



BOYS ATHLETICS

2020-2021

Boys Coaching Staff 2020-21

Ryan Wiethorn – (Coordinator) 8th Football, Track

Roy Sanchez –8th Football, Wrestling, Soccer, Track

Dan Olmstead – 7th Football, 7th Basketball, Track

Thurman Blake – 8th Football, 8th Basketball, Track

Trenton Koestler – 7th Football, 8th Basketball, Track

Andrew Parrish – 7th Football, 7th Basketball, Track

Rodney Anderson – Tennis

Dallas Hadley – Cross Country

John Besancon (TCHS) – Soccer

Samantha Conn (TCHS) – Swim & Dive





**Athletics will have a Hybrid course option this year for Keller ISD. Students choosing to learn remotely will need to secure transportation to and from school for their daily athletics participation.*

(Arrival & Dismissal Times for those students are pending)



SPORTS SEASONS

Football– Start of School through Nov (7th-AM, 8th-PM practice) No Cut

Cross Country – Start of School through October (AM & PM practice option) No Cut

Basketball –November through Early-February (7th-AM, 8th-PM practice) Tryout Process

Wrestling –November through January season (PM practice) Requirements for participation

Track & Field – Mid-February through Early-April (PM practice) Tryout for individual events

Swimming & Diving – April to May (PM practice at Natatorium) Tryout Requirements

Soccer – April and May (PM practice) Tryout Process

Tennis – 2 seasons (Fall & Spring) (PM Practice) Selection process for Competitive Tennis Class



2020 Startup

All fall sports are scheduled to begin September 8th with practices. Sport specific details will be shared with your child's head coach. The first three days of school will cover processes. The second week of school, athletes will begin workouts during the period only.

1st Competition Dates:

Tennis – Sept 21

Football – Sept. 22

Cross Country – Sept. 23



Athletic period (Off-season): The athletics class is designated to one academic period of the school day. Students who are in Football or Basketball will practice before or after school and through the athletic period during their season. Students not currently in-season will be in the off-season athletic class (emphasis on conditioning, agility, strength, competition, and team building). If participating in a before or after school only sport, athletes will still complete an off-season workout. Workouts are demanding both physically and mentally, and students will be expected to meet the daily requirements to be in the athletics class.



Participation: Students are required to participate in sports if they are signed up for athletics. Athletics is not a workout class and is not an “alternative to PE”. We emphasize being a well-rounded athlete and not “specializing” in one sport. Maximum participation in sports will be highly encouraged for students in athletics.

Competition is key – Hawk & Falcon Athletes want to compete all the time!



Paperwork that must be completed before your child may participate in athletics:

--Athletics Physical & Medical History (2020 UPDATE) – Physicals are required for incoming 7th grade students, students who did not complete a physical for the previous school year, or students with specific medical circumstances. If you are new to athletics or medical concerns have emerged since your last physical, we ask you complete a new UIL physical for 20-21.

-Online Registration – All forms can be found on the KISD athletics website. *Parents and Student must both complete their required portions.* Included in the online forms this year is the medical history form. We must have the electronic copy of the medical history completed even if you filled out the paper copy.

