

Woodinville High School Volleyball CODE OF CONDUCT

As participants in athletic or activities programs, students are faced with choices. If a student's choices interfere, impede, hinder their personal or group/team performance or render the individual as unfit to serve as a representative(s) of the district's schools, they forfeit the privilege to participate.

The following outlined behaviors are in addition to the WHS athletic [Leadership Code](#) and the WHS [Student Handbook](#). Disciplinary actions are outlined in these linked codes and handbooks. This document has been updated as of June 2023, and is subject to change

APPROPRIATE BEHAVIOR

Please refer to the [NSD Student Rights and Responsibilities](#) for full explanation. Students should show respect for themselves and others. • Respect the rights, feelings and property of fellow students, parents, school staff, visitors and guests and school neighbors.

- Conduct- courtesy, fairness and respect.
 - Examples: Friendship, loyalty, cooperation, enthusiasm, self-control, condition, skill, team spirit, poise, confidence, ... See further John Wooden, [Pyramid of Success](#).

INAPPROPRIATE BEHAVIOR

Examples, Including but not limited to:

- planning, organizing or communicating an activity of– Profanity, obscene gestures, hazing, lack of attendance; and/or damage, vandalism to school property, uniform and equipment, another school's and/or district's property. academic dishonesty violations, bullying, misuse of technology and/or behaviors
 - These can lead to denial of participation for the following season if the athlete has participated in these behaviors at any time, on or off campus.
 - “Denial of participation” looks like attending practice, but not competing for a determined number of games

GRADES

Make sure your grades and credits meet the requirements on the WHS Athletic website- linked above.

SUBSTANCES

Possession, use, under the influence, purchase/sale agreement or intent to sell, transport, distribution and/or delivery of alcohol, marijuana, controlled substances and/or prescription drugs in a manner inconsistent with the prescribing order or look-a-like, drug paraphernalia or substance carrying devices (including but not limited to; vapor, hookah and e -cigarettes) is prohibited.

- If a student athlete or leader finds him or herself in the presence of alcohol, marijuana and/or an illegal controlled substance the student shall take immediate action to remove him or herself from the situation–(being at a party or gathering where alcohol, marijuana

and/or an illegal controlled substance is being consumed by those under the age of 21).

- Disciplinary action details can be further found in the WHS Athletic code of conduct.
- The athlete shall be given the opportunity for assistance through the school and/or community agencies to realign values to assist health. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete or student leader from subsequent compliance with this regulation. However successful utilization of such an opportunity or compliance with athletic/leadership code by the student may allow him/her to have eligibility reinstated.

CELL PHONES AND TECHNOLOGY

Cell phones, iPods, ear buds, headphones, video games, mp3 players and similar personal electronic equipment are not to be used in the gym except with the express permission of the coach.

- Use of these technologies is not to be used inappropriately at any time and are subject to confiscation and viewing if the administration suspects the electronic equipment is being used for activities inconsistent with district or school policies, such as the disruption of the educational environment. Use of technology that is deemed to be disruptive to the educational process may result in school discipline of those students who are involved.

FOOD, GUM, AND BEVERAGES

Snacks, and water may be consumed in the gym to enhance focus and growth. Failure to throw away garbage may result in after school detention, and possibly removal of team snack opportunities in the gym.

- Foods and beverages with added sugars or too much caffeine do not support the student athlete.
- Gum is not allowed in the gym.
- A large balanced breakfast is and water throughout the day is highly recommended.

DRESS CODE-

Athletes may wear at school and practice:

- Athleticware that you can move comfortably in.
- Presentable clothing that boosts your confidence and focus.
- Shoes that tie and support your arches and ankles.

Athletes May Not Wear Clothing With:

- Violent language or images. Images or language that encourages the use of alcohol, tobacco, vaping, or the use of any other drugs.
- Images or language that depicts illegal activity or that creates a hostile environment. Hate speech, gang/hate group affiliation, profanity, or pornography.
- Bathing suit tops, tube tops, or sports bras (unless worn underneath another approved article of clothing).
- Visible underwear or boxers

CHEERS AND CHANTS

Students will not conduct demeaning chants or cheers that are directed towards others. Students that participate in chanting or cheering put-downs, derogatory remarks, racial slurs, profanity, gestures, profanity, or any other language/action that is harassing in nature will be removed from the event and/or future events. Such behavior may result in suspension and/or other school discipline.

- Music played or listened to will follow these same guidelines.
 - In addition, lyrics with references to alcohol and other substances will have to be skipped and remixed positively.