring Spirit Wear](#)

[3/21 2:30-6 PM College Park: COVID Testing](#)

[3/22 3:25 PM Library: Peer Tutoring](#)

[3/22 3:30-6 PM College Park: COVID Testing](#)

[3/24 3:25 PM Library: Peer Tutoring](#)

[3/25: Deadline to Order Egg My Yard - Stunt Fundraiser](#)

3/25: Math Field Day

3/26: Junior Prom

[webpage](#) for additional information or [send an email to submit an item.](#)

[Join Our Mailing List!](#)

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## Senior Panoramic Photo

Attention Seniors!

The senior panoramic photo is here! If you purchased one in advance you can pick it up at the treasurer's window during brunch or lunch. If you haven't purchased one yet, but would like to, they will be for sale again on the webstore or at the treasurer's window beginning Tuesday, March 9, and will be available while supplies last.



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## Spring Spirit Wear is Here!

**Deadline:** Sunday March 20

The CP Athletic Boosters just launched new spirit wear!

- Proceeds benefit the College Park Athletic Program.
- Athletic Booster members can apply their spirit wear voucher at checkout.

[Order spirit wear.](#)

[Download the flyer.](#)

### New CPHS Spirit Wear!



Order yours today at [cphs.speakendcloth.com](http://cphs.speakendcloth.com)  
Show your Falcon pride and support the College Park Athletic Program with our Spring 2022 Spirit Wear. Athletic Booster members can apply their spirit wear voucher at checkout.

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## Swim Meet v. Clayton Valley

**Date:** Friday, March 11

**Place:** Buchanan Pool, Pittsburg

ER 1:50 PM

2 Buses leaving College Park at 2:15 PM

1 Bus for Return to College Park at approximately 6:30 PM

Contact [Vicky Dewey](#) with questions.

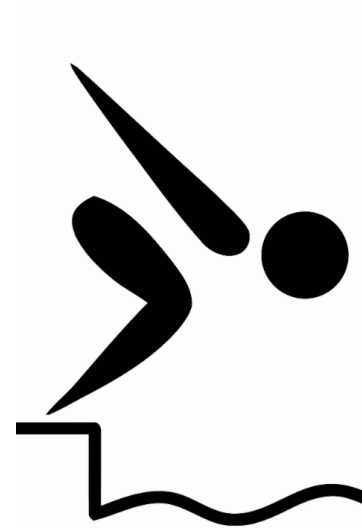


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## College Park Swim Team Showing Grit, Enduring a Winter Weather Meet

The CP swim team showed grit and courage to endure the freezing cold, arctic air on Friday at Northgate during the

triple dual meet against Northgate, Concord and Mount Diablo. They executed all the early season skills impeccably well. Finishing to the wall with no breath, perfecting starts, turns and streamlines with all the details that require patience. CP showed the utmost maturity in focusing on those details and not over pressuring themselves about their times. "We are early in the season; of course, we want every athlete to give their best effort, but the focus is to be a technician and perfect the mechanics that will take us to greater achievements later in the season," said head coach Vicky Dewey. CP won the meet over Concord and Mount Diablo. They proved to be competitors against Northgate.



Highlights were the girls Varsity 400 free relay of Amara Martinez, Anna Gornytski, Eva Gornytski and Elsa Horcizia with a time of 4:00.71, winning over Northgate, Concord and Mount Diablo. Also, the boys JV 400 free relay of Roke, Harper, Beridze and Gourley won with a time of 4:07.55. Soren Stanton took 2nd in the 100 breaststroke with a time of 1:03.84; Madison Branse took 2nd in the 100 fly with a time of 1:07.19; Colin So won the 500 free in 5:22.54. College Park took 2nd, 3rd, and 4th in the Girls 200 free with Anna Gornytzki leading the group, followed closely by Horcizia and Galbraith.