<https://kellersports.rankonesport.com/AthleticPortal/OnlineForms/Default.aspx>

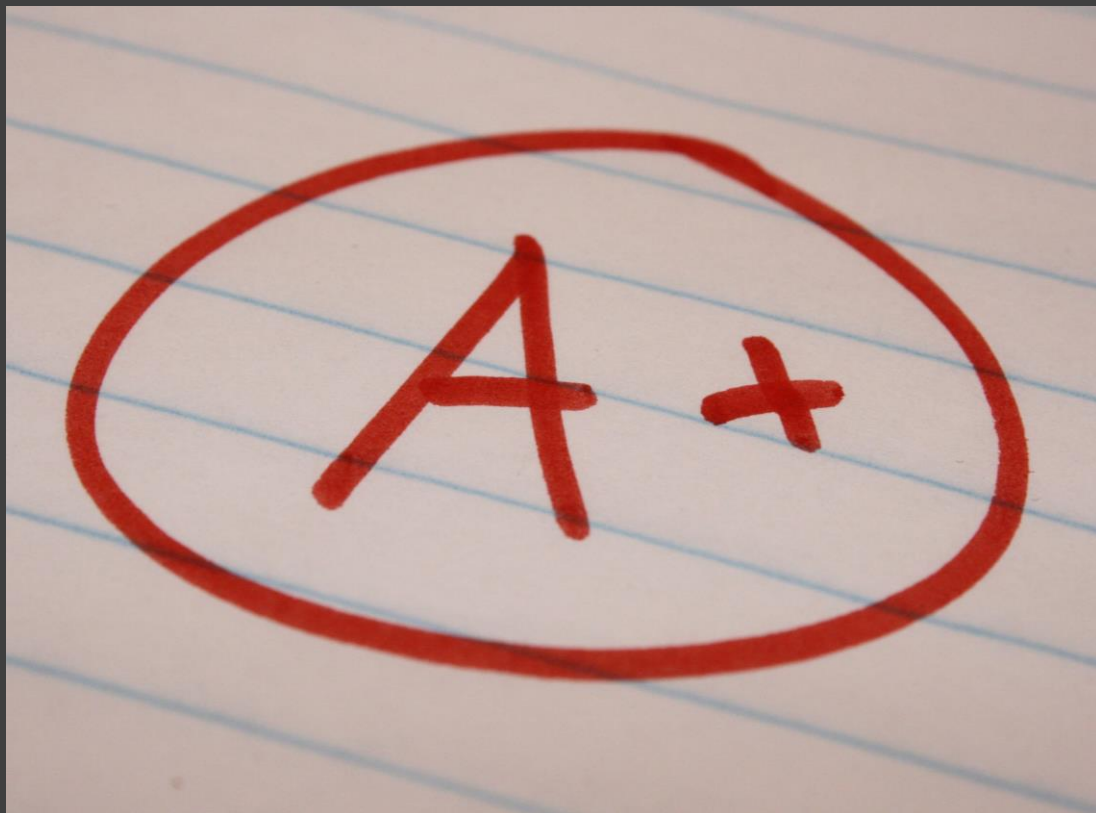


ATHLETICS
PAPERWORK
DEADLINE
AUGUST
28th!!!



Athletics Expectations

It is a privilege, not a right, to be in athletics... students will have to earn that privilege. Athletes are expected to be positive leaders if they are going to represent their program and will conduct themselves with a high standard of conduct in all settings. Although most behavior issues can be addressed case by case with the coaches, Major discipline issues will be handled through our district athletics Code of Conduct. (Refer to your registration forms)



Eligibility- Students who are not passing all classes during a grading period will be ineligible to participate in athletic events until they are passing - minimum of 3 weeks suspension (UIL rules). Please refer to the UIL eligibility calendar for specific grade check, and eligibility gain/lose dates.

We will also communicate in our weekly newsletter on upcoming grade check dates.



Practice- Performance in games reflects performance in practice. If a child is regularly missing practice, they are not prepared for competition. Skipping is cause for removal from a team. Please communicate if your child must miss for any excused reason including illness or family emergency.

**Although we understand that our athletes are involved in many outside of school activities, their commitment to their school team is something that should be taken very seriously. Any absence from a school practice or competition due to a non-UIL (school) activity will not be excused.*

*Parent notes will be honored for the day it is submitted; however, we require a doctor's excuse if an athlete is not participating for an extended period. Athletes will be asked to participate unless they have a diagnosed/suspected injury or medical condition that has been communicated.



Locker Rooms (2020 UPDATE)

Locker Rooms are for cleaning & changing only. When students are in the locker room, they will be expected to have a face mask on except if they are in the shower. Every athlete will be provided a personal athletic locker, but student's who are not needing frequent use will be encouraged to avoid the locker room altogether. Students are responsible for all personal belongings and should not encourage theft by leaving their locker open or valuables outside of their locker. Students should take personal items home each day.



