

# SHAC Meeting Notes

*March 6, 2023*

***Members Present:*** Makayla Emmons-Smith, Dr. Anthony Garbs, Colleen Goundrey, Natasha Holden, Nichole Holmes, Reagan Meuth, Sarah Strickland, Jessica Watkins, Pam McDonald

***Guests:*** Lori May, Natalie Arteaga

Meeting was called to order at 6:01 pm.

Minutes of previous meeting were approved.

## ***Senate Bill 9***

Natasha and Colleen gave an update on Senate Bill 9.

Both Natasha and Colleen attended the recent Counselor's meeting and Cybersafety Security committee meeting to talk about Senate Bill 9 and to see how BHISD is already addressing components of the bill. The counselors agreed to re-structure some of the counseling lessons and SEL lessons to incorporate information on child abuse and family violence at age appropriate levels. The Cybersafety committee will look for ways to address the human trafficking component of the bill—possibly using guest speakers.

Parents will have the opportunity to preview material related to this and to opt their children in. In order to simplify this opting in process, Mandy Malone, Director of Student Services, is making a form to include in the registration packet that parents complete at the beginning of the year.

Lori May announced that Dr. Crystal Collier will be speaking on Thursday evening, March 9 at ISN for the Parent Night. Members were encouraged to attend and to spread the word about this opportunity.

## ***Annual Health Fair***

The annual Health Fair will be held on Saturday, April 29 from 10 am until 2 pm. Set up will be from 8:30am until 10:00am. They are estimating between 300-500 people to be in attendance.

The form for HEB was turned in requesting that they provide fruit and water.

Pilot's Club will be there—someone is checking to see if they can provide bike helmets as they have done in the past.

Chamber's County Sheriff's Dept. will have a table. They will be focusing on bike safety.

TX DOT will attend and will do rollover simulations.

Dr. Anthony Garbs will have a table and provide information on backpack safety.

Omni Point will be there to address sun safety.

Dr. Knecht will have a table.

Volunteers were requested for a sub-committee for the Health Fair. This committee will meet on April 3 in the LGI at 6:00 pm. Those volunteering were:

Makayla Emmons Smith

Reagan Meuth

Sarah Strickland

Nichole Holmes

Tony Garbs

Jessica Watkins

Natalie Arteaga

### **Wellness Activities**

The Cody Stevens Foundation was contacted (they do heart screenings for student athletes) would like to partner with a local doctor who provides sports physicals for a community event at a later time.

The Triennial Assessment was discussed and updated. Goal 1 under Nutritional Promotion was changed to "Fully Implemented". Under Goal 3, Objective 1, the Turkey Trot was held in Nov 2022 to address this goal/objective.

On April 29, 2023, the BHISD High School Counselors are sponsoring the second annual Mental Health Walk. It will begin at 8:00 am in front of the LSC. More information will be forthcoming.

Fitness Fusion continues.

Flu shots were offered.

Mobil mammography is being offered.

Elite Health will be offering ultrasounds at a low cost.

Sarah Strickland was introduced. She is the district's new dietician. She spoke a little about her updating the nutrition services/menus.

The next SHAC meeting will be held on May 8, 2023.

The meeting was adjourned at 7:04pm.

Meeting notes submitted by Pam McDonald