



COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*Welcome
Parents/Guardians
Class of
2024/2025!*

CPHS Counseling Department

Morgan Gillette	Counselor, A-D
Mitzi Chacón	Counselor, E-Lee
Tamara Prosise	Counselor, Lef - Rhe
Lisa Johnson	Counselor, Ric-Z
David Walters	College & Career Advisor



How Do Students Reach Their Counselor?

Student Walk-In Appointments:

- ✓ Before school
- ✓ Brunch
- ✓ Lunch
- ✓ After school

Students can also:

- ✓ Email (preferred)

Stop in and See Mr. Walter in Room S-7

*For Career and College
Information*

CPHS Counseling Department

What are we going to talk about this evening?

- High School Graduation Requirements and A-G Requirements.
- Review post high school options
- Importance of Sophomore & Junior year
- 4-year University and Community College options
- Career or Certificate Options
- Naviance

- Get to know yourself
- Identify interests, abilities, and skills
- Get involved: extra curricular activities, community service, summer programs (DVC or similar)
- Begin thinking about your future and what steps you need to take

- Post-secondary planning: career interests, college planning, employment, military, internships, Gap year
- Think about which options is right for you!

Academic Topics to Keep in Mind

What is a Transcript? (see next slide for example)

A transcript reflects your courses taken and the final semester grade received.

What is a GPA?

Grade Point Average. Weighted and unweighted

What is a UC? CSU?

UC - University of California (examples: UC Berkeley, UCLA)

CSU - California State University (examples: San Francisco State, CSU Long Beach...)


Private/Out of State - Colleges and Universities

What is A-G?

The A-G/college entrance requirements are a sequence of high school courses students must complete with a C or better to be *minimally* eligible for admission to UC/CSU and other 4 year universities.

What is a Transcript

p	005060	French II	A	5.00	5.00
*	008875	Basketball Adv	A	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.5000					
Grd 10 Spring 20-21 College Park High School					
p	000060	English II	P	5.00	5.00
p	001320	Geometry	B	5.00	5.00
p	002940	Chem of Earth	B	5.00	5.00
p	003490	World History I	P	5.00	5.00
p	005060	French II	A	5.00	5.00
*	008875	Basketball Adv	A	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.5000					
Work in Progress- College Park High School					

Course Tags: * = Non Academic + = Honors (weighted) p = College Prep r = Repeated						
	Weighted	Non-Wgtd	CREDIT SUMMARY			
			Subject Area	Credit Req'd	Compl	Needed
Acad GPA (9-12)	3.0000	3.0000	English	40.00	20.00	20.00
Acad GPA (10-12)	3.3333	3.3333	Mathematics	30.00	20.00	10.00
Total GPA (9-12)	3.1429	3.1429	World History	10.00	10.00	-
Credit Attempted:	120.00		U.S. History	10.00	-	10.00
Credit Completed:	120.00		Economics	5.00	-	5.00
Class Size: 468			U.S. Government	5.00	-	5.00
Class Rank: 			Science/Life	10.00	10.00	-
Ranked by Weighted Total GPA			Science/Physical	10.00	10.00	-
District Enter: 3/22/2010			VAPA/WrldLang/CTE	20.00	20.00	-
School Enter: 8/15/2019			Physical Ed	20.00	20.00	-
			Electives	60.00	10.00	50.00
			* TOTALS *	220.00	120.00	100.00
			Algebra 1 Requirement Met			
Class of 2023						

Grad Requirements vs. A-G

CPHS Graduation Requirements:

English- 4 years	40 credits
Math- 3 years	30 credits
<ul style="list-style-type: none">• Must pass <u>Algebra 1</u>	
Science- 2 years	20 credits
<ul style="list-style-type: none">• 10 credits Life Science• 10 credits Physical Science	
Social Studies- 3 years	30 credits
VAPA, World Language, CTE	20 credits
<ul style="list-style-type: none">• Need two of three areas	
Electives	60 credits
Physical Education - 2 years	20 credits
<hr/>	
**D's = Passing Credits	220 Credits

UC/CSU A-G Requirements:

A: History- 2 years (World History & US History)

B: English- 4 years

C: Math- 3 years, 4 years recommended
(Algebra 1, Geometry, Algebra II)

D: Laboratory Science- 2 years

- Life Science (Biology, Physiology)
- Physical Science (Chemistry, Earth Science, Physics)

E: LOTE- 2 years (Level 2), Level 3 recommended

F: VAPA- 1 year

G: College Prep Elective- 1 year
(Gov/Econ, Math, Science, or LOTE goes here)

****C's or better!**

Honors & Advanced Placement (AP) Courses

- ☐ Honors and AP classes are accelerated rigorous curriculum.
- ☐ Honors give a GPA bump but no College Credit.
- ☐ AP Courses have an AP exam and students can receive college credits for the course as well as a GPA bump.
- ☐ UC & CSU limit the number of weighted classes to 4, with no more than 2 classes from 10th grade.



