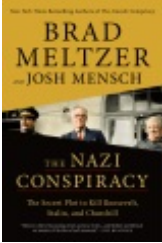



## L.E.'s Folder

## 2023 Spring Non-Fiction (Staff:

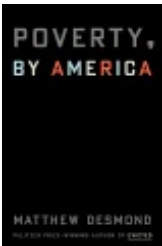
## Books, Lists and Articles

1. 

**The Nazi conspiracy: the secret plot to kill Roosevelt, Stalin, and Churchill (Jan 2023)**  
**By:** Meltzer, Brad  
 In this gripping true story of daring rescues, body doubles and political intrigue, the New York Times best-selling authors of *The First Conspiracy* and *The Lincoln Conspiracy* reveal the Nazi's plans to kill FDR, Joseph Stalin and Winston Churchill -- an assassination plot that would've changed history.

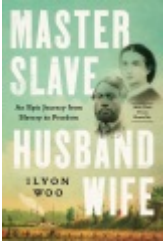
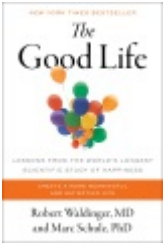
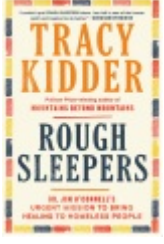
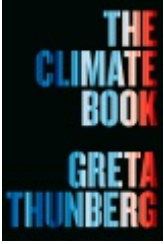
**Popularity:** ★★★★★☆ **Adult** **Nonfiction**
2. 

**The Wager: a tale of shipwreck, mutiny and murder (Apr 2023)**  
**By:** Grann, David  
 In this tale of shipwreck, survival and savagery, the #1 New York Times bestselling author of *Killers of the Flower Moon* recounts the events on His Majesty's Ship *The Wager*, a British vessel that left England in 1740 on a secret mission, resulting in a court martial that revealed a shocking truth.

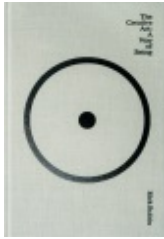
**Popularity:** ★★★★★☆ **Adult** **Nonfiction**
3. 

**Poverty, by America (Mar 2023)**  
**By:** Desmond, Matthew  
 The United States, the richest country on earth, has more poverty than any other advanced democracy. Why? In this landmark book, acclaimed sociologist Matthew Desmond draws on history, research, and original reporting to show how affluent Americans knowingly and unknowingly keep poor people poor. Elegantly written and fiercely argued, this compassionate book gives us new ways of thinking about a morally urgent problem.

**Popularity:** ★★★★★☆ **Adult** **Nonfiction**

4.  **Master slave husband wife: an epic journey from slavery to freedom (Jan 2023)**  
**By:** Woo, Ilyon  
 The remarkable true story of Ellen and William Craft, who escaped slavery through daring, determination, and disguise, with Ellen passing as a wealthy, disabled White man and William posing as "his" slave.  
**Popularity:** ★★★★★ Adult Nonfiction
5.  **The good life: lessons from the world's longest scientific study of happiness (Jan 2023)**  
**By:** Waldinger, Robert J., 1951-  
 What makes a life fulfilling and meaningful? The simple but surprising answer is: relationships. The stronger our relationships, the more likely we are to live happy, satisfying, and overall healthier lives. The invaluable insights in this book emerge from the revealing personal stories of hundreds of participants in the Harvard Study of Adult Development as they were followed year after year for their entire adult lives, and this wisdom is bolstered by research findings from this and many other studies.  
**Popularity:** ★★★★★ Adult Nonfiction
6.  **Rough sleepers: Dr. Jim O'Connell's urgent mission to bring healing to homeless people (Jan 2023)**  
**By:** Kidder, Tracy  
 Tells the story of an inspiring doctor who made a difference by helping to create a program to care for Boston's homeless community.  
**Popularity:** ★★★★★ Adult Nonfiction
7.  **The climate book: the facts and the solutions (Feb 2023)**  
**By:** Thunberg, Greta, 2003-  
 Gathering together the wisdom of over 100 experts, the world's leading climate activist arms us with the knowledge we need to combat climate disaster, showing there is hope, but only if we listen to the science before it's too late.  
**Popularity:** ★★★★★ Adult Nonfiction

8.



## The creative act: a way of being (Jan 2023)

**By:** Rubin, Rick

Many famed music producers are known for a particular sound that has its day and then ages out. Rick Rubin is known for something else: creating a space where artists of all different genres and traditions can home in on who they really are and what they really offer. He has made a practice of helping people transcend their self-imposed expectations in order to reconnect with a state of innocence from which the surprising becomes inevitable. The Creative Act is a beautiful and generous course of study that illuminates the path of the artist as a road we all can follow.

**Popularity:** ★★★★★ Adult Nonfiction

9.



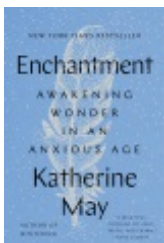
## A fever in the heartland: the Ku Klux Klan's plot to take over America, and the woman who stopped them (Apr 2023)

**By:** Egan, Timothy

A Pulitzer Prize-winning journalist traces the Ku Klux Klan's rise to power in the 1920s, driven by the con man D.C. Stephenson, and how a seemingly powerless woman named Madge Oberholtzer brought them to their knees. The Roaring Twenties – the Jazz Age – has been characterized as a time of Gatsby frivolity. But it was also the height of the uniquely American hate group, the Ku Klux Klan. Their domain was not the old Confederacy, but the Heartland and the West. And the man who set in motion their takeover of great swaths of America was a charismatic charlatan named D.C. Stephenson. But at the peak of his influence, it was a seemingly powerless woman – Madge Oberholtzer – who would reveal his secret cruelties, and whose deathbed testimony finally brought the Klan to their knees.

