Oak Park and River Forest High School INCOMING FRESHMAN GUIDEBOOK







Welcome to OPRFHS!

Dear Class of 2027 and parents/guardians,

Welcome to our pack! We know that the transition to high school from 8th grade is exciting, but can also be filled with many questions. As you prepare to embark on this very important step in your academic career, we would like you to know that the Student Services Department is here to help you navigate this journey.

The Student Services Department is composed of social workers, counselors, deans, a 504 coordinator, the Registrar's Office, a prevention and wellness coordinator, and a homeless liaison. Our primary goal as a department is to help students succeed academically, socially, emotionally, and behaviorally. Throughout your time at OPRFHS, we want you to feel happy and safe, while making progress toward reaching your full potential.

This Incoming Freshman Guidebook is filled with important information, timelines, and deadlines to keep track of in order to ensure a smooth transition to high school. Please review it carefully.

OPRFHS truly is a special place; enjoy exploring everything we have to offer.

We look forward to getting to know you!

incere Kris Johnson

Director of Student Services kjohnson@oprfhs.org

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ENROLLING IN SCHOOL

ENROLLMENT AND RESIDENCY VERIFICATION

Online enrollment and residency verification is required for all students every school year.

Steps:

- 1. Verify you live within the district's boundaries. Find a map: <u>bit.ly/OPRFDistrictMap</u>.
- 2. Request a snapcode: bitlen.com/bitlen.com/bitlen.com/bitlen.com/bitlen.com/bitlen.com.
- 3. Complete enrollment and provide proof of residency online: <u>bit.ly/EnrollmentandResidencyOPRFHS</u>. Please note: The district may require a home visit and/or additional documentation to verify residency.
- 4. Submit health documents. *See page 6.*
- 5. Take required entrance examinations. See page 7.
- 6. Meet with a counselor to review course selections. (Scheduled once enrollment and testing are complete.)
- 7. Pay school fees.
- 8. Welcome to OPRFHS!

SCHOOL FEES

Freshmen - \$355 Registration Fee

There are several options for payment:

- Pay online: Via Family Access: bit.ly/FamilyAccessOPRFHS.
- Pay in person: The Bookstore (Room 1337) accepts cash, debit, or credit card (VISA, Mastercard, or Discover; \$5 minimum), or personal check.
- Apply for Fee Waiver: Fill out the fee waiver application: <u>bit.ly/FoodServiceOPRFHS</u>.
- Sign up for Payment Plan: Available here. For question contact Marian Gerena in the Business Office at: mgerena@oprfhs.org or 708-434-3278.



IDs must be shown each morning upon entering the building and should be worn throughout the school day while on campus.

Students will obtain an ID during Schedule Pickup Week in August. This ID will also be your yearbook photo.

Students who do not receive their ID during Schedule Pickup Week may visit the Attendance Office (Room 1135) before school, after school, or during their lunch period to take a photo and receive an ID.

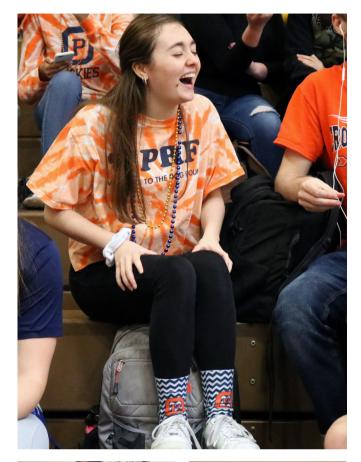
Please note: ID photos taken in the Attendance Office **cannot** be used as yearbook photos. Yearbook photo retakes typically take place in early October. Students who miss this deadline will unfortunately not appear in the yearbook. For more information about the yearbook, visit: <u>bit.ly/TabulaOPRFHS</u>.

FOOD SERVICE

Breakfast and lunch are provided daily. Pre-pay for meals by adding money to a SNAP (School Nutrition Accountability Program) account:

- Pay online: Via Family Access: <u>bit.ly/FamilyAccessOPRFHS</u>.
- Pay by mail: Complete the pre-payment form, and send it with a check, money order, or credit card number to *OPRF High School, Food* & Nutrition Services, 201 N. Scoville Ave., Oak Park, IL 60302.
- Pay in person: OPRFHS Food Services Office in the North Cafeteria.

To apply for a fee waiver, complete this form: <u>bit.ly/FoodServiceOPRFHS</u>.







