



COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*Welcome Class of
2025!*

CPHS Counseling Department

What are we going to talk about?

- High School Graduation Requirements and A-G Requirements
- Review post high school options
- Importance of Sophomore year
- Naviance

CPHS Counseling Department

Morgan Gillette

Counselor, A-D

Mitzi Chacón

Counselor, E-Lee

Tamara Prosisie

Counselor, Lef - Rhe

Lisa Johnson

Counselor, Ric-Z

David Walters

College & Career Advisor



How Do Students Reach Their Counselor?

Student Walk-In Appointments:

- ✓ Before school
- ✓ Brunch
- ✓ Lunch
- ✓ After school

Students can also:

- ✓ Email (preferred)

Stop in and See Mr. Walter in Room S-7

*For Career and College
Information*

Grad Requirements vs. A-G

CPHS Graduation Requirements:

English- 4 years	40 credits
Math- 3 years	30 credits
• Must pass <u>Algebra 1</u>	
Science- 2 years	20 credits
• 10 credits Life Science	
• 10 credits Physical Science	
Social Studies- 3 years	30 credits
VAPA, World Language, CTE	20 credits
• Need two of three areas	
Electives	60 credits
Physical Education - 2 years	20 credits
**D's = Passing Credits	220 Credits

UC/CSU A-G Requirements:

A: History- 2 years (World History & US History)
B: English- 4 years
C: Math- 3 years, 4 years recommended (Algebra 1, Geometry, Algebra II)
D: Laboratory Science- 2 years
• Life Science (Biology, Physiology)
• Physical Science (Chemistry, Earth Science, Physics)
E: LOTE- 2 years (Level 2), Level 3 recommended
F: VAPA- 1 year
G: College Prep Elective- 1 year (Gov/Econ, Math, Science, or LOTE goes here)
**C's or better!

Academic Topics to Keep in Mind

What is a Transcript?

A transcript reflects your courses taken and the final semester grade received.

What is a GPA?

Grade Point Average. Weighted and unweighted

What is a UC? CSU?

UC - University of California (examples: UC Berkeley, UCLA)

CSU - California State University (examples: San Francisco State, CSU Long Beach...)

Private/Out of State- Colleges and Universities(examples: St. Mary's, University of San Francisco, Stanford...)

What is A-G?

The A-G/college entrance requirements are a sequence of high school courses students must complete with a C or better to be *minimally* eligible for admission to UC/CSU and other 4 year universities.

