

Falcon Flyer

sponsored by the
College Park High School PTSA

Tuesday, January 11, 2022



Welcome to the **Falcon Flyer**, your source of news and information from College Park High School, a California Distinguished School.

Forward this email, update your information or remove yourself from the list using the [links at the bottom](#).

PTSA Meeting TONIGHT: 7 PM, Zoom



[Visit the College Park Website](#)

Upcoming Events

- [1/11 3:25 PM Library: Peer Tutoring](#)
- [1/11 3:30-6 PM College Park: COVID Testing](#)
- [1/11 7 PM Zoom: PTSA Meeting](#)
- [1/12 7 PM Zoom: Swim Team Meeting](#)
- [1/13 3:25 PM Library: Peer Tutoring](#)
- [1/16 7 PM Zoom: DAL Diving Meeting](#)
- 1/17: Martin Luther King Day - *NO SCHOOL*
- [1/18 3:25 PM Library: Peer Tutoring](#)
- [1/18 3:30-6 PM College Park: COVID Testing](#)
- [1/19 8:30 AM-2:11 PM: Early Out Wednesday](#)
- 1/19 6:30 PM Oak Park Round Table: Athletic Boosters & Crab Feed Planning Meeting
- [1/20 3:25 PM Library: Peer Tutoring](#)
- 1/20 3:30 PM: SSC Meeting (check back for details)
- [1/24 2:30-6 PM College Park: COVID Testing](#)
- [1/25 3:25 PM Library: Peer Tutoring](#)
- [1/25 3:30-6 PM College Park: COVID Testing](#)
- [1/26 6:30 PM Zoom: Spring Sports Parent Information Meeting](#)

Falcon Flyer Submissions

The Falcon Flyer is distributed every Tuesday and Friday. All submissions must be received by noon on Monday and noon on Thursday for the next day's publication. If the deadline falls on a holiday, then submissions are due the prior business day: noon on Friday and noon on Wednesday for the next publication. [Click here](#) for additional information or [send an email to submit an item](#).

[1/27 3:25 PM Library: Peer Tutoring](#)

[1/31 2:30-6 PM College Park: COVID Testing](#)

[2/1: Deadline to Apply for PTA Scholarship](#)

[2/1 3:25 PM Library: Peer Tutoring](#)

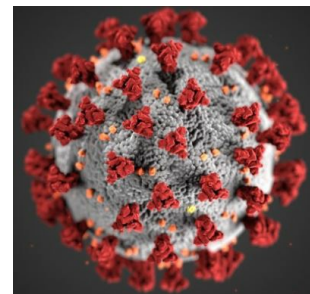
[2/1 3:30-6 PM College Park: COVID Testing](#)

[Join Our Mailing List!](#)

COVID Updates

Students who have a household member that is COVID positive (This is new guidance from this week):

Fully vaccinated students: If the student is symptom free and is able to separate themselves (bedroom/bathroom/etc.) from the positive case, they are OKAY to come to school as long as they remain symptom free. I recommend that students test every couple of days to make sure they are still COVID negative.)



Not fully vaccinated students: Regardless of symptoms, a student who has had close contact will need to quarantine after exposure. If the student can separate themselves, they are no longer considered exposed as of the next day after separation.

If the student cannot separate, they will need to remain in quarantine for the case's 10-day quarantine plus an additional 7 days (if they test 5 days after the exposure) or an additional 10 days if no test was taken. If they test positive, a new quarantine will need to begin.

If your student tests positive for COVID:

- Start the ten-day quarantine (No school until completed)
- Students do not need a negative test to return to school
- Notify the attendance office of absences due to COVID Positive
 - Phone: (925) 682-7670, Ext. 3213
 - Email: [College Park Attendance](#)

Missing School due to COVID: Students who miss school should let their teachers know they will be out and follow along on Google classroom so they can stay caught up on their schoolwork.

Masks on Campus: Students are required to wear masks correctly inside our classrooms and it is recommended that they wear them at all times while on campus.

Please let me know if you have any questions or concerns.

