



COLLEGE PARK HIGH SCHOOL

HOME OF THE FALCONS

*Welcome class of
2024!*

CPHS Counseling Department

Ms. Gillette	Counselor, A-D
Ms. Chacón	Counselor, E-Lee
Ms. Prosise	Counselor, Lef - Rhe
Ms. Johnson	Counselor, Ric-Z
Mr. Walters	College & Career Advisor



CPHS Counseling Department

Why are we here today??

Review post high school options

- Importance of your Junior year
- 4-year and Community College options
- Career Options
- Introduction to Naviance (and time to explore Naviance)

Graduation Requirements vs. College A-G

CPHS Graduation Requirements:

English- 4 years	40 credits
Math- 3 years	30 credits
• Must pass <u>Algebra 1</u>	
Science- 2 years	20 credits
• 10 credits Life Science	
• 10 credits Physical Science	
Social Studies- 3 years	30 credits
VAPA, World Language, CTE	20 credits
• Need two of three areas	
Electives	60 credits
Physical Education - 2 years	20 credits
<i>*D's = Passing Credits</i>	<hr/> 220 Credits

UC/CSU A-G Requirements:

- A:** History- 2 years (World History & US History)
- B:** English- 4 years
- C:** Math- 3 years, 4 years recommended (Algebra 1, Geometry, Algebra II)
- D:** Laboratory Science- 2 years
- Life Science (Biology, Physiology)
 - Physical Science (Chemistry, Earth Science, Physics)
- E:** LOTE- 2 years (Level 2), Level 3 recommended
- F:** VAPA- 1 year
- G:** College Prep Elective- 1 year (Gov/Econ, Math, Science, or LOTE goes here)
- **C's or better!*



Struggling in class? Need help?

- Meet with your teachers or email them for help with your work
- Use your RTI period
- Math Tutoring, Mondays in H-5
- Peer Tutoring, Tuesdays/Thursdays in Library
- CA State Libraries - free online tutoring
- Check in with your counselor



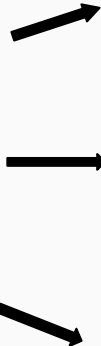
If you have a D or F in an academic class:

- ❖ Summer School
- ❖ Apex Credit Recovery Program

Which path is right for you?

THE BEGINNING

Graduation



Straight to work, military,
GAP, specialty school

**Community
College**

Transfer

**4 Year
University**

Training or
Certificate

Graduate

THE GOAL

Employed & Independent



What are my options for college?

In California

280	Colleges & Universities
114	Community Colleges
23	California State Universities
9	University of California (UC)
134	Private Universities

**There are over 4,200
degree-granting
post-secondary institutions in
the US!**

Types of Degrees: Undergraduate & Graduate

- **Associate Degree (AA/AS)**
approx. 2-3 years, Community College
- **Bachelor's Degree**
(example: BA/BS) approx. 4-5 years
4-year University/College
- **Master's Degree**
(example: MA/MS/M.Ed, MBA)
- **PhD/Doctoral**

California Community College System

- 116 Community Colleges
 - Earn a degree (Associate's Degree), transfer to a 4-year university, or earn a certificate
- No SAT or ACT is required for registration
- Students do not apply...students register for community colleges

**A few things
about the
transfer route:**

- Transfer admission
guarantee (TAG)**
- Associate degree
for transfer (CSU)**



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University of California

9 UC Campuses throughout California

Requirements:

- Minimum 3.0 gpa (10th & 11th grade only)
- UC application (same application for all campuses)
- 4 Personal Insight Questions (pick 4 out of 8)
- \$70 fee per campus

NO letters of recommendation

Application filing period: November 1 - 30



**WHERE DO
UC
YOURSELF?**



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California State University



23 CSU Campuses throughout California

Requirements:

- Minimum 2.5 gpa (10th-11th grade only)
- Application (same application for all campuses)
- \$70 fee per campus

NO letters of recommendation

NO essay

Application filing period: October 1- November 30



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Private Colleges and Universities

Independent California Colleges and Universities



GPA and course requirements vary greatly, check each college website.