**Popularity:** ★★★★★ Adult Nonfiction

10.



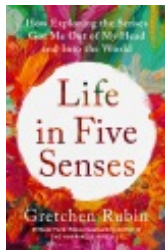
## Enchantment: awakening wonder in an anxious age (Feb 2023)

**By:** May, Katherine

In *Enchantment*, May invites the reader to come with her on a journey to reawaken our innate sense of wonder and awe. With humor, candor, and warmth, she shares stories of her own struggles with work, family, and the aftereffects of pandemic, particularly feelings of overwhelm as the world rushes to reopen. *Enchantment* invites each of us to open the door to human experience in all its sensual complexity, and to find the beauty waiting for us there.

**Popularity:** ★★★★★ Adult Nonfiction

11.



## Life in five senses: how exploring the senses got me out of my head and into the world (Apr 2023)

**By:** Rubin, Gretchen Craft

For more than a decade, Gretchen Rubin had been studying happiness and human nature. Then, one day, a visit to her eye doctor made her realize that she'd been overlooking a key element of happiness: her five senses. She'd spent so much time stuck in her head that she'd allowed the vital sensations of life to slip away, unnoticed. In this journey of self-experimentation, Rubin explores the mysteries and joys of the five senses as a path to a happier more mindful life. Drawing on cutting-edge science, philosophy, literature, and her own efforts to practice what she learns, she investigates the profound power of tuning in to the physical world.

**Popularity:** ★★★★★ Adult Nonfiction

12.



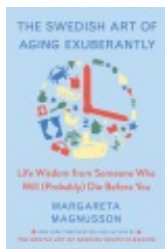
## Saving time: discovering a life beyond the clock (Mar 2023)

**By:** Odell, Jenny, (Multimedia artist)

In this thought-provoking, deeply hopeful reframing of time, the author takes us on a journey through other temporal habitats, urging us to become stewards of different rhythms of life, to imagine an existence, identity and source of meaning outside the world of work and profit.

**Popularity:** ★★★★★ Adult Nonfiction

13.




## The Swedish art of aging exuberantly: life wisdom from someone who will (probably) die before you (Jan 2023)

**By:** Magnusson, Margareta, (Artist)

The author of The Gentle Art of Swedish Death Cleaning shows us how to prepare for and understand the aging process, and the joys and sorrows it can bring, with her ultimate message that we should all be less afraid of the idea of death.


**Popularity:** ★★★★★ Adult Nonfiction

14.  **The watchmaker's daughter: the true story of World War II heroine Corrie Ten Boom (Mar 2023)**

**By:** Loftis, Larry

A New York Times best-selling author writes the first major biography of Corrie ten Boom, a Dutch watchmaker who saved the lives of hundreds of Jews during World War II--at the cost of losing her family and being sent to a concentration camp, only to survive, forgive her captors and live the rest of her life as a Christian missionary.


**Popularity:** ★★★★★ Adult Nonfiction

15.  **Code name Blue Wren: the true story of America's most dangerous female spy - and the sister she betrayed (Jan 2023)**

**By:** Popkin, Jim

Describes the true crime story of Ana Montes, a superstar of the US Intelligence community who had recently won a prestigious fellowship at the CIA was arrested and publicly exposed as a secret agent for Cuba.

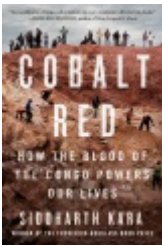
**Popularity:** ★★★★★ Adult Nonfiction

16.  **Awe: the new science of everyday wonder and how it can transform your life (Jan 2023)**

**By:** Keltner, Dacher

Awe is mysterious. How do we begin to quantify the goose bumps we feel when we see the Grand Canyon, or the utter amazement when we watch a child walk for the first time? How do you put into words the collective effervescence of standing in a crowd and singing in unison, or the wonder you feel while gazing at centuries-old works of art? Up until fifteen years ago, there was no science of awe, the feeling we experience when we encounter vast mysteries that transcend our understanding of the world. In Awe, Dacher Keltner presents a radical investigation and deeply personal inquiry into this elusive emotion.

**Popularity:** ★★★★★ Adult Nonfiction

17.  **Cobalt red: how the blood of the Congo powers our lives (Jan 2023)**

**By:** Kara, Siddharth

An unflinching investigation reveals the human rights abuses behind the Congo's cobalt mining operation--and the moral implications that affect us all.

**Popularity:** ★★★★★ Adult Nonfiction



18.



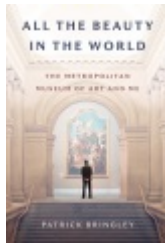
## On the origin of time: Stephen Hawking's final theory (Apr 2023)

**By:** Hertog, Thomas

Stephen Hawking's closest collaborator, who worked shoulder to shoulder for 20 years, presents a new vision of the universe's birth that will profoundly transform the way we think about our place in the order of the cosmos and may ultimately prove to be Hawking's greatest scientific legacy.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

19.



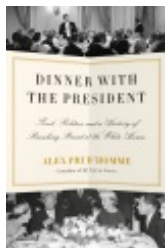
## All the beauty in the world: the Metropolitan Museum of Art and me (Feb 2023)

**By:** Bringley, Patrick

A fascinating, revelatory portrait of the Metropolitan Museum of Art and its treasures by a former New Yorker staffer who spent a decade as a museum guard.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

20.



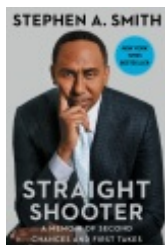
## Dinner with the president: food, politics, and a history of breaking bread at the White House (Feb 2023)

**By:** Prud'homme, Alex

The coauthor of Julia Child's best-selling memoir *My Life in France* looks at the history of presidential tastes in food and how it can have significant impact on politics, history and global trade.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

21.