LOCKER ASSIGNMENTS Locker information (number, location, and combination) is distributed during Schedule Pickup Week.

Didn't receive a locker assignment? See your counselor or Campus Safety staff member Ms. Trigueros near 2254 (*2nd floor main stairwell*).

Questions?

Contact: Carmen Lopez Registrar registrar@oprfhs.org

Visit: www.oprfhs.org/registrar

KEY DATES FOR INCOMING FRESHMEN

Key Dates - 2023-2024 Academic Year

Feb. 20, 2023	Summer School Registration opens - Incoming Freshmen
June 6, 2023	Enrollment and Residency Verification period begins
June 12, 2023	Summer School begins
July 20, 2023	Summer School ends
твр	Fall Sports Tryouts
Early August	Schedule Pickup Week
Aug. 14, 2023	Huskie Kick-off Day (First day of school for freshmen)
Aug. 14, 2023	Freshmen Parent Meeting
Aug. 15, 2023	First Semester begins for all students
Late August	Last Day to Add Classes
Aug. 31, 2023	Back-to-School Night
Mid-September	Activity Fair
Late September	Last Day to Drop a Class with No Notation on the Transcript - First Sem
Oct. 13, 2023	End of First Quarter
Oct. 13, 2023	Health forms due
Mid-October	Last Day to Drop a Class with a W Notation on the Transcript - First Sem
Oct. 25-26, 2023	Parent-Teacher Conferences
твр	Winter Sports Tryouts
Nov. 22-24, 2023	Thanksgiving Break
Dec. 19-21, 2023	First Semester Final Exams
Dec. 22, 2023 - Jan. 4, 2024	Winter Break

Find more key dates at <u>bit.ly/23_24KeyDates</u>. Find Late Arrival Wednesday dates at <u>bit.ly/BellSchedulesOPRFHS</u>.





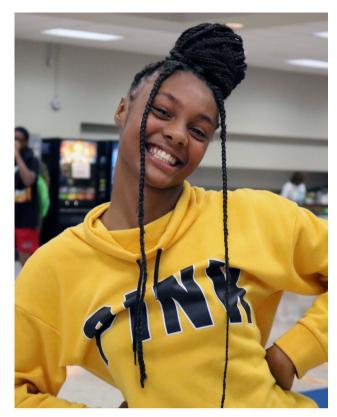


Questions?

Contact: Kris Johnson Director of Student Services kjohnson@oprfhs.org Visit:

www.calendar.oprfhs.org

HEALTH REQUIREMENTS







REQUIRED HEALTH FORMS

The OPRFHS Health Services department believes that students are better able to reach their academic potential when they are at their best health.

The following required health forms must be submitted by October 13.

- <u>State of Illinois Certificate of Child Health Examination form</u>
- <u>Medication Authorization form</u>
- <u>Proof of Dental Examination forms</u>

Forms are available online: <u>bit.ly/healthservicesOPRFHS</u>

HEALTH FORMS SUBMISSION

Please email the required health forms to medicalforms@oprfhs.org.

SPORTS PHYSICALS

Physical exams are current for 365 days, so the preferred time to get a physical exam is between May 1 and August 1, so it will not expire during the school year. Freshman athletes can use their school entry physical to serve as the athletic physical if it is dated after May 1 of the current calendar year.

Local walk-in locations for sports physicals include:

- CVS Minute Clinic 345 Madison St., Oak Park | 708-386-2149
- The Children's Clinic 320 Lake St., Oak Park | 708-848-0528
- Loyola Center for Health at Oak Park South 1100 Lake St. Suite 150, Oak Park | 888-584-7888

Find the <u>IHSA Pre-participation Examination (physical) form</u> online: <u>bit.ly/AthleticsOPRFHS</u>. Physicals should be submitted to the Athletics Office (Room G-12)



COURSE PLACEMENT

PLACEMENT TEST

Freshmen students who enroll at OPRFHS are no longer required to take an entrance exam as long as academic achievement test data has been shared during enrollment.

During the enrollment process, grades, and assessment data can be uploaded online or emailed to Testing Specialist, Kim Asbury, at kasbury@oprfhs.org. If families can't provide grades and assessment data within a few days after enrollment, a placement test can be administered. If testing is required, Kim Asbury will arrange a time with the student to test during school hours, 8 a.m. - 2:30 p.m.

