

SEPTEMBER

Executive Function/
Growth Mindset

Organization

I will create and maintain systems to keep track of information and materials

Habit

P

Positive Attitude

A

Academic Focus

W

Wise Choices

S

Show Respect

Word

Appreciation

An ability to understand the worth, quality, or importance of something

LET'S REVIEW

OUR YEAR!!

OCTOBER

Executive Function/Growth Mindset Self-Control

I will stop and think before I act

Habit # 1—Proactive

I do the right thing without being asked, even when nobody is looking

Word of the Month—Responsibility

NOVEMBER

Executive Function/Growth Mindset Planning

I will create steps to focus and to reach my goal

Habit # 2 Begin with the End in Mind

I plan ahead and set goals for myself

Word of the Month—Perseverance

I always do my best

DECEMBER

Executive Function/Growth Mindset Task Initiation

I will recognize when it is time to get started and begin without procrastinating.

Habit # 3—First Things First

I do the things I have to do *before* I do the things I want to do

Word of the Month—Honesty

I will be fair and truthful

JANUARY

Executive Function/Growth Mindset

Flexibility

I will change strategies or revise plans when conditions change

Habit # 4 –Think Win-Win

I think about what others want, not just what I want

Word of the Month—Caring

I show others I care through kindness, caring, generosity and compassion

FEBRUARY

Executive Function/Growth Mindset Impulse Control

I will regulate my actions, thoughts and emotions

Habit # 5 –Seek First to Understand, Then to be Understood

I listen with my ears, eyes, and heart before I speak

Word of the Month—Trustworthy

I don't need to make someone feel bad so that I feel good

MARCH

Executive Function/Growth Mindset

Self-Monitoring

I will monitor and evaluate my performance

Habit # 6—Synergize

I value the strengths of others and allow myself to learn from them

Word of the Month—Fairness

A fair person knows that the best reward he can receive is the feeling he gets when he does his best to treat others fairly

APRIL

Executive Function/Growth Mindset Working Memory

I will hold information in mind and use it to complete a task

Habit # 7—Sharpen the Saw

I am always learning how to become a better person

Word of the Month—Citizenship

I do my share to make my school and community better

MAY

Habit

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Gratitude

A feeling of appreciation or thankfulness