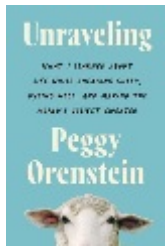
## Straight shooter: a memoir of second chances and first takes (Jan 2023)

**By:** Smith, Stephen A. (Stephen Anthony), 1967-

America's most popular sports media figure tells it like it is in this surprisingly personal book, not only dishing out his signature, uninhibited opinions but also revealing the challenges he overcame in childhood as well as at ESPN, and who he really is when the cameras are off.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

22.



## Unraveling: what I learned about life while shearing sheep, dyeing wool, and making the world's ugliest sweater (Jan 2023)

**By:** Orenstein, Peggy

The author sets out to make a sweater from scratch--shearing, spinning, dyeing wool--and in the process discovers how we find our deepest selves through craft.

**Popularity:** ★★☆☆☆ Adult Nonfiction

23.



## The exceptions: Nancy Hopkins, MIT, and the fight for women in science (Feb 2023)

**By:** Zernike, Kate

A Pulitzer Prize-winning journalist tells the powerful -- and inspiring -- story of Nancy Hopkins, a reluctant feminist who, in 1999, became the leader of sixteen female scientists who forced MIT to publicly admit it had been discriminating against its female faculty for years.

**Popularity:** ★★☆☆☆ Adult Nonfiction

24.



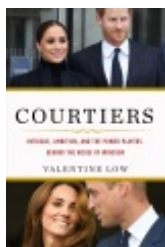
## Oscar wars: a history of Hollywood in gold, sweat, and tears (Feb 2023)

**By:** Schulman, Michael

Chronicling the remarkable, sprawling history of the Academy Awards and the personal dramas that have played out on the stage and off camera, this entertaining exploration of the Oscars features a star-studded cast of some of the most powerful Hollywood players of today and yesterday.

**Popularity:** ★★☆☆☆ Adult Nonfiction

25.



## Courtiers: intrigue, ambition, and the power players behind the House of Windsor (Jan 2023)

**By:** Low, Valentine

The gripping account of how the Royal family really operates, from the journalist who has spent years studying them.

**Popularity:** ★★☆☆☆ Adult Nonfiction

26.



## The other family doctor: a veterinarian explores what animals can teach us about love, life, and mortality (Mar 2023)

**By:** Fine, Karen R.

Karen Fine always knew that she wanted to be a vet and wasn't going to let anything stop her: not her allergy to cats, and not the fact that in the '80s veterinary medicine was still a mostly male profession. Inspired by her grandfather, a compassionate doctor who paid house calls to all his (human) patients, Dr. Fine persevered, and brought her Oupa's principles into her own practice, which emphasizes the need to understand her patients' stories to provide the best possible care.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

27.



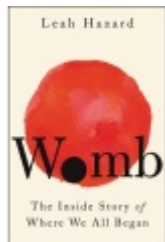
## The ship beneath the ice: the discovery of Shackleton's Endurance (Feb 2023)

**By:** Bound, Mensun

A renowned marine biologist presents this extraordinary firsthand account of the discovery of Ernest Shackleton's Endurance a century to the day after Shackleton's death that captures the intrepid spirit that joins two mariners across the centuries?--?both of whom accomplished the impossible.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

28.



## Womb: the inside story of where we all began (Mar 2023)

**By:** Hazard, Leah

A groundbreaking, triumphant investigation of the uterus--from birth to death, in sickness and in health, throughout history and into our possible future--from a midwife and acclaimed writer.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

29.



## Ghosts of the orphanage: a story of mysterious deaths, a conspiracy of silence, and a search for justice (Mar 2023)

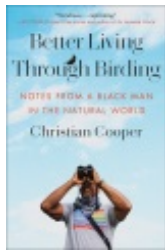
**By:** Kenneally, Christine

An award-winning journalist and author exposes the horrible events that took place in twentieth-century orphanages using the stories of survivors who expose the violence, abuse, trauma and deaths that were commonplace and their quests for justice.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**



30.



## Better living through birding: notes from a Black man in the natural world (Jun 2023), Forthcoming

**By:** Cooper, Christian

Christian Cooper is a self-described “Blerd” (Black nerd), an avid comics fan and expert birder who devotes every spring to gazing upon the migratory birds that stop to rest in Central Park, just a subway ride away from where he lives in New York City. One morning in May 2020, Cooper was engaged in his birdwatching ritual when what might have been a routine encounter with a dog walker exploded age-old racial tensions. Cooper’s viral video of the incident would send shock waves through the nation. Equal parts memoir, travelogue, and primer on the art of birding, this is Cooper’s story of learning to claim and defend space for himself and others like him.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

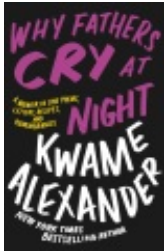
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## L.E.'s Folder

## 2023 Spring Non-Fiction (Staff:

## Books, Lists and Articles

31.



Why fathers cry at night: a memoir in love poems, letters, recipes, and remembrances (May 2023), Forthcoming

By: Alexander, Kwame

In a powerfully intimate and non-traditional (or "new-fashioned") memoir, Kwame Alexander shares snapshots of a man learning how to love. He attempts to deal with the unravelling of his marriage and the grief of his mother's recent passing while sharing the solace he found in learning how to perfect her famous fried chicken dish. With an open heart, Alexander weaves together memories of his past to try and understand his greatest love: his daughters. Why Fathers Cry at Night inspires bravery and vulnerability in every reader who has experienced the reckless passion, heartbreak, failure, and joy that define the whirlwind woes and wonders of love.