Leading the team in comradery, leadership as well as swimming were: James Mariolle, Jackson Barnacal, Max Popov, Nate Wendling, Soren Staton, Logan Gandrup, Anna Gornytzki, Amara Martinez, Elsa Horciza, Lucy Galbraith, Rosy Deilke, Audrey Hoover and Madison Branse.

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### Elections for the 2022-23 CPHS PTSA Board

**Date:** Tuesday, March 8

**Time:** 7:00 PM-8:00 PM

**Place:** [Zoom](#)

**Meeting ID:** 996 1500 5757

**Passcode:** N9H9FC

We will be taking nominations from the floor for multiple positions available on the CPHS PTSA Board. We invite you to get involved and participate in what is happening at the school and with our students.

Open positions are:

- President
- Executive Vice President
- VP - Ways & Means
- VP - Membership
- VP - Communications
- Treasurer
- Secretary
- Falcon Flyer/Website
- Parliamentarian
- Historian
- Auditor

If you would like to fill one of the positions listed, have any questions, or would like



College Park High School  
**PTSA**

more detailed information, please contact the current [PTSA President](#) directly.  
[View the agenda and access the Zoom link.](#)

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## TUPE Family and Community Engagement Workshops

**Dates:** Tuesday, March 8 (English) &  
Thursday, March 10 (Spanish)

**Time:** 6:00-7:30 PM

**Place:** Online



We are excited to be hosting our second family & community engagement interactive workshops.

This will be an interactive workshop with engaging discussion, group activities and ready-to-use resources. There is no cost to attend, although pre-registration is required.

[Visit the workshop registration page in \(English\)](#) or [\(Spanish\)](#) for more information and to sign-up.

If you have any questions, please contact [TUPE](#).

[Download the flyer \(English\).](#)

[Download the flyer \(Spanish\).](#)

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## Class of 2022 Yard Signs

**Cost:** \$25 each (includes the sign and yard stakes)

**Deadline:** Tuesday, March 15<sup>th</sup>

**NEW DESIGN *unique* to CLASS OF 2022!**

After all our CPHS Seniors have accomplished and battled through in the last two years, they should be celebrated in every way possible! These Yard Signs are just another way to show how proud you are of the CPHS Senior you are celebrating.

Order one or more, spread the word, so grandma/grandpa, aunts/uncles, friends and anyone else that wants to celebrate your CPHS Senior can order as well.

The proceeds will help fund Grad Nite.

Visit the [Grad Nite site](#) to order.

[Download the design.](#)

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## Bella Notte! Italian Dinner Show

**Date:** Saturday, March 19

**Time:** 5:30 PM, Antipasti; 6:00 PM, Primi  
Piatti

**Place:** St. Andrew's Presbyterian Church  
1601 Mary Drive  
Pleasant Hill

**Reservation Deadline:** Sunday, March 13

Buy your tickets now for *Bella Notte!*, the choir program's beloved annual spring fundraiser dinner. *Bella Notte!* is an enchanting evening celebrating the food,



music, romance and magic of Italy. Enjoy a delicious dinner of Italian food prepared by local restaurants and chefs, as the Celebration Center at St. Andrew's Presbyterian Church gets converted into a cozy trattoria. Revel in the glorious sounds, the soaring melodies, the passion and lyricism of Italian opera, pop and classical favorites, all sung by the talented singers in the College Park High School choirs.

[Download the flyer.](#)

[Order tickets.](#)



## Volunteers Needed for Math Field Day

**Date:** Friday, March 25

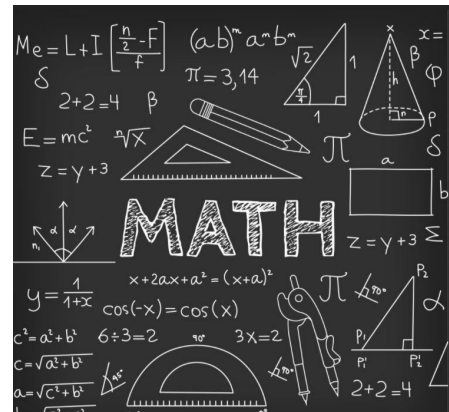
**Time:** 8:30 AM-3:15 PM

**The Math Department needs volunteers for our annual Math Field Day.**

The math teachers have developed stations at which students will calculate area, circumference, slope, estimate volume and calculate geometric probability. We have new stations this year along with some old favorites. AP Calculus and AP Statistics students will be on hand to assist with the math. Students will be attending only during their math classes as directed by their own math teachers.

