

College Park High School

Community Resources

Contra Costa Crisis Center has a mission to keep people alive and safe, help them through crises, and connect them with culturally relevant resources in the community.

Crisis & Suicide: 800-273-TALK/800-833-2900 888-628-9454 (Español)

Information & Referral: Dial 2-1-1 or go to www.crisis-center.org

Monument Crisis Center is a community-based non-profit family resource center for Central and East Contra Costa County. Located in Concord, the Center offers nutritious food, quality resources and referrals to low-income individuals and families in order to help them become stable and secure in our community.

(925) 825-7751

www.monumentcrisiscenter.org/

NAMI Contra Costa is a charitable mental health non-profit organization providing outreach, education, support and advocacy to families and individuals in need of help.

(925) 942-0767

www.namicontracosta.org/

Rainbow Community Center provides specific clinic & school-based services to support LGBTQ+ youth & their families.

(925) 692-0090

<https://www.rainbowcc.org/>

Community Violence Solutions provides support services to child and adult victims of sexual assault and their families.

(925) 521-6366

<https://cvsolutions.org/>

Youth Employment Services (YES) Program provides participants with continual service through a range of program options that help youth to reach their long-term goals. Students (and out of school youth) will prepare for success by participating in work experiences, ongoing academic counseling, mental health services, summer employment opportunities, job shadowing, internships, and other workshops and trainings

(925) 682-8000 x3098

<https://www.mdusd.org/yes>

Family Justice Center (Central) serves families affected by domestic violence, sexual assault, child abuse, elder abuse, and human trafficking. Lawyers, parenting, community building circles, and yoga available.

(925) 521-6366

<http://www.cocofamilyjustice.org/>

In an emergency or when in need of immediate assistance, please call 911

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CRISIS TEXT LINE

Say Hello to 898211
Text a trained counselor
Always confidential
Always free

Grief Hotline

(800) 837-1818
Se habla español.

COMMUNITY VIOLENCE SOLUTIONS

ENDING SEXUAL ASSAULT AND FAMILY VIOLENCE

Dedicated to working in partnership with the community to end sexual assault and family violence through prevention, crisis services, and treatment.

Crisis support hotline is open 24 hours a day, 7 days a week.

1-800-670-7273

RAINBOW

COMMUNITY CENTER

monument
CrisisCenter

Call 2-1-1

County Information Line
Operators can connect callers to local resources and support services.

Mental Health Access Line

Support for residents of Contra Costa County experiencing a mental or emotional crisis

(888) 678-7277

Any time, day or night

Youth Employment Services

