



September

Issue #1

## Student Dress Code

By: Piper Rice, Milo Wilson, Leena Gregory, Lilianna Herrera, and Nalani Agers

Around the US many high school students protest the dress code. Some incidents in schools have even gone to court, and most of the time the schools lose. In many protests a large number of students will wear an item of clothing that one of their peers got dress coded for.

Some teens will even wear shirts with sayings on them protesting the dress code. According to the Texarkana Gazette, "Texas high students wear T-shirts Protesting Against Dress Code," by Andrew Bell. In one small high school in Texas, students wore shirts that said, "girls freedom > boys immaturity." Protests have popped up around the county, there are even petitions that students can sign online to change the dress code laws federally. On the other hand when students confront the administration at their school about this issue they are often quickly denied and some are even able to make it to upper meetings but then are told, "We have dress codes for a reason" by their administration.

According to Wilson Middle School's website, hats, hoodies, and beanies may be worn in certain areas and they can be worn depending on the classroom's rules. Compared to Jefferson Middle School website, hats, hoodies, beanies are prohibited. Although some teachers do allow students to wear them. At Jefferson, rips and tears cannot be above mid-thigh. Wilson, rips and tears and tears cannot be above your thigh. At Wilson they do not care about how wide the tank top strap is. But at Jefferson if your tank stop straps are too small, then they will immediately dresscode you. Obviously nudity, drugs, and violence are prohibited at school.

According to Thomson Reuters, an author for the website findlaw.com, “The first school dress code was established in 1969 by the U.S in the Supreme Court. The case is known as Tinker vs. Des Moines Independent School Districts.” Before the dress code became a law, students had to wear uniforms to school. Girls had to wear a shirt that didn’t show shoulders or a low hanging collar and a skirt with leggings/tights. Boys had to wear shirts that didn’t show armpits like a muscle shirt or again low hanging collars and had to wear pants/jeans. Sometimes the uniforms would either be in school colors and/or have the logo on the shirt.



Dress code was enforced at most schools after it had come out, however there are still some schools today that prefer uniforms so they don’t have to stop them in the hall or outside to dress code them for wearing something inappropriate. Dress code was made so students could express themselves. Although uniforms helped students fit in because everyone was wearing the same thing, it also brought down bullying. Dress code can either let students let loose a little bit and express themselves while it is being appropriate, or it can be extremely strict, similar to a uniform.

There are many varying opinions on the dress code, from all grades and genders. Many of the boys that were interviewed were pretty neutral. They don’t seem to care much about it. According to one seventh grade boy's opinion at Jefferson, “It doesn’t really matter to me.” Most of the boys at Jefferson said pretty similar things.

Now, concerning the girls that were interviewed, their feelings and opinions were much more potent. Even the girls that dress “modestly,” says a girl in 8th grade, don’t quite like the dress code. A seventh grade girl, new to Jefferson, says that, “It’s really hot and I can’t even wear a tank top.” To quote an eighth grade girl at Jefferson Middle School, the dress code is “unfair and ridiculous.” Students have trouble finding dress code outfits, according to an eighth grade girl, “It’s more annoying to find outfits that I like.” No names were given when interviewing these students, only gender and grade.

Why can schools determine what I can wear? Schools can prohibit students from wearing clothing that is distracting or distracts students from learning. Fairly, no wearing of vulgar or gang related attire, but they can also limit political messages on a shirt or a hat. The first amendment right is freedom of expression and speech, students and some teachers have stated “students/kids use clothing as a way of expression and shouldn’t be sexualized at such a young age.” Others stating “These students shouldn't be allowed to wear that at a young age and its distracting for them.” The fourteenth amendment right is for parents to raise their children as they choose. But on school property the school determines what is appropriate attire. The rules state that shoulders cannot be exposed, no thighs, belly, back, and bust can also not be exposed. What is accessible in the summertime when the weather still has

increased temperatures? Shorts, tank tops, hats, glasses, open back shirts, crop tops, etc, All of which are inappropriate in the school's eyes.

