

Keller ISD SHAC Meeting Minutes

Tuesday, September 27, 2022

Introductions

KISD SHAC Leadership

- Mark Brems – Chair
 - Texas Health Resources; Public Health is focus
 - Director, Market Insights
 - Passionate for health and wellness and looking forward to working with committee members for the students
- Dr. Justin Fairless – Co-Chair
 - Associate Professor at TCU Medical School
 - Has served on SHAC for several years
- Dr. Tonya Fuqua – Secretary
 - General Dentist in private practice in Southlake
 - Director, Child Oral Health for Cook Children’s Health Care System
 - Over Save a Smile program that serves 3 schools in KISD
 - Have served on SHAC since its inception

SHAC Business

Reminded all members to scan QR code to sign in for attending meeting

Approval of April 25, 2022 meeting minutes

- John Birt – 1st approval
- Sandra Lodato – 2nd approval

Introduction of SHAC Focus Groups – Tricia reviewed

- Care of Students with Food Allergies at Risk of Anaphylaxis
 - This plan is reviewed annually by Health Services, Food Services, a campus principal and at least one parent raising a KISD student with a severe food allergy. The plan is posted on the Health Services webpage and was last reviewed October 21, 2021. Tricia will reach out to those who have expressed interest in helping with the review this week to begin the process of setting up a meeting to review.
- SHAC Bylaws Update
 - Initial bylaws drafted in 2020-21 school year and went into effect after board approved for 2021-22 school year
 - Bylaws are posted on SHAC section of the Health Services webpage.
 - Want to receive feedback and recommendations
 - Plan to start with virtual meetings for the focus group
 - Tricia will reach out to those who already expressed interest
- District Wellness Plan

- Review every 3 years and found on Health Services webpage
- Spring of 2020 had significant changes and updates
- Local school wellness policy is a written plan that includes methods to promote student wellness, prevent and reduce childhood obesity and provide assurance that school meals and other food and beverages sold and otherwise made available on school campuses during the school day are consistent with applicable minimum federal standards.
- Required to have a plan & discussion of vision for following areas:
 - Nutrition
 - Physical Activity
 - Employee Wellness
 - Mental Health (in most recent SHAC survey, most parents responded mental health to be a priority with a high level of interest)
- Potential Student Health Grant Opportunities
 - Looking at state student health grant for funding; Deadline for grant submission is November 14th; plan to work with Counseling & Nursing team for ideas for grant
 - This could fund a project up to \$10K

Reports

- Health Curriculum Update
 - The health curriculum and instruction team are currently under Athletics and they are working on getting things switched to be under the Educational Committee
 - Current requirements are that parents must “Opt In” for their child to participate
 - Health curriculum is a semester course in middle school and high school campuses and is not a graduation requirement in KISD.
 - Currently about 350 students within the district are enrolled in health course
 - New puberty video requirement is to be shown in intermediate school and only shown to kids whose parents “Opt In”.
 - The state added in 4th graders -- KISD plans to email the same video that is shown to the 5th & 6th graders but will let the parents review the video with their own child about changes in the body for girls and boys (however best appropriate at discretion of parents). This added to 4th graders because of earlier puberty occurring.
 - 5th graders will be shown same puberty video and done at school in classes where the boys will be separate from girls when shown the video.
 - 6th graders will be shown a different video that goes into a little more depth
 - Opt In requirement – plan is to send email with a Google form/application to submit permission by parents and will also plan to send paper permission forms for parents having difficulty with online process. TEKS requires the “Opt In” form.

- Year at a Glance Document – working on this for Health and Wellness classes with info to be posted on KISD website
- There are 20 pages of Health TEKS posted by the state (see hard copy form handed out at meeting). KISD has included the vertical alignment to meet the standards set forth by the state.
 - Gun safety was added to TEKS this year
 - Takes about a year to review, discuss and implement the Unit Overview Templates and Model Lessons Templates
- Curriculum Structure
 - Occurs with support of teachers to review and discuss plan and create guidelines to follow but with flexibility
 - Gives consistency, but teachers are allowed to have creativity
 - Some parents discussed during meeting that they have concerns to make sure that there is consistency and oversight of what teachers discuss and/or teach in class
 - John Allison, Superintendent of Education for KISD -- present in SHAC meeting and confirmed there is oversight and as Health joins the Curriculum Committee, standard expectations and information will be anchored with TEKS.
 - Committee members requested to have digital copy of KISD Health Vertical Alignment pages.

Closing

- November meeting will focus on Mental Health – November 15, 2022
- SHAC member asked: “How do we get a topic on the agenda for upcoming SHAC meetings?”
 - Tricia requested to just email her with your interest to add something to the agenda for future meetings.