Academic data accepted:

- An unofficial transcript that identifies high school credits earned, or last report card for 8th or 9th graders if no high school credits have been obtained. **Please note: An official transcript is still required as soon as possible in order to obtain proper credit.**
- Recent standardized achievement tests in reading and math such as: MAP(NWEA), iReady, Renaissance STAR, TerraNova, Aspire, SAT, or PSAT.
- An IEP or 504 plan.

IF A PLACEMENT TEST IS NEEDED

Entrance

The student arrives at the OPRFHS Main Entrance on Scoville Ave. at their scheduled time. After checking in with Campus Safety staff, the student will be escorted to the Testing Center.

What to Bring on Test Day

Nothing is required. Paper and pencils will be provided.

STAR

The STAR Math and Reading Assessment is a computer-adaptive assessment that takes approximately one hour to complete.

- STAR Reading covers 46 reading skills over five domains including: analyzing literary text; word skills and knowledge; analyzing arguments and evaluating texts; comprehension strategies and constructing meaning; and understanding the author's craft.
- STAR Math is a computer-adaptive assessment that helps gauge mathematical knowledge in the areas of: numbers and operations, algebra, geometry and measurement, data analysis, statistics and probability.

English Screener

An English proficiency test will be administered to families who have identified through the Home Language Survey during the enrollment process that a language other than English is spoken at home or that the student speaks a language other than English.

The screener is an online test that covers four domains: listening, speaking, reading, and writing. This test can take up to three hours to complete.

After the Test

The student will be dismissed after completing all assessments. The student's counselor will gather recommendations from Division Heads and will have a meeting with the student to agree on a class schedule.

How to Prepare for Assessments

The STAR assessment requires no specific preparation because it assesses reading and math skills the student has already acquired. The English Screener also has no specific preparation.







Questions?

Contact:

Kim Asbury Testing Specialist kasbury@oprfhs.org

Visit:

www.oprfhs.org/assessmentand-research/index

COURSE ENROLLMENT





COURSE SELECTION

Your counselor will guide you through course selection. View the Academic Catalog at bit.ly/academiccatalogOPRFHS prior to your course selection meeting.

PUPIL SUPPORT SERVICES (PSS) TEAMS

The primary goal of PSS Teams is to provide consultation, support, and services to students in an effort to keep them academically, socially, emotionally, and behaviorally successful in the school setting.

Each PSS Team comprises one dean, three counselors, and a social worker.

Brandi Ambrose

• Meghan Cahill

Deans

- Darryl Hobson
- Jonathan Silver
- Marquita Thompson Julie Fuentes
- TBD
- Alisa Walton-Scott
 - Joseph Herbst

Counselors

- Tia Campbell • Heidi Lynch
- Esteban Medina Pete Nixen
- Carolyn Ojikutu
- Jacqueline Hanson Katie O'Keefe
 - Dariusz Radziszewski Katherine Maddock
 - Thaddeus Sherman
 - - Erica White
- Khalida Himes

Social Workers

• Ginger Bencola

• Nabiha Calcuttawala

Jonathan Ecker

- - Lisa Makely
- Scott Sponsler
- ACADEMIC SUPPORT SERVICES

Teachers are always the first people to see when having difficulty in a class. In addition to teachers, OPRFHS also offers these resources:

Tutoring Center

The Tutoring Center (Room 2315) is open to all students from 7 a.m. - 5 p.m., Monday through Thursday, and until 4:30 p.m. on Fridays. This walk-in resource does not require pre-registration, but a school ID, and in some cases, a school pass, is required.

Executive Functioning Tutoring is also available in the Tutoring Center (Room 2315) from 10:30 a.m. - 5 p.m.

• Library

The library (Room 3315) and is open from 7:30 a.m. - to 3:30 p.m. Monday through Friday. Students can visit during their study hall and lunch periods with a school pass.

GENDER SUPPORT SERVICES

OPRFHS supports trans, non-binary, and gender nonconforming students and strives to create a safe, affirming, and healthy school environment for all students.

To learn more about the supports in place at OPRFHS, including those related to names and pronouns, restrooms, PE classes, and more, visit bit.ly/GenderSupportOPRFHS and bit.ly/AllGenderRestroomsOPRFHS.



Questions?

Contact:

Kris Johnson **Director of Student Services** kjohnson@oprfhs.org

Visit: www.oprfhs.org/studentservices

SUMMER SCHOOL





OVERVIEW

OPRFHS offers a 24-day Summer School program during June and July for students that desire to gain academic credit through acceleration, remediation, and enrichment. A wide range of courses are offered in business, math, English, applied and fine arts, special education, and drivers education.

