

Common Reasons to Contact the School Counselor

If your child is experiencing::

- Worry or anxiety
- Grief
- Sadness or depression
- Low self-esteem
- Difficulty regulating emotions
- Conflicts with friends or peers
- Behavioral concerns
- Difficulty being successful at school
- Academic concerns
- Test anxiety
- Difficulty being assertive and asking for help
- Thoughts of self-harm or suicide
- Familial change

Please Contact me even if your concern is not on this list.

Meet the Counselor



Diana Gutierrez

This is my first year as a School Counselor. I have worked in Education for 8 years and have been anything from a Migrant Tutor to a Parent/Community Liaison to my current position. I received my bachelor's degree from UC Davis and later received my Masters Degree and PPS credential in School Counseling from Fresno Pacific University. I love being outdoors, great music and movies. I also love spending time with family and friends and helping my community!

Contact Information:

Email: dgutierrez01@vusd.org or dgutierrez01@vusd.us

Phone number: (559) 730-7783 ext. 214

School Counseling Program



Mountain View Elementary

2021 S Encina St., Visalia , CA 93277

I visit classrooms for counseling lessons. We learn about feelings, self-regulation, self-esteem, listening and following directions, friendships, cooperation, college/career, task management, and many other topics.



I facilitate small groups related to friendship, familial change, feelings, grief, self-esteem, social skills, self-control, and other topics.

School Counselors strive to impact student growth in three areas:

1. Academic Development
2. College/Career Development
3. Social-Emotional Development

T.E.A.M
Together
Everyone
Achieves
More

I meet with individual students about things that are happening in their lives inside and outside of school.

