



***VUSD Wellness Policy- Food Services***

***Annual Assessment Checklist***

| <b>Food Services Representative:</b> _____<br><b>School:</b> _____ <b>Date:</b> _____  | Always | Often | Sometimes | Never | Not Sure | N/A |
|--|--------|-------|-----------|-------|----------|-----|
| 1. The Wellness Policy has been distributed to all staff, students and parents   |        |       |           |       |          |     |
| 2. School meals meet minimum nutritional standards established by state and federal regulations  |        |       |           |       |          |     |
| 3. A variety of fruits and vegetables are offered as part of the breakfast, lunch, and snack program   |        |       |           |       |          |     |
| 4. Students are engaged in selecting foods sold through the school meal programs in order to identify new, healthful, and appealing food choices   |        |       |           |       |          |     |
| 5. Nutritional content of school meals is shared with students and parents by posting on the district website  |        |       |           |       |          |     |
| 6. Breakfast is served at all district schools   |        |       |           |       |          |     |
| 7. Students and parents are notified of the availability of the School Breakfast Program on an annual basis  |        |       |           |       |          |     |
| 8. Parents are encouraged to provide a healthy breakfast for their children through newsletter articles, take-home materials, or other means   |        |       |           |       |          |     |
| 9. Every effort is made to eliminate social stigma and prevent overt identification of students eligible for free and reduced price meals  |        |       |           |       |          |     |
| 10. Food service staff receive appropriate training according to their levels of responsibility  |        |       |           |       |          |     |
| 11. Foods and beverages sold individually (a la carte) by the food service program meet state and federal standards as outlined in the Wellness Policy   |        |       |           |       |          |     |
| 12. The district foodservice program meets applicable sanitation and safety requirements of the California Retail Food Code.   |        |       |           |       |          |     |
| 13. All district food preparation and service areas are inspected twice annually by the county environmental health department and inspection reports are made available to any interested party on request. |        |       |           |       |          |     |
| 14. Free, fresh drinking water is provided for students during meal times in food service areas at all schools.  |        |       |           |       |          |     |
| 15. Marketing materials displayed on school campus promote only healthy foods and beverages that meet the nutrition guidelines found in the Wellness Policy  |        |       |           |       |          |     |

