

**Medical Statement for Children with Disabilities**  
Requiring Special Meals in Child Nutrition Programs

Date \_\_\_\_\_ Name of Child \_\_\_\_\_

School Attended by Child \_\_\_\_\_

**To be filled out by Licensed Physician:**

A licensed physician is defined as a doctor of medicine or osteopathy.

Patient's name \_\_\_\_\_ Age \_\_\_\_\_

Diagnosis: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe the patient's disability and the major life activity affected by the disability: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does the disability restrict the individual's diet?      Yes                  No

If yes, list food(s) to be **omitted** from the diet and food(s) to be **substituted** (attach specific Diet Plan) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List foods that require a change in texture:

Cut up or chopped to bite-size pieces: \_\_\_\_\_  
\_\_\_\_\_

Finely ground: \_\_\_\_\_  
\_\_\_\_\_

Pureed: \_\_\_\_\_  
\_\_\_\_\_

Special Equipment needed: \_\_\_\_\_  
\_\_\_\_\_

Date \_\_\_\_\_ Signature of Licensed Physician \_\_\_\_\_

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