All schools require:

- Common application (apply to multiple schools at same time)
- or college specific application
- Send official test scores**
- Pay application fee
- Personal statement or essay
- Letters of recommendation (0-3 max)

Application filing periods vary

THE 25 BEST COLLEGES IN AMERICA

RANK	SCHOOL	SCORE	LOCATION
1.	Stanford University	4.15	Palo Alto, CA
2.	Massachusetts Institute of Technology	4.12	Cambridge, MA
3.	California Institute of Technology	3.96	Pasadena, CA
4.	Princeton University	3.88	Princeton, NJ
5.	Harvard University	3.80	Cambridge, MA
6.	Yale University	3.80	New Haven, CT
7.	Columbia University	3.74	New York, NY
8.	University of Chicago	3.73	Chicago, IL
9.	University of Pennsylvania	3.71	Philadelphia, PA
10.	United States Naval Academy	3.70	Annapolis, MD
11.	United States Military Academy	3.68	West Point, NY
12.	Dartmouth College	3.67	Hanover, NH
13.	Carnegie Mellon University	3.65	Pittsburgh, PA
14.	Cornell University	3.64	Ithaca, NY
15.	Johns Hopkins University	3.59	Baltimore, MD
16.	Duke University	3.58	Durham, NC
17.	University of California – Berkeley	3.57	Berkeley, CA
18.	Northwestern University	3.49	Evanston, IL
19.	University of Virginia	3.45	Charlottesville, VA
20.	Georgetown University	3.44	Washington, DC
21.	Brown University	3.44	Providence, RI
22.	Harvey Mudd College	3.42	Claremont, CA
23.	Rice University	3.41	Houston, TX
24.	University of Michigan – Ann Arbor	3.39	Ann Arbor, MI
25.	Amherst College	3.38	Amherst, MA

Business Insider's rating is scored out of 5 and is based on the results of a survey that asked thousands of readers how well colleges prepare their students for success after graduation. Tuition was used as a tiebreaker, with cheaper tuition pushing a school to a higher spot.



Historically Black Colleges and Universities - HBCUs



Historically Black colleges and universities are institutions of higher education founded **to educate Black students**. In the 19th century, when many colleges and universities refused to admit Black applicants, HBCU's offered those students a route to higher education.

There are 107 colleges in the United States that are identified by the US Department of Education as Historically Black Colleges and Universities (HBCUs).



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Career and Technical Education & Military

CA Community Colleges

200 + CTE programs: Health, Advanced Manufacturing, Life Sciences/Bio-Technology, Public Safety and Service, Information Technology, Tourism/Hospitality..and many more!



Automotive

Apprenticeship Programs

Automotive Technician, Carpenter, Construction Equipment Operator, Ironworker, Welding, Electrician.. and many more!
(Department of Industrial Relations)



Private Vocational/Trade Schools

Massage Therapy, Pharmacy Technician, Cosmetology/Barber, Dental Assistant, Airline Pilot...and many more!



Military Opportunities

5 Armed-Services Branches and Reserve Units





- **What is an apprenticeship program/trade school?**
 - An apprenticeship program trains you to become skilled in a trade or profession,. An apprenticeship allows you to get paid while learning and offers on-the-job training.
- **What is Adult Ed?**
 - Mt. Diablo Adult Education provides instruction to students to earn a high school diploma (or high school equivalency certificate) and prepare for students for employment, career training programs, and post-secondary education.
 - Adult Ed also has shorter programs and internship opportunities to get you into the workforce faster!
- **How are these different from college?**
 - Trade schools and Adult Ed programs offer shorter programs with more affordable options. A university prepares you for the workforce, but it can take 4+ years to complete and it can be costly.



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Career and Technical Education & Military

MDUSD Career Fair

October 19th, 2022 at Concord High School

Sign up with Mr. Walters to be on the waiting list...seniors get 1st priority



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Career and Technical Education & Military