Locker Rooms (2020 UPDATE) Cont.

- 7th grade athletes will be given time to shower and change before 2nd period. They will need their own hygiene products, a towel (We will not be providing “community” towels this year).
- Locker Rooms will be monitored by coaches, however Hawk athletes are responsible for their actions even when an adult is not standing next to them. Social Distance, Respecting others, and changing quickly will be the expectation.
- Trust is vital in our program - stealing from a teammate is cause for dismissal from the athletics program.
- Locker Rooms will be sanitized after each athletics period. Students will need to make sure to not leave personal items. (Including Mouthpieces)



Athletic Uniforms:

Game uniforms will be provided by each sport accordingly. Students will use “protective equipment” issued to them by Timberview Middle School. For questions about helmet waivers, please contact coach Wiethorn.

-Please refrain from purchasing “decorative attire” for your athlete. Our philosophy on team uniformity is that we all look the same. Athletes that are wearing extra items to draw individual attention may be asked to remove them if they do not serve a purpose for their sport. Please do not waste your money on these items.

-Jewelry will not be worn in workouts or competitions (earrings, necklaces, bracelets)

-Students will need supportive lace-up athletics shoes each day. (Cleats for field sports)



Athletic Uniforms (Cont):

Off-season workout attire will be available for purchase throughout the year through the BSN online store. Students must be suited out in the appropriate attire during athletics (black shorts and gray or silver shirt) and multiple sets may also be bought through the coaches depending on availability. The set of shirt and shorts is \$22, or \$11 for each individual item. Purchase of sweat bottoms and top are also highly encouraged, but not mandatory. We have loaner sweats for students who need a set for the colder months.


BSN Store Closes on August 14th and we will run another store in the fall. (see flyer)

ORDER BY
AUGUST
14

TIMBERVIEW MIDDLE SCHOOL TIMBERVIEW ATHLETICS 2020



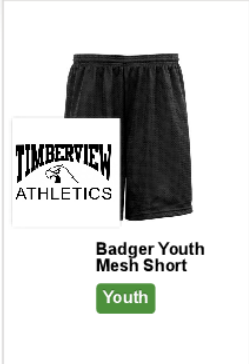
Badger 20 Basic Performance C2 Tee



C2 Basic Performance Youth Tee
Youth



Badger 7" C2 Mesh Short



Badger Youth Mesh Short
Youth



Russell Athletic Dri-Power Fleece Pullover Hood



Russell Athletic Youth Fleece Pullover Hood
Youth



Russell Athletic Closed-Bottom Fleece Sweatpant



Russell Athletic Youth Open Bottom Pocketed Sweatpant

† UPCHARGES APPLY FOR LARGER SIZES



MTS Customer Support - ref # 6221682
1-800-749-3813 | myteamshop@bsnsports.com
Team Coordinator Ryan Wiethorn ryan.wiethorn@kellerisd.net



Access Code
ywjYEjnJp2
www.bsnteamsports.com



Click Here To
SHOP NOW

Order 8/3 to 8/14

No orders will be accepted after the deadline.



What to bring 2020 UPDATE:

Face coverings: will be required while students are on campus, as well as during athletics. We will expect athletes to have a face covering on throughout workouts. There are multiple options for sport masks and gaiters. Please make sure your child has one that is appropriate for their participation in athletics.

Water Bottles: Students should bring a 36-ounce (at least) refillable water jug for workouts. Students will keep up with their bottle and can refill at school as needed.

Parent Involvement:

Please refer to the “Parent/Coach Communication Guide” for a more in-depth view of our processes.

We believe in open lines of communication between parents and coaches, because it takes adults working together to best support our students. Please contact us with your questions. We will be happy to talk to you about your child and ways we can help them improve as an athlete.