Popularity: ★★☆☆☆ Adult Nonfiction

32.



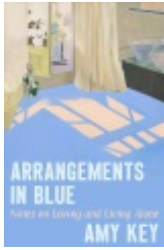
The story of art without men (May 2023)

By: Hessel, Katy, 1994-

"How many women artists do you know? Who makes art history? Did women even work as artists before the twentieth century? And what is the Baroque anyway? Have your sense of art history overturned and your eyes opened to many art forms often ignored or dismissed. From the Cornish coast to Manhattan, Nigeria to Japan, this is the history of art as it's never been told before.

Popularity: ★☆☆☆☆ Adult Nonfiction

33.



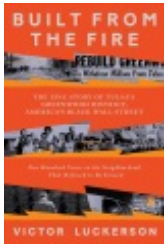
## Arrangements in blue: notes on loving and living alone (May 2023)

**By:** Key, Amy

"When British poet Amy Key was growing up, she envisioned a life shaped by love--and Joni Mitchell's album Blue was her inspiration. "Blue became part of my language of intimacy," she writes, recalling the dozens of times she played the record as a teen, "an intimacy of disclosure, vulnerability, unadorned feeling that I thought I'd eventually share with a romantic other." As the years ticked by, she held on to this very specific idea of romance like a bottle of wine saved for a special occasion. But what happens when the romance we are all told will give life meaning never presents itself? Now single in her forties, Key explores the sweeping scales of romantic feeling as she has encountered them, using the album Blue as an expressive anchor: from the low notes of loss and unfulfilled desire--punctuated by sharp, discordant feelings of jealousy and regret--to the deep harmony of friendship, and the crescendos of sexual attraction and self-realization"--.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

34.



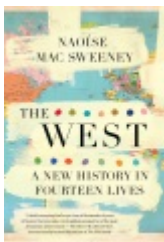
## Built from the fire: the epic story of Tulsa's Greenwood district, America's Black Wall Street: one hundred years in the neighborhood that refused to be erased (May 2023), Forthcoming

**By:** Luckerson, Victor

A multigenerational saga of a family and a community in Tulsa's Greenwood district, or "Black Wall Street," that in one century survived the 1921 Tulsa Race Massacre, urban renewal, and gentrification.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

35.



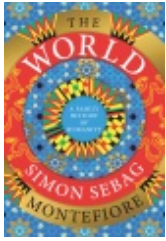
## The West: a new history in fourteen lives (May 2023), Forthcoming

**By:** Mac Sweeney, Naoise, 1982-

A prize-winning historian presents a story-driven retelling of Western civilization by profiling 14 figures who each played a role in the creation of the Western idea and who each tell us something unexpected about the age in which it was lived and why we've misunderstood it for so long.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

36.



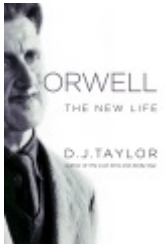
### The world: a family history of humanity (May 2023)

**By:** Sebag-Montefiore, Simon, 1965-

Capturing the whole human story in a single, masterful narrative, an award-winning historian, by chronicling the world's great dynasties throughout history, which features a cast of extraordinary diversity, shows the one commonality? --?families.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

37.



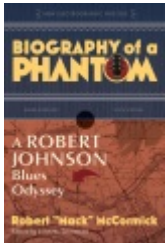
### Orwell: the new life (May 2023), Forthcoming

**By:** Taylor, D. J. (David John), 1960-

An award-winning Orwellian biographer and scholar, drawing on new sources available for the first time, shows how the way we look at a writer and his canon has changes even over the course of the last two decades, presenting a fresh and relevant biography seen through a post-millennial prism.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

38.



### Biography of a phantom: a Robert Johnson blues odyssey (Apr 2023)

**By:** McCormick, Mack

When blues master Robert Johnson's little-known recordings were rereleased to great fanfare in the 1960s, little was known about his life, giving rise to legends that he gained success by selling his soul to the devil. Biography of a Phantom is musicologist Mack McCormick's all-consuming search, from the late 1960s until McCormick's death in 2015, to uncover Johnson's life story. While Johnson died before achieving widespread recognition, his music took on a life of its own and inspired future generations. Filled with lush descriptive fieldwork and photographs, this book is an important historical object that deepens the understanding of a stellar musician.

**Popularity:** ★☆☆☆☆ **Adult** **Nonfiction**

39.



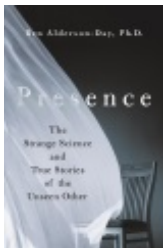
## Blanche: the life and times of Tennessee Williams's greatest creation (Apr 2023)

**By:** Schoenberger, Nancy

Ever since Jessica Tandy glided onto the stage in Tennessee Williams's *A Streetcar Named Desire* at the Ethel Barrymore Theatre in 1947, Blanche DuBois has fascinated generations of audiences worldwide and secured a place in the history of literature, theater, and film. An exploration of the cultural impact of Blanche DuBois, Nancy Schoenberger's absorbing study examines Tennessee Williams's most enduring creation through the performances of seven brilliant actresses who have taken on the role, as well as the influence of the playwright's tragic sister, Rose Williams, the person he was most haunted and inspired by.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

40.



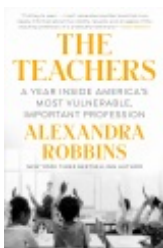
## Presence: the strange science and true stories of the unseen other (Mar 2023)

**By:** Alderson-Day, Ben

"A psychologist's journey to understand one of the most unusual experiences known to humankind: the universal, disturbing feeling that someone or something is there when we are alone. These experiences of sensing a Presence when no one else is there have been given many names—the Third Man, guardian angels, shadow figures, "social" hallucinations—and they have inspired, unsettled, and confounded in equal measure"---.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

41.