How to read your transcript

GPA

Completed credits

College prep classes

A-G GPA

Crs-ID	Course Title	Mark Att/Cmp	Crs-ID	Course Title	Mark Att/Cmp	Crs-ID	Course Title	Mark Att/Cmp
Grd 9 Fall 19-20 College Park High School			p F05700	Spanish I S1	C 5.00 5.00			
p 000010	English I	C 5.00 5.00	Credit Att: 5.00 Cmp: 5.00 TGPA: 2.0000					
p 001310	Algebra I	C 5.00 5.00	Grd 11 Fall 21-22 College Park High School					
p 002255	Prin BioMed Sci	B 5.00 5.00	p 001330	Algebra II	C 5.00 5.00			
p 004140	Art II	A 5.00 5.00	p 002720	Physics	C 5.00 5.00			
p r 005700	Spanish I	D 5.00 5.00	p 003070	Amer Thread/Eng B	5.00 5.00			
* 008520	P E 9	A 5.00 5.00	p 003080	Amer Threads/SS B	5.00 5.00			
Credit Att: 30.00 Cmp: 25.00 TGPA: 3.0000			p 003870	Sociology I	A 5.00 5.00			
Grd 9 Spring 19-20 College Park High School			p 068500	ROP Sports Med	C 5.00 5.00			
p 000010	English I	CR 5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 2.6667					
p 001310	Algebra I	CR 5.00 5.00	Grd 11 Spring 21-22 College Park High School					
p 002255	Prin BioMed Sci	CR 5.00 5.00	p 001330	Algebra II	B 5.00 5.00			
p 004140	Art II	CR 5.00 5.00	p 002720	Physics	B 5.00 5.00			
p 005700	Spanish I	CR 5.00 5.00	p 003070	Amer Thread/Eng A	5.00 5.00			
* 008520	P E 9	CR 5.00 5.00	p 003080	Amer Threads/SS B	5.00 5.00			
Credit Att: 30.00 Cmp: 30.00 TGPA: 0.0000			p 003870	Sociology I	B 5.00 5.00			
Grd 10 Fall 20-21 College Park High School			p 068500	ROP Sports Med	C 5.00 5.00			
p 000060	English II	B 5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 3.0000					
p 001320	Geometry	B 5.00 5.00	Work in Progress- College Park High School					
p 002940	Chem of Earth	B 5.00 5.00	p 000190	English IV	10.00 0.00			
p 003490	World History I	A 5.00 5.00	p 001390	Pre-Calculus	10.00 0.00			
p 005710	Spanish II	B 5.00 5.00	+ p 002256	Ho Med Intervn	10.00 0.00			
* 008930	Personl Fit L1	A 5.00 5.00	p 002840	Physiology	10.00 0.00			
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.3333			p 003150	Economics I	5.00 0.00			
Grd 10 Spring 20-21 College Park High School			p 003280	US Government	5.00 0.00			
p 000060	English II	B 5.00 5.00	p 008501	ROP AdvSportMei	10.00 0.00			
p 001320	Geometry	B 5.00 5.00	p 009801	Strategic Supp	0.00 0.00			
p 002940	Chem of Earth	B 5.00 5.00	Total Credit: 60.00					
p 003490	World History I	A 5.00 5.00						
p 005710	Spanish II	A 5.00 5.00						
* 008930	Personl Fit L1	A 5.00 5.00						
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.5000								
Grd 10 Summer 20-21 College Park Summer High School								
Course Tags: * = Non Academic + = Honors (weighted) p = College Prep r = Repeated								
Weighted Non-Wgtd			CREDIT SUMMARY					
Acad GPA (9-12) 2.9630 2.9630			Credit Req'd			Subject Area	Compl	Needed
Acad GPA (10-12) 3.0000 3.0000			5.00			English	40.00	30.00 10.00
Total GPA (9-12) 3.0667 3.0667			10.00 10.00			Mathematics	30.00	30.00 -
Credit Attempted: 185.00			10.00 10.00			World History	10.00	10.00 -
Credit Completed: 180.00			10.00 10.00			U.S. History	10.00	10.00 -
Class Size: 452			5.00 -			Economics	5.00	- 5.00
Class Rank: 271			5.00 -			U.S. Government	5.00	- 5.00
Ranked by Weighted Total GPA			10.00 10.00			Science/Life	10.00	10.00 -
District Enter: 8/25/2015			10.00 10.00			Science/Physical	10.00	10.00 -
School Enter: 8/15/2019			20.00 20.00			VAPAA/World Lang/CTE	20.00	20.00 -
			20.00 20.00			Physical Ed	20.00	20.00 -
			60.00 40.00 20.00			Electives	60.00	40.00 20.00
			* TOTALS *				220.00	180.00 40.00
			Algebra 1 Requirement Met					

Honors & Advanced Placement (AP) Courses

- Honors and AP classes are accelerated rigorous curriculum.
- Honors give a GPA bump but no college credit.
- AP Courses have an AP exam and students sometimes receive college credits for the course as well as a GPA bump.
- UC & CSU limit the number of weighted classes to 4, with no more than 2 classes from 10th grade.



Remember...QUALITY OVER QUANTITY!



Post High School Educational Options




4- year Institutions
(Public, Private,
Out-of-state)



Community
Colleges



Apprenticeships



Vocational
Colleges



Military
&
Academies

Academic Topics to Keep in Mind

What is the difference between a Community College (2+years) and 4-year University/College?

- Community College: degrees can take about three years to complete (Associates Degree), offers transfer to a 4-year university or certificate programs.(Firefighting , EMT, Cooking, Auto Mechanic...)
- 4 year University: A Bachelor's Degree takes 4 (or more) years to complete.

Many colleges offer graduate programs (Master's, credential, PhD.)