Thanks,

[Mr. Honey](#)

Esports League

The City of Concord Parks and Recreation Department has created an Esports league. They are providing a safe and monitored digital space for local gamers to compete against one another. Registration is free and the city is obtaining sponsorships to offer value propositions to participants. The top placing gamers will win free Mountain Mike's Pizza. Gamers connect through an app called Mission Control, which is a provider the city contracted with to create this fun, safe, and engaging



virtual space.
[Download the flyer.](#)

CPHS Spring Sports Update

Spring sports are starting soon, and include: track & field, swimming & diving, lacrosse, baseball, boys volleyball, softball, boys tennis, boys golf and stunt cheer.



- **First day of practice and tryouts: Monday, February 7.**
- [Register your athlete.](#) Current registered athletes (i.e., fall, winter athletes), do NOT need to register again. Just add the new sport to the current registration using the EDIT instructions on the registration page

Please understand that students will not be allowed to practice or try out until the Athletic Registration is completed and you have received clearance from our Athletic Department. Practice times and locations will be posted on the website shortly. Students who are participating in or quit a current winter sport may not try out for the new season of sport without mutual consent of both coaches. Tryout times will be allotted for those students once their winter sport season has ended.

- **Spring Sports Parent Information Meeting: Wednesday, January 26, 6:30 PM, Zoom.**

The Zoom link will be posted on our Athletic Website. Please plan on attending to hear from our Athletic Director, Administration, Athletic Trainer, Booster Club, and Coaches.

Email [Coach Keck](#) or [Jenny Smith](#) with questions.

[Visit the Athletics site.](#)

[Register your athlete.](#)

Swim Team Meeting

Date: Wednesday, January 12

Time: 7:00 PM

Place: [Zoom](#)

Meeting ID: 874 7040 9279

Passcode: kZDM1F

Welcome Swimmers to our 2022 Season!

Swimmer Checklist

- Make sure you have uploaded all documents to the [Athletics website](#). You must be cleared or at least pending a clearance by February 1.
- Review CP Code of Conduct on the [Athletics website](#).
- Review your schedule to assure you can commit to practices and meets February 7-May 7. You should be available in the afternoon after school. In order to be a member of CP swim, you must maintain no less than 85% attendance.
- If you are a year-round club swimmer or playing a winter sport, please email [Coach Vicky](#).



NEW to the TEAM: If you never have swum for CP, attend the first and second day of EVALUATION on Monday February 7, and Tuesday, February 8.

RETURNING to the TEAM: If you are a returning swimmer, be present to sign

DAL Diving Meeting

Date: Sunday, January 16

Time: 7:00-8:00 PM

Place: [Zoom](#)

Zoom ID: 821 2789 4926

Password: hs22diving

This meeting is for ALL returning and NEW/interested divers from ALL schools. For the divers interested, there is no experience required...just a great attitude!

If you are interested, please contact [Coach Eric Holzheimer](#).

See below flyer for details.

[Join Zoom meeting.](#)

[Download the flyer.](#)



Track & Field

Practice begins: Monday, February 7

If you a new athlete interested in joining Track & Field, please contact [Annie Reed](#) or [Imelda Lamoureux](#). They will add you to the team email list so you can receive updates about training, practices, etc.

[Register your athlete.](#)



PTA Scholarships

Deadline: February 1, 2022

Thirty-Second District PTA awards up to six \$500.00 scholarships to high school seniors graduating from Contra Costa County high schools that participate in an active PTSA.

These scholarships focus on the categories of school volunteering, community service, personal challenge, and exemplification of PTA values.

Scholarships are distributed among these areas of focus, with two awards given to students at each of these three education paths:

- career or technical school
- community college
- four-year college

High school seniors will qualify for these scholarships if they:

- are members of their high school PTSA
- are students in good standing with a minimum grade point average of 2.0
- plan to attend an accredited career or technical school, community college, or four-year college

Scholarship funds are for educational expenses such as tuition, books and supplies, fees, or special needs services.

For more information or questions, please, email [PTA Scholarships](#).



[Visit the PTA site to apply.](#)

Shop at Amazon Smile - CP Students Win!