Trade School vs College

Trade School



Specific training



Lower cost on average



Hard skills



Simple admissions process



Shorter time commitment



Lower earnings on average

College



Broad Education



Potential for large student debt



Soft Skills



More in-depth admissions process

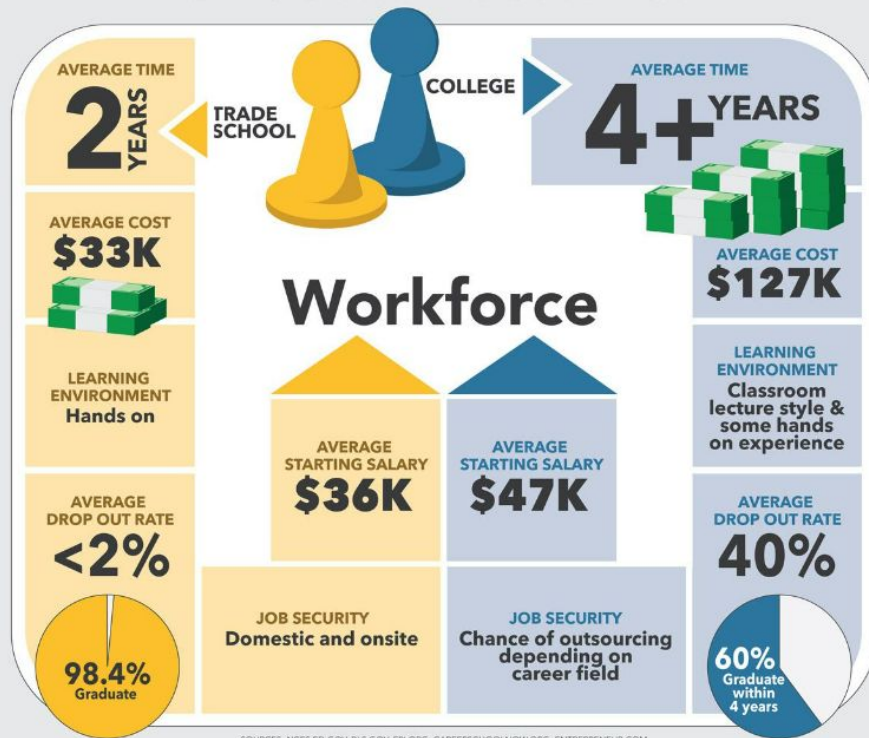


Longer duration



Higher earnings on average

Trade School vs Traditional College CHOOSE YOUR PATH



What should you be doing now?

- Building College List
 - Use Naviance to help you research careers and colleges and add them to the “Colleges I’m Thinking About” tab
- Make an appointment with the College Advisor (**Mr. Walters**) to discuss your options
- Attend workshops on Naviance at the College/Career Center
- Speak to CP alumni and teachers about the colleges they attended
- Spring Break is a great time to tour colleges
 - College tours are VERY helpful!

Student's role in the College process

- Think about classes you like(d) and continue to advance
 - If you like Photo Arts I, take Photo Arts II
- Continue to appropriately challenge your educational interests and be successful
- Maintain a healthy **BALANCE** (there are only 24 hours in a day)
- Work toward your post high school goals: full time work, community college, 4 year college, possible major, career, etc...
- Ask yourself "**what do I want in a college?**"
- Know yourself - it's **quality** not quantity - more is not necessarily better

Junior Year Matters

Junior year is your year to raise your GPA!

UC's & CSU's review:

- The rigor of your classes
- GPA from 10th-11th grades
 - UC's: 3.0 or higher
 - CSU's: 2.5 or higher (*this recently changed*)

SAT/ACT Testing

- ❑ SAT go to www.collegeboard.edu
- ❑ ACT go to www.actstudent.org
- ❑ Recommend taking it in Spring of 11th grade
- ❑ Can retake into the Fall of senior year for improvement.

Standardized Testing

Tests are sometimes optional:

Test Blind: Test scores are NOT considered for admissions, placement, or institutional financial awards

Test Optional: means test optional; consider testing score (if available), gpa, selectivity of school

Plan a (virtual) campus visit

- Visit when school is in session
- Sign up online for campus tour and do the tour!
- Students should stay overnight, if offered
- Eat in the dining commons
- Attend a class
- Pick up a school paper
- Keep notes about each school
- Reflect on the experience and evaluate the campus
- Take pictures



College Rep Visits

Hawaii Manoa	10/11 at 1:40pm
UC Irvine	10/12 at 9:30am
UC Santa Barbara	10/13 at 12:00pm
UC San Diego	10/20 at 1:30pm
Suffolk	10/21 at 12:15pm
Chapman	10/26 at 9:40am
Holy Names	10/28 at 10:00am
Sonoma State	11/4 at 12:15pm

Email: waltersd@mdusd.org

COLLEGE & DISCIPLINE RECORD

Counselor must answer....

“Has the applicant ever been found responsible for a disciplinary violation at your school, whether related to academics misconduct or behavioral misconduct, that resulted in the applicants probation suspension, removal, dismissal, or expulsion from your institution?”