## The teachers: a year inside America's most vulnerable, important profession (Mar 2023)

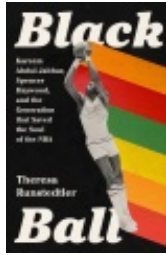
**By:** Robbins, Alexandra, 1976-

Alexandra Robbins goes behind the scenes to tell the true, sometimes shocking, always inspirational stories of three teachers as they navigate a year in the classroom. She follows Penny, a southern middle school math teacher who grappled with a toxic staff clique at the big school in a small town; Miguel, a special ed teacher in the western United States who fought for his students both as an educator and as an activist; and Rebecca, an East Coast elementary school teacher who struggled to schedule and define a life outside of school. Robbins also interviewed hundreds of other teachers nationwide who share their secrets, dramas, and joys.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**



42.



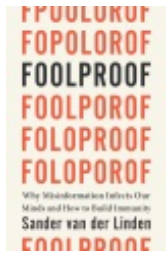
## Black ball: Kareem Abdul-Jabbar, Spencer Haywood, and the generation that saved the soul of the NBA (Mar 2023)

**By:** Runstedtler, Theresa

A vital narrative history of 1970s pro basketball, and the Black players who shaped the NBA.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

43.



## Foolproof: why misinformation infects our minds and how to build immunity (Mar 2023)

**By:** van der Linden, Sander

With remarkable clarity, Sander van der Linden explains why our brains are so vulnerable to misinformation, how it spreads across social networks, and what we can do to protect ourselves and others. Like a virus, misinformation infects our minds, exploiting shortcuts in how we see and process information to alter our beliefs, modify our memories, and replicate at astonishing rates. Once the virus takes hold, it's very hard to cure.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

44.



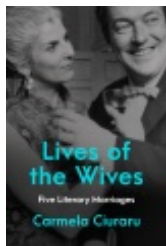
## Deadly quiet city: true stories from Wuhan (Mar 2023)

**By:** Xuecun, Murong

"From one of China's most celebrated-and silenced-literary authors, riveting portraits of eight Wuhan residents at the dawn of the pandemic"--.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

45.

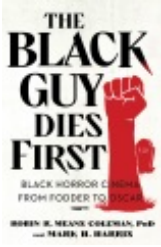





## Lives of the wives: five literary marriages (Feb 2023)

**By:** Ciuraru, Carmela

A witty look at the complex and fascinating but tumultuous marriages of five well known figures in the literary world, including British theatre critic Kenneth Tynan, and authors Roald Dahl and Kingsley Amis.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

46.  **The black guy dies first: black horror cinema from fodder to Oscar** (Feb 2023)  
**By:** Coleman, Robin R. Means  
 A definitive and surprising exploration of the history of Black horror films, after the rising success of *Get Out*, *Candyman*, and *Lovecraft Country* from creators behind the acclaimed documentary, *Horror Noire*.  
**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**
47.  **In living color: a cultural history** (Feb 2023)  
**By:** Giacomazzo, Bernadette, 1979-  
 An entertaining yet conscientious examination of the popular sketch show *In Living Color*, which broke racial, cultural, and comedy boundaries; launched the careers of stars such as Jamie Foxx and Jim Carrey; and helped shape comedy in the 21st century.  
**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**
48.  **Bloodbath nation** (Jan 2023)  
**By:** Auster, Paul, 1947-  
 Traces centuries of America's use and abuse of guns, exploring the bitter divide between our gun control and anti-gun control camps and how gun violence has become so prevalent and out of proportion to the rest of the world.  
**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**
49.  **House concert** (Jan 2023)  
**By:** Levit, Igor, 1987-  
 When the pandemic broke out and famed pianist Igor Levit was unable to give live concerts, he switched his piano recitals from concert halls to his living room and gained a huge international following. This book opens a window onto Levit's life during the 2019–2020 concert season, charting the transition from his whirlwind life of back-to-back live concerts in packed concert halls to the eerie stillness of lockdown and the innovative series of house concerts livestreamed over Twitter. A year in which Levit spoke out against hate and received death threats in response. A year in which he found his voice and found himself – as an artist and as a person.  
**Popularity:** ★☆☆☆☆ **Adult** **Nonfiction**

50.



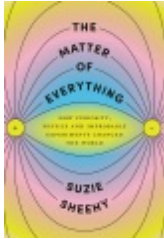
## What's gotten into you: the story of your body's atoms, from the big bang through last night's dinner (Jan 2023)

**By:** Levitt, Dan

Tells the awe-inspiring story of the elements that make up the human body, and how these building blocks of life travelled billions of miles and across billions of years to make us who we are.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

51.



## The matter of everything: how curiosity, physics, and improbable experiments changed the world (Jan 2023)

**By:** Sheehy, Suzie

Celebrating human ingenuity, creativity and curiosity, an accelerator physicist introduces us to the people who, through a combination of genius, persistence and luck, staged the experiments that changed the course of history, giving rise to the technology that ushered us into the modern world.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

52.



## Conversation at Princeton (Jan 2023)

**By:** Vargas Llosa, Mario, 1936-

A series of talks Mario Vargas Llosa gave at Princeton in a class he cotaught with Rubén Gallo, covering the history of the novel, journalism, terrorism, and all of Vargas Llosa's best-known books.

**Popularity:** ★☆☆☆☆ **Adult** **Nonfiction**

53.

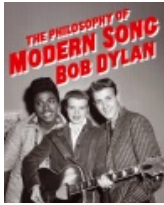


## Freedom moves: hip hop knowledges, pedagogies, and futures (Jan 2023)

This expansive collection sets the stage for the next generation of Hip Hop scholarship as we approach the fiftieth anniversary of the movement's origins.