## Riddles

By: Roman Mondragon

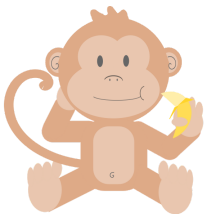
1. What do you own but people use it more than you?



2. A girl fell off of a 20 foot ladder and was not hurt, how?



3. A monkey, squirrel, and bird are racing to the top of a coconut tree for a banana. Who is going to get the banana first?



4. You see a boat filled with people. It has not sunk, but when you look again you don't see a single person on the boat. Why?



**Answers to Riddles:** (1. Your name) (2. She fell off the first step) (3. None of them is a coconut tree they don't produce bananas.) (4. All the people were married.)

## Trash In The Ocean

By: Abbey Taylor and Emma Schloss

Trash is one of the world's biggest pollution problems. Eight million pieces of trash enters the ocean every year. With all of the pollution entering our waters this is causing many marine animals to go endangered and humans to have serious health problems. But this is not just hurting animals, it's hurting their habitats. Coral reefs are not only beautiful but they are very valuable. Many medicines we use today are made from coral. NASA states that "as much as 32 percent are at risk of being lost within the next 32 years." So with all this going on how can we help save our ocean?

It is so important to start recognizing pollution and start making a difference. Most people don't know that some polluted water can cause diseases like respiratory infections, liver damage, and even cancer. According to environmental pollution centers, "Every year a few million Americans are made ill by polluted water." Polluted water is also a big threat to many sea creatures like turtles, fish, sharks, and seals. Most animals mistake garbage like trash bags for jellyfish and sea birds mistake trash on the beach for dead fish. Scientists estimate that in the next 20 years sea turtles will already be an endangered species if we don't do something to help our ocean.

With the large issue of ocean pollution that is quickly growing, many different groups and scientists are working to help put an end to this. Or at the very least clean it up. Many solutions are out there. One of the most common and simple ideas is suing companies into making reusable bottles and containers as well as turning plastic bags into paper ones. While this is an excellent solution to using less plastic, this doesn't help what's already in the ocean. According to independent.co.uk,

“scientists have a plan using 100km long inflatable booms. These booms would be aligned across sea currents to stop waste from entering the seas. However, a new study shows this would be far more effective if carried out near more densely-populated coastlines, such as China and Indonesia, where most of the waste enters the sea.”

Over all, our ocean and the animals who inhabit it are in trouble. We need our oceans and the things inside, yet we are the ones harming it in the first place. That’s why there’s so many solutions and ideas to not only stop this but also clean it up. Our oceans don’t have to be in these situations, we just have to take responsibility and fix what we’ve done. Which is exactly what most people are doing. Soon, maybe our ocean animals won’t go extinct because of this pollution.

## Word Search



Baseball	Beach	Camping
Fire	Football	Ice cream
Marshmallow	Ocean	Popsicle

Sand	Soccer	Swimming
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## [Miguel Cabrera- Makes history](#)

By: Sam Powell and Brayden Sherred

August 24th, 2021 was a historic day for baseball as a storied veteran Miguel Cabrera hit his 500th career home run and made himself one of the very exclusive members of the 500 club. Cabrera has had a historic career and has made himself just a little more respected, cranking his 500th tater off Steven Matz 400 feet into right field. This was an emotional moment for Tigers fans as he got a standing ovation from his fans as well as his teammates. According to ESPN, Cabrera was the first player to hit his 500th home run in a Tigers uniform, and brought hope to a struggling franchise. His impact on the Tigers, the game of baseball, as well as the country of Venezuela cannot be overstated or erased. According to ESPN statistics, Miggy has now joined the 500 homerun club with 28 others such as Barry Bonds, Hank Aaron, Babe Ruth, Alex Rodriguez, Willie Mays, Ken Griffey Jr, Reggie Jackson and David Ortiz. It's safe to say that he will be a Tigers legend for years to come. If you wish to watch the home run click the title above.