We need parent volunteers to help with the stations, coordinate the desserts (students must find volume before consuming) and more. (Math/science background is not required for volunteers.)

[Sign up to volunteer.](#)



## Grad Nite 2022 - Save the Date and Purchase Tickets Now!

**Date:** Thursday, May 26

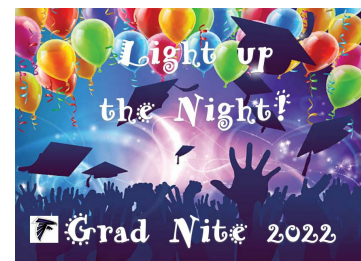
**Time:** Following Graduation, until 4:00 AM

**Place:** [Dave & Busters](#)

**Early Bird Deadline:** Sunday, March 20

**Deadline to Order Tickets:** Monday, April 25

March Madness early bird ticket price now through March 20, 2022, is **\$120.00**. After March 20, the price increases to **\$130.00**. Ticket sales end on April 25, 2022. **Light up the Night** at this all night, all



inclusive, safe and sober event celebrating College Park's class of 2022. In addition to March Madness, those who purchase a Grad Nite ticket on or before March 20 will be entered into a drawing to receive a chance to win a senior ball ticket. 2 winners will be awarded. [Complete the waiver and order tickets](#) today. *Waiver must be completed for your Grad Nite ticket to be valid.* Again...Congratulations class of 2022! Any questions? Email the [Grad Nite committee](#). [Complete the online waiver and order tickets](#).

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### Stunt Fundraiser - Egg My Yard

**Deadline:** Friday, March 25  
**Delivery:** Saturday, April 16 (evening)  
**Cost:** 25 Eggs - \$25, 50 Eggs - \$45  
How would you like to wake to find your yard filled with candy and toy stuffed eggs from the "Easter Bunny"? Save some time and let our Lady Falcons do the work. This year we will only be decorating yards in Pleasant Hill and Martinez. Email [College Park Cheer](#) with questions. [Download the flyer](#).



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### Senior Ball

**Date:** Saturday, May 14  
**Place:** Exploratorium  
**Cost:** TBD  
**Ticket Sales:** Post Spring Break  
**COVID Guidelines**



- Masks are required for all students attending the event.
- For Vaccinated Students: Students must upload a copy of their vaccination card when they purchase their ticket online.
- For Unvaccinated Students: Students must either have a negative PCR test within 48 hours of the event or a same day @Home test that was negative prior to boarding the bus.
- Students that have initially tested positive for COVID in the prior five days will not be eligible to attend. (Full refunds will be given).
- Students that have initially tested positive for COVID in the prior ten days will be eligible if they are symptom free and have a negative test after five days.
- Students that have COVID like symptoms (fever, cough, loss of smell etc.) will not be allowed to attend the event.

*The COVID guidelines are subject to change.*

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### PTA Scholarships

**Deadline *Extended*:** April 1, 2022  
Thirty-Second District PTA awards up to six \$500.00 scholarships to high school seniors graduating from Contra Costa County high schools that participate in an active PTSA.

These scholarships focus on the categories of school volunteering, community service, personal challenge, and exemplification of PTA values.

