

Restorative Reflection Form

Please fill out the form in as much detail as you can.

Student Name and Grade: _____ Date: _____

What happened? Be specific.

What were you thinking at the time? How are you feeling now?

Who was affected and/or harmed? How?

What can you take responsibility for?

What are one or two things you can do to make things right?

What learning do you think can come from this?

Anything else?

Time Completed:

Restorative Reflection Sheet:

Name _____ Date _____

1. My actions were:

- | | |
|--|---|
| ☐ Refusal to Work | ☐ Horseplay |
| ☐ Disrespect towards others | ☐ Ignoring staff instruction |
| ☐ Profane Language | ☐ Tardies/Out of class for too long |
| ☐ Leaving class w/out permission | ☐ Unprepared for class (no materials, homework, etc) |
| ☐ Eating/Drinking without permission | ☐ Not using materials correctly/being unsafe with materials |
| ☐ Using my phone without permission | ☐ Other: _____ |
| ☐ Conflict with student/teacher | |

2. Those affected were:

- ☐ Students: _____
- ☐ Staff: _____
- ☐ Others: _____

3. I feel:

- | | |
|-----------------------------------|-------------------------------------|
| ☐ sad | ☐ misunderstood |
| ☐ alone | ☐ silly |
| ☐ angry | ☐ guilty |
| ☐ foolish | ☐ sorry |
| ☐ embarrassed | ☐ other: _____ |

3. I could have:

- | | |
|---|---|
| ☐ listened to the first warning | ☐ kept our classroom safe |
| ☐ been more respectful | ☐ asked myself how my actions affected others |
| ☐ been more responsible | ☐ other: _____ |
| ☐ asked for a break | |
| ☐ asked for a mediation | |

4. I am willing to repair the harm:

- ☐ Yes
- ☐ No

5. I will repair the harm by:

- | | |
|---|--|
| ☐ Apologizing out loud | ☐ Participating in a mediation |
| ☐ Apologizing in writing | ☐ Fix/pay for what I broke |
| ☐ Offer a favor/community service | ☐ Other: _____ |