## Wild card races and playoff standings

As we approach the end of the 2021-2022 MLB regular season and with a WILD trade deadline behind us the standings are seeming to become insurmountable for some and just too easy for others. After acquiring Rizzo from the Cubs the Giants have already clinched a playoff spot and show no signs of slowing down. The main games to watch will be between the Red Sox and Yankees as they are within 3 games of each other and this could lead to some good games and matchups in the east division. Another division to match as the playoffs near will be the AL west as the Athletics and Mariners that have only one game between them look to clinch the higher seed, if you get the chance to watch one of their games be sure to at least take a look. When the divisions are so close like this every game counts. This season has really been a David and Goliath story, some of the relatively weaker divisions continue to struggle while the NL west according to the standings chart on MLB.com has the top

2 teams in the league and more than half the teams sitting over .500 in the win percentage and 4 of the five teams have at least split their last ten games. Another fun division to watch will be the NL east, if one of the teams can find a way to burst late we may see one a whole different playoff bracket. As of right now very few teams are considered out of the hunt.

# JMS Sports are back!!

By Daniel Borjas, Gabriel Baldonado, Andy Lam

Everyone's happy that JMS sports are back. JMS sports being back has its ups and downs. Today we are going to talk about those ups and downs in this article. Sit back, relax and read this article.

Physicals are needed in every sport no matter what that sport is. The JMS sports eligibility says "All sports require athletes to receive a physical and be cleared to play." If students don't get physicals they won't be able to play and it's kind of unreasonable because some students may not have time to get the physical and it could be difficult for them.

If a student really wants to play soccer or volleyball or basketball but doesn't have health care and doesn't get a physical, they won't be able to play their favorite sport and make them sad and maybe frustrated.

Healthcare is very important in sports especially JMS because the school requires you to have healthcare to get a physical even though some students may not have healthcare and therefore may not be able play their favorite sport. Physicals are important because they can show you how healthy you are, what's wrong in your body, and help you in general. But there are some ups and downs to getting a physical especially with students since they might not be able to get a physical form because of a lack of health care.

What I think schools could do with physicals is get them in school for \$5 or have their parents sign something for the students that can't get physicals. Some kids might not feel comfortable getting a physical and may not want to get one but have to try to get one to participate in JMS sports.

The concussion course is important but it might be a struggle for some people. The reason is that the concussion courses are usually done after school hours. Mr. Logan said "The concussion course is usually an hour and a half to two hours long" which is a long time after school. A lot of people don't have access to cars, cars are expensive and a lot of people don't have the money to get one. People might also not have friends or family who want to give them a ride to go so late after school. A solution to this problem is to have the concussion course during school hours and have them do the work that was in class as homework. Or have the concussion course early in the morning before school.



# Electives in Perspective

Camille Bouchet, Audrina Luceras, Francesca Duran, Chloe Carlson

Class - Home Economics, Ms. Philips

The purpose of the home-ec (home economics) elective is to learn about cooking skills, and to practice recipes while learning about kitchen safety. "I enjoy getting to share my experiences with food with others" Ms. Philips, the home - ec teacher, said in an interview. This is a semester-long class with at least 2 big cooking projects this year. According to the students in this class, they are learning about kitchen safety, and how to safely cook food. An activity that has started in this class is multinational Mondays, where students will learn about different cuisines from around the world every Monday.

When asked how Ms. Philips got into teaching home-ec, she said "i've always liked food, so when the position opened up i jumped on it.". Something interesting about this class is that students will get to learn how to cook a well balanced meal while learning about different cuisines around the world.

Class - Info Tech, Mr Vigil

Mr. Vigils class is a very unique and fun course to help students with real life choices, independence, and quality work.

Mr. Vigil makes a point to let students have their own choice of being productive, managing their time, and being responsible. Mr. Vigil says on his website: "I have high expectations for ALL students; "I'm trying to prepare them for high school and beyond." Students enjoy this type of learning because it helps them with many real life skills while letting them be creative and involved with their ideas. "I expect 100% quality work.