**Popularity:** ★☆☆☆☆ **Adult** **Nonfiction**

54.



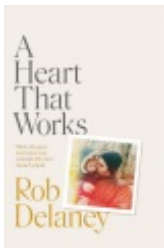
## The philosophy of modern song (Nov 2022)

**By:** Dylan, Bob, 1941-

Dylan offers his extraordinary insight into the nature of popular music in essays focusing on songs by other artists, spanning from Stephen Foster to Elvis Costello, from Hank Williams to Nina Simone. Written in Dylan's unique prose--mysterious and mercurial, poignant and profound, and often laugh-out-loud funny--these essays are ostensibly about music, but are really meditations and reflections on the human condition.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

55.



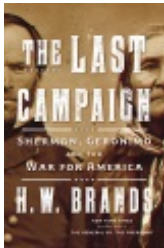
## A heart that works (Nov 2022)

**By:** Delaney, Rob, 1977-

The co-creator and co-star of the hit series Catastrophe presents a deeply personal memoir about the death of his young son from a brain tumor and takes readers through the grief and pain that followed.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

56.



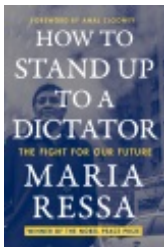
## The last campaign: Sherman, Geronimo, and the war for America (Nov 2022)

**By:** Brands, H. W.

A best-selling historian and Pulitzer Prize finalist follows the lives of two war chiefs -- General William Tecumseh Sherman and Geronimo -- over the course of the 1870s and 1880s during which they confronted each other in the final battle for the American West would be.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

57.



## How to stand up to a dictator: the fight for our future (Nov 2022)

**By:** Ressa, Maria

A Philippine Journalist who received the 2021 Nobel Peace Prize presents strategies for speaking truth to power, challenging corruption and standing up against authoritarians to battle information and lies.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

58.



## Cinema speculation (Nov 2022)

**By:** Tarantino, Quentin

In addition to being among the most celebrated of contemporary filmmakers, Quentin Tarantino is possibly the most joyously infectious movie lover alive. For years he has touted in interviews his eventual turn to writing books about films. Now, with *Cinema Speculation*, the time has come, and the results are everything his passionate fans—and all movie lovers—could have hoped for. Organized around key American films from the 1970s, all of which he first saw as a young moviegoer at the time, this book is as intellectually rigorous and insightful as it is rollicking and entertaining.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

59.



## Your table is ready: tales of a New York City maître d' (Dec 2022)

**By:** Cecchi-Azzolina, Michael

A front-of-the-house *Kitchen Confidential* from a career maître d' hotel who manned the front of the room in New York City's hottest and most in-demand restaurants. From the glamorous to the entitled, from royalty to the financially ruined, everyone who wanted to be seen -- or just to gawk -- at the hottest restaurants in New York City came to places Michael Cecchi-Azzolina helped run. His phone number was passed around among those who wanted to curry favor, during the decades when restaurants replaced clubs and theater as, well, theater in the most visible, vibrant city in the world.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

60.



## How far the light reaches: a life in ten sea creatures (Dec 2022)

**By:** Imbler, Sabrina

Exploring themes of adaptation, survival, sexuality, and care, and weaving the wonders of marine biology with stories of their own family, relationships, and coming of age *How Far the Light Reaches* is a book that invites us to envision wilder, grander, and more abundant possibilities for the way we live.

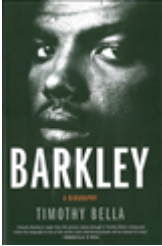
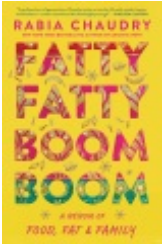


**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**



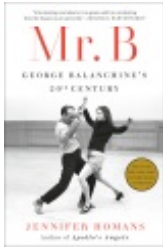
## L.E.'s Folder

## 2023 Spring Non-Fiction (Staff:

## Books, Lists and Articles

61.  **Barkley** (Nov 2022)  
**By:** Bella, Timothy  
 A biography of basketball player Charles Barkley.  
**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**
62.  **Fatty fatty boom boom: a memoir of food, fat, and family** (Nov 2022)  
**By:** Chaudry, Rabia  
 From the best-selling author and host of the popular Undisclosed podcast comes a warm, intimate memoir about food, body image and growing up in a loving but sometimes oppressively concerned Pakistani immigrant family.  
**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**
63.  **The world record book of racist stories** (Nov 2022)  
**By:** Ruffin, Amber  
 The host of The Amber Ruffin Show and writer/cast member on NBC's Late Night with Seth Meyers and her sister present a hilarious, intergenerational look at the absurdity of everyday racism as experienced across age, gender and appearance.  
**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**
64.  **Hollywood: the oral history** (Nov 2022)  
**By:** Basinger, Jeanine  
 A legendary film scholar and a best-selling author present the oral history of Hollywood through candid remarks from stars both in front and behind the camera including Bette Davis, Meryl Streep and Frank Capra.  
**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

65.



## Mr. B: George Balanchine's 20th century (Nov 2022)

**By:** Homans, Jennifer

Based on more than 100 interviews and research in archives across Russia, Europe and the Americas, this first major biography of the greatest choreographer who ever lived takes us through his tumultuous and dramatic life during the 20th century, showing us how he became a legend who reinvented the art of ballet.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

66.



