

# **Welcome!**

## **Parents, Families & Students**

### **Class of 2023**



**Please add questions in the  
chat during the presentation**

# CPHS Counseling Department

**Morgan Gillette:** A - D

**Mitzi Chacon:** E - Lee

**Tamara Prosise:** Lef - Rhe

**Lisa Johnson:** Ric - Z

**David Walters:** College & Career Adv.



# What we will be covering today

- ❑ Post-high school options
  - ❑ Community College
  - ❑ Vocational Schools
  - ❑ Military & Academies
- ❑ 4-year College Application Process
  - ❑ Important Dates & Deadlines
  - ❑ College Options
  - ❑ Naviance
  - ❑ Testing
  - ❑ Types of Admissions
  - ❑ Application steps
  - ❑ What colleges look for
  - ❑ Student Essays
  - ❑ Letter of Recommendation
  - ❑ Scholarships

# REMIND

To receive  
important updates  
download the  
Remind App with  
code:  
**@a8bc32**

## Google Classroom for Seniors

- Action Plans
- College rep schedule
- Tutorials
- Links to various resources
- Scholarship opportunities
- Volunteer opportunities
- Vocational/Apprenticeship program information

College & Career Center Class of 2023

**Class Code: wjgkkez**



## Grad Requirements vs. A-G

### CPHS Graduation Requirements:

Social Studies - 3 years 30 credits

English - 4 years 40 credits

Math - 3 years 30 credits

Must pass Algebra 1

Science- 2 years 20 credits

10 credits Life Science

10 credits Physical Science

VAPA, World Language, CTE 20 credits

Need two of three areas

Electives 60 credits

Physical Education - 2 years 20 credits

**\*\*D's = Passing Credits**

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220 Credits

### UC/CSU A-G Requirements:

**A:** History - 2 years (World History & US History)

**B:** English - 4 years

**C:** Math - 3 years, 4 years recommended

-Algebra 1, Geometry, Algebra II (minimum)

**D:** Laboratory Science - 2 years

-Life Science (Living Earth)

-Physical Science (Earth Science, Chemistry, or Physics)

**E:** LOTE - 2 years, 3 years recommended

**F:** VAPA (Visual and Performing Art) - 1 year

**G:** College Prep Elective - 1 year

**\*\*C's or better!**

# Post High School Educational Options



4- year Institutions  
(Public, Private,  
Out-of-state)



Community  
Colleges



Apprenticeships



Vocational  
Colleges



Military  
&  
Academies

# What are my options?

In California

|     |  |
|-----|--|
| 280 | <b>Colleges and Universities</b>       |
| 114 | Community Colleges                     |
| 23  | California State Universities          |
| 9   | University of California ( <b>UC</b> ) |
| 134 | Private Universities                   |

**There are over 4,200  
degree-granting post-secondary  
institutions in the US!**





# COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*Career and Technical Education & Military*

## CA Community Colleges & Adult Education Programs

200 + CTE programs: Health, Advanced Manufacturing, Life Sciences/Bio-Technology, Public Safety and Service, Information Technology, Tourism/Hospitality..and many more!



## Apprenticeship Programs

Automotive Technician, Carpenter, Construction Equipment Operator, Ironworker, Welding, Electrician.. and many more!  
(Department of Industrial Relations)



## Private Vocational/Trade Schools

Massage Therapy, Pharmacy Technician, Cosmetology/Barber, Dental Assistant, Airline Pilot...and many more!

[Best-trade-schools.net](http://Best-trade-schools.net)



## Military Opportunities

5 Armed-Services Branches and Reserve Units

[www.todaysmilitary.com](http://www.todaysmilitary.com)





# COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*Career and Technical Education & Military*

## Trade School vs College

### Trade School



Specific training



Lower cost on average



Hard skills



Simple admissions process



Shorter time commitment



Lower earnings on average

### College



Broad Education



Potential for large student debt



Soft Skills



More in-depth admissions process

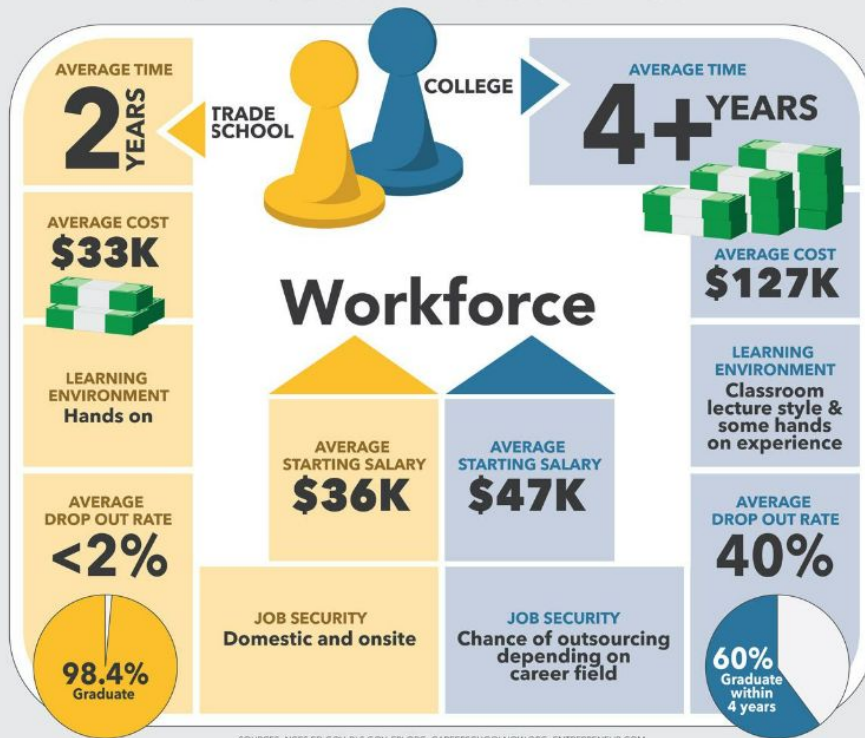


Longer duration



Higher earnings on average

## Trade School vs Traditional College CHOOSE YOUR PATH



# California Community College System

- Traditionally Community College *registration* opens during Spring 2023 for incoming freshman.
- This year we are working with DVC to start the process early with a kickoff date of October 5th
- DVC will be hosting workshops to help you enroll.
- No SAT or ACT is required for acceptance.



# COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*University of California*

## 9 UC Campuses throughout California

### Requirements:

- Minimum 3.0 gpa (10th & 11th grade only)
- UC application (same application for all campuses)
- 4 Personal Insight Questions (pick 4 out of 8)
- \$70 fee per campus

***NO letters of recommendation***

**Application filing period: October 1 - November 30**

<https://www.universityofcalifornia.edu/infocenter>

**WHERE DO  
UC  
YOURSELF?**





# COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*California State University*



## 23 CSU Campuses throughout California

### Requirements:

- Minimum 2.5 gpa (10th-11th grade only)
- Application (same application for all campuses)
- \$70 fee per campus

***NO letters of recommendation***

***NO essay***

**Application filing period: October 1- November 30**





# COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*Private Colleges and Universities*

## Independent California Colleges and Universities



GPA and course requirements vary greatly, check each college website.

### All schools require:

- Common application (apply to multiple schools at same time) or college specific application
- Send official test scores\*\*
- Pay application fee
- Personal statement or essay
- Letters of recommendation (0-3 max)