Remember...QUALITY OVER QUANTITY!



Post High School Educational Options



4- year Institutions
(Public, Private,
Out-of-state)



Community
Colleges



Apprenticeships



Vocational
Colleges



Military
&
Academies

Types of Degrees: Undergraduate & Graduate

- **Associate's Degree (AA/AS)**
 - Approx. 2-3 years
 - Community College
- **Bachelor's Degree (BA/BS)**
 - Approx. 4-5 years
 - 4-year University/College
 - Undergraduate school
- **Master's Degree**
 - Examples: MA/MS/M.Ed, MBA
 - Graduate school
- **PhD/Doctoral**

CALIFORNIA'S 4 SYSTEMS OF EDUCATION

COMMUNITY
COLLEGE

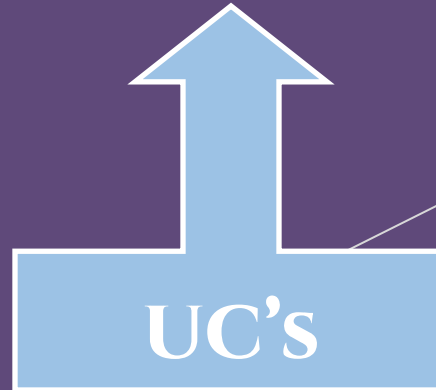
4 YEAR UNIVERSITIES / COLLEGES



COMMUNITY
COLLEGES



CSU's



UC's



PRIVATE
COLLEGES

California Community College System

- 116 Community Colleges
- Earn a degree, transfer to a 4-year university, or earn a certificate
- No SAT or ACT is required for registration
- Students do not apply...students register for community colleges

California Community College System

What other community colleges are near us?

Diablo Valley College - Pleasant Hill

Los Medanos College - Pittsburg

City College of San Francisco

Laney College - Oakland

Merritt Community College - Oakland

Chabot College - Hayward

Contra Costa Community College - San Pablo

Ohlone College - Fremont

American River College - Sacramento

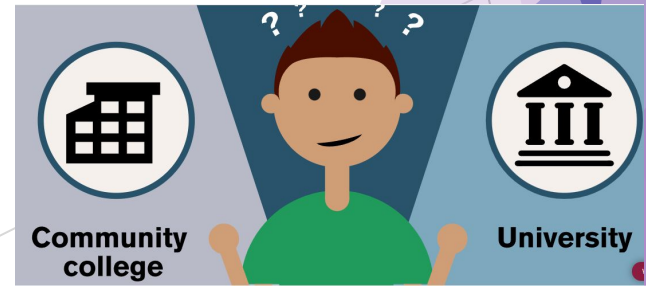
Solano Community College - Fairfield

San Jose City College - San Jose

Academic Topics to Keep in Mind

What is the difference between a Community College (2+years) and 4-year University/College?

- Community College: degrees take two to three years to complete (Associates Degree), offers transfer to a 4-year college, and certificate programs.
- 4 - year University: Degrees take 4 (or more) years to complete. Bachelor Degrees. Many colleges offer graduate programs too.



California State University



23 CSU Campuses throughout California

Requirements:

- Minimum 2.5 gpa (10th-11th grade only)
- Application (same application for all campuses)
- \$70 fee per campus

NO letters of recommendation

NO essay

Application filing period: October 1- November 30

***Currently under review by the CSU system**

University of California

10 UC Campuses throughout California Only 9 Open to Undergraduates

Requirements:

- Minimum 3.0 gpa (10th & 11th grade only)
- UC application (same application for all campuses)
- 4 Personal Insight Questions (pick 4 out of 8)
- \$70 fee per campus

NO letters of recommendation

**Application filing period: October 1 -
November 30**

**WHERE DO
UC
YOURSELF?**



<https://www.universityofcalifornia.edu/infocenter>



COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

Private Colleges and Universities

Independent California Colleges and Universities



GPA and course requirements vary greatly, check each college website.