Types of Degrees: Undergraduate & Graduate

- **Associate Degree (AA/AS)**
approx. 2-3 years, Community College
- **Bachelor's Degree**
(example: BA/BS) approx. 4-5 years
4-year University/College
- **Master's Degree**
(example: MA/MS/M.Ed, MBA)
- **PhD/Doctoral**

University of California

10 UC Campuses throughout California Only 9 Open to Undergraduates

Requirements:

- Minimum 3.0 gpa (10th & 11th grade only)
- UC application (same application for all campuses)
- 4 Personal Insight Questions (pick 4 out of 8)
- \$70 fee per campus

NO letters of recommendation

No SAT or ACT

Application filing period: November 1 - 30



California State University



23 CSU Campuses throughout California

Requirements:

- Minimum 2.5 gpa (10th-11th grade only)
- Application (same application for all campuses)
- \$70 fee per campus

NO letters of recommendation

NO essay

Application filing period: October 1-
November 30

Career and Technical Education & Military

CA Community Colleges

200 + CTE programs: Health, Advanced Manufacturing, Life Sciences/Biotechnology, Public Safety and Service, Information Technology, Tourism/Hospitality..and many more!



Apprenticeship Programs

Automotive Technician, Carpenter, Construction Equipment Operator, Ironworker, Welding, Electrician.. and many more!
(Department of Industrial Relations)



Private Vocational/Trade Schools

Massage Therapy, Pharmacy Technician, Cosmetology/Barber, Dental Assistant, Airline Pilot...and many more!



Military Opportunities

5 Armed-Services Branches and Reserve Units



College Bound Student Athletes

- ▶ D1 and D2 University's: Register for NCAA Eligibility Center no later than your Junior Year!
 - ▶ Eligibilitycenter.org
- ▶ Complete a total of 16 Core Courses in:
 - ▶ English, Math, Science, Social Science, Foreign Language
 - ▶ 10 of the 16 core must be completed PRIOR to Senior year
 - ▶ Earn over a 2.3 GPA (in your 16 core)
 - ▶ SAT/ACT Scores
- ▶ Not all courses are approved for NCAA-work with your Academic Counselor (especially online courses!)
- ▶ **See Mr. Walters for more information**

Academic Support

Struggling in class? Need help?

- **Meet with teachers or email them for help with work**
- Use their RTI period
- Math Tutoring, Mondays in H-5
- Peer Tutoring, Tuesdays/Thursdays in Library after school
- DVC Tutoring, Wednesdays 8-9pm (Zoom)
- Check in with their Counselor



If you have a D or F in an academic class:

- ❖ Summer School
- ❖ Apex Credit Recovery Program
- ❖ Retake class/Different Class

2022/23 Sophomore CheckList

- Explore your path to college or career readiness
- Keep their grades up, ensure you pass all classes, consider AP or Honors.
- Review courses to schedule for junior and senior year based on what you want to do after high school.
- Get involved, such as school clubs, team sports, leadership roles, involvement in religious or civic community groups, internships, jobs, etc.
- Log into Naviance take the StrengthsExplorer, Interests Inventory, or Personality Inventory questionnaires.
- Visit with your academic counselor or the college and career counselor to help with a plan for your future.

Scheduling Reminder

- *Schedule changes only happen within the first 3 weeks of the **Fall** semester AND the first week of the Spring semester.*
- Schedule changes are only permitted for
 - Missing a necessary class/credits for graduation
 - Enrolled in the wrong course
 - A class was repeated and needs to be adjusted so that credits are not missed
- Course requests cannot always be guaranteed
- One class change may adjust your entire schedule
- **Students cannot request a schedule change for a different teacher!**

COLLEGE & DISCIPLINE RECORD

Counselor must answer....

“Has the applicant ever been found responsible for a disciplinary violation at your school, whether related to academics misconduct or behavioral misconduct, that resulted in the applicants probation suspension, removal, dismissal, or expulsion from your institution?”