Typing is a big part of Mr. Vigils class. Typing helps students learn how to write quickly and correctly on a computer, this helps them in all other classes and jobs in life. Mr. Vigil also has the Company Project; the students create their own company with their

own website, brochure, and logo. Students can really let their creativity flow through with these projects. Mr. Vigil wants all students to stay happy, respectful, and productive and his class perfectly defines these rules.

#### Class - AVID, Ms Lazar

AVID is a readiness program that can prepare students for a future at a college/university. According to the Jefferson website, students will learn the basics of how to study, take notes, and research skills. This course helps students to attend college. In the AVID class, college tutors will come in and lead a tutoring session to help students with any subject they need help in. In order to get into this class, students will need to send in an acceptance letter. Writing in your agenda is a big part of staying organized in this class. Having your agenda and writing in it everyday is very important to stay on top of your classes. This is a year long class.

#### Class - Health, Ms. Ploss

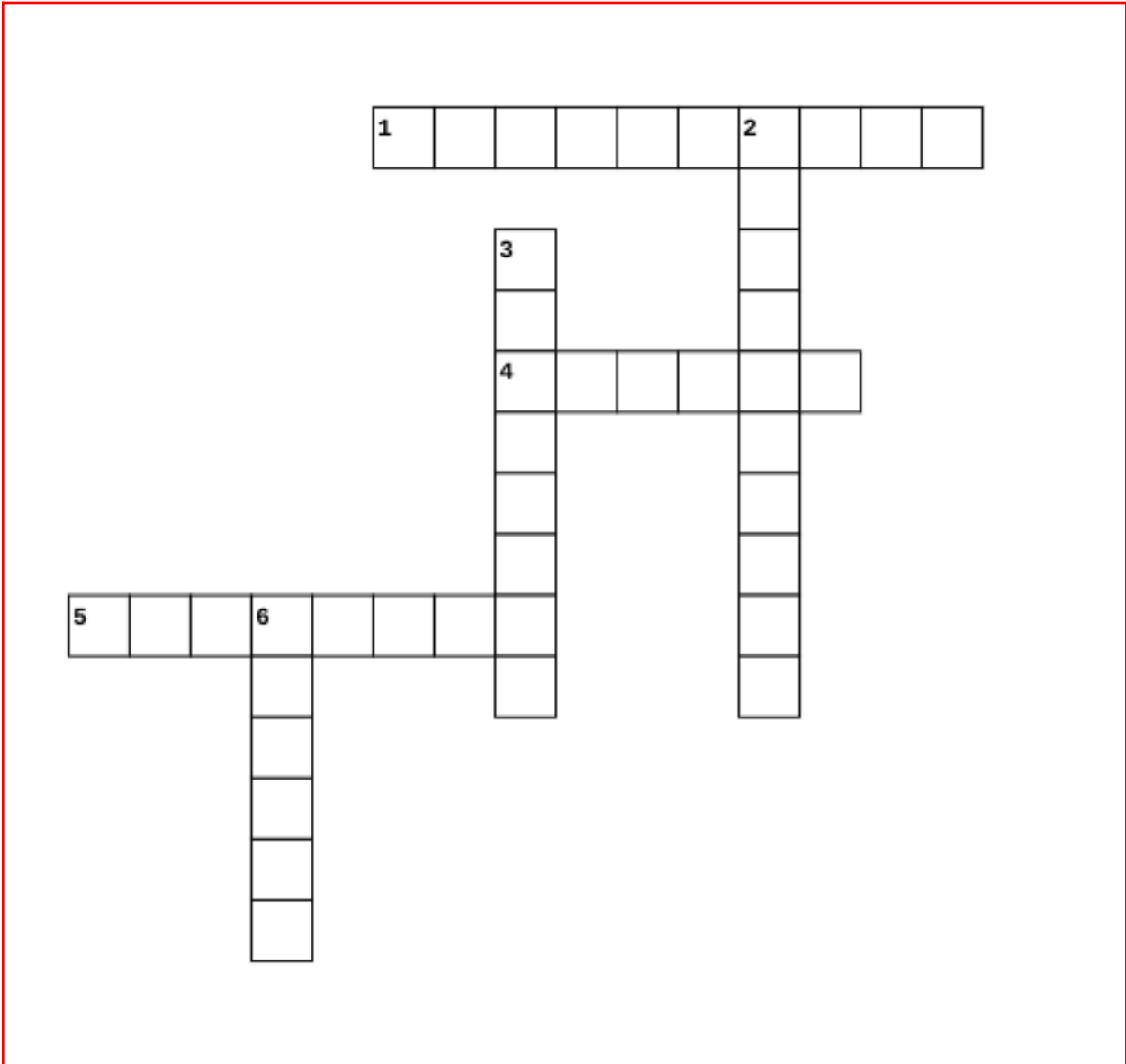
In Health there are many opportunities to hear what health topics each student cares about most. There are many interesting things about this class, the main one is the amount of variety in the ways we can be healthy. According to Ms. Ploss, this year in health class students will create and participate in a podcast as well as do some fun art! The ultimate goal in health class is to improve students ability to make good health decisions for now and throughout her students' lives! Ms. Ploss was a physical therapist and always taught health to her patients. She taught 6th grade science last year and loved it. She is trained in health and therapy and wants to make a big difference in students' health.