Shop at Amazon Smile and Amazon will make a donation to the College Park PTSA. You get your same Amazon pricing, Prime, etc. Your students benefit!

[Get started with Amazon Smile.](#)



Senior Pictures

Seniors, it's not too late to take your senior portraits! Creative Imaging is scheduling appointments at their Pleasanton location. Click on the link below for more information and to schedule your appointment.

[Order pictures.](#)



Duce Construction Deck & Fence - Fundraiser

Mention College Park during an estimate, sign a contract, and we will donate 5% of the contract - up to \$500 - to any department/sport/boosters/music/choir/library, etc. of your choosing.

Email [Susan Duce](#) or call (925) 595-1020 with questions or to request an appointment.

[Visit the Duce Construction website.](#)



See below for the 2021-22 Bell Schedule.

College Park High School 2021-2022 Bell Schedule

Monday, Tuesday, Friday

0°	7:40 - 8:25
1°	8:30 - 9:25
2°	9:33 - 10:28
Brunch	10:28 - 10:38
3°	10:46 - 11:41
4°	11:49 - 12:44
Lunch	12:44 - 1:14
5°	1:22 - 2:17
6°	2:25 - 3:20

Wednesday

0°	7:40 - 8:25
1°	8:30 - 10:05
Brunch	10:05 - 10:15
2°	10:23 - 11:58
RTI	12:06 - 1:03
Lunch	1:03 - 1:33
5°	1:41 - 3:16

Thursday

0°	7:40 - 8:25
3°	8:30 - 10:05
Brunch	10:05 - 10:15
4°	10:23 - 11:58
RTI	12:06 - 1:03
Lunch	1:03 - 1:33
6°	1:41 - 3:16

Early Out Wednesday

0°	7:40 - 8:25
1°	8:30 - 10:05
Brunch	10:05 - 10:15
2°	10:23 - 11:58
Lunch	11:58 - 12:28
5°	12:36 - 2:11

Early Out Wed Dates

9/15/2021	10/13/2021
11/10/2021	12/8/2021
1/19/2022	2/9/2022
3/9/2022	4/20/2022
5/11/2022	

[Download the bell schedule.](#)

Cafeteria Menu

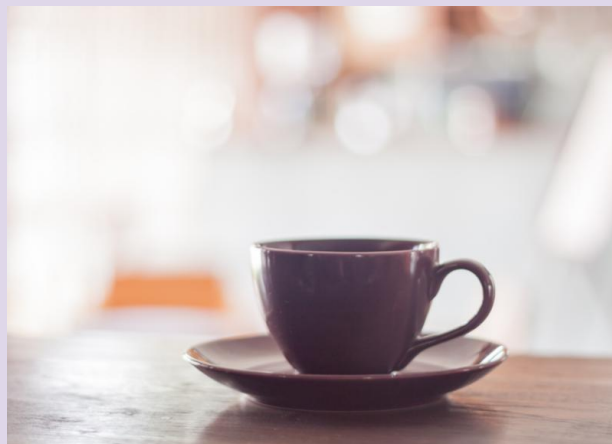


[Download this month's menu.](#)

Quick Links

- [College Park PTSA](#)
- [Join the PTSA on Facebook!](#)
- [Join the PTSA](#)
- [DONATE to the PTSA](#)
- [CPHS Webstore](#)
- [College & Career Center](#)
- [CP Grad Nite](#)
- [CP Athletic Booster Club](#)
- [CP Choir](#)
- [CP Drama](#)
- [CP Instrumental Music](#)
- [CP Visual Arts](#)
- [CP Spiritwear](#)
- [FPHE \(Foundation for Pleasant Hill Education\)](#)
- [MDEDF](#)
- [MDUSD](#)

Tea with Honey



Check back for future dates.
[Join Zoom meeting.](#)
 Meeting ID: 478 701 9656
 Passcode: Falcons

[eScrip](#)
[CA State PTA](#)
[Amazon Smile](#)

College Park HS e-Newsletter Options | 201 Viking Drive, Pleasant Hill, CA 94523

[Unsubscribe newsletter@cpathleticboosterclub.com](mailto:newsletter@cpathleticboosterclub.com)

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