☐

Yes

☐

No

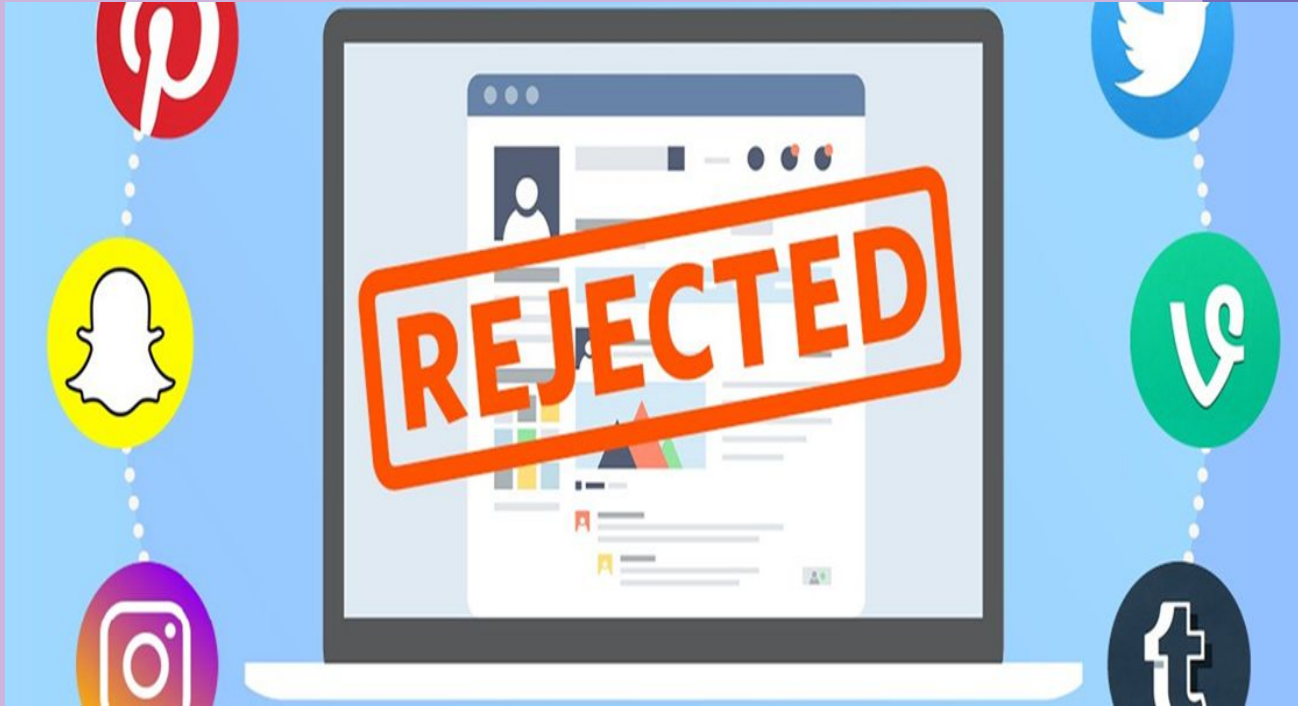
Students must answer....

“Have you ever been found responsible for a discipline violation...whether related to academic misconduct or behavioral misconduct that resulted in a disciplinary action? (Could include, but are not limited to: probation suspension, removal, dismissal, or expulsion from the institution.)”

SO REMEMBER:

IN HIGH SCHOOL: YOUR ACTIONS, WORDS, AND SOCIAL MEDIA POSTS MATTER!

A Word About.... Social Media



MANY EMPLOYERS AND COLLEGES BELIEVE IT IS FAIR GAME TO VISIT APPLICANTS SOCIAL MEDIA PROFILE. SO BEWARE WHAT YOU POST, AS IT LASTS FOREVER....EVEN ON SNAPCHAT!

Questions???

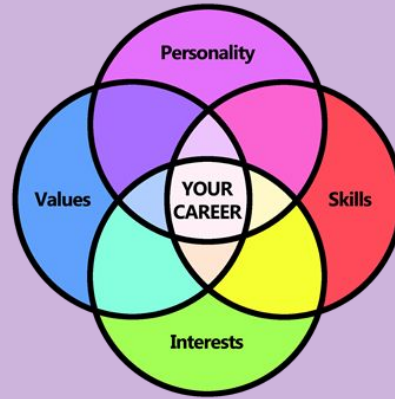
What is Naviance?

Career Exploration

Career Interest Inventory

Personality Inventory

Road Trip Nation



College Preparation

College Search

Application Process

College Major Exploration

Success Planning

Course Planner

Personalized Goals & Tasks

Resumé Building



Logging on to Naviance

- ▶ Use MDUSD account to log into Clever



Let's Practice!

Exploring Naviance

1. Log into Naviance
2. Complete the **Strength Explorer** under the Self-Discovery tab