### Application filing periods vary

## THE 25 BEST COLLEGES IN AMERICA

| RANK | SCHOOL                                | SCORE | LOCATION            |
|------|---------------------------------------|-------|---------------------|
| 1.   | Stanford University                   | 4.15  | Palo Alto, CA       |
| 2.   | Massachusetts Institute of Technology | 4.12  | Cambridge, MA       |
| 3.   | California Institute of Technology    | 3.96  | Pasadena, CA        |
| 4.   | Princeton University                  | 3.88  | Princeton, NJ       |
| 5.   | Harvard University                    | 3.80  | Cambridge, MA       |
| 6.   | Yale University                       | 3.80  | New Haven, CT       |
| 7.   | Columbia University                   | 3.74  | New York, NY        |
| 8.   | University of Chicago                 | 3.73  | Chicago, IL         |
| 9.   | University of Pennsylvania            | 3.71  | Philadelphia, PA    |
| 10.  | United States Naval Academy           | 3.70  | Annapolis, MD       |
| 11.  | United States Military Academy        | 3.68  | West Point, NY      |
| 12.  | Dartmouth College                     | 3.67  | Hanover, NH         |
| 13.  | Carnegie Mellon University            | 3.65  | Pittsburgh, PA      |
| 14.  | Cornell University                    | 3.64  | Ithaca, NY          |
| 15.  | Johns Hopkins University              | 3.59  | Baltimore, MD       |
| 16.  | Duke University                       | 3.58  | Durham, NC          |
| 17.  | University of California – Berkeley   | 3.57  | Berkeley, CA        |
| 18.  | Northwestern University               | 3.49  | Evanston, IL        |
| 19.  | University of Virginia                | 3.45  | Charlottesville, VA |
| 20.  | Georgetown University                 | 3.44  | Washington, DC      |
| 21.  | Brown University                      | 3.44  | Providence, RI      |
| 22.  | Harvey Mudd College                   | 3.42  | Claremont, CA       |
| 23.  | Rice University                       | 3.41  | Houston, TX         |
| 24.  | University of Michigan – Ann Arbor    | 3.39  | Ann Arbor, MI       |
| 25.  | Amherst College                       | 3.38  | Amherst, MA         |

Business Insider's rating is scored out of 5 and is based on the results of a survey that asked thousands of readers how well colleges prepare their students for success after graduation. Tuition was used as a tiebreaker, with cheaper tuition pushing a school to a higher spot.

# Out of State

- Non-residents often have additional or higher admissions requirements at public universities

## **Western Undergraduate Exchange (WUE)**

- Students can apply for reduced tuition at participating schools within 15 Western States

For example:

University of Hawaii, Colorado State University, UNR, University of Nevada Las Vegas, Portland State University

A top-down view of a wooden desk. In the center is a large, unfolded map with various colored lines and pins. To the left is a silver laptop with a grid of travel photos on its screen. Above the laptop is a small potted plant. To the right of the map is a black camera with a strap. Below the map, a person's hands are visible, one holding a pen and writing in a notebook. Other items on the desk include a glass of water, another small potted plant, a white camera, and some papers and sticky notes.

# College List - Prepare to Apply



# Exploring Colleges and Majors - Where to start...

- ❑ **Naviance:** College & Career Search Function, Scattergram
- ❑ **CollegeBoard Big Future** - Create Account  
<https://bigfuture.collegeboard.org/college-search>
- ❑ **National Center for Education Statistics, College Navigator**  
<https://nces.ed.gov/collegenavigator/>
- ❑ **College Visits**
- ❑ **Meeting with College Reps**

# Accessing Naviance

- NAVIANCE is a software program to help you through the college application process. Naviance helps you to manage tasks associated with the College admissions process.
- You must use Clever to log into Naviance
- Students will log in the same way they get into their Chromebooks at school- with their mdusd.net account and password



# Creating/Refining Your College List

**Add schools to your list in:**



**NAVIANCE!!!!**



# Dates & Deadlines

# Important Dates & Deadlines

|                            |  |
|----------------------------|--|
| <b>Aug. 1st</b>            | <b>UC Application &amp; Common Application OPEN</b>  |
| <b>Oct. 1st</b>            | <b>CSU Application OPEN</b>                          |
|                            | <b>FAFSA &amp; CA Dream Act Application OPEN</b>     |
|                            | <b>UC Application Filing Period BEGIN</b>            |
| <b>Oct. 5<sup>th</sup></b> | <b>DVC Registration Kickoff</b>                      |
| <b>Oct. 19th</b>           | <b>MDUSD Career Fair at Concord High- school day</b> |
| <b>Oct. 27th</b>           | <b>District College Fair, 6:30 - 8pm at YVHS</b>     |
| <b>Nov. 30th</b>           | <b>CSU/UC Application Deadline</b>                   |
| <b>Feb. 1<sup>st</sup></b> | <b>District HBCU Fair- Location TBD</b>              |

# SAT/ACT Testing Updates for 2022/2023

## Registration

SAT: Register on [www.collegeboard.org](https://www.collegeboard.org)

ACT: Register on [ACT.com](https://act.com)

- ☐ You are responsible for submitting test scores to colleges!
- ☐ Check [www.fairtest.org](https://www.fairtest.org) for frequent updates
- ☐ **Check the admission requirements for each college that you apply to**
- ☐ Test preparation: Khan Academy, ACT Academy

## To test or not to test?

# NCAA/Student Athletes



Students who initially enroll full time during the 2022-23 academic years and intend to play NCAA Division I or II athletics will not be required to take a standardized test to meet NCAA initial-eligibility requirements.