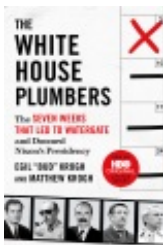
## The ruin of all witches: life and death in the New World (Nov 2022)

**By:** Gaskill, Malcolm

In Springfield, Massachusetts in 1651, peculiar things begin to happen. Precious food spoils, livestock ails, property vanishes, and people suffer convulsions as if possessed by demons. Disturbing dreams and visions proliferate. Children sicken and die. As tensions rise, rumours spread of witches and heretics and the community becomes tangled in a web of distrust, resentment and denunciation. The finger of suspicion soon falls on a young couple with two small children: Hugh Parsons, and his troubled wife, Mary. Drawing on rich, previously unexplored source material, Malcolm Gaskill vividly evokes a strange past, one where lives were steeped in the divine and the diabolic.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

67.



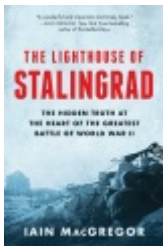
## The White House Plumbers: the seven weeks that led to Watergate and doomed Nixon's presidency (Dec 2022)

**By:** Krogh, Egil, 1939-2020

An American lawyer who became infamous as an official of the Nixon Administration and who was imprisoned for his part in the Watergate Affair tells what really happened behind the closed doors of the Nixon White House, and how a good man can make bad decisions.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

68.



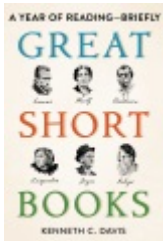
## The Lighthouse of Stalingrad: the hidden truth at the heart of the greatest battle of World War II (Nov 2022)

**By:** MacGregor, Iain

A thrilling, vivid and highly detailed account of the epic siege during one of World War II's most important battles, told by the brilliant British editor-turned-historian and author of Checkpoint Charlie.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

69.



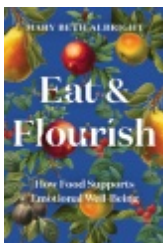
## Great short books: a year of reading--briefly (Nov 2022)

**By:** Davis, Kenneth C.

A delightful, entertaining guide to some of the best short novels of all time from a bestselling historian, author, and lifelong reader.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

70.



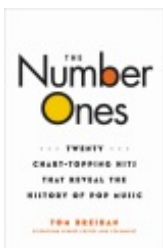
## Eat & flourish: how food supports emotional well-being (Nov 2022)

**By:** Albright, Mary Beth

A lively and evidence-based argument that a whole food diet is essential for good mental health. Food has power to nourish your mind, supporting emotional wellness through both nutrients and pleasure. In this groundbreaking book, journalist Mary Beth Albright draws on cutting-edge research to explain the food/mood connection. She redefines "emotional eating" based on the science, revealing how eating triggers biological responses that affect humans' emotional states both immediately and long-term.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

71.



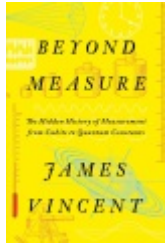
## The number ones: twenty chart-topping hits that reveal the history of pop music (Nov 2022)

**By:** Breihan, Tom

Featuring the greatest pop artists of all times, this fascinating narrative of the history of popular music through the lens of the Billboard Hot 100, which began in 1958, reveals a remarkably fluid and connected story of music that is as entertaining as it is enlightening. 22,500 first printing.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

72.



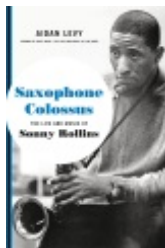
## Beyond measure: the hidden history of measurement from cubits to quantum constants (Nov 2022)

**By:** Vincent, James, (Journalist)

A revelatory and vibrant story of measurement which will make you look at the world around you anew. We measure rainfall and radiation, the depths of space and the emptiness of atoms, calories and steps, happiness and fear. If we could not measure then we could not observe the world around us; we could not experiment, learn, and cooperate. But why did this urge to measure flourish? And when did measurement become ubiquitous? It is a tale that tracks humanity's search for dependable truths in a chaotic universe.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

73.



## Saxophone Colossus: the life and music of Sonny Rollins (Dec 2022)

**By:** Levy, Aidan, 1986-

"Based on more than two hundred interviews with Rollins himself, family members, friends, and collaborators, as well as Rollins' extensive personal archive, 'Saxophone Colossus' is the comprehensive portrait of this legendary saxophonist and composer, civil rights activist and environmentalist. The story of Sonny Rollins--innovative, unpredictable, larger than life--is the story of jazz itself, and Sonny's own narrative is as timeless and timely as the art form he represents. Part jazz oral history told in the musicians' own words, part chronicle of one man's quest for social justice and spiritual enlightenment, this is the definitive biography of one of the most enduring and influential artists in jazz and American history"--.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

74.



## The intimate city: walking New York (Nov 2022)

**By:** Kimmelman, Michael

A cultural, architectural, and historical guide to twenty walks around and through New York, led by the NYT chief architecture critic during the height of COVID-19. As New York came to a standstill in March of 2020, Michael Kimmelman composed an email to a group of architects, historians, writers, engineers, and city planners, and invited them to take him on a walk.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

75.



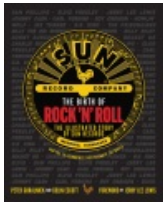
## The waste land: a biography of a poem (Dec 2022)

**By:** Hollis, Matthew

"A riveting account of the making of T. S. Eliot's celebrated poem *The Waste Land* on its centenary"--.

**Popularity:** ★☆☆☆☆ Adult Nonfiction

76.



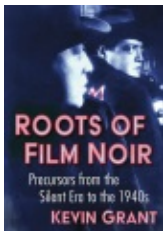
## The birth of rock 'n' roll: the illustrated story of Sun Records and the 70 recordings that changed the world (Nov 2022)

**By:** Guralnick, Peter

In Memphis, Tennessee, in the 1950s, there was hard-edged blues playing on Beale Street, and hillbilly boogie on the outskirts of town. But at Sam Phillips' Sun Records studio on Union Avenue, there was something different going on – a whole lotta shakin', rockin', and rollin'. This is where rock 'n' roll was born. A fascinating look at the history of Sun Records, the label that started Rock n' Roll, told through 70 of its iconic recordings.