#### Class - Drama, Ms Tillman

Drama is here to help students create, improv, script write, team build, perform, design, have fun, and share stories with the community. According to Ms. Tillman, drama helps students in becoming leaders, practicing the skills that they learn, knowing how to really dramatize the actions, and helping the students to come out of their comfort zone.

In Ms. Tillmans class they're currently working on fables, and rewriting to be more modern. Aesop's fables have lessons, and split the kids into groups to work, and make it their own. "Drama is fun, and I feel important to others" So even if you're shy

Ms. Tillman tries her best to have it in your comfort zone, and slowly go out of your comfort zone.



Across

1- white bouncy ball with thick white straps and usually played by girls using a net

Down

2- orange bouncy ball with thin black strips played in a team or one-on-one

4- usually has black and white pentagons on a ball and is played on a field	3- small white ball with red stitches
5- game that uses a brown sharp oval ball with white stitches	6- palm sized lime green ball with 2 stripes played with a racket on a court

L V Y E F N M B N G N N S O H    **Instructions**

L Y K P F N R C H C I O W J C    Find the words in the puzzle. Words can go

A W E W Q R B U S U L T I E B    in any direction. Words can share letters as

B A S K E T B A L L E N M C O    they cross over each other

T D A C C C O D S N S I M V D

O X Y T R O A Y E G M I A E    **Word Bank**

O F I A Q X H I Q N B D N A O    badminton    football    hockey

F E W D S L S U I G O A G W R    baseball    soccer    swimming

L L A B Y E L L O V L B L E Y    basketball    tennis    softball

I C L R O N W S R Z C F C L Z    bowling    volleyball

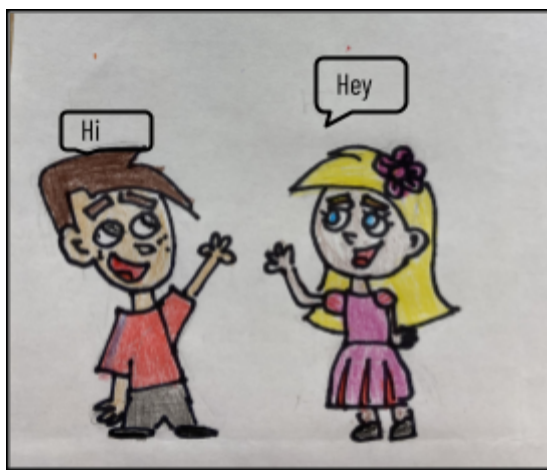
Z L D Q A O D S J T K C E Y E

S O F T B A L L O O F T B N

P T B G Q L K F B S P S B D A

Q S I V O O C V X B W A X Q A

T A J L X L I K F Q K B R O J



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