Yes

☐

No

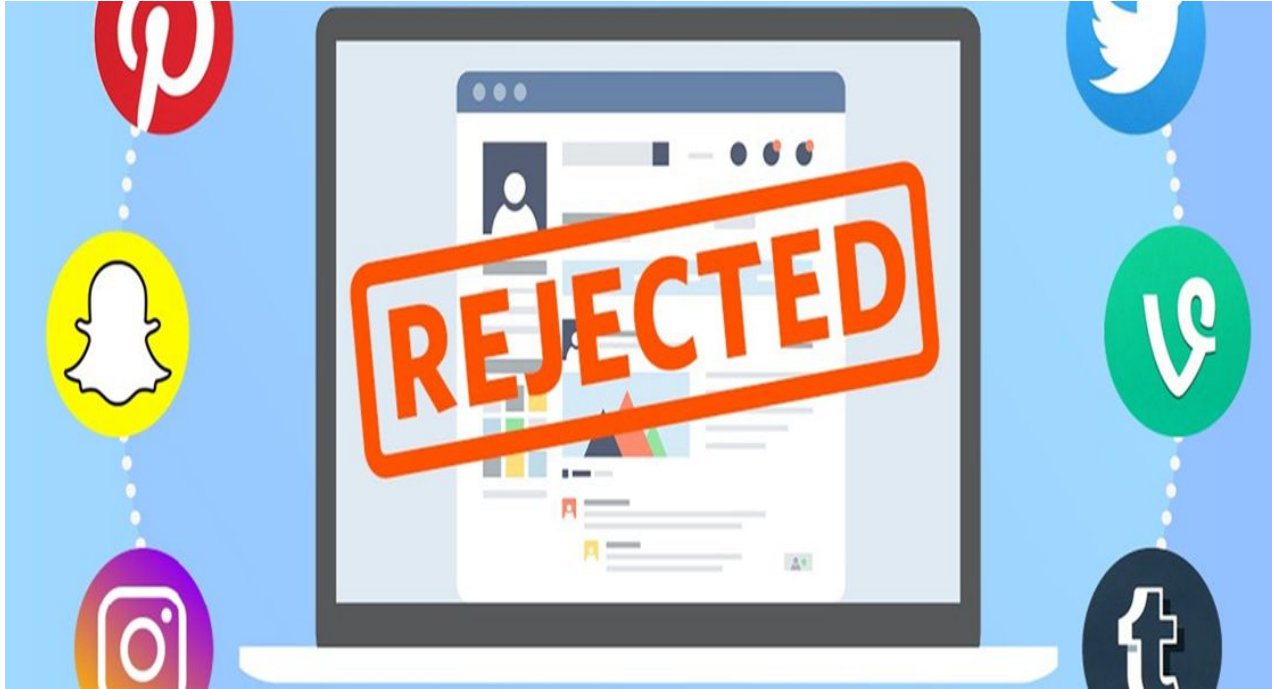
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Students must answer.....

“Have you ever been found responsible for a discipline violation...whether related to academic misconduct or behavioral misconduct that resulted in a disciplinary action? (Could include, but are not limited to: probation suspension, removal, dismissal, or expulsion from the institution.)”

**SO REMEMBER: YOUR ACTIONS IN HIGH SCHOOL MATTER LATER IN LIFE.
BE SMART, BE KIND, USE YOUR WORDS WISELY IN PERSON, ESPECIALLY
IN WRITING AND ON SOCIAL MEDIA. DO YOUR BEST.**

A Word About.... Social Media



MANY EMPLOYERS AND COLLEGES BELIEVE IT IS FAIR GAME TO VISIT APPLICANTS SOCIAL MEDIA PROFILE. SO BEWARE WHAT YOU POST, AS IT LASTS FOREVER....EVEN ON SNAPCHAT!

Naviance

Naviance

Naviance

Why is Naviance Student Important?

Career Exploration

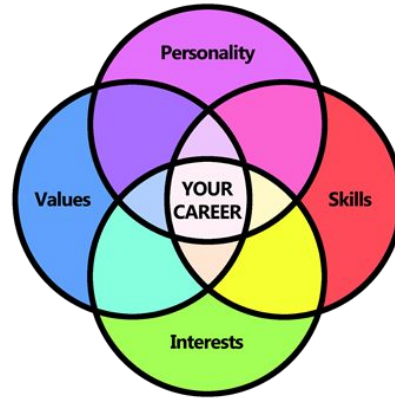
- ▶ Career Interest Inventory
- ▶ Personality Inventory

College Preparation

- ▶ College Search
- ▶ Application Process
- ▶ College Major Exploration

Success Planning

- ▶ Course Planner
- ▶ Personalized Goals & Tasks
- ▶ Resumé Building



Logging on to Naviance

- ▶ Use MDUSD account to log into Clever



Let's Practice!

Exploring Naviance

1. Log into Naviance
2. Explore:
 - a) Supermatch College Search or
 - b) Career Cluster Finder



Home

Self-Discovery

Courses

Careers

Colleges

Planner



Demo

Naviance

My Favorites



COLLEGES

I'm thinking about



COLLEGES

I'm applying to



COURSES

I'm thinking about



CAREERS AND CLUSTERS

I'm thinking about



College Home

Find Your fit

SuperMatch College Search

College Match

College Events

Advanced College Search

College Lookup

Research Colleges



Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

Enrichment Programs

College Maps



Career Cluster Finder

LAST UPDATED Sep 23rd 2021

RETAKE

CONTINUE

The **Career Cluster Finder** helps you identify your interests and discover career clusters that contain careers that might interest you.

Junior Family/Parent/Student Night

Thursday, November 3rd

@ 6:00pm

Zoom Meeting



Questions???