



VUSD Handwashing/ Hand Sanitizer Guidelines

Promote good handwashing and general illness prevention measures:

- Wash hands often with warm soapy water for at least 20 seconds
- Wash hands when dirty and before eating
- Cough and sneeze into your elbow/sleeve
- Do not cough into hands- wash if you do!
- Do not put fingers into your eyes, hands, nose or mouth

Hand sanitizer use in VUSD:

Elementary

- Available in all classrooms
- Use when entering from outdoor activity
- Before lunch
- After restroom use
- Before & after keyboard use

Secondary

- Available in all classrooms
- Before and after keyboard use
- PE classes
- Fitness rooms

Other:

Athletics

- Do not share clothing, personal equipment and items
- Clean fitness rooms with disinfectant wipes (wear gloves)
- Clean equipment after each use (personal gear/ mats/etc)