Scholarships are distributed among these areas of focus, with two awards given to students at each of these three education paths:

- career or technical school
- community college
- four-year college

High school seniors will qualify for these scholarships if they:

- are members of their high school PTSA
- are students in good standing with a minimum grade point average of 2.0
- plan to attend an accredited career or technical school, community college, or four-year college

Scholarship funds are for educational expenses such as tuition, books and supplies, fees, or special needs services.

For more information or questions, please, email [PTA Scholarships](#).  
[Visit the PTA site to apply](#).

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### **Announcing the FIRST Pride Prom in Contra Costa County!**

**Date:** April 23, 2022

**Time:** 8:00-11:00 PM

**Place:** Concord High School

Get ready for a night to remember!

Pride Prom is for juniors and seniors attending any Mt. Diablo Unified School District high school.

Parent volunteers are needed for the following tasks:

- Decorate in the afternoon
- Check vaccination/testing
- Take tickets
- Clean up

Email [Kathleen Krentz](#) with questions.

[Order tickets](#).

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### **Senior Pictures**

Seniors, it's not too late to take your senior portraits! Creative Imaging is scheduling appointments at their Pleasanton location. Click on the link below for more information and to schedule your appointment.

[Order pictures](#).

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### **Duce Construction Deck & Fence - Fundraiser**

Mention College Park during an estimate, sign a contract, and we will donate 5% of the contract - up to \$500 - to any department/sport/boosters/music/choir/library, etc. of your choosing.

Email [Susan Duce](#) or call (925) 595-1020 with questions or to request an appointment.



See below for the 2021-22 Bell Schedule.

### College Park High School 2021-2022 Bell Schedule

#### Monday, Tuesday, Friday

0°	7:40 - 8:25
1°	8:30 - 9:25
2°	9:33 - 10:28
Brunch	10:28 - 10:38
3°	10:46 - 11:41
4°	11:49 - 12:44
Lunch	12:44 - 1:14
5°	1:22 - 2:17
6°	2:25 - 3:20

#### Wednesday

0°	7:40 - 8:25
1°	8:30 - 10:05
Brunch	10:05 - 10:15
2°	10:23 - 11:58
RTI	12:06 - 1:03
Lunch	1:03 - 1:33
5°	1:41 - 3:16

#### Thursday

0°	7:40 - 8:25
3°	8:30 - 10:05
Brunch	10:05 - 10:15
4°	10:23 - 11:58
RTI	12:06 - 1:03
Lunch	1:03 - 1:33
6°	1:41 - 3:16

#### Early Out Wednesday

0°	7:40 - 8:25
1°	8:30 - 10:05
Brunch	10:05 - 10:15
2°	10:23 - 11:58
Lunch	11:58 - 12:28
5°	12:36 - 2:11

#### Early Out Wed Dates

9/15/2021	10/13/2021
11/10/2021	12/8/2021
1/19/2022	2/9/2022
3/9/2022	4/20/2022
5/11/2022	

[Download the bell schedule.](#)

### Cafeteria Menu



[Download this month's menu.](#)

#### Quick Links

[College Park PTSA](#)  
[Join the PTSA on Facebook!](#)  
[Visit the CPHS Instagram Page](#)  
[Join the PTSA](#)  
[DONATE to the PTSA](#)

#### [Tea with Honey](#)



[CPHS Webstore](#)  
[College & Career Center](#)  
[CP Grad Nite](#)  
[CP Athletic Booster Club](#)  
[CP Choir](#)  
[CP Drama](#)  
[CP Instrumental Music](#)  
[CP Visual Arts](#)  
[CP Spiritwear](#)  
[FPHE \(Foundation for Pleasant Hill Education\)](#)  
[MDEDF](#)  
[MDUSD](#)  
[eScrip](#)  
[CA State PTA](#)  
[Amazon Smile](#)



Check back for future dates.  
**[Join Zoom meeting.](#)**  
Meeting ID: 478 701 9656  
Passcode: Falcons

College Park HS e-Newsletter Options | 201 Viking Drive, Pleasant Hill, CA 94523

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