Incoming freshmen are welcome to pursue classes during Summer School to meet their educational needs and assist with their transition to OPRFHS.

REGISTRATION

Summer School will run from June 12 to July 20. *June 19 and July 4 will be observed as holidays.* Find the course catalog at <u>bit.ly/SummerSchoolOPRFHS</u>.

CLASS SCHEDULE

- The daily class schedule will be as follows:
- Period 1: 8:00 a.m. 10:15 a.m., one semester credit
- Period 2: 10:25 a.m. 12:40 p.m., one semester credit
- Period 3: 12:50 p.m. 3:05 p.m., one semester credit

FEES

- Cost is \$250 per class, with some courses having additional lab fees.
- To help make our programs more accessible to all students, fees will be waived for students who qualify for free and reduced lunch. See page 4.
- All In-School Credit Recovery (ISCR) course fees are waived for Summer 2023.



Questions?

Contact: Jason Lee Director of Summer School jlee@oprfhs.org Visit: www.oprfhs.org/summer-school

TECHNOLOGY

CHROMEBOOK DISTRIBUTION

All OPRFHS students receive a Chromebook which they keep through the end of their senior year. Chromebooks will be distributed during Schedule Pickup Week in August. To pick up a Chromebook and charger after that time, please visit the Student Helpdesk, located in the Makerspace in the Student Resource Center. Student Helpdesk hours are: 7:30 a.m. - 3:30 p.m.

Resetting your Chromebook password

All students are assigned temporary passwords. Please reset the password as soon as possible. If you need assistance, a Technology Support Specialist at the Student Helpdesk can guide you through the password reset procedures, or you can view instructions at bit.ly/PasswordResetOPRFHS.

FAMILY ACCESS (SKYWARD)

Family Access (also known as Skyward) is our online parent/guardian portal for viewing contact information, checking student grades and attendance, paying school fees, adding money to a student lunch account, and communicating with teachers.

How do I log in to Family Access?

Desktop/laptop: Visit <u>bit.ly/FamilyAccessOPRFHS</u>.

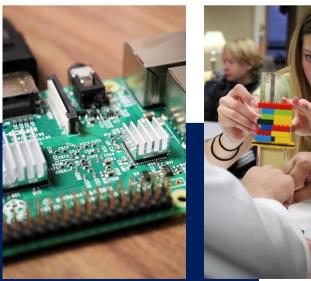
Mobile: Download the Skyward Mobile Access app. Please note: You must choose a 4digit/character passcode for the app. OPRFHS has no way to reset it, so if you forget it, you must uninstall and reinstall the app to choose a new passcode.

If you do not have a computer at home, one is available for your use in the Welcome Center, immediately inside the Main Entrance. The Welcome Center is open Monday – Friday, 7 a.m. - 10 p.m. during the school year. Be sure to have your Family Access login information with you.

How do I get my Family Access login information?

Letters are sent to parents/guardians of all active students every year, usually during the month of July, with Family Access login information.

You may also use the email address you entered during online enrollment to retrieve your Family Access login ID and password. If you have forgotten your password, visit bit.ly/FA ForgotPassword for password assistance. If you don't remember the email address you used during online enrollment, email familyaccess@oprfhs.org for assistance, and include the student's name, and student ID or date of birth, with the message.







REPLACING LOST/DAMAGED CHARGERS

Purchase a new charger in the Bookstore (Room 1337) for \$30. Charging stations are also available in the Tutoring Center (Room 2315), the Testing Center (Room 2336), and the Student Resource Center (Rooms 2315 and 3315).

BOOKSTORE

All textbooks are available in the Bookstore (Room 1337). Novels, workbooks, and initial art kits covered by the Instructional Materials Fee are distributed by classroom teachers. At the end of each school year, all textbooks must be returned to the Bookstore. Learn more at by visiting <u>bit.ly/BookstoreOPRFHS</u>

The Bookstore also sells:

- Texas Instrument TI-Nspire CX calculator \$127.50
- Texas Instrument TI-84+ \$100
- PE uniforms Set (\$15), shirt (\$5), shorts (\$10) / One t-shirt covered by school fees.
- Locks \$5
- Replacement copies of novels and workbooks, and miscellaneous school and art supplies

Contact the Bookstore at bookstore@oprfhs.org.