Please email Mr. Walters to let him know if you plan on playing a sport in college!

# To test or not to test?

- ❑ It depends (Health & Safety, Access & Availability)
- ❑ Some 4-year institutions are still requiring SAT/ACT scores with no adjustments
- ❑ View an admissions process as a sample of what you/your student can expect to experience as a student on their campus



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## To test or not to test?

# College Application Process

## **Decide Where to Apply: Student Preferences**

- ☐ **Location/setting/size**
- ☐ **Academic majors/programs**
- ☐ **Cost/average debt**
- ☐ **Student life**
- ☐ **Faculty : Student ratio**
- ☐ **Diversity**
- ☐ **Selectivity**
- ☐ **Type of College (2-year, 4-year, Vocational)**
- ☐ **Graduation Rates (National Center for Education Statistics - NCES)**

# Application Steps

- Decide where to apply
- Check deadlines and timelines
- Add schools to Naviance/Request transcripts
- Apply using the College's Website (i.e. UC System, Cal-State System), Common App, or the Coalition App
- Send test scores (if available, test scores to be sent from Collegeboard or ACT directly)
- Application Fee

Other items which may be used:

Student Essays, Letters of Recommendation, Extra Curricular, Portfolio, Interview,

# Applications

## **The Common Application:**

<https://www.commonapp.org/>

## **UC Application:**

<https://admission.universityofcalifornia.edu/apply-now.html>








## **CSU Application:**

<https://www2.calstate.edu/apply>

## **Coalition Application**

[www.coalitionforcollegeaccess.org](http://www.coalitionforcollegeaccess.org)

# Types of Admissions

| Early Action vs. Early Decision vs. Regular Decision |   |   |   |   |                             |
|--|---|---|---|---|-----------------------------|
| Application Plan                                     | Apply Early   | Receive Decision Early  | Agreement is Binding  | Can Apply to Other Schools  | Decision Day for Applicants |
| Early Action   |  |  |   |  | May 1                       |
| Early Decision                                       |  |  |  |   | N/A; agreement is binding   |
| Regular Decision                                     |   |   |   |  | May 1                       |

If your student is considering **Early Decision**, consider reviewing NACAC's "Early Decision Self-Evaluation Questionnaire)

# UC Eligibility

- Complete a minimum of 15 college prep courses (A-G) with a grade of a C or better
- GPA of a 3.0 or better
- No subject tests required for 2023 Admissions
- CR is considered a passing grade
- CR/NC not factored into the GPA



# CSU Eligibility



- Must have a GPA of at least a 2.5
- Must have or will complete with a C or better the A-G Courses
- Must “fix” any D with summer school, APEX
- Classes with a “p” noted on the transcript are considered College Prep
- CR/NC not factored into the GPA



## What Admissions Offices look for:

- ❑ GPA & Grades
- ❑ Rigor of classes on transcript
- ❑ Extracurricular activities & awards
- ❑ Essays\*
- ❑ Letters of Recommendation\*
- ❑ Test Scores\*\*\* (varies for colleges)
- ❑ Performance in academic subject areas
- ❑ Special talents achievement and awards
- ❑ Geographic location
- ❑ Courses completed/planned
- ❑ Quality of senior year program of study
- ❑ Achievements in special projects
- ❑ Honors courses/Advanced Placement courses  
(*not required*)
- ❑ Top 9% local context

# Essays & Letters Recommendation



# Student Essays - FAQs

## **What should I write about:**

Something that is MEANINGFUL to you. A dilemma you faced, an intellectual challenge, an incident, or event.

(Both Common App and Coalition App provide opportunities for students to describe how they have been impacted by the pandemic, in addition to their essays/personal insight questions)

## **When should I start writing:**

Writing your College Essay is going to be a reiterative process. Start early. Take your time. It's a process. Build on it and keep moving forward.

## **Can I get help?**

Yes, absolutely, you can seek help. Write your first draft, read it to yourself - aloud. Ask a parent, a peer, a teacher or your counselor to read your essays as well. BUT, do not give in to the temptation to have someone else edit it, in their voice. Be authentic in your writing, be you.