All schools require:

- Common application (apply to multiple schools at same time) or college specific application
- Send official test scores**
- Pay application fee
- Personal statement or essay
- Letters of recommendation (0-3 max)

THE 25 BEST COLLEGES IN AMERICA

RANK	SCHOOL	SCORE	LOCATION
1.	Stanford University	4.15	Palo Alto, CA
2.	Massachusetts Institute of Technology	4.12	Cambridge, MA
3.	California Institute of Technology	3.96	Pasadena, CA
4.	Princeton University	3.88	Princeton, NJ
5.	Harvard University	3.80	Cambridge, MA
6.	Yale University	3.80	New Haven, CT
7.	Columbia University	3.74	New York, NY
8.	University of Chicago	3.73	Chicago, IL
9.	University of Pennsylvania	3.71	Philadelphia, PA
10.	United States Naval Academy	3.70	Annapolis, MD
11.	United States Military Academy	3.68	West Point, NY
12.	Dartmouth College	3.67	Hanover, NH
13.	Carnegie Mellon University	3.65	Pittsburgh, PA
14.	Cornell University	3.64	Ithaca, NY
15.	Johns Hopkins University	3.59	Baltimore, MD
16.	Duke University	3.58	Durham, NC
17.	University of California – Berkeley	3.57	Berkeley, CA
18.	Northwestern University	3.49	Evanston, IL
19.	University of Virginia	3.45	Charlottesville, VA
20.	Georgetown University	3.44	Washington, DC
21.	Brown University	3.44	Providence, RI
22.	Harvey Mudd College	3.42	Claremont, CA
23.	Rice University	3.41	Houston, TX
24.	University of Michigan – Ann Arbor	3.39	Ann Arbor, MI
25.	Amherst College	3.38	Amherst, MA

Business Insider's rating is scored out of 5 and is based on the results of a survey that asked thousands of readers how well colleges prepare their students for success after graduation. Tuition was used as a tiebreaker, with cheaper tuition pushing a school to a higher spot.

BUSINESS INSIDER

Application filing periods vary



Historically Black Colleges and Universities - HBCUs



Historically Black colleges and universities are institutions of higher education founded **to educate Black students**. In the 19th century, when many colleges and universities refused to admit Black applicants, HBCU's offered those students a route to higher education.

There are 107 colleges in the United States that are identified by the US Department of Education as Historically Black Colleges and Universities (HBCU's).

Career and Technical Education & Military

CA Community Colleges

200 + CTE programs: Health, Advanced Manufacturing, Life Sciences/Bio-Technology, Public Safety and Service, Information Technology, Tourism/Hospitality..and many more!



Apprenticeship Programs

Automotive Technician, Carpenter, Construction Equipment Operator, Ironworker, Welding, Electrician.. and many more!
(Department of Industrial Relations)



Private Vocational/Trade Schools

Massage Therapy, Pharmacy Technician, Cosmetology/Barber, Dental Assistant, Airline Pilot...and many more!



Military Opportunities

5 Armed-Services Branches and Reserve Units



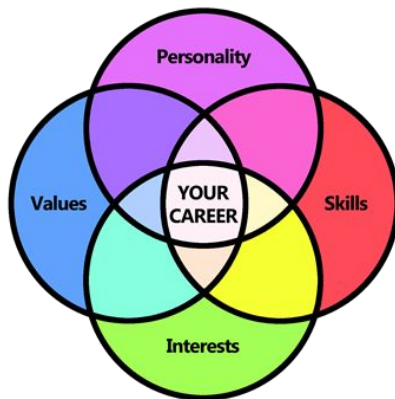
Checklist - Juniors

- Continue extracurriculars. I.E. school clubs, team sports, leadership roles, civic community groups, religious groups, internships, jobs, etc.
- Work with your counselor to set your senior schedule.
- Register for a spring SAT and/or ACT and if needed take multiple times.
- Start researching and visiting colleges and universities, and/or explore career options.
- Shadow an adult who works in a career of interest.
- Consider lining up a summer job, internship, or take a college course at the local community college.
- Build a resume.

What is Naviance?