Discussions that are not appropriate are ones that involve other students, or deal with general coaching decisions. We ask that the parents join us in making your child’s experience in athletics a positive one. Please respect all athletes, coaches, officials, fans, and represent Timberview by being positive at all athletic events. Spectators are asked to refrain from direct interaction with coaches, players, and officials during contests.



Parent Involvement:

Practices:

All Keller ISD Practices are “closed” to any non KISD employees. This is consistent with the procedures followed during Summer Strength & Conditioning. Student’s families will not be allowed to be at workouts even from a distance. If you arrive before a practice ends please remain in your vehicle until your child is ready to be picked up.





Health Information

-Concussion - There is a state law and KellerISD Protocol about Concussions. Any student in athletics that is suspected to have a concussion will be ween by one of the high school athletic trainers. They will contact the parents with details on the protocol. Even though your Doctor might clear your athlete from their concussion, your athlete must complete the return to play KellerISD protocol. The athletic trainers will walk you through all of this shall it occur.

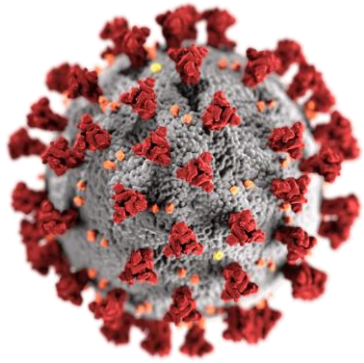
-Athletic Trainers will come weekly during the year to evaluable student injuries. This will be set up by the coaches. Please have your child see the trainer first before going to the doctor.

-Dr. Notes, If you decide to take your athlete to the doctor please provide a Dr. Note to your coach the next day.

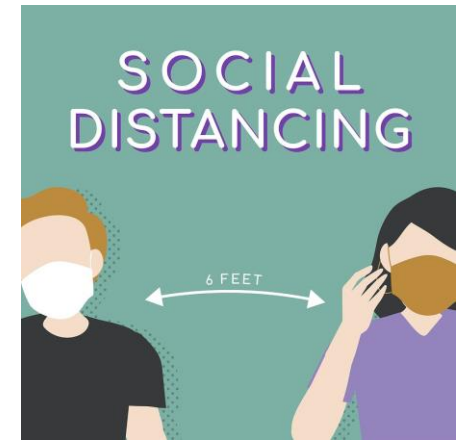
-Inhalers (Inhaler Carry Policy & paperwork) Pick-up forms in the nurse's office. Doctor approval is required.

-Nutrition – Student athletes need to eat nutritious meals each day and keep hydrated. Breakfast is a must! A healthy snack after practice is also encouraged, and hydration throughout the day is necessary!

-Weather (Keller ISD Hot/Cold Policy) available on the KISD website.



Health Information



Additional COVID Specific Questions for Athletics are addressed on a separate FAQ. Measures will be taken from the guidance of TEA, UIL, and our Local District for mitigation on our campus concerning the Coronavirus.

We take this very seriously, and with the understanding that athletics only works if everyone is cooperating.

- Honest & Consistent Daily Health Screenings
- Student Cooperation about wearing masks/face coverings
- Physical Distancing as directed

Athletics & Team Sports are by nature not always socially distanced. We will socially distance students as the situations allow, but participation in close contact sports and activities brings with it an elevated risk. Families must consider this in your decision before your student participates.

Accessing Athletics Information:

If you have a question, we are always happy to assist you through email or phone calls. The majority of the time FAQ's can be answered from information we post to our athletic website, and through our weekly emails.

Please check that communication first, and if you still have questions you can contact us directly.

* [Timberview Athletics Site](#) -parent letters, updates, schedules, directions, event changes/cancellations, etc.

***Rank One** provides sport schedules for Keller ISD and Timberview www.rankonesport.com

*You can also follow the Timberview Boys Athletics Program on Twitter. Check out "Tviewboys".

*Parent email – We will send out regular weekly communication through Aeries. Your email that is registered in Aeries will be the one to receive the communication. Update that information if it changes at any time during the year so you can continue to receive our emails.





*Let's have a
great year!*

GO HAWKS!!