# Student PIQ's (Personal Insight Questions)

**Eight Questions - students select four of the following:**

- **Leadership**
- **Creativity**
- **Greatest talent or skill**
- **Academic subject that inspires**
- **Educational opportunities/barriers**
- **Support for community**
- **Challenges**
- **Beyond**

# Letters of Recommendations

## From Teachers:

- Need to be requested in **Naviance**
- Complete brag sheet
- Let your teacher know in person, or via email, that you are requesting a letter of recommendation (At least 3 weeks ahead of time)
- Please do not ask for more than is needed

## From your Counselor/College & Career Advisor

- Request in person, via email - Ask early, (3 weeks is ideal) - *Cannot be requested in Naviance*
- Complete brag sheet and send to Counselor
- Be available for follow-up questions
- Last minute requests cannot be accommodated
- Please do not ask for more than is needed

# Paying for College & Financial Aid



# Paying for College

- ❑ FAFSA Opens Oct 1, 2021 (Federal Student Aid)
- ❑ Visit [www.FAFSA.gov](http://www.FAFSA.gov)
- ❑ CA Dream Act opens Oct 1, 2021
- ❑ Visit [www.cadreamact.org](http://www.cadreamact.org)
- ❑ Net Price Calculator (Center):  
<https://collegecost.ed.gov/net-price>
- ❑ Additional information and links are found in the Google Classroom

# Scholarships

- ❑ Local scholarships are best - Please check the Senior Google classroom for updated scholarship information (starting Jan. 1st)

Sample of Scholarship opportunities/websites:

- ❑ Questbridge (National College Match)
- ❑ Raise.me (Students can start collecting micro scholarships in grade 9)
- ❑ Petersons.com
- ❑ Scholarship Informer (Facebook Page)
- ❑ Scholarship.net
- ❑ Immigrants Rising

**Don't pay for scholarship opportunities!**



# Checklist

August - December

- ❑ Finalize your college list
  - ❑ update your list in Naviance
- ❑ Keep track of dates and deadlines
- ❑ Set up portals/gather documents (transcripts)
- ❑ Work on apps and essays
- ❑ Complete financial aid app
- ❑ Letters of recommendation
- ❑ Classes and extracurriculars

[College Application Checklist](#)

# Your Role as Parent/ Guardian

- ❑ Help your student get to know themselves/find their interests, develop their skills
- ❑ Utilize Naviance to research colleges/career together
- ❑ Supporter
  - ❑ Proofread essays
- ❑ Financial Information Provider
  - ❑ Fill out FAFSA/Dream Act with child
- ❑ Check in with your student about timelines, deadlines, emails
  - ❑ Create a spreadsheet together
- ❑ Review college admissions pages (when available) for Parents/Families

# Senioritis

- ❑ Don't let grades slip
- ❑ Colleges can rescind acceptance offers
- ❑ Grades of a A, B, or C cannot be improved for a higher grades
- ❑ For UC/CSU applications specifically:
  - ❑ Once students apply to a UC/CSU, the high school schedule cannot be changed without notifying the UC/CSU school.
  - ❑ Ex: if a student drops the Fall semester of Psychology and adds Teacher's Aid in the Spring, they have to notify the school.
  - ❑ This *can* disqualify students from being accepted
  - ❑ Only 4 AP classes will be considered for GPA increase on applications

# Stay Organized

| School      | City              | Admit Rate | Average \$ (after aid) | Major                    | Grad. Rate |
|-------------|-------------------|------------|------------------------|--------------------------|------------|
| LMU         | LA, CA            | 44%        | 40K                    | Film and TV Production   | 82.7%      |
| CSULB       | Long Beach, CA    | 39%        | 9K                     | Film and Electronic Arts | 68%        |
| UCSB        | Santa Barbara, CA | 30%        | 16K                    | Film and Media Studies   | 82%        |
| CSUN        | LA, CA            | 59%        | 8K                     | Cinema and TV Arts       | 50%        |
| Boston Uni. | Boston, MA        | 19%        | 31K                    | Film and TV              | 87%        |
| Syracuse    | Syracuse, NY      | 44%        | 34K                    | TV, Radio, Film          | 82%        |

*Questions?*