Career Exploration

- ▶ Career Interest Inventory
- ▶ Personality Inventory
- ▶ Road Trip Nation



College Preparation

- ▶ College Search
- ▶ Application Process
- ▶ College Major Exploration

Success Planning

- ▶ Course Planner
- ▶ Personalized Goals & Tasks
- ▶ Resumé Building



COLLEGE & DISCIPLINE RECORD

Counselor must answer....

“Has the applicant ever been found responsible for a disciplinary violation at your school, whether related to academics misconduct or behavioral misconduct, that resulted in the applicants probation suspension, removal, dismissal, or expulsion from your institution?”

☐

Yes

☐

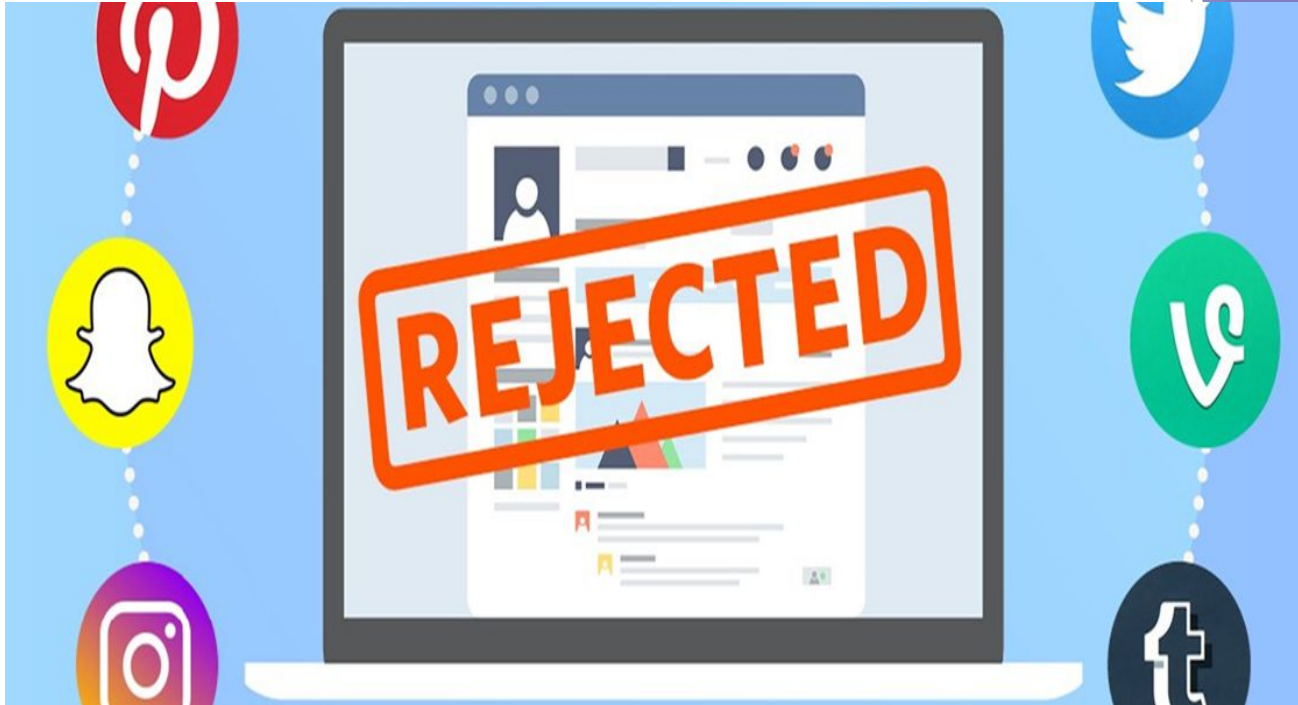
No

Students must answer.....

“Have you ever been found responsible for a discipline violation...whether related to academic misconduct or behavioral misconduct that resulted in a disciplinary action? (Could include, but are not limited to: probation suspension, removal, dismissal, or expulsion from the institution.)”

SO REMEMBER: YOUR ACTIONS IN HIGH SCHOOL MATTER LATER IN LIFE. BE SMART, BE KIND, USE YOUR WORDS WISELY IN PERSON, ESPECIALLY IN WRITING AND ON SOCIAL MEDIA. DO YOUR BEST.

A Word About.... Social Media



MANY EMPLOYERS AND COLLEGES BELIEVE IT IS FAIR GAME TO VISIT APPLICANTS SOCIAL MEDIA PROFILE. SO BEWARE WHAT YOU POST, AS IT LASTS FOREVER....EVEN ON SNAPCHAT!

Questions???