Visit: www.shd.oprfhs.org

EXTRACURRICULARS









OVERVIEW

OPRFHS offers more than 90 clubs and activities. From Chess Club and Show Choir to Spoken Word and Ultimate Frisbee, if you have an interest, there is likely a club for it! *See full list of offerings on page 12.*

Students who participate in extracurricular activities tend to earn a higher GPA, have fewer absences, and feel a greater connection to school.

To view full club and activity descriptions, plus sponsor contact info and meeting dates/times/locations, visit <u>bit.ly/OPRFHSClubs</u>. Stop in to the Student Activity Center (Room 1332) to learn more about any of the clubs and activities you see.

Connect with the Student Activities department on Instagram (@oprfhs_activities).

PARENT ORGANIZATIONS

Parents and guardians are encouraged to get involved with OPRFHS by joining one of our parent organizations:

- Huskie Booster Club
- APPLAUSE!
- A.P.P.L.E. (African American Parents for Purposeful Leadership)
- Community Council

Learn more about each organization by visiting <u>bit.ly/ParentGroupsOPRFHS</u>.



Questions?

Contact: Phylicia Nash Secretary, Student Activities pnash@oprfhs.org

Visit: www.oprfhs.org/activities

Questions?

Contact: Angie Hawkins Student Activities Coordinator ahawkins@oprfhs.org Visit: www.oprfhs.org/activities

EXTRACURRICULARS, CNTD.

CLUBS AND ACTIVITIES

A Place For All (APA) Adventure Club Anime Art Club ASPIRA Besa Saka Best Buddies Black Leaders Union (BLU) Business Club/DECA Chemistry Club Chess Team Chinese Cultural Society Cosmetology Creative Writing Club Crest Debate Drama Club Environmental Club Ethics Bowl FCA FCCLA (Family, Career, and Community Leaders of America) FREE (Females Reaching For Educational Excellence) French Club Freshman Class Council Friendship Bracelet Making Club Future Medical Leaders of America German Club Graphic Design Club Harmony Choir Healthy Youth Peer Educators (HYPE) Hip Hop Club History Club Hope for Mental Health Huskie Athletic Council Huskie Spirit Council Huskie Hackers Huskie Helpers International Club Intramurals Japanese Club Jazz Band II Jewish Student Connection JSA Marching Band and Flags Math Team Minority Student Alliance Minority Student Achievement Network Mock Trial Model UN Movie Critics Club MSAN Multicultural Leadership Music Review Club One Acts/ITS

Visit <u>bit.ly/OPRFHSClubs</u> for full club and activity descriptions, plus sponsor contact info and meeting dates/times/locations.



Orchesis Pan Asian Leadership Society Pep Band Photography Prom Planning Committee Psychology Robotics S.A.F.E. (Students Advocating for Equity) Scholastic Bowl Science Olympiad Sci Fi & Fantasy Shakespeare Performance and Competition Club Show Choir (Noteworthy) Sign Language Club Snowball Leaders South Asian Youth Club Spanish Club Speech Team Spoken Word Stage Crew Student Council Students in Service Synchronized Swim Table Tennis Table Top Gaming Tau Gamma Ultimate Frisbee Video Announcements Video Game Club Vocal Jazz Ensembles Wheel Throwing Women in Leadership Youth Activism & Civics Club Youth Conference

ATHLETICS



OVERVIEW

At OPRFHS, we have a rich tradition of athletic excellence and more than 1,900 OPRFHS students are involved in one or more of our programs. We currently rank third in the state with 50 Illinois High School Association State Championships.

We offer 30 sports programs, with more than 90 team levels and 120 coaches. There are both cut and non-cut offerings.

The OPRFHS Athletic Department embraces the teacher-coach model, where coaches strive to make the athletic field, court, or pool an extension of the classroom; teaching and development are priorities.

REGISTRATION

All registration for athletics is to be completed online. Visit <u>https://oprf.8to18.com</u> and complete your registration prior to arriving at tryouts.

REQUIREMENTS

In order to try out for a sport you need to be a registered student, who resides with a parent or legal guardian within the boundaries of District 200 **AND** you need to have a current physical on file with the athletic office or bring a physical to the first day of tryouts. To check if you have a current physical on file please contact the athletic office (Room G-12) at 708-434-3600.

SUMMER SPORTS CAMPS

OPRFHS offers a variety of opportunities for summer camps in various sports. Summer camp information is expected to be available by March 1 and can be found at <u>bit.ly/AthleticsOPRFHS</u>.