**Popularity:** ★☆☆☆☆ Adult Nonfiction

77.



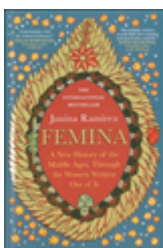
## Roots of film noir: precursors from the silent era to the 1940s (Nov 2022)

**By:** Grant, Kevin, (Film historian)

Individual reviews of 90 films created and released before 1941 are included here in the first title-by-title reference guide to the forerunners of film noir. Silent Hitchcock thrillers and German expressionist masterpieces, French poetic realist dramas and forgotten Hollywood B-movies, pseudo-Freudian gangster films and costume melodramas are among the works covered. The collection spans subgenres and cultures of filmmaking, aiming to demonstrate that the roots of noir were sown far and wide, long before the lasting and mysterious genre flowered in America during the war years.

**Popularity:** ★☆☆☆☆ Adult Nonfiction

78.



## Femina: a new history of the middle ages, through the women written out of it (Feb 2023)

**By:** Ramirez, Janina, 1980-

Through examination of artefacts, writings and possessions, this reappraisal of medieval femininity presents countless cases of influential women such as Jadwiga, the only female King in Europe, whose names were struck from history.

**Popularity:** ★☆☆☆☆ Adult Nonfiction



79.



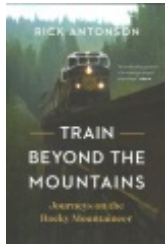
## The English actor: from medieval to modern (Apr 2023)

**By:** Ackroyd, Peter, 1949-

From a leading historian and writer, a delightful exploration of the great English tradition of treading the boards.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

80.



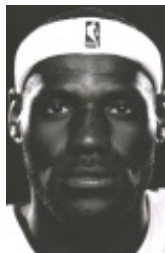
## Train beyond the mountains: journeys on the rocky mountaineer (Apr 2023)

**By:** Antonson, Rick, 1949-

A captivating journey blending memoir, history, and biography that takes the reader on one of the world's most famous trains and tells of carving the dramatic route it follows, while pondering other international railways through the eyes of travellers past and present.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

81.



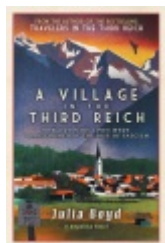
## Lebron (Apr 2023)

**By:** Benedict, Jeff

From the #1 New York Times bestselling author of Tiger Woods comes a biography of LeBron James, one of the greatest athletes of all time and the figure at the center of social movements, based on three years of exhaustive research and more than 200 interviews.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

82.



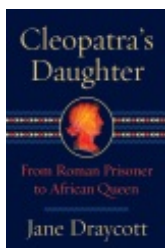
## A village in the Third Reich: how ordinary lives were transformed by the rise of fascism (Apr 2023)

**By:** Boyd, Julia

An intimate portrait of German life during World War II, shining a light on ordinary people living in a picturesque Bavarian village under Nazi rule, from a past winner of the Los Angeles Times Book Prize for History.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

83.



## Cleopatra's daughter: from Roman prisoner to African queen (Apr 2023)

**By:** Draycott, Jane (Jane Louise)

Presents the first biography of one of the most fascinating yet long-neglected rulers of the ancient world: Cleopatra Selene, daughter of Antony and Cleopatra.

**Popularity:** ★★☆☆☆ **Adult** **Nonfiction**

84.



## Crook manifesto (Jul 2023), Forthcoming

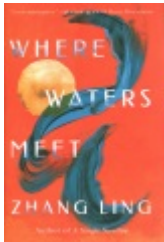
**By:** Whitehead, Colson, 1969-

A furniture store owner and ex-grifter leaves the straight and narrow path when he needs Jackson 5 tickets for his daughter in in 1971 Manhattan in the new novel by the two-time Pulitzer Prize-winning author of *The Nickel Boys*.

**Series:** Harlem trilogy (Colson Whitehead), 2

**Popularity:** ★★☆☆☆ **Adult** **Fiction**

85.



## Where waters meet (May 2023)

**By:** Ling, Zhang

There was rarely a time when Phoenix Yuan-Whyller's mother, Rain, didn't live with her. Rain's unexpected death at age 83 ushers in a heartrending separation. Struggling with the loss, Phoenix comes across a memory box Rain had brought from home. Inside, Phoenix finds two old photographs and a bottle holding a crystallized powder. Her auntie Mei tells her these missing pieces of her mother's early life can only be explained when they meet, and so, clutching her mother's ashes, Phoenix boards a plane for China. What at first seems like a daughter's quest to uncover a mother's secrets becomes a startling journey of self-discovery.

**Popularity:** ★☆☆☆☆ **Adult** **Fiction**

86.



## A history of burning (May 2023)

**By:** Oza, Janika

At the turn of the 20th century, teenaged Pirbhai is taken from his village in India to labor on the East African Railway for the British. One day he commits an act to ensure his survival that will haunt him forever, and reverberate across his family's future for years to come. Pirbhai's children are born and raised under the jacaranda trees and searing sun of Kampala during the waning days of British colonial rule. As Uganda moves towards independence and military dictatorship, Pirbhai's granddaughters, Latika, Mayuri, and Kiya, are three sisters coming of age in a divided nation. As they each forge their own path for a future, they must carry the silence of the history they've inherited.--.

**Popularity:** ★★☆☆☆ **Adult** **Fiction**