Questions?

Contact: Nicole Ebsen Athletic Director nebsen@oprfhs.org

Visit: www.oprfhs.org/athletics

STAY CONNECTED



SOCIAL MEDIA

OPRFHS supports the active use of social media by our teachers, coaches, club sponsors, and administrators. Social networks make it easier for students, parents/guardians, and community members to get the latest news and information about our school, and see an insider view of day-to-day school life.

Stay connected with #oprfhs on social media. Follow us on Facebook (@oprfhshuskies), Twitter (@oprfhshuskies), and Instagram (@oprfhs_huskies), and subscribe to our YouTube channel (OakParkandRiverForestHighSchoolOfficial). View our social media guidelines here: <u>bit.ly/OPRFSocialGuidelines</u>.

DAILY BULLETIN

The Daily Bulletin lists the day's announcements, with a particular focus on OPRFHS clubs and activities, and student life. This e-newsletter is produced by the Student Activities department and is sent to all students daily. Parents and guardians can also subscribe to the Daily Bulletin by visiting <u>bit.ly/MailingListOPRFHS</u>.

HUSKIEMAIL

HuskiEmail is a parent-focused e-newsletter with OPRFHS news, student and faculty accomplishments, event and calendar listings, and more. This e-newsletter is sent weekly on Friday mornings when school is in session. Subscribe to HuskiEmail by visiting <u>bit.ly/MailingListOPRFHS</u>.





Questions?

Contact: Karin Sullivan Executive Dir. of Communications ksullivan@oprfhs.org

Visit: www.oprfhs.org/about/comm unications

CONTACT INFORMATION

Attendance Office: 708-434-3104, attendance@oprfhs.org

Main Switchboard: 708-383-0700

Welcome Center: 708-434-3125

• Hours - School year: Monday – Friday, 7 a.m. – 10 p.m. | Summer: Monday – Thursday, 7 a.m. – 3:30 p.m.

Bookstore: 708-434-3940, bookstore@oprfhs.org

• Hours - School year: Monday – Friday, 7:30 a.m. – 3:30 p.m. | Summer: Monday – Thursday, 8 a.m. – 3 p.m.

Superintendent Dr. Greg Johnson: gjohnson@oprfhs.org

Assistant Superintendent/Principal Lynda Parker: ljparker@oprfhs.org

Assistant Principal of Operations Carla Williams: cwilliams@oprfhs.org

Assistant Superintendent for Student Learning Dr. Laurie Fiorenza: lfiorenza@oprfhs.org

Director of Student Learning Dr. Julie Lam: jlam@oprfhs.org

Director of Student Services Kris Johnson: kjohnson@oprfhs.org

Executive Director for Equity and Student Success Dr. Latonya Applewhite: lapplewhite@oprfhs.org

Interim Executive Director of Special Education Andrea Neuman: aneuman@oprfhs.org

Athletic Director Nicole Ebsen: nebsen@oprfhs.org

Student Activities Coordinator Angie Hawkins: ahawkins@oprfhs.org

Division Heads:

- English: Erika Eckhart, eeckhart@oprfhs.org
- Fine and Applied Arts: Semaj Coleman, scoleman@oprfhs.org
- History: Amy Hill, ahill@oprfhs.org
- Mathematics: Dr. Julie Frey, jfrey@oprfhs.org
- Physical and Driver Education: Brian Beyers, bbeyers@oprfhs.org
- Science and Technology: Matt Kirkpatrick, mkirkpatrick@oprfhs.org
- Assistant Director of Special Education: Dr. Lesley Roberts, lroberts@oprfhs.org
- World Languages: Claudia Sahagun, csahagun@oprfhs.org

Library Circulation Desk: 708-434-3695, librarygroup@oprfhs.org

Tutoring Center: 708-434-3493

I HAVE A QUESTION ABOUT ...

To view the appropriate contacts for specific topics and questions, ranging from 504 plans and prom, to racial equity and transgender student support, visit <u>bit.ly/IHaveAQuestionAbout</u>.

FAMILY SURVIVAL GUIDE

Updated annually before the start of the new school year, and organized in an easy-to-read Q&A format, the Family Survival Guide is filled with practical, hands-on info about all things OPRFHS. Pick up a hard copy during Schedule Pickup Week.









Oak Park and River Forest High School 201 N. Scoville Ave. Oak Park, IL 60302

708-383-